NEW DIMENSIONS DAY HOSPITAL

New Dimensions Day Hospital is a freestanding Psychiatric Day Hospital with locations in both The Woodlands and the Clear Lake areas of Houston, Texas. The hospital is licensed by the Texas Department of State Health Services and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. Since 1991, New Dimensions has helped individuals and families develop the tools they need to successfully cope with the difficult challenges of life.

Services

New Dimensions specializes in helping individuals and families overcome the problems associated with:

- Depression
- Trauma
- Anxiety
- Addictions
- Alcoholism
- Drug Abuse
- Obsessive Compulsive Disorders
- Bipolar Disorders
- Thoughts of Suicide
- Behavior Problems
- Anger Management

If you or someone you know is having difficulty dealing with these issues or other struggles in life, contact us at 800-685-9796 (The Woodlands) or 281-333-2284 (Clear Lake).
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**HOW TO CHOOSE A PROVIDER**

When choosing a mental health provider, it is important to match your needs with the skills, expertise and training of the provider. When seeking help, it is often useful to ask providers about their experience in working with your area of concern. While many providers work with a variety of problems, some specialize in specific areas. This catalog lists some of these specialties, but is not intended to be a definitive list of specialties and areas of expertise. The catalog is designed to be a starting point in finding a provider. Referrals from family, friends, or other trusted resources are also useful when choosing a provider. There are several different types of mental health professionals to choose from. The list below provides the most common types of mental health credentials.

**Licensed Chemical Dependency Counselor (LCDC)** is licensed by the State of Texas to provide chemical dependency counseling. These counselors receive specialized training in the treatment of individuals and families that are trying to overcome problems related to alcohol and drug abuse. Counselors with only the LCDC are limited to providing treatment for substance abuse and are not able to provide mental health therapy.

**Licensed Clinical Social Worker (LCSW)** is licensed by the State of Texas to provide therapy for individuals and families with mental health problems. (Some clinicians with this license are listed as LMSW or LCSW.) They typically have a minimum of a Master’s Degree in Social Work. These therapists are able to work with a variety of problems, including mental health, substance abuse, couples, and family problems.

**Licensed Marriage and Family Therapists (LMFT)** is licensed by the State of Texas to provide marriage and family therapy. These therapists typically have a minimum of a Master’s Degree and receive specialized training in working with couples, families, and systems. These therapists are also able to work with individuals who struggle with a variety of problems, including mental health, substance abuse, couples and family problems.
Licensed Professional Counselor (LPC) is licensed by the State of Texas to provide therapy services to both individuals and families. These therapists typically have a minimum of a Master’s Degree and receive a variety of training in the treatment of mental health issues. They are able to work with a variety of problems, including mental health, substance abuse, couples and family problems.

Psychologist (PhD) is licensed by the State of Texas to provide therapy services to individuals, couples and families. They have a Doctor of Psychology. In addition to providing therapy services to people with mental health and substance abuse issues, many psychologists also provide a variety of psychological testing services.

Psychiatrist (MD) is a licensed Medical Doctor who specializes in the treatment of mental disorders. Psychiatrists are licensed to prescribe medications for their clients. While psychiatrists can provide therapy services to their clients, most focus primarily on medication management and prefer to refer their clients to other professionals for therapy.
ADVOCACY AND REFERRALS

211 .............................................................................................................. 211
www.211.org
Nationwide referral hotline sponsored by United Way to connect persons in need with local resources

Advocacy Inc. .............................................................................. 713-974-7691
1500 McGowen
Houston, TX 77004
www.advocacyinc.org
Non-Profit that protects and advocates for the legal rights of people with disabilities in Texas

Aid to Victims of Domestic Abuse ................................................ 713-224-9911
1001 Texas, Suite 600
Houston, TX 77002
www.avda-tx.org
Provides advocacy, legal representation, battering intervention and community education and outreach. Also provides group counseling for men who are abusive. This program is called Battering Intervention Services (BIPP).

Alzheimer's Association Houston and Southeast Chapter ............ 866-266-0515
2242 W. Holecombe Blvd.
Houston, TX 77030-2208
www.alztex.org
Provides information and referral, training, consultation, advocacy and support groups for families dealing with Alzheimer's.

American Cancer Society ...................................................... 800-ACS-2345 or 713-266-2877
6301 Richmond Ave.
Houston, TX 77057
www.cancer.org
Provides research, advocacy, education, and service for cancer patients and their families

Big Brothers and Big Sisters ...................................................... 281-292-4155 x238
1600 Lake Front Circle #201
The Woodlands, TX 77380
www.bbbstx.org
Provides dependable adult friendship and guidance to youth
Can Care of Houston, Inc. ............................................................ 713-461-0028
9575 Katy Freeway, Ste. 428
Houston, TX 77024
www.cancare.org
Provides support for cancer survivors and their families

Cancer Hope Network ................................................................. 800-552-4366
2 North Road - Suite A
Chester, NJ 07930
www.cancerhopenetwork.org
Non-profit that provides free one-on-one emotional support to adult cancer patients and their families.

Career & Recovery Resources ...................................................... 713-754-7000
2525 San Jacinto
Houston, TX 77002
www.careerandrecovery.org
Provides career and employment services to disadvantaged and to substance abusers

Child Advocates Inc. ................................................................. 713-529-1396
2401 Portsmouth, Ste. 210
Houston, TX 77098
www.childadvocates.org
Mobilizes court-appointed volunteers to break the cycle of child abuse. Advocates for the children.

Children's Protective Services ........................................... 800-252-5400 or 936-756-1551
2017 North Frazier, Ste. C1
Conroe, TX 77301
www.dfps.state.tx.us
Agency mandated to investigate and provide services for children who are physically or sexually abused.

Consumer Credit Counseling .................................................... 713-923-2227
9009 West Loop South, Ste. 700
Houston, TX 77096
www.cccsintl.org
Debt counseling
Creative Outreach Ministries....................................................... 936-441-5433
P.O. Box 1325
Montgomery, TX 77356
www.creativeoutreach.com
Financial assistance for utilities and rent, spiritual and emotional support, food bank, clothing and furniture vouchers, New Life Women’s Center.

Crisis Intervention Hotline............................................................ 713-HOTLINE
3701 Kirby Drive, Ste. 540
Houston, TX 77098
www.crisishotline.org
24 hour crisis hotline

Crisis Intervention of Houston..................................................... 713-529-TEEN
3701 Kirby Drive, Ste. 540
Houston, TX 77098
www.crisishotline.org
24 hour crisis hotline for teens

Department Of Assistive & Rehabilitative Services...................... 800-628-5115
4800 N. Lamar Blvd.
Austin, TX 78756
www.dars.state.tx.us
State funded organization that helps individuals with disabilities develop skills they need to find work and live independently. Also makes disability determinations for the Social Security Adminstration.

Department of Family and Protective Services ..800-252-5400 or 936-756-1551
2017 North Frazier, Ste. C1
Conroe, TX 77301
www.DFPS.State.Tx.us
Provides services to abused or neglected children and adults.

Greater Houston Chapter Autism Society of America ............... 713-513-7575
P.O. Box 2871
Houston, TX 77252-2871
www.houstonchapterasa.org/
Provides Autism Awareness.
Harris County District Attorney's Office
Family Criminal Law Division
1201 Franklin Street, Ste. 600
Houston, TX 77002
www.app.dao.hctx.net/
Family Criminal Law Division of Harris County

Harris County Sheriff’s Office Domestic Violence Unit
www.home.jims.hctx.net/CVictim/telephonelist.aspx
Provides assistance in times of domestic problems. Provides list of resources for counseling for mental health or substance abuse and list of shelters for those affected by domestic violence

Houston Autism Disability Network
P.O. Box 2796
Cypress, TX 77410
www.hadn.org/
Website communication tool that connects autism and disability parents, professionals, services, organizations and agencies.

Houston Center for Independent Living
6201 Bonhomme Road, Ste. 150 South
Houston, TX 77036
www.coalitionforbarrierfreeliving.com
Provides information and referral, peer support, advocacy, training, and coordination of services for individuals with disabilities.

Houston Police Department Domestic Violence Unit
North Police Station 9455 W. Montgomery Road
Houston, TX 77088
www.houstontx.gov/police/fvu/index.htm
Provides support and counseling to victims of domestic abuse.

Interfaith of The Woodlands
4242 Interfaith Way
The Woodlands, TX 77381
www.woodlandsinterfaith.org
Provides financial and prescription assistance to those in crisis. Services include provision of gas cards, food pantry, emergency residential transitional shelter, school supplies and senior services.
Mental Health Association .......................................................... 713-523-8963
2211 Norfolk, Ste. 810
Houston, TX 77098
www.mhahouston.org
Provides services to mentally ill through education and advocacy and provides pro bono counseling services

Montgomery County District Attorney’s Office ........................... 936-539-7800
207 W. Phillips, Second Floor
Conroe, TX 77301
www.mctxdao.org
Criminal Law Division of Montgomery County courts

Montgomery County Sheriff’s Office - Victim Services............... 936-538-7705
#1 Criminal Justice Drive
Conroe, TX 77301
www.mocosheriff.com
Provides a liaison to assist victims of crime

National Alliance on Mental Illness ............................................. 281-367-2314
7 Hickory Hollow Place
Spring, TX 77381
www.nami.org
Provides advocacy and resources for individuals affected by mental illness and their families

National Domestic Violence Hotline ........................................... 800 799-7233
Domestic Violence Resources; links individuals to domestic violence shelters and other needed services in the area.

National Teen Dating Abuse Helpline ......................................... 866-331-9474
www.loveisrespect.org
Referrals to teens affected by dating abuse; provides information on sexting and texting

Neighborhood Centers Inc. Senior Center................................. 281-847-5157
8244 Antoine, Ste. L
Houston, TX 77088
Provides seniors a place to gather, have activities, receive hot meals and nutrition counseling.
Parents Supporting Parents - The Woodlands ................................. 832-364-6992
523 Joshua Lee Lane
The Woodlands, TX
www.psptx.org
Provides parent support to parents of students with disabilities

Runaway Hotline - Texas ............................................................. 888-580-4357
www.dfps.state.tx.us/Runaway_Hotline/default.asp
Crisis Hotline for runaway teens

Society of Samaritans ................................................................. 281-259-8452
31355 Industrial Lane, Ste. 500
Magnolia, TX 77355
www.ebiz.netopia.com/sos/contactinformation/
For clients in crisis, provides food, clothes, utilities, rent/mortgage, gasoline, prescription medication and other basic life survival requirements.

Suicide Hotline ............................................................................. 800-784-2433
www.suicidehotlines.com

Teen Crisis Hotline ....................................................................... 713-529-TEEN
3015 Richmond Ave., Ste. 120
Houston, TX 77098
www.crisishotline.org
Provides crisis intervention and suicide prevention.

Texas Autism Advocacy ............................................................... 512-402-5842
13729 Research Blvd., Ste. 610201
Austin, TX 78750
www.texasautismadvocacy.org/
Information and Resources on Autism.

Texas Council on Family Violence .................................................. 512-794-1133
P.O. Box 161810
Austin, TX 78716
www.tcadsv.org
Information and resources on the prevention of family violence.
Texas Crime Victims Compensation Fund .............................. 800-983-9933
P.O. Box 4087
Austin, TX 78773
www.txdps.state.tx.us/administration/staff_support/victimservices/pages/crimevictims
compensation.htm
Provides financial assistance to victims of violent crimes for related expenses that cannot be
reimbursed by insurance.

The Medicine Program ............................................................. 573-996-7300
P.O. Box 520
Doniphan, MO 63935-0520
www.themedicineprogram.com
Assistance for people who cannot afford medication.

Tri-County Crisis Hotline .......................................................... 800-659-6994
610 North Loop 336 East
Conroe, TX 77301
www.tcshmrs.org
Provides crisis intervention and suicide prevention.

Tri-County Services IDD ......................................................... 936-521-6200
610 North Loop 336 East
Conroe, TX 77301
www.tcshmrs.org
Provides mental health and substance abuse services to adolescents and adults with Medicaid,
Medicare and CHIPS.

United Way Information and Referral ............................... 888-844-6289 x235
1600 Lake Front Circle #248
The Woodlands, TX 77387
www.referral.uwtgc.org/
Information and referral to connect people in need of help to local resources.

United Way Information and Referral ............................... 281-292-4155 x235
731 W. Davis
Conroe, TX 77301
www.referral.uwtgc.org/
Information and referral to connect people in need of help to local resources.
**Worksource Solutions** ................................................................................................. 281-891-2850
70 FM 1960 Road West #A
Houston, TX 77090
www.theworksource.org
Helps individuals find jobs.

**Worksource Solutions** ................................................................................................. 936-441-0037
2018 IH 45 North
Conroe, TX 77301
www.theworksource.org
Helps individuals find jobs.

**Worksource Solutions** ................................................................................................. 888-469-JOBS
17517 Hwy. 249 at N. Gessner
Houston, TX 77064
www.theworksource.org
Helps individuals find jobs.

**YMCA - Young Men’s Christian Association** .................................................. 832-698-1283
of South Montgomery County
6464 Creekside Forest Drive
The Woodlands, TX 77389
www.ymcahouston.org/south-montgomery-county
Provides activities for adolescents and adults.

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**EDUCATION**

**Amy Smith** .................................................................................................................. 214-707-6299
Professional Academic Consultant
**Academic Answers**
One Riverway, Ste. 1700
Houston, TX 77056
www.academic-answers.com
Provides home-based parenting systems, crisis interventions, assistance with finding day or boarding schools, identifying therapeutic programs and college planning. Also offers services for academic success, such as assessments, tutoring and test preparation.
Londa May, MEd, CEP ................................................................. 281-364-9700
Campus Selection
LMay@CampusSelection.com
Provides consultation on the selection of therapeutic programs, boarding schools and colleges that are educationally sound, growth producing, and socially appropriate. Serves as an advocate of the students and helps the family identify the environment.

HIV/AIDS RESOURCES

AIDS Foundation Houston, Inc......................................................... 713-623-6796
3202 Weslayan Annex
Houston, TX 77027
www.aidshelp.org
Provides services to people with HIV/AIDS including prevention, outreach, housing, food assistance, and employment resources.

Bering Omega Community Services ............................................. 713-529-6071
1427 Hawthorne St.
Houston, TX 77006
www.beringomega.org
Provides services to people with HIV/AIDS including prevention, outreach, dental care, adult day care, financial assistance, residential hospice, and counseling.

Brentwood Community Foundation ............................................ 713-852-1452
13033 1/2 Landmark Street
Houston, TX 77045
www.brentwoodfoundation.org/
Provides services for people living with HIV/AIDS

RESIDENTIAL TREATMENT AND HOSPITALS

Aspen Education Group............................................................... 888-972-7736
www.aspeneducation.crchealth.com
Services range from short-term intervention programs to residential treatment, and include a variety of therapeutic interventions including: boarding schools, wilderness therapy, residential treatment, and summer camp. Programs serve children, teenagers and young adults.
Aspire Behavioral Health Hospital ............................................... 936-647-3500
2006 South Loop 336 West, Ste. 500
Conroe, TX 77304
www.aspirebhc.com
Short-term, acute care, adult geriatric, psychiatric hospital

Austin Recovery .......................................................................... 800-373-2081
8402 Cross Park Dr.
Austin, TX 78754
www.austinrecovery.org
Residential Chemical Dependency Treatment for Adults.

Bayshore Medical Center ............................................................ 713-259-3000
4000 Spencer Highway
Pasadena, TX 77504
www.bayshoremedical.com
Provides inpatient mental health services to adults suffering from depression, anxiety and other
behavioral health disorders. Inpatient services for adults age 65+ who have issues with signs of
aging, stress or correctable medical problems.

Bellaire Behavioral Hospital ..................................................713-600-9500 or 800-423-0017
5314 Dashwood Drive
Houston, TX 77081
www.bhbhospital.com
Psychiatric hospital and alcohol & drug rehab center offering mental health counseling services and
chemical dependency programs to adolescents, adults and seniors.

Ben Taub Hospital ....................................................................... 713-873-2000
1504 Taub Loop
Houston, TX 77030
www.hchdonline.com/about/facilities/bentaubgh.htm
Psychiatric Crisis Services

Bonita House of Hope.................................................................. 713-691-0900
2605 Parker Rd.
Houston, TX 77093
www.bonitahope.org
Provides housing, supportive services, and substance abuse treatment for women.
Brazoria County Youth Homes, Inc. ............................................. 979-233-7281
P.O. Box 2006
Freeport, TX 77542
www.thechildrenscenterinc.org
Provides residential care for children ages 7-18 who have been abandoned or neglected.

BrookHaven Retreat .................................................................... 877-817-3422
1016 I.C. King Road
Sevierville, TN 37865
www.brookhavenretreat.com
Residential treatment facility specially designed to help women overcome emotional or addiction challenges.

Brookside Farm ........................................................................... 512-430-4211
P.O. Box 82214
Austin, TX 78708
www.brookside-farm.net
Residential treatment facility for adults with psychiatric disabilities.

Burke Center ............................................................................... 936-639-1141
4101 South Medford Drive
Lufkin, TX 75901
www.burke-center.org
Provider substance abuse services to adolescents and adults. Services include sub-acute detox (adults only), residential and outpatient treatment and family services.

Burning Tree Recovery Ranch ...................................................... 866-287-2877
P.O. Box 757
Kaufman, TX 75142
www.BurningTreeRanch.com
Provides long term residential treatment for adults with alcohol and drug abuse issues.

Cadwalder Behavioral Clinics...................................................... 281-351-6644
30903 Quinn Rd.
Tomball, TX 77375
www.cadwalderbehavioralclinics.com
Provides residential program and boarding school for adolescents with eating disorders, substance abuse, and behavioral problems.
Cambridge Hospital ................................................................. 713-795-5025  
7601 Fannin  
Houston, TX 77054  
Provides short term hospitalization for adults with psychiatric and substance abuse issues.

Caron Texas ........................................................................... 214-491-3600  
3800 County Road 444  
Princeton, TX 75407  
www.caron.org  
Residential facility that provides primary addiction treatment to adults with co-occurring disorders.

Cenikor Foundation ..........888-236-4567 (TollFree) 281-476-0088 (Local)  
4525 Glenwood, P.O. Box 458  
Deer Park, TX 77536  
www.cenikor.org  
Residential Chemical Dependency Treatment for Adults

Center for Change .....................801-224-8255 (Toll Free: 888-224-8250  
1790 North State Street  
Orem, UT 84057  
www.centerforchange.com  
Inpatient and residential treatment for eating disorders: anorexia, bulimia and binge eating. TRICARE certified.

Christus New Horizons Center .................................................. 409-765-1479  
728 Church St.  
Galveston, TX 77550  
www.christusfoundation.org  
Provides mental health and substance abuse residential services to adults.

Christus St. Joseph’s Hospital .................................................. 713-757-1000  
1401 St. Joseph Parkway  
Houston, TX 77002  
www.sjmctx.com  
Provides in-patient psychiatric services for adults.
Covenant House .................................................................................. 713-523-2231
1111 Lovett Blvd.
Houston, TX 77006
www.covenanthousetx.org
Helps kids in crisis through residential resources, outreach, and community services designed to keep kids off the streets.

Cypress Creek Hospital ...................................................................... 281-586-7600
17750 Cali Drive
Houston, TX 77090
www.cypresscreekhospital.com
Provides short term hospitalization for adults and adolescents with psychiatric and substance abuse issues.

DePelchin Children's Center ............................................................. 713-730-2335
4950 Memorial Dr.
Houston, TX 77007
www.depelchin.org
Provides treatment, residential care, and prevention services to children and their families.

Devereux Hospital ........................................................................... 281-335-1000
1150 Devereux Dr.
League City, TX 77573
www.devereuxtx.org
Non-profit that provides counseling and residential services to individuals with emotional, behavioral, and addiction problems.

Fulshear Ranch .............................................................................. 888-317-9229
P.O. Box 1377
Needville, TX 77461
www.FulshearRanchAcademy.com
Provides residential treatment for young women ages 18 - 24 with moderate to severe emotional, social, and/or behavioral issues including dual diagnosis, personality disorders, bipolar, post-traumatic stress, addiction, severe depression anxiety, and poor body image.
Harris County Psychiatric Center ................................................. 713-741-5000
2800 South MacGregor Way
Houston, TX 77021
www.hcpc.uth.tmc.edu/index.htm
Provides psychiatric inpatient and outpatient treatment for children and adults.

Hazelden .............................................................. 800-257-7810
P.O. Box 11
Center City, MN 55012
www.hazelden.org
Provides Residential Substance Abuse Treatment.

Hope Foundation for Retarded Children Inc. ............................... 281-482-7926
15403 Hope Village Rd.
Friendswood, TX 77546
www.hope-village.com
Provides a residence and services for mentally handicapped children and adults.

House of Extra Healthy Measures........................................... 832-649-5074
2329 Hoskins Drive
Houston, TX 77080
www.thehouseofextrameasures.com
Provides supportive programming and structured communal living for women aged 19 and older with eating disorders.

House of Extra Measures - Women ........................................ 832-656-7296
803 Bayland Avenue
Houston, TX 77009
www.thehouseofextrameasures.com
Provides structured communal living for women aged 19 and older who are newly recovering from addiction.

House of Extra Measures - Men............................................ 832-439-8171
240 West 23rd Street
Houston, TX 77008
www.thehouseofextrameasures.com
Provides supportive programming and structured communal living for men ages 18 - 30 who are newly recovering from addiction.
InnerChange ................................................................................ 877-282-4782
www.innerchange.com
InnerChange provides educational, treatment, and recovery programs for adolescents and young adults experiencing emotional or behavioral difficulties. Our residential treatment and transitional living programs are clinically sophisticated and designed to facilitate whole-family healing. We are committed to restoring hope in the lives of those we serve.

IntraCare Hospital - North ........................................................... 281-893-7200
1120 Cypress Station Dr.
Houston, TX 77090
www.intracarehospital.com
Provides short term hospitalization for adults and adolescents with psychiatric and substance abuse issues.

Kingwood Pines Health Center .................................................... 281-404-1001
2001 Ladbrook Drive
Kingwood, TX 77339
www.kingwoodpines.com
Provides inpatient psychiatric treatment for children (ages 4-12), adolescents and adults. Provides inpatient chemical dependency programs for adults.

La Hacienda Treatment Center .................................................... 800-749-6160
P.O. Box 1
Hunt, TX 78024
www.lahacienda.com
Provides residential substance abuse services.

Laurel Ridge Treatment Center.................................................... 800-624-7975
17720 Corporate Woods Dr.
San Antonio, TX 78259
www.laurelridgeetc.com
Provides residential programs for children (ages 4-12) who have emotional and behavioral problems requiring a safe environment. Provides residential treatment for adolescents (ages 13-17) who have psychiatric disorders, emotional difficulties, substance abuse problems, eating disorders, history of sexual and/or physical abuse, and behavioral disorders. Adult chemical dependency detox. CHAMPUS/TRICARE provider.
Lifeskills Of Boca Raton ................................................................. 800-749-7149
7700 West Camino Real, Suite 100
Boca Raton, FL 33433
www.lifeskillsofboca.com
Provides comprehensive extended care residential treatment for dually diagnosed patients. Self-pay.

Lone Star Expeditions .................................................................. 888-972-7736
Groveton, TX
www.lonestarexpeditions.com
Provides adolescent wilderness programs for ADD, depression, anxiety issues, substance use/abuse, and family conflicts

Magnificat Houses ....................................................................... 713-520-0461
(Information for all programs)
P.O.Box 25415
Houston, TX 77265
www.magnificathouse.com
Provides community residences for mentally ill, adults with HIV, homeless adults and children, addicts, and abused women.

Mark Houston Recovery .............................................................. 512-278-4550
11503 Parsons Road
Manor, TX 78653
info@markhoustonrecovery.com
Adult residential drug and alcohol recovery. Private Pay.

Memorial Hermann Prevention and Recovery Center .................. 713-THE-PARC
.................................................................................................... 877-464-7272
3043 N. Gessner
Houston, TX 77080
www.memorialhermann.org
Adult and Adolescent CD treatment and detox, Residential, Partial Day, Intensive Outpatient, 12 Steps.
**Menninger Clinic** .......................................................... 800-351-9058 or 713-275-5000
12301 South Main Street
Houston, TX 77035
www.MenningerClinic.com
Provides inpatient treatment for adolescents and adults with anxiety, mood, obsessive-compulsive, eating disorders, and personality disorders.

**Meridell Achievement Center** ...................................................... 800-366-8656
12550 Highway 29
Liberty Hill, TX 78642
www.meridell.com
Residential for Children and Adolescents.

**Methodist Hospital** ...................................................................... 713-790-3599
6565 Fannin
Houston, TX 77030
www bcm.edu/psychiatry
Inpatient and Partial Day Psychiatric Servicers for Adults.

**Neuro Psych Center** ..................................................................... 713-970-4604
1502 Taub Loop
Houston, TX 77030
Psychiatric Crisis Services.

**New Dimensions Day Hospital** ..................................................... 800-685-9796
111 Vision Park Blvd., Ste. 260
Shenandoah, TX 77384
www.newdimensionsdayhospital.com
Provides psychiatric and chemical dependency treatment for adults and adolescents. Offers partial day, intensive outpatient and outpatient treatment.

**New Life Women's Center at Creative Outreach Ministries** ........ 936-449-4357
P.O. Box 1325
Montgomery, TX 77356
www.info@creativeoutreach.com
Residential services for women aged 18+. Offers lifeskills training, computer and job training, financial management along with emotional and spiritual support.
Odyssey House ................................................................. 713-726-0922
5629 Grapevine
Houston, TX 77085
www.odysseyhousetexas.com
Provides long-term residential treatment on sliding scale for chemically dependent adolescents.

Origins Recovery Centers ............. 956-772-9200 or Toll Free: 888-843-8935
4610 Padre Boulevard
South Padre Island, TX 78597
www.originsrecovery.com
Provides residential inpatient treatment for adults with the co-occurring disorders of mental illness and chemical dependency.

Passages ........................................................................... 713-957-4910
7722 Westview Drive
Houston, TX 77055-5029
www.passagesforwomen.com
Provides residential treatment services for women with substance abuse.

Pathway to Recovery .......................................................... 888-300-3697
2119 Oak St.
La Marque, TX 77568
www.pathwaytorecovery.com
Provides Detox, Residential Services, Partial Day Treatment, Intensive Outpatient, and Supportive Outpatient Services to adult men and women.

Pavillon International ....................................................... 800-392-4808
P.O. Box 637
Lake Lure, NC 28746
www.pavillon.org
Residential Treatment Center for Chemical Dependency for adults.

Peachford Communities .................................................. 800-448-6448
P.O. BOX 2151
Norcross, GA 30091-2151
www.peachford.com
Residential Substance Abuse Recovery Services with communities in Atlanta, Charlotte, Houston, and Dallas.
Power House Recovery Center .................................................... 281-442-1919
1713 Runyan Street
Houston, TX 77039
www.powerhouserecovery.org
Not for profit organization that provides a supportive sober living environment for men pursuing a spiritually based 12 step program of recovery from alcoholism or substance abuse.

Pride Institute .............................................................................. 800-54-PRIDE
www.pride-institute.com
Provides Residential Substance Abuse and Psychiatric Treatment for gay, lesbian, bisexual and transgender patients.

Recovering Matters - Men........................................................... 713-750-9908
1206 Missouri Street
Houston, TX 77006
www.recoveringmatters.com
Structured residential sober living for young men ages 18-40.

Recovering Matters - Women...................................................... 713-750-9908
1640 Oak Tree
Houston, TX 77080
www.recoveringmatters.com
Structured residential sober living for women ages 18+.

Remuda Ranch .............................................. 480-786-4151 or Toll Free 855-219-5272
111 South Hearthstone Way
Chandler, AZ 85226
www.remudaranch.com
Residential hospital program for adolescents (ages 8-17) and adults (ages 18+) suffering from eating disorders.

Resolution Ranch ................................................................. 254-718-3364
County Road 203
Cameron, TX 76520
www.resolutionranch.com
Therapeutic residential boarding school providing treatment for mental/emotional/behavioral problems and chemical dependency issues for boys ages 13 - 17.
Riverside General Hospital .......................................................... 713-526-2441
3204 Ennis
Houston, TX 77004
www.riversidegeneralhospital.org
Psychiatric and Chemical Dependency Inpatient Treatment for Adults and Adolescents.

Rosewood Ranch Eating Disorder Treatment Center ................. 800-845-2211
36075 South Rincon Road
Wickenburg, AZ 85390
www.rosewoodranch.com
Provides residential treatment for youth (ages 12+) and adults suffering from anorexia nervosa, bulimia nervosa, binge eating and other eating disorders.

San Jacinto Methodist Hospital ............................................. 281-420-6736
4401 Garth Road
Baytown, TX 77521
www.methodisthealth.com
Psychiatric Hospital for Adults.

San Marcos Treatment Center ............................................. 800-848-9090
120 Bert Brown Road
San Marcos, TX 78666
www.sanmarcostc.com
Provides short, intermediate, and long-term residential treatment programs for adolescent boys and girls ages 8 through 18 years who are developmentally delayed, have neuropsychiatric or psychiatric problems or sexual behavior problems.

Santa Maria Hostel, Inc. ....................................................... 281-657-0877
807 Paschall
Houston, TX 77009
www.santamariahostel.org
Provides Residential Services for women and their children for substance abuse and mental health.
Sante Center for Healing ................................................................. 800-258-4250
914 Country Club Road
Argyle, TX 76226
www.santecenter.com
Provides dual diagnosis treatment specializing in addiction treatment of substance use disorders, process / behavioral addictions, compulsive behaviors, trauma related issues, co-occurring psychiatric disorders, professional and safety sensitive issues, and eating disorders.

Shades of Hope ........................................................................... 800-588-4673
P.O. Box 639
Buffalo Gap, TX 79508
www.shadesofhope.com
Residential and outpatient treatment for eating disorders

Shiloh Treatment Center ............................................................. 281-489-1290
3926 Bahler Ave.
Manvel, TX 77578
www.shilohtreatmentcenter.com
Provides outpatient, day treatment, and residential services to children and youth with behavioral and emotional problems.

Sierra Tucson ............................................................................... 800-842-4487
39580 South Lago del Oro Pkwy
Tucson, AZ 85739
www.sierratucson.crchealth.com
Residential treatment for adult addictions, eating disorders, dual diagnosis and mood disorders.

Star of Hope Mission ................................................................... 713-748-0700
6897 Ardmore Street
Houston, TX 77054
www.sohmission.org
Homeless shelter.

Starlite Recovery Center.............................................................. 866-220-1626
230 Mesa Verde Drive East
Center Point, TX 78010
www.starlite.crchealth.com
Provides Residential Chemical Dependency Treatment for Adults and Adolescents. TRICARE provider.
Summer Sky Inc. Chemical Dependency Treatment Center ...... 1-888-857-8857
1100 McCart St.
Stephenville, TX 76401
www.summersky.us
Provides residential substance abuse services.

Texas ChalleNGe Academy .......................................................... 877-822-0050
P.O. Box 510
Sheffield, TX 79781
www.ngycp.org/state/tx
Provides Residential Services for At-Risk kids that are having difficulty in their current school environment. The Texas ChalleNGe Academy (TCA), formerly Seaborne ChalleNGe Corps, was an initiative of Texas A&M University at Galveston and is now operated by the Texas National Guard. The program now resides in Sheffield, Texas.

Texas NeuroRehab Center ........................................................... 800-252-5151
1106 W. Dittmar Rd.
Austin, TX 78745
www.texasneurorehab.com
Brain Injury Hospital for children, adolescents, and adults that have neurological and/or behavioral issues.

Texas Star Recovery ................................................................. 512-462-6729
1106 W. Dittmar Rd.
Austin, TX 78745
www.texasstarrecovery.com
Provides detox, inpatient hospitalization and residential treatment for adults with alcohol and drug abuse.

The Arbor ............................................................... 866-568-9936
1443 County Road 103
Georgetown, TX 78626
www.thebarbor.com
12-step based alcohol and substance use disorder program for adults designed as a 15-month program of support and comprised of two core phases: a 90-day residential treatment program followed up with a 12-month aftercare support program.
The Betty Ford Center ................................................................. 800-434-7365
39000 Bob Hope Dr.
Rancho Mirage, CA 92270
www.bettyfordcenter.org
Provides Substance Abuse Residential Services.

The Meadows.............................................................................. 800-632-3697
1655 North Tegner St.
Wickenburg, AZ 85390
www.themeadows.org
Provides treatment for psychological and substance abuse issues in a Residential setting.

The Ranch at Dove Tree............................................................... 800-218-6727
1406 County Road 5800
Lubbock, TX 79403
www.ranchatdovetree.com
Provides residential recovery program from alcohol and drug abuse for college age and older adults

The Wheelhouse ......................................................................... 281-478-4488
206 West Helgra
Deer Park, TX 77536
www.godswheelhouse.com
Provides residential treatment and drug rehabilitation for men only.

Touchstone Neurorecovery Center.............................................. 936-788-7760
9297 Wahrenberger Rd.
Conroe, TX 77304
www.touchstoneneuro.com
Provides brain injury rehabilitation for adolescents aged 16 + and adults with brain injuries or other neurological impairments.

Transitional Living Communities............................................... 866-646-2138
P.O. Box 1568
Mesa, TX 85211
www.transitionalliving.org
Provides long-term residential treatment services to adults with no money.
VA Hospital ................................................................. 713-791-1414
2002 Holcomb Blvd.
Houston, TX 77030
www.houston.va.gov
Mental health services for veterans.

Way Out Women's Center .............................................. 713-649-9437
3217 Iola
Houston, TX 77017
Provides a 10 day alcohol detox rehabilitation for women.

West Oaks Hospital ..................................................... 713-995-0909
6500 Hornwood
Houston, TX 77074
www.westoakshospital.com
Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.

SUPPORT GROUPS

Al-Anon ................................................................. 713-683-7227
9800 Northwest Freeway, Ste. 201
Houston, TX 77092
www.houstonalanon.org
Support Groups for family members of people with alcoholism.

Alateen ................................................................. 713-683-7227
9800 Northwest Freeway, Ste. 201
Houston, TX 77092
www.houstonalanon.org
Support Groups for teenagers of individuals struggling with alcoholism.

Alcoholics Anonymous .............................................. 713-686-6300
4140 Directors Row, Suites D & E
Houston, TX 77092
www.aahouston.org
Support Groups for Alcoholism
Bo's Place .................................................................................... 713-942-8339
10050 Buffalo Speedway
Houston, TX 77054
www.bosplace.org
Provides grief support groups for children and families. Also information and referral.

Cocaine Anonymous .................................................................... 713-668-6822
P.O. Box 300154
Houston, TX 77230
www.ca.org
Support groups for cocaine addiction.

Depression and Bipolar Support Alliance ......................... 800-273-TALK
.................................................................................................... 800-826-3632
www.dbsalliance.org
Support groups for people suffering from depression and bipolar disorders.

Emotions Anonymous ................................................................. 651-647-9712
P.O. Box 4245
St. Paul, MN 55104-0245
www.emotionsanonymous.org
Support group that helps others work toward resolution of emotional difficulties

Gambler's Anonymous ................................................................. 713-684-6654
P.O. Box 17173
Los Angeles, CA 90017
www.gamblersanonymous.org
12-step support groups for those struggling with Gambling Addiction.

Narcotics Anonymous ....................................................... 713-661-4200 or 713-943-1111
4219 Richmond #210
Houston, TX 77027
www.na.org
12 step support meetings for those struggling with addictions to drugs.

Nicotine Anonymous ................................................................. 713-827-5989
www.nicotineanonymous.org
12 step support groups for those struggling with addiction to tobacco.
Overeaters Anonymous ............................................................... 713-973-6633
P.O. Box 741836
Houston, TX 77472-1836
www.oahouston.org
12 step support groups for overeaters.

Parents of Murdered Children ..................................................... 713-472-5640
P.O. Box 4118
Houston, TX 77210
www.pomc.org/houston/index.htm
Support for those who have lost loved ones due to homicide, DWI, etc.

Parents Supporting Parents - The Woodlands ......................... 832-364-6992
523 Joshua Lee Lane
Spring, TX 77386
www.psptx.org
Support group for parents of children with disabilities.

Parents Without Partners .......................................................... 281-469-5646
10924 Grant Rd.
Houston, TX 77272
www.pwphouston.org
Provides support for single parents and their children

Recovery Inc. ............................................................................. 713-466-3387
www.lowselfhelpsystems.org
Provides self-help support groups for those struggling with mental illness such as depression, bipolar, and anxiety disorders.

Sex Addicts Anonymous ........................................................... 800-477-8191
P.O. Box 70949
Houston, TX 77270
www.sexaa.org
12-step support groups for sexual addiction.

Survivors of Incest Anonymous .................................................. 713-684-6747
Houston Chapter
www.siawso.org
Support groups for incest survivors.
TREATMENT RESOURCES

Ann's Place ............................................................................................................. 832-474-5933
9595 Six Pines Drive, Suite 8210
The Woodlands, TX 77380
www.annsplacetexas.org
Provides couples and family counseling on a sliding fee scale.

Asian American Family Services................................................................. 713-339-3688
6220 Westpark, Suite 228
Houston, TX 77057
www.aafstexas.org
Provides individual and family counseling, mental health and social services.

Avondale House ........................................................................... 713-993-9544
3737 O'Meara Drive
Houston, TX 77025
www.avondalehouse.org
Provides educational, residential and day habilitation services to children and young adults (ages 3-21) with autism.

Boys and Girls Clubs of Greater Houston ........................................... 713-868-3426
1520-A Airline Dr.
Houston, TX 77009
www.bgclubs-houston.org
Programs for disadvantaged young people to enhance and improve the quality of their life.

Cadwalder Behavioral Clinics............................................................... 281-351-6644
30903 Quinn Rd.
Tomball, TX 77375
www.cadwalderbehavioralclinics.com
Provides recovery from eating disorders, substance abuse and behavioral problems.

Cancer Counseling, Inc................................................................. 713-520-9873
4101 Greenbriar, Suite 317
Houston, TX 77098
www.cancercounseling.info
Provides free, professional, emotional, outpatient counseling to patients, their families, and friends
Casa de Esperanza de Los Ninos .................................................. 713-529-0639
1407 Wichita
Houston, TX 77004
www.casahope.org
Provides psychological, medical and residential care for children in crisis due to neglect, abuse, or HIV.

Catholic Charities of the Archdiocese ......................................... 713-526-4311
of Galveston-Houston
2900 Louisiana
Houston, TX 77066
www.catholiccharities.org
Provides community outreach, family counseling, adoption and pregnancy counseling.

Center for Stress Management .................................................... 713-471-9977
920 Medical Plaza Drive, Ste. 360
The Woodlands, TX 77360
www.center4stressmanagement.com
Provides psychosocial and spiritual care to patients and caregivers experiencing the stress of living with cancer or a chronic health condition. Provides counseling, chaplaincy services and stress management.

Community Family Center ........................................................... 713-923-2316
7524 Avenue E
Houston, TX 77012
www.communityfamilycenters.org
Provides services and counseling to low income Hispanics.

Cornerstone Recovery ................................................................. 713-528-6720
6699 Portwest Dr., Ste 140
Houston, TX 77024
www.cornerstonerecovery.org
A teen-based, 12-step recovery program based on positive peer pressure and a drug and alcohol free environment.
Council on Alcohol and Drugs Houston ........................................ 713-942-4100
303 Jackson Hill Street
Houston, TX 77007
www.council-houston.org
Provides children, adolescents, adults and families with outpatient clinical treatment services, women's and children's services, school-based prevention and intervention, adolescent intervention, education and outreach services for anyone seeking services or information for alcohol or other drug-related problems.

Covenant House Texas .......................................................... 719-523-2231
1111 Lovett Blvd.
Houston, TX 77006
www.covenanthousetx.org
Assist homeless and runaway youth up to age 21.

DAPA ..................................................................................... 713-783-8889
6260 Westpark, Suite 250
Houston, TX 77057
www.thedapaway.com
Chemical Dependency and Psychiatric treatment - PHP and IOP, Acute Inpatient for Adults and Geriatric.

DePelchin Children's Center .................................................. 281-367-7707
1600 Lake Front Circle
The Woodlands, TX 77380
www.depelchin.org
Provides community-based prevention services, parent education, individual and family counseling, transitional living for homeless young mothers, foster care, adoption, adoption services and residential treatment for children

Early Intervention Program ............................................... 281-485-8356
Intersection Hwy 518 and 35
Pearland, TX 77581
giftofrecovery@aol.com
Adolescent CD, Six-Week Program for Families, Group and 12 Step meetings.
Expressive Therapies Center ........................................................ 713-529-5285
5311 Kirby Drive #110
Houston, TX 77005
www.expressivetherapies.com
Helps families, couples, individuals by using arts, music and other mediums of personal expression as tools for working through problems.

Family Services of Greater Houston Baytown .............................. 713-861-4849
3815 Montrose, Suite 200
Houston, TX 77006
www.familyservices.org
Services include counseling, parent resources and education, relationships skills training, seniors and persons living with HIV/AIDS, family reintegration, substance abuse.

Focus Initiative ............................................................................ 832-813-7413
2408 Timberloch, Ste. D1
The Woodlands, TX 77380
www.asdfocus.com
Services include assessments, mentoring, individualized and group programs for adolescents and adults with Asperger’s, PDD-NOS, ADHD, and other social cognitive deficits.

Houston Area Women’s Center ................................................... 713-528-6798
1010 Waugh Dr.
Houston, TX 77019
www.hawc.org
Provides shelter and support services to survivors of domestic and sexual violence.

Houston OCD Program ............................................................. 713-526-5055
1401 Castle Court
Houston, TX 77006
www.houstonocdprogram.org
Provides residential support program, intensive outpatient program and outpatient services for children, adolescents and adults suffering with anxiety disorders, phobias and obsessive compulsive disorders.
Houston-Galveston Trauma Institute .......................................... 713-626-0000
P.O.Box 925453
Houston, TX 77292-5453
www.hgti.org
Provides low cost therapy for trauma victims on a sliding fee scale.

Interface-Samaritan Counseling Center ....................................... 281-376-8006
6823 Cypresswood Drive
Spring, TX 77379
www.interface-samaritan.org
Organization that provides individual, family, and marital therapy on a sliding fee scale. Supported in part by area churches.

Jewish Family Service ................................................................. 713-667-9336
4131 South Braeswood Blvd.
Houston, TX 77025
www.jfshouston.org
Provides a broad range of counseling, environmental, and education services

Life Way ................................................................. 713-270-6753
P.O. Box 771945
Houston, TX 77215
www.lifewayinternational.org
Provides Intensive Outpatient programs and support groups for adolescents with chemical dependency.

Loan Star Expeditions ................................................................. 866-573-2002
1728 Forest Rd. 5101
Groveton, TX 75845
www.lonestarexpeditions.com
Provides outdoor behavioral treatment programs for adolescents.

Magnificat Houses, Inc. ................................................................. 713-520-0461
3300 Caroline St.
Houston, TX 77004
www.mhihouston.org
Provides care for the disabled and the disadvantaged, which serve adults with mental illnesses, HIV/AIDS, homeless adults and children, abused women, and those recovering from alcoholism.
Memorial Hermann Prevention .......................................................... 281-681-9101  
and Recovery Center (The Parc) - Woodlands  
1733 Woodstead Court, Ste. 102  
The Woodlands, TX 77380  
www.parc.memorialhermann.org  
Adolescent and Adult Intensive Outpatient, 12 Steps, and Aftercare.

Mental Health and Mental Retardation of Harris County .......... 713-970-7000  
7011 Southwest Freeway  
Houston, TX 77074  
www.mhmraofharriscounty.org  
Provides services to those with severe mental illness and mental retardation.

Montrose Clinic ........................................................................... 713-830-3000  
215 Westheimer  
Houston, TX 77006  
www.montroseclinic.org  
United Way Agency that provides medical and social services to the gay, lesbian, bisexual, and transgender community.

Montrose Counseling Center ....................................................... 713-529-0037  
401 Barnard St., 2nd Floor  
Houston, TX 77006  
www.montrosecounselingcenter.org  
Provides mental health, substance abuse treatment, and case management services to gays, lesbians, and persons with HIV infection.

New Dimensions Day Hospital ..................................................... 800-685-9796  
111 Vision Park Blvd., Ste. 260  
Shenandoah, TX 77384  
www.newdimensionsdayhospital.com  
Provides psychiatric and chemical dependency treatment for adults and adolescents. Offers partial day, intensive outpatient and outpatient treatment.
Palmer Drug Abuse Program ....................................................... 281-589-4833
1200 Enclave Pkwy, Ste. 600
Houston, TX 77077
www.pdaphouston.org
Provides free support groups, crisis intervention, and information and referral to young people ages 12 to 25 and their families.

Richmond State School ................................................................ 281-344-4335
2100 Preston St.
Richmond, TX 77469
www.dads.state.tx.us/services/SSLC/richmond.html
Provides care, treatment, and training for mentally retarded persons.

Sheltering Arms Senior Services .................................................. 281-648-7277
3838 Aberdeen Way
Houston, TX 77025
www.shelteringarms.org
Provides services to the elderly, caregivers, and the elders at risk.

Shield Bearer Counseling Centers ................................................ 281-894-7222
12345 Jones Road #285
Houston, TX 77070
www.fightingforhearts.org
Provides outpatient pre-marital, marital and family faith based counseling services.

Tangible Difference Learning Center............................................ 713-462-6060
7010 NW 100 Drive, Ste. A 104
Houston, TX 77092
www.tangibledifference.com
Serves families with special needs children by providing applied behavioral analysis, speech-language therapy, occupational therapy, professional counseling, and parent training.

The Bridge Over Troubled Waters ................................................. 713-473-2801
P.O. Box 3488
Pasadena, TX 77501
www.thebridgeovertroubledwaters.org
Provides services to individuals and families who have experienced victimization or sexual assault
The Center for Counseling ........................................................... 719-263-0829
(Main Office) 2916 West T.C. Jester, Suite 102
Houston, TX 77018
www.centerforcounseling.org
Provides marriage and family counseling, adolescent and child counseling, and individual therapy
(12 Houston Locations).

The Center Serving Persons with Mental Retardation ................. 713-525-8400
3550 W. Dallas
Houston, TX 77019
www.cri-usa.org
Provides services for people with mental retardation.

The DAPA Way - Houston's Mental Health Specialists .................. 713-783-8889
6260 Westpark Dr., Suite 300
Houston, TX 77057
www.dapahelp.com
Provides Psychiatric and substance abuse programs

The Excel Center of Katy................................................................. 281-647-0020
2900 Commercial Center Blvd., Ste. 102
Katy, TX 77494
Intensive Outpatient Adults and Teens, Partial Day treatment for Seniors, Adults and Teens,
Substance abuse and CD.

The Gathering Place ..................................................................... 713-729-3799
P.O. Box 35561
Houston, TX 77235
www.gplace.org
Provides supportive environment for adults struggling with severe and persistent mental illness.

The Houston Council on Alcohol and Drugs ................................. 713-942-4100
303 Jackson Hill
Houston, TX 77007
www.council-houston.org
Provides assessment, prevention, counseling and educational services on alcohol and drug abuse.
The Lighthouse of Houston .......................................................... 713-527-9561
3602 West Dallas
Houston, TX 77019
www.houstonlighthouse.org
Offers vocational evaluation, career training, and services to the blind and visually impaired.

The Right Step ............................................................................. 888-811-7395
902 W. Alabama
Houston, TX 77006
www.rightstep.com
Provides Detox, Residential Services, Transitional Living, and Intensive Outpatient Treatment for people with substance abuse issues.

The Right Step of The Woodlands ................................................ 281-465-4500
25319 I-45 North, Ste 102
Spring, TX 77380
www.rightstep.com/addiction-treatment-locations/the-woodlands.php
Intensive Outpatient Treatment for adults with substance abuse.

The Shape of Behavior ................................................................. 832-358-2655
26006 Oakridge Drive
The Woodlands, TX 77380
www.shapeofbehavior.com
Intensive behavioral therapy services for infants, toddlers, children, teens and adults with autism, Down Syndrome, PDD-NOS, ADD and ADHD.

The Shape of Behavior ................................................................. 281-378-6887
17810 Spring Creek Forest Drive
Spring, TX 77379
www.shapeofbehavior.com
Intensive behavioral therapy services for infants, toddlers, children, teens and adults with autism, Down Syndrome, PDD-NOS, ADD and ADHD.

Three Oaks Academy ................................................................... 713-270-6753
9920 West Sam Houston Parkway South, #410
Houston, TX 77099
www.threeoaksacademy.org
Fully-Accredited and Specialized Safe and Sober High School for Lifeway’s Assisted Peer Groups.

NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Victim Assistance Centre Inc....................................................... 713-755-5625
1310 Prairie, Ste. 1030
Houston, TX 77002
www.victimassistancecentre.com
Provides services to victims of violent crimes.

Wellsprings Inc. ........................................................................... 713-529-6559
P.O. Box 311017
Houston, TX 77231
www.wellspringsinc.org
Provides transitional and long-term housing to homeless and abused women and their children.
**THERAPISTS**

Kim Abernethy, LPC ................................................................. 281-744-9477  
20122 Glen Lake Drive  
Spring, TX 77388

Felice Aboud, LPC ................................................................. 281-826-4014  
10330 Lake Rd., Ste. D  
Houston, TX 77070  
www.harborcounseling.org  
**Population Served:** Adults Only. No patients under 18 years old  
**Types of Services:** Individual Counseling. Depression, Anxiety, Mood Disorders, Marriage Counseling, Substance Abuse for Individuals and Families. No Eating Disorders or Domestic Violence

Shannon Ackal, Ph.D .............................................................. 281-528-4226  
111 Vision Park, Ste. 250  
Shenandoah, TX 77384  
www.addwoodlands.com  
**Population Served:** Children, Adolescents, Adult  
**Specialties:** ADHD, learning disabilities, and developmental disorders

Joni Adams, MA, LPC ............................................................ 832-529-6975  
3910 West Lake Houston  
Kingwood, TX 77339  
www.mykingwoodtherapist.com  
**Population Served:** Toddlers/Preschoolers (0-6); Children (6-10); Preteens/Tweens (11-13); Adolescents/Teenagers (14-19); Adults; Elders (65+)

Sydney Adams, LMSW .......................................................... 281-608-1346  
3411 Cedar Knolls Drive, Suite K  
Kingwood, TX 77339

Sara Addison, APRN, MSN, OCN, PMHNP-BC ............... 281-367-1015 x124  
8701 New Trails Dr. #150  
The Woodlands, TX 77381  
www.woodlandspsych.com  
**Population Served:** Accepts Ages 3 and Up  
**Types of Services:** Works in collaboration with your physician to provide diagnostic evaluations and initiate treatment plans including medication management.
Linda Adolph, MA, LPC ............................................................... 281-904-8129
4840 W. Panther Creek Drive, Ste. 207
The Woodlands, TX 77381
http://lindaadolphcounseling.com

**Population Served:** Individuals, Couples, & Families

**Types of Services:** Providing individual (adolescent, adult and geriatric), group, couples and family counseling

**Specialties:** Therapy for Depression, Anxiety & ADHD, Loss/Grief & Trauma Issues, Addiction and Recovery, Parenting Support, Stress Management, Pain Management, Conflict Resolution, Couples Counseling, Family Counseling

Nancy Aldrich, MSSW ................................................................. 281-367-9836
25910 Oak Ridge Dr.
Spring, TX 77380

Dale Alexander ........................................................................... 713-743-8672
4800 Cullen Road, 313 Social Work Building
Houston, TX 77004

Leslie Alexander, MA, LPC .......................................................... 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/

**Population Served:** Couples, families, and individuals

**Types of Services:** Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment

**Specialties:** Depression, anxiety, abuse, anger management, social concerns, adjustment difficulties, stress management, identity struggles, low self-esteem, eating disorders, grief and loss, divorce, family conflict, parenting, drug and alcohol abuse, or self-mutilation

Dunphy Anderson, LPC ............................................................... 936-581-1951
1211 Financial Plaza, Ste. 2
Huntsville, TX 77340

**Population Served:** Teens and Adults

**Types of Services:** Teen, Marriage and Family Counseling

Joy Anderson .............................................................................. 936-582-6300
2000 La Salle Park Drive
Conroe, TX 77304

Judith Anderson, MA, LPC .......................................................... 832-233-3086
20031 W. Lake Houston Pkwy., Ste. 400
Humble, TX 77346
Ramona Andrea, MA, LPC ........................................................... 832-736-1724
9337 Spring Cypress Rd., Ste. B10
Spring, TX 77379
www.TherapeuticEnhancements.com
Population Served: Adolescents/Teenagers (14-19), Adults. No patients under 12 years old.
Types of Services: Addiction, Alcohol Abuse, Anger Management, Anxiety or Fears, Behavioral Issues, Borderline Personality, Child or Adolescent, Coping Skills, Depression, Divorce, Domestic Abuse/Violence, Dual Diagnosis, Eating Disorders, Emotional Disturbance, Family Conflict
Specialties: Sexual Addicication & Partners Grp., Mood Disorders, Trauma and PTSD.

Pedra Ane, MA, LPC- S, RPT- S, CSC, NCC .............................. 281-813-2343
431 Nursery Rd., Ste. C-600
The Woodlands, TX 77380
http://www.the-healing-place.com
Population Served: Children, adolescents, individuals, and families
Types of Services: Individual Counseling, Couples Counseling, Family Counseling, Separation and Divorce Counseling, Marriage Counseling Services, Relationship Counseling
Specialties: Lesbian, gay, bisexual, transgendered, and questioning clients. Helping families with same sex parents work through the issues specific to same sex parenting. Substance abuse and addiction issues.

Felicia Antwi, LPC ................................................................. 936-293-6721
512 11th St.
Huntsville, TX 77340
Population Served: Adolescents/Teenagers (13-19), Adults
Types of Services: Affective Mood Disorders, Anxiety Disorders, Eating Disorders that are tied to Depression
Specialties: Individual Counseling for people in crisis.

Dianne W. Appolito, LCSW .................................................... 281-579-0703
20915 Kingsland Blvd.
Katy, TX 77450
http://stonecreektherapy.com
Population Served: Individuals and their families
Types of Services: Anxiety, depression, career issues, behavioral concerns, addictions, sleep problems, trauma & PTSD academic problems, peer relationships, obsessive compulsive disorder, postpartum, learning differences, anger, social skills, divorce, blended families, parenting
Specialties: Domestic violence, depression, anxiety, traumatic experiences, PTSD, OCD, college and career issues, behavioral problems and mood disorders. Extensive experience in systems therapy, working with families, couples, group therapy, adolescents, children.
Viviana Arango-Coles, DMFT, LMFT, CST ........................................ 713-542-2221
1302 N. Shepherd Drive
Houston, TX 77008
www.houstonrelationshiptherapy.com
Population Served: Individuals Couples and Family, Weight Loss Group
Types of Services: Pre-Marital Counseling Program
Specialties: Specialties: Sex Therapy, South Asian Counseling, Hispanic Counseling

Adrienne Armstrong, MS, LPC, LMFT ........................................... 281-381-6114
326 Noble Street
Spring, TX 77373
www.adriennearmstrongmft.com
Population Served: Children (6-10), Adolescents/Teenagers (14-19), Adults
Types of Services: Academic Underachievement, Addiction, Adoption, Anxiety or Fears, ADHD, Behavioral Issues, Borderline Personality, Chronic Impulsivity, Chronic Relapse, Coping Skills, Depression, Divorce, Domestic Abuse/Violence, Drug Abuse, Emotional Disturbance, Entitlement
Specialties: Women’s Process Grp., Child or Adolescent, Relationship Issues, Sexual Abuse

Frank Armstrong, MA, LPC ...................................................... 936-295-1000
2804 Lake Rd., Ste. 6
Huntsville, TX 77340

Elizabeth Arredondo-Hill, MA, LPC-S ....................................... 832-409-4143
18700 W. Lake Houston Pkwy., Ste. 102
Humble, TX 77346
http://www.atascocitacounseling.com
Population Served: Individuals, Couples and Families and Children
Types of Services: Marital Therapy, Family Therapy, Teens, Play Therapy
Specialties: Asperger’s Disorder, anxiety disorders, women’s mental health issues, marriage counseling, men’s therapy, counselor education and supervision, and Christian counseling.

Keyshia Jesses Ashford ......................................................... 281-883-8301
505 N. Sam Houston Pkwy. E, Ste. 520
Houston, TX 77060

Jennifer Aune, MA, LPC .......................................................... 936-697-2822
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380
http://www.achievebalance.org
Population Served: Children, Individuals Adults and Families
Types of Services: Families and Parent Counseling, Couple and Marriage Counseling , Individual and Relationship, Online Counseling
Specialties: Children, Individuals Adults and Families managing a chronic health condition.
Larry Bailey, MA, LPC ................................................................. 936-760-1880
212 Conroe Dr.
Conroe, TX 77301
www.counselingcentermc.com
Population Served: Individuals, Couples and Families
Types of Services: Play Therapy, Therapy for Depression and Anxiety, Individual Counseling,
Couples Counseling, Family Counseling, Parenting Support, Court Approved Parenting Classes,
Anger Management Groups, Grief Counseling, Work and Career Issues, Stress Management,
Addiction.
Specialties: Individual, family, and group therapy and works with children, adolescents, and adult.

Maria Baker, PhD, LP ................................................................. 713-805-3998
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
www.BakerPsychologicalServices.com
Types of Services: Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment
for Children
Specialties: Specializes in trauma recovery (PTSD) and the treatment of anxiety disorders.

Alvia Baldwin, PhD, LPC ............................................................ 281-558-1900 (ext. 3)
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
http://houstonpsychotherapists.com
Types of Services: Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment
for Children
Specialties: Specializes in adolescent issues and development, and self-injury.

Mellonie Baldwin, LPC ................................................................. 713-668-0040
1125 Cypress Station Dr. B1
Houston, TX 77090
Types of Services: Family & Couples Therapy

Lawrence Balsam, LCSW .............................................................. 713-874-6590
7810 Cypresswood Dr.
Spring, TX 77379

Rose Banker, MSW, LCSW .......................................................... 832-515-7301
16333 Mueschke Road
Cypress, TX 77433
<table>
<thead>
<tr>
<th>Name</th>
<th>Contact</th>
<th>Address</th>
<th>Population Served</th>
<th>Types of Services</th>
<th>Specialties</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laura Barber-Henderson, MEd, LPC</td>
<td>281-748-0233</td>
<td>25511 Budde Rd., Ste. 1902, The Woodlands, TX 77380</td>
<td>Individuals, groups, parents, families, children, and adolescents</td>
<td>Private Individual Counseling, Parent Education, Workshops, Group Therapy, Christian Counselors, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress, Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy</td>
<td>Christian Counseling, Family Therapy, Marital/Couples Therapy, Grief/Loss, Anger Management, and ADHD/ADD.</td>
</tr>
<tr>
<td>Angela Bartlett, LCSW</td>
<td>281-520-7966</td>
<td>2203 Timberloch Place, Ste. 100, The Woodlands, TX 77380</td>
<td>Adolescents and Up</td>
<td>General Practice</td>
<td>Addiction Therapy, Anxiety, Depression, Family System, Similar Axis - One Diagnosis</td>
</tr>
<tr>
<td>Alton Barton, PhD</td>
<td>281-583-5005</td>
<td>5625 FM 1960 W #218, Houston, TX 77069</td>
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<tr>
<td>Yolanda Bassett, MEd, LPC</td>
<td>281-358-3684</td>
<td>19701 Kingwood Dr., Bldg. 3, Kingwood, TX 77339</td>
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<tr>
<td>Norrie Beck, MA, LPC-S</td>
<td>281-882-3710</td>
<td>703 Everett Street, Conroe, TX 77301</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eric Bell, PsyD</td>
<td>281-367-1015 x105</td>
<td>8701 New Trails Dr. #150, The Woodlands, TX 77380</td>
<td></td>
<td>Bariatric Pre-Surgical Psychological Evaluations, Neurocognitive/Psychological Evaluations (memory assessments, mood and personality testing), Cognitive-Behavioral Psychotherapy, Short-Term Dynamic Therapy, Marital or Relationship Therapy</td>
<td>Marital Problems, Depression, Insomnia, Anxiety, ADD/ADHD, Sleep Apnea, Memory Disorders, Seizure Disorders</td>
</tr>
</tbody>
</table>
Laura Jean Bell, MA, LPC, LMFT ..................................................   281-210-0080
431 Nursery Rd., Ste. B-800
The Woodlands, TX 77380
www.laurajeanbell.com
Population Served: Adults and Couples
Types of Services: Marriage Therapy, Couple Therapy, Relationship Counseling, Imago Relationship Therapy & Workshops
Specialties: Couple Therapy, Imago Relationship Therapy

Nova Beltran, MS, LPC ...........................................................   281-866-8746 x2
14340 Torrey Chase Blvd., Ste. 155
Houston, TX 77014
www.novabeltran.com
Population Served: Adolescent-Adults
Types of Services: Individual, Family, Group
Specialties: Anxiety, Mood Disorders, Trauma, Self-Harm, Eating Disorders

Rob Benson, LPC-Intern ..............................................................   281-255-9922
500 Mason St.
Tomball, TX 77375
www.counselingrc.com

Avia Benzion, MA, LPC ................................................................   713-730-2335
4950 Memorial Drive
Houston, TX 77007

Kristen Berglund, MA, LPC ..........................................................   713-398-8947
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
http://houstonpsychotherapists.com
Types of Services: Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment for Children
Specialties: Specializes in adult survivors of sexual abuse and new parents.

Kim Bierma, LCSW ......................................................................   713-504-1252
700 Rockmead Dr., Ste. 246
Kingwood, TX 77339
www.kimbierma.com
Population Served: Adolescents/Teenagers (10-19), Adults, Elders (65+)
Types of Services: Individual, Couples & Family, Relationship Issues, Grief and Loss, Anxiety and Fears, Depression, Personal Growth, Parenting Support, Stress Management
Specialties: Bereavement, Hospice, Marriage Counseling, Mood Disorders
Charles Bisbee, PhD ................................................................. 281-319-9577  
19002 McKay Drive  
Humble, TX 77338

Margaret Hood Black, MA, LPC .................................................. 713-562-7819  
1960/249 (Willowbend Area)  
Additional Office in Bellaire, TX  
Kingwood, TX 77325  
www.margarethoodblack.com  
Population Served: Children (10-12), Adolescents/Teenagers (14-19), Adults, Elders (65+)  
Types of Services: Addiction, Anger Management, Anxiety or Fears, ADHD, Child or Adolescent, Depression, Divorce, Domestic Abuse, Domestic Violence, Life Coaching, Parenting, Spirituality, Trauma and PTSD, Borderline Personality Disorders, Narcissism  
Specialties: Borderline Personality Disorders, Narcissism, Difficult or Challenging Adolescents

Tana Blair, MEd, LPC, LMFT, LCDC ............................................. 281-893-4239  
703 Everett Street  
Conroe, TX 77301

Tana Blair, MEd, LPC, LMFT, LCDC ............................................. 281-893-4239  
26515 Oakridge Dr.  
The Woodlands, TX 77380

Diane Bliven, LPC ........................................................................ 281-807-9252  
7026 Belgold  
Houston, TX 77066

Leonard Bohanon, PhD ............................................................... 832-628-5253  
25227 Grogans Mill Rd #125  
The Woodlands, TX 77380

Ann Bolton, MA, LPC .................................................................. 281-255-9922  
500 Mason Street  
Tomball, TX 77375  
www.counselingrc.com

Lea Bond, MS, LPC ...................................................................... 832-419-6345  
2611 FM 1960 Rd W, Ste. D101  
Houston, TX 77068

Gerald Bortz ............................................................................... 281-367-0733  
1001 Medical Plaza Dr., Ste. 190  
Spring, TX 77380  

New Dimensions Day Hospital 800 - 685 - 9796
Lois Bowersock-Thomson, MA, LCDC, ADC III, CET ......................... 281-419-5255
(Certified Experiential Therapist, Certified Adolescent Specialist)
1733 Woodstead Court, Ste. 101
The Woodlands, TX 77380
http://loisbowersock.com/
Population Served: Adolescents/Teenagers (14-19), Adults
Types of Services: Families, couples and individuals affected by addictive disorders, Recovery Group, Addictive-Compulsive Behavior, Experiential Therapy, Personal, Social and Emotional Skills, Creativity, Ingenuity and Quick Thinking, Awareness of Interaction with Others
Specialties: Recovery Group, Family Support Group, Addiction, Eating Disorders, Relationship Issues

Bryan Boyle, MEd, NCC, LPC, LCDC-Intern................................. 713-489-8925
800 Rockmead Drive, Ste. 132
Kingwood, TX 77339
www.wellsourcegroup.com
Population Served: Individuals, Couples, Family
Types of Services: Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Education & Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution,
Specialties: Chronic mental illnesses including Bipolar Disorder, Major Depressive Disorder and Schizophrenia.

Michael Boyle, PhD, LPC ....................................................... 936-435-0051
1211 Financial Plaza, Ste. 2
Huntsville, TX 77340

Amanda Bracewell, MS, LPC ..................................................... 281-528-4226
111 Vision Park, Ste. 250
Shenandoah, TX 77384
www.addwoodlands.com
Population Served: Children, Adolescents, Adult
Specialties: Depression, anxiety, relationship issues, life and role transitions, communication skills, study skills, parenting styles, setting boundaries, anger, stress management, and grief/loss

Gail Brackins, LCSW .............................................................. 713-785-4711
6250 West Park, Suite 305
Houston, TX 77057
Population Served: Children, Adolescents, Adults, Individual, Groups and Families
Types of Services: Individual, Groups and Families Therapy
Specialties: Depression, Anxiety, Alcohol and Drugs
Gail Brackins, LCSW ................................................................. 281-272-1115
515 N Sam Houston Parkway E, Suite 215
Houston, TX 77060
Population Served: Children, Adolescents, Adults, Individual, Groups and Families
Types of Services: Individual, Groups and Families Therapy
Specialties: Depression, Anxiety, Alcohol and Drugs

John Bragg, LPC, LCDC ............................................................. 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77304

John Bragg, LPC, LCDC ............................................................. 936-521-6260
P.O.Box 3067
Conroe, TX 77305

Mary Branson, MA, LPC, LMFT ............................................... 832-326-5972
431 Nursery Road, Ste. B-700
The Woodlands, TX 77380

Susan Brintz, MSW, LCSW ....................................................... 281-397-8181
5629 FM 1960 W
Houston, TX 77069

Gail Brock, MA, LPC-Intern ..................................................... 936-760-1880
212 Conroe Dr.
Conroe, TX 77301
www.counselingcentermc.com
Population Served: Individuals, Couples and Families
Types of Services: Play Therapy, Therapy for Depression and Anxiety, Individual Counseling, Couples Counseling, Family Counseling, Parenting Support, Court Approved Parenting Classes, Anger Management Groups, Grief Counseling, Work and Career Issues, Stress Management, Addiction

Dominique Broussard, PhD ..................................................... 281-447-9355
505 N. Sam Houston Pkwy. East, Ste. 502
Houston, TX 77060
www.yourmentalwellness.org
Joshua Brown, LPC ......................................................... 713-522-2024
26202 Oak Ridge Drive, Suite A206
The Woodlands, TX 77380
Population Served: Toddlers/Preschoolers Only, No patients over 3 years old
Types of Services: Brief Solution Therapy, Children, Christian Based Counseling, Family Therapy, Martial Therapy, Conjoint Counseling, Gifted Children and Adults, Internet Porn Addiction, ADHD/ADD, Anxiety, Depression, Adjustment Disorders, Obsessive Compulsive Disorders

Kristi Brown, MA, LMFT-A ............................................... 281-358-3299
10203 Birchridge Dr., Ste. G
Humble, TX 77338
http://www.saundradickinson.com/
Population Served: Adults Only. No patients under 18 years old
Types of Services: Marriages, Relationships, Addictions, Chemical Dependency, Co-Dependency, Depression, Anxiety, Grief
Specialties: Specializing in helping children, adolescents, and families with difficulties of depression, anxiety, eating disorders, self-esteem, coping skills, goal setting, parent conflict, peer pressure, anger management, ADD/ADHD, divorce and child custody issues.

Linda Brown, LCSW .......................................................... 281-241-7953
326 1/2 Noble St., Ste. B
Spring, TX 77373
www.springtherapy.net

William Brown, PhD, LPC .................................................. 281-681-2211
4840 W. Panther Creek Dr., Ste. 101
The Woodlands, TX 77381

Katherine Brubaker, MEd, LPC, RPT .................................... 832-233-3086
20031 W. Lake Houston Pkwy., Ste. 400
Humble, TX 77346
Population Served: Toddlers/Preschoolers (0-5), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Chemical Dependency, Eating Disorders, Gay and Lesbian Issues, Pain Management, Psychological Testing, Pastoral Counseling, Schizophrenia and other Psychiatric Disorders

Margaret Bruce, MA, LPC ................................................ 936-756-7982
1110 N Loop 336 W #530
Conroe, TX 77301
Wendy Brueckner, MA, LPC ........................................................ 866-341-9488
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com
Population Served: Children, adolescents, adults and families
Types of Services: Private Individual Counseling, Parent Education, Workshops, Group Therapy,
Christian Counselors, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress,
Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy
Specialties: Specializes in Foster Care/Adoption, Youth and Families

Rick Bruhn, EdD, LPC ............................................................... 936-291-7928
1325 Windsor St.
Huntsville, TX 77340
Population Served: 13 Years and Older
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD,
Schizophrenia and other Psychiatric Disorders, Marriage Counseling

Sara Bruhn, LCSW, LPC, LMFT .................................................. 936-291-7928
1325 Windsor St.
Huntsville, TX 77340
Population Served: 13 Years and Older
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD,
Schizophrenia and other Psychiatric Disorders, Marriage Counseling

Tanya Bryant, LPC .................................................................... 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77304

Tanya Bryant, LPC .................................................................... 936-521-6260
P.O. Box 3067
Conroe, TX 77305

Thomas Bryant, LCSW .............................................................. 281-364-0067
25810 Oak Ridge Dr.
The Woodlands, TX 77380
Bridget Burandt, MA, LPC ...........................................................   713-664-5512
1521 Green Oak Place, Ste. 208
Kingwood, TX 77339
Population Served: Toddlers/Preschoolers (0-5), Children (6-10), Preteens/Tweens (11-13),
Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD,
Chemical Dependency, Eating Disorders, Hearing Impaired, Schizophrenia and other Psychiatric
Disorders

Theresa Burbank, MA, LPC .........................................................   936-760-1880
849 Elkins Lk
Huntsville, TX 77340

Erica Burden, PhD, LP .................................................................   281-657-6052
1521 Green Oak Place, Ste. 250
Kingwood, TX 77339
www.healthpartnersplus.com/
Population Served: Children -- 3 years and older, Adolescents, Adults
Types of Services: Psychological Testing, Neuropsychological Testing, Developmental Evaluation,
Autism Evaluations, Learning Evaluations, Forensic Evaluations, including mental competency
evaluations, Play Therapy for Children, Psychotherapy and Counseling for Adolescents

Janet Burditt Hamilton, MEd, LPC...............................................   832-274-8474
11115 McCracken Ln., Ste. C
Cypress, TX 77429

Audrey Burgess, PhD .................................................................   713-377-8657
800 Rockmead Dr., Ste. 175
Kingwood, TX 77339

Mojie Burgoyne, LCSW, LPC, LMFT, MSW ...................................   281-351-2461
701 W. Main #2
Tomball, TX 77375

Tamika Burns-Shephard, MA, MS, LPC-S, NBCC ..........................   713-240-1069
1906 Treble, Ste. 13
Humble, TX 77338
Cheryl Butler, MA, LPC-Intern ..................................................... 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
**Population Served:** Couples, families, and individuals
**Types of Services:** Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
**Specialties:** Children, adolescents, and parents to improve the parent-child bond, as well as working with families who are dealing with difficult issues and transitions (infertility, divorce, grief, moving, sibling conflict, finances, parenting techniques

Linda Butterworth, MA, LPC ....................................................... 281-799-7371
9450 Grogans Mill Road, Ste. 125
The Woodlands, TX 77380
www.lindabutterworth.com

Jennifer Cain, LPC-S, RPT-S ......................................................... 281-239-4306
504 Spring Hill Drive, Suite 360
The Woodlands, TX 77386
www.willow-counseling.com
**Population Served:** Children under the age of 12, Parents (With children in or out of treatment), Women Expecting Children and Post-Partum (Mild Issues, No Post Partum Psychosis)
**Types of Services:** Aggression, Developmental Delays, Depression, Anxiety or Fears, Birth of a Sibling, ADHD, Divorce, Social Issues, Loss or Grief, Blended Families, Defiant Behavior, Prenatal Support, Breastfeeding Issues
**Specialties:** Play Therapy, Parenting Issues

Gayle Callahan, PhD, LP, LSSP ..................................................... 832-237-2673
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
http://houstonpsychotherapists.com
**Population Served:** Children, adolescents, adults, older adults, couples, and families.
**Types of Services:** Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment for Children
**Specialties:** Depression; anxiety; trauma/abuse; grief; adjustment issues (e.g., medical conditions, divorce, remarriage, relocation); stress management; self-esteem; Attention-Deficit/Hyperactivity Disorder; anger management.
Jaclyn Callahan, LPC, RPT ............................................................ 281-579-0703
20915 Kingsland Blvd.
Katy, TX 77450
http://stonecreektherapy.com

Population Served: Individuals and their families
Types of Services: Anxiety, depression, career issues, behavioral concerns, addictions, sleep problems, trauma & PTSD academic problems, peer relationships, obsessive compulsive disorder postpartum, learning differences, anger, social skills, divorce, blended families, parenting
Specialties: Specializes in children who experience behavioral struggles at school, who find it difficult to make friends, who present challenges at home by impulsive or aggressive behaviors and who struggle with attention and focus. Children experiencing ADHD and Anxiety

Alexia Camfield, MSW, LCSW ..................................................... 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/

Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Adjustment to Changes or Challenges, Relationship Issues, Conflict Resolution, Coaching Support for Career / Personal Goal, Seeking Improved Quality of Life, Parenting & Child Development, Family Support, Divorce / Step Family Issues, Adoption / Attachment

Earl Campa, MEd, LPC ................................................................. 936-494-2010
3205 W. Davis St., #B100
Conroe, TX 77304

Lisa Cano, LCSW.......................................................................... 713-266-5811
1416 B Stonehollow Dr.
Houston, TX 77339
www.terraptexas.com

Population Served: Children, teens/adolescents and adults
Types of Services: Anxiety, related anxiety disorders (OCD, Panic, etc.), life stressors, work stress, social anxiety, depression
Specialties: Client-centered cognitive based structured program done individually with licensed psychotherapists in the Houston area.

Diane Captain, MA, LMFT, LCDC .................................................. 866-341-9488
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com

Population Served: Families, Individuals, Groups
Jorge Carrillo, PhD, LSSP ............................................................. 713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com
**Population Served:** At-risk youth and their families
**Types of Services:** Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
**Specialties:** Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management, Mother/Daughter Groups

Samuel Carson, LPC, LMFT ................................................................ 281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
**Population Served:** Children, Adolescents and Adults
**Types of Services:** Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
**Specialties:** Individual, family and marital therapy.

Sandy Carter, MA, LPC ................................................................ 281-419-9878
12000 Sawmill Road, Ste. 1010
The Woodlands, TX 77380

Julie Casten, MA, LPC ................................................................ 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
**Population Served:** Children, teens/adolescents and adults
**Types of Services:** Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life’s stressors
**Specialties:** Addiction, Anger management, Career adjustment/concerns, Loss or Grief, Mood & anxiety disorders, Parenting, Relationship issues including, not limited to family or marital stress, Self-esteem & stress management, Women's issues, Trauma & PTSD (EMDR)

Anne Causey, MA, LPC ................................................................ 832-492-5063
26203 Oak Ridge Dr.
The Woodlands, TX 77381
Mary Causey, PhD, LPC-S, RPT .................................................... 281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77381
Population Served: Children, adolescents and adults
Types of Services: Depression, Anxiety, Marital and other relational struggles, Social skills for children, Anger Management, Problem behavior patterns, Adjustment to divorce, death of a loved one, physical health problems, Life transitions or other difficult situations
Specialties: Individual, couples and family counseling, as well as play therapy for children.

Paul Chambers, LPC .................................................................... 281-257-2148
26202 Oak Ridge Drive, Suite A206
The Woodlands, TX 77380
Population Served: Children, Adults, Adolescents
Types of Services: Brief Solution Therapy, Children, Adults, Adolescents, Christian Based Counseling, Family Therapy, Martial Therapy, Conjoint Counseling, Gifted Children and Adults, Internet Porn /ADD, Anxiety, Depression, Adjustment Disorders, Obsessive Compulsive Disorders

Edward Charlesworth ................................................................. 281-469-6395
10609 Grant Rd. #B
Houston, TX 77070

Linda Chase, LCSW ...................................................................... 713-533-9335
4119 Montrose Boulevard, Suite 220
Houston, TX 77006
Woodlands Location as well
http://lindachaselcsw.com
Population Served: Children (6-10), Adolescents/Teenagers (14-19), Adults
Types of Services: Anxiety or Fears, Child or Adolescent, Depression, Divorce, Family Conflict, Loss or Grief, Obesity, Parenting, Self Esteem, Trauma and PTSD, Gay and Lesbian Issues, Therapy for Individuals, Couples, & Families
Specialties: Overcoming Overeating, Eating Disorders, Gay Lesbian Bisexual Issues, Relationship Issues

Tracy Chiari, LCSW ...................................................................... 281-376-8006
6823 Cypresswood Drive
Spring, TX 77379
www.interface-samaritan.org
Population Served: Individuals, couples, families, children, congregations, schools, and businesses
Types of Services: Abuse – Physical, Emotional, or Sexual, Addiction and Recovery, Adolescent Therapy, Aging Issues, Anger Management, Anxiety/Panic/Phobias, Attention Deficit Hyperactivity Disorder (ADHD), Bipolar Disorder Support, Caregiver Support, Chronic Health Condition
Specialties: Individual, Couple and Family Psychotherapy, Child and Adolescent Psychotherapy/Play Therapy (ages 5+), Aging Issues, Caregiver Support, Chronic Disease Management, Grief and Loss, Life Transitions, Divorce, Blended Family Issues

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Alison Childers, MA, LPC .............................................................   832-264-3614
25511 Budde Rd, Ste. 501 (The Cameron Building)
The Woodlands, TX 77380
Population Served: Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Coping Skills, Depression, Domestic Abuse, Emotional Disturbance, Loss or Grief,
Peer Relationships, Relationship Issues, Self Esteem, Sexual Abuse, Spirituality
Specialties: Trauma and PTSD, Anxiety or Fears

Christine Coberly, MA, LPC .........................................................   713-338-9173
10515 Norchester Village Drive
Houston, TX 77070

Dennis Coburn ............................................................................   281-367-5664
1600 Lake Front Circle, Ste. 150
The Woodlands, TX 77380

Dave Cole PhD ............................................................................   713-649-8840
5330 Griggs Road, Ste. 112A
Houston, TX 77021

Dave Cole PhD ............................................................................   713-697-4963
7007 N. Freeway #300
Houston, TX 77076

Joseph Coleman .........................................................................   281-442-4900
2814 Aldine Bender Rd.
Houston, TX 77032

Nicole Coleman, PhD ..................................................................   281-447-9355
505 N. Sam Houston Pkwy. East, Ste. 502
Houston, TX 77060

Melody Colter MEd, LPC-Intern ..................................................   281-579-0703
20915 Kingsland Blvd.
Katy, TX 77450
http://stonecreektherapy.com
Population Served: Individuals and their families
Types of Services: Anxiety, depression, career issues, behavioral concerns, addictions, sleep
problems, trauma & PTSD academic problems, peer relationships, obsessive compulsive disorder
postpartum, learning differences, anger, social skills, divorce, blended families, parenting
Specialties: Experienced in trauma, domestic violence, working with adolescent struggles, anxiety,
depression, and grief issues.
John Conley, LCSW ................................................................. 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77304

John Conley, LCSW ................................................................. 936-521-6260
P.O. Box 3067
Conroe, TX 77305

Aveleigh Cook, MSN, RN, PMHNP-BC .................................... 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
www.woodlandspysch.com
Population Served: Accepts Ages 5 and Up
Types of Services: Provides comprehensive assessments, diagnostic evaluation, and medication management for children, adolescents, and adults with varied mental health issues. Her collaborating physician at Family Psychiatry of The Woodlands is Dr. David Kaiser.
Specialties: Child, Adolescent, Adolescent Forensic and Adult Psychiatry

Jessica Cordova, BCBA ............................................................. 281-259-5561
7214 FM 1488, Ste. 108
Magnolia, TX 77354
http://www.autismhousetx.com/
Population Served: Students with Autism
Types of Services: One on One Therapy with Students with Autism, Program Reviews, and Team Meetings, Help implement Behavior Intervention Plans, Update goals and objectives for students, Train parents and new employees on applied behavior analysis, Implement verbal behavior
Specialties: Helps parents navigate their local school system by attending ARD meetings, interpreting school assessments and developing IEPs. Offers teacher trainings and workshops.

Jorge Cordova, MSW, DMin.................................................... 281-290-9399
333 S. Cherry St.
Tomball, TX 77375
http://cccctomball.com
Population Served: Adults, adolescents and children
Types of Services: Individuals, Couples, Marriage, Adolescents, Teens, Play Therapy, Educational, Drug Treatment, ADD, ADHD, Prevention & Recovery, Grief & Loss, Bipolar Disorder, Depression, Anxiety, OCD, Anxiety, Anger Management, Psychotherapy
Specialties: Counseling Psychology, Marriage and the Family and Social Ministries

Susan Corley ................................................................. 281-358-7529
2330 Timber Shadows Dr., Ste. 202
Kingwood, TX 77339
Celix Cortez, MA, LPC ........................................................................................................ 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication
difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury,
eating disorders and inability to cope with life’s stressors
Specialties: Spanish Speaking. Adolescents and adults with various issues, including: chronic mental
illness, depression, anxiety, chronic pain and acculturation.

Michele Cortez, MA, LPC ............................................................   281-357-4111
333 S. Cherry St.
Tomball, TX 77375
http://cccctomball.com
Population Served: Adults, adolescents and children
Types of Services: Individuals, Couples, Marriage, Adolescents, Teens, Play Therapy, Educational,
Drug Treatment, ADD, ADHD, Prevention & Recovery, Grief & Loss, Bipolar Disorder, Depression,
Anxiety, OCD, Anxiety, Anger Management, Psychotherapy
Specialties: Anxiety, self-esteem, life transitions, relationship conflict, parenting challenges,
childhood abuse and women’s issues

Janice Costa, MA, LPC, LMFT ......................................................   832-644-1495
900 Rockmead Dr., Ste 262
Kingwood, TX 77339
http://www.janicecosta.com
Population Served: 5 and Above (No children Under 4)
Types of Services: Individuals, Couples, Marriage, Adolescents, Teens, Play Therapy, Educational,
Drug Treatment, ADD, ADHD, Prevention & Recovery, Grief & Loss, Bipolar Disorder, Depression,
Anxiety, OCD, Anxiety, Anger Management, Psychotherapy
Specialties: Marriage and Family Therapist

Krissy Cotten, MA, LPC, LMFT .....................................................   832-576-5538
18700 West Lake Houston Parkway, Ste. 102
Humble, TX 77346
http://cottencounseling.vpweb.com
Population Served: Individuals, Couples and Families and Children
Types of Services: Marital Therapy, Family Therapy, Teens, Play Therapy
Marital Therapy, Faith Based Counseling, Family Therapy, Divorce, Play Therapy for Children,
Adolescents, Parenting, Women’s Issues, Pregnancy Concerns, Postpartum Depression, Domestic
Violence, Sexual Abuse, Grief & Loss, Anxiety, Self-Esteem, Addiction

NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Cynthia Ann Couch, LCSW .......................................................... 713-613-5200
9950 Cypresswood Dr., Ste. 206
Houston, TX 77070
www.counselingrc.com

Peter Cousins, PhD ..................................................................... 281-361-5778
19747 Hwy. 59 North, Ste. 222
Humble, TX 77338
www.changebringshappiness.com
Types of Services: Anger management, panic disorder, depression, eating disorders, marriage and couple counseling, trauma and post-traumatic stress, divorce and loss of a loved one, fibromyalgia, OCD

Ronald Covey, LPC ...................................................................... 713-268-6786
808 Russell Palmer Rd., Ste. 164
Kingwood, TX 77339
Types of Services: DOT, Alcohol and Drug Patients

Sherrill Covey ............................................................................. 713-268-6786
808 Russell Palmer Rd., Ste. 164
Kingwood, TX 77339

Rita Cowan, PhD ......................................................................... 281-348-0885
1525 Lakeville Dr.
Kingwood, TX 77339

Shirley Cox, LPC .......................................................................... 979-393-0230
23777 County Road 125
Bedias, TX 77831
Population Served: Children (10 +), Preteens/Tweens (11-13), Adolescent/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Chemical Dependency, Pastoral Counseling

Anna Cross, MEd, LPC ................................................................. 713-582-5981
18700 West Lake Houston Parkway, Ste. 102
Humble, TX 77346
http://www.atascocitacounseling.com
Population Served: Individuals, Couples and Families and Children
Types of Services: Anxiety, depression, stress, anger/irritability, acting out behaviors, and relationship problems
Specialties: Anxiety, depression, grief/trauma, adjustment issues, behavioral problems at home and school, self-esteem, social skills, school performance, improving family relationships, ADHD, stress management, women’s issues (infertility) and Obsessive Compulsive Disorder

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Mark Crowe, MEd, LPC ............................................................... 281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77381
http://www.gracepointcenter.com/
Population Served: Children, adolescents and adults
Types of Services: Depression, Anxiety, Marital and other relational struggles, Social skills for children, Anger Management, Problem behavior patterns, Adjustment to divorce, death of a loved one, physical health problems, Life transitions or other difficult situations
Specialties: Individual, couples and family counseling, as well as play therapy for children.

John Cummins, PhD .................................................................... 281-367-8009
10655 Six Pines Dr., Ste. 160
The Woodlands, TX 77380

Kathleen Dalton, RN ................................................................... 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
www.woodlandspysch.com
Population Served: Accepts All Ages

Ronald Davenport ...................................................................... 281-359-3283
700 Rockmead Dr., Ste. 270
Kingwood, TX 77339
info@ritacowan.com

Bill Davis, LPC ............................................................................. 936-441-8255
420 West Lewis Street
Conroe, TX 77301
www.TheBridgeHelps.net
Population Served: Children thru Adulthood
Types of Services: General Practice
Specialties: Marriage and Family Counseling

Jason Davis, MS, CSC, LPC-Intern ............................................... 832-474-5933
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380
http://www.annsplacetexas.org
Population Served: Adolescents and Families, ADD/ADHD Issues
Types of Services: Helping adolescents with bullying, depression, anxiety, anger, as well as improving interpersonal communication skills.
Specialties: Specializes in depression, stress, anxiety, anger and relationship issues.
Dell De Berardinis, MA, LPC ........................................................   281-363-2060
431 Nursery Rd., Suite B500
The Woodlands, TX 77380
Population Served: Adults
Types of Services: Psychotherapy, Anxiety, Depression, PTSD, Couples
Specialties: PTSD and Adult Anxiety and Depression

Dana Debes, LCSW .....................................................................   281-579-0703
20915 Kingsland Blvd.
Katy, TX 77450
http://stonecreektherapy.com
Population Served: Individuals and their families
Types of Services: Anxiety, depression, career issues, behavioral concerns, addictions, sleep problems, trauma & PTSD, academic problems, peer relationships, obsessive compulsive disorder, postpartum, learning differences, anger, social skills, divorce, blended families, parenting
Specialties: Extensive experience in working with children, couples, families and individuals. Works with depression, anxiety, traumatic experiences, marital issues, behavioral problems and mood disorders. Neurofeedback

Michael Deitch, PhD ............................................................... 281-367-1388
25510 I45 North, Ste. 200
Spring, TX 77386

Bettina Delong, MA, LPC ............................................................. 281-292-1000
10655 Six Pines, Ste. 180
Spring, TX 77380

Judy DeTrude, PhD ..................................................................... 936-697-2822
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380
http://www.achievebalance.org
Types of Services: Families and Parent Counseling, Couple and Marriage Counseling, Individual and Relationship, Online Counseling

Helene Devine, PhD, LPC, LMFT ............................................... 281-296-0088
10655 Six Pines, Ste. 160
The Woodlands, TX 77380
Population Served: 16 and Up
Types of Services: Family and Marriage Counseling

Jerry Devine, PhD, LMFT .......................................................... 281-296-0088
10655 Six Pines, Ste. 160
The Woodlands, TX 77380
Population Served: 16 and Up
Types of Services: Family and Marriage Counseling
Becky Dicharry, MEd, LPC ........................................................... 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Depression, anxiety, divorce, grief and loss, communication problems, low self-esteem, relationship/family issues, parenting issues, poor boundaries, and stress management.

Linda DiCindio, MA, LBSW .......................................................... 281-364-0067
25810 Oakridge Drive
The Woodlands, TX 77380

Saundra Dickinson, MA, LPC, LMFT............................................. 281-358-3299
10203 Birchridge Dr., Ste. G
Humble, TX 77338
http://www.saundradickinson.com/
Population Served: Children (6-10); Adolescent/Teenagers (14-19); Adults, Elders (65+)
Types of Services: Marriages, Relationships, Addictions, Chemical Dependency, Co-Dependency, Depression, Anxiety, Grief

Jean-Tabitha Dixon, MS, LPC ...................................................... 866-995-7910
8505 Technology Forest Place, Suite 1001
The Woodlands, TX 77381
www.womenstherapyclinic.com
Types of Services: Life transitions, Depression, Anxiety, Postpartum depression, Postpartum anxiety, Pregnancy depression and/or anxiety, Traumatic labor and delivery, Miscarriage and loss, Infertility, Eating issues & Weight loss, Difficulties during adolescence, Divorce

Jean-Tabitha Dixon, MS, LPC ...................................................... 713-520-0707
25511 Budde Rd., Ste 501 (Cameron Bldg)
The Woodlands, TX 77380
Population Served: Adults, Elders (65+)
Types of Services: Anxiety or Fears, Coping Skills, Divorce, Dual Diagnosis, Eating Disorders, Emotional Disturbance, Family Conflict, Infertility, Loss or Grief, Obesity, OCD, Impact of Suicide, Peer Relationships, Relationship Issues, Self Esteem, Self-Harming, Sexual Abuse
Specialties: Depression, Life Coaching, Spirituality
Beverly Dolenz-Walsh, PhD ........................................................   281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
Population Served: Children, Adolescents and Adults
Types of Services: Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
Specialties: Individual, family and marital therapy.

Mercedes Dominguez, MEd, LPC ................................................   713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management, Mother/Daughter Groups

Mercedes Dominguez, MEd, LPC ................................................   281-440-0606
4422 FM 1960 Rd W., Ste. 415
Houston, TX 77068

Angela Doolittle, LPC ..................................................................   832-794-2022
504 Spring Hill Drive, Suite 360
The Woodlands, TX 77386
http://about.me/lpcangela
Population Served: Adolescent through Adult
Types of Services: EMDR and artistic/creative therapies, groups, individual therapy
Specialties: Trauma, grief, PTSD, depression, stress, anxiety, mood instability, burnout, self esteem, coping

Courtney Dowling, LPC ...............................................................   713-670-6516
4840 W. Panther Creek Drive, Ste. 207
The Woodlands, TX 77381
http://cmcwoodlands.com
Population Served: Children 7-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Child Counseling/Play Therapy, Adolescent Therapy, Individual Therapy, Family Counseling
Specialties: Specializes in working with children using play therapy techniques and with adolescents using activity therapy. Experience working with a variety of different issues with clients, some of them including, grief, anxiety, depression, anger management, parenting
Nathan Driskell, MA, LPC ............................................................ 713-364-3519
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.nathandriskell.com
Population Served: Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Anger Management, Anxiety or Fears, ADHD, Behavioral Issues, Career Counseling, Chronic Pain or Illness, Eating Disorders, Family Conflict, Life Coaching, Loss or Grief, OCD, Self-Injury/Coping, Pain Management Evaluation, Parenting, Peer Relationships, Relationships
Specialties: Asperger’s Disorder, Internet Addiction, Coping Skills, Child or Adolescent, Depression

Brooke Duffy Roberts, PhD ......................................................... 281-376-8006
6823 Cypresswood Drive
Spring, TX 77379
www.interface-samaritan.org
Population Served: Individuals, couples, families, children, congregations, schools, and businesses
Types of Services: Abuse – Physical, Emotional, or Sexual, Addiction and Recovery, Adolescent Therapy, Aging Issues, Anger Management, Anxiety/Panic/Phobias, Attention Deficit Hyperactivity Disorder (ADHD), Bipolar Disorder Support, Caregiver Support, Chronic Health Condition
Specialties: Adolescent and Adult Psychotherapy, Marriage, Couple, Relationship, Family and Parent Counseling, Depression, Anxiety, Grief and Loss Counseling, Career, Personal and Spiritual Development, Major Life Transitions

Rolanda Dumas-Green, LPC ........................................................ 281-451-7814
P.O. Box 11568 (Mobile Therapy)
Spring, TX 77391
Population Served: Toddlers/Preschoolers (0-6), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-17)
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, ADHD, Eating Disorders, Chemical Dependency
Specialties: Play Therapist

Kathleen Earthrowl, ED.D, LPC, LMFT ........................................... 713-385-8431
3411 Cedar Knolls, Ste. F
Kingwood, TX 77339
http://www.kingwoodtherapycenter.com
Population Served: Individuals and couples
Types of Services: Individual, Relationship and Group Therapy, Addiction, Career Counseling, Divorce, Domestic Abuse, Emotional Disturbance, Family Conflict, Life Coaching, Loss or Grief, Parenting, Self Esteem, Sex Therapy, Substance Abuse,
Specialties: Relationship Issues, Depression, Anxiety or Fears
Debbie Edmunds, MA, LPC-S, CART ............................................. 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication
difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury,
eating disorders and inability to cope with life’s stressors
Specialties: Self Injury

Karen Edwards, LCSW .................................................................... 281-880-9080
13231 Champion Forest #212
Houston, TX 77069

Nancy Eisenberg, MSW, LCSW, LMFT ............................................. 281-890-5334
12345 Jones Rd., Ste. 101
Houston, TX 77070

David Elkins, LPC ........................................................................ 281-358-0836
610 Golden Bear Lane
Kingwood, TX 77339

Danielle "Dani" Ellis, LPC ............................................................ 713-594-0071
431 Nursery Rd., Ste. A500
The Woodlands, TX 77380
www.wellnesssolutionsllc.com
Population Served: 13 years old and over for individual counseling. Couples, families, and groups.
Types of Services: Relationship conflicts or family of origin issues, mental health, substance abuse,
eating disorders, and self-injury, consultation services to family members requesting education on
substance abuse interventions
Specialties: Holistic counseling services utilizing innovative treatment strategies including
neurotransmitter testing, nutritional supplementation, and other services.

Terrie Emel, LCSW ...................................................................... 281-978-2437
2203 Timberloch Place, Ste. 218B
The Woodlands, TX 77380
Melissa Engel, MA, NCC, LPC ...................................................... 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Depression, anxiety, stress management, self esteem, school and work related problems, relationship issues, anger, communication problems, domestic violence, abuse, social skills, and managing everyday life stressors.

Josie Erb-Pickett, LPC .................................................................. 936-577-9139
114 Willowbend
Huntsville, TX 77340

Michael Erickson, LPC ................................................................. 832-455-5729
14543 Miscindy Place
Cypress, TX 77429

Melissa Estes, LPC, LMFT-A ......................................................... 281-809-6537
5515 Louetta Rd., Ste. C
Spring, TX 77379
Population Served: Toddlers/Preschoolers (0-6), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Individual Counseling, Family Counseling, Couples Counseling, Group Counseling, Skype counseling
Specialties: Relationship Issues, Child and adolescent issues, Depression and anxiety, Divorce and step family issues, Loss and grief, Coping with terminal illnesses, Schizophrenia, Bipolar Disorder, Post-traumatic Stress Disorder, Stress and Anger Management, Career

Ursula Everidge, LPC ................................................................... 281-236-8114
13810 Champions Forest, Ste. 146
Houston, TX 77090
www.ueveridgetherapy.com

Ursula Everidge, LPC ................................................................... 281-968-1901
P.O.Box 11109
Spring, TX 77391
Robyn Fairchild, MSW, LCSW, LPC, LMFT ............................................. 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
**Population Served:** Couples, families, and individuals  
**Types of Services:** Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment  
**Specialties:** Depression, sexual abuse, grief resolution, childhood trauma, and women’s issues of all kinds. Divorce and remarriage issues

Patricia Fairhurst, EdS, MEd, LPC, CRC, CCM, LLPVRC ....................... 281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77380
http://www.gracepointcenter.com/
**Population Served:** Children, adolescents and adults  
**Types of Services:** Depression, Anxiety, Marital and other relational struggles, Social skills for children, Anger Management, Problem behavior patterns, Adjustment to divorce, death of a loved one, physical health problems, Life transitions or other difficult situations  
**Specialties:** Specializes in serving individuals and families with disabilities and special needs. Provides individual, group, vocational rehabilitation, career counseling and consultation with schools and employers in the nonprofit and private sector.

Christie Farris, MA, LPC-Intern, LMFT-A ............................................ 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
**Population Served:** Couples, families, and individuals  
**Types of Services:** Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment  
**Specialties:** Christian counseling, parenting and child development, social skills, perfectionism, anger management, anxiety, depression, existential issues, family of origin issues, eating disorders, obsessive-compulsive disorder, cutting and self-harm, and group counseling

Michelle Fee, RD, LD .............................................................. 281-866-8746 x1
14340 Torrey Chase Blvd., Ste. 155  
Houston, TX 77014  
www.sentidocenter.com  
**Population Served:** Adolescents and Adults  
**Types of Services:** Individual, Group, IOP for Eating Disorders, NiaClasses  
**Specialties:** Eating Disorders, Wellness, Mindfulness, Medical Nutrition Therapy

Mary Ellen Feldman, LMFT ......................................................... 713-806-6433
800 Rockmead Drive, Ste. 163
Kingwood, TX 77339
Elizabeth Felthous, LPC ............................................................... 936-760-1880
212 Conroe Dr.
Conroe, TX 77301
www.counselingcentermc.com
**Population Served:** Individuals, Couples and Families
**Types of Services:** Play Therapy, Therapy for Depression and Anxiety, Individual Counseling, Couples Counseling, Family Counseling, Parenting Support, Court Approved Parenting Classes, Anger Management Groups, Grief Counseling, Work and Career Issues, Stress Management, Addiction.

Christie Fernandez, LPC .............................................................. 832-233-3086
20031 W. Lake Houston Pkwy., Ste. 400
Humble, TX 77346

Sherri Fielder, MA, LPC, .............................................................. 281-815-4470
2325 Atascocita Rd., Ste E108
Humble, TX 77396

Candis Firchau, MA, MS, LPC ...................................................... 281-635-3723
14555 Skinner Rd. D1
Cypress, TX 77429
www.peaceincounseling.com
**Population Served:** Adolescents/Teenagers (14-19), Adults, Elders (65+)
**Types of Services:** Couples, Individual, Families, Teens, Children, Behavior Modification
**Specialties:** Counseling services including behavior modification and interventions for those with disabilities.

Cheryl Fisher, LPC ....................................................................... 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77304

Cheryl Fisher, LPC ....................................................................... 936-521-6260
P.O.Box 3067
Conroe, TX 77305

Jude Flisram, LCDC ...................................................................... 713-230-8031
501 Gordon Oaks Blvd., Ste. 100
Houston, TX 77018
Debbie Foe, MA, LPC - Intern, LCDC ............................................ 713-306-0894
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication
difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury,
eating disorders and inability to cope with life’s stressors
Specialties: Chemical Dependency, Self-harm and suicidality, Depression, Anxiety, Mood Disorders,
Trauma and Resiliency, Anger Management, Marriage and Family Therapy

Rowland Folensbee, PhD ............................................................ 281-852-3828
1543 Green Oak Pl., Ste. 101
Kingwood, TX 77339

Roxanna Fordon, MA, LPC .......................................................... 281-812-8489
1521 Green Oak Place, Ste. 208
Kingwood, TX 77339

David Foreit, LPC ........................................................................ 936-264-3339
10567 Settlers Crossing
Conroe, TX 77303

Ruth Fowler, MEd, LPC, MCC ...................................................... 281-759-5991
955 Dairy Ashford, Ste. 105
Houston, TX 77079
http://www.positivedirections.net/
Population Served: Individual, Group, Family and Couples
Types of Services: Personal Well-Being, Addictions Recovery, Healthy Relationships, Parenting
Strategies, Teen Support, Needs of the Gifted, Career Development

Kimberly Frenzel, MEd................................................................. 281-992-9100
19221 Interstate 45 South, Ste. 440
Shenandoah, TX 77385
Nicole Fuhrmann, MS, LPC .......................................................... 936-760-1880
212 Conroe Dr.
Conroe, TX 77301
www.counselingcentermc.com

Population Served: Individuals, Couples and Families
Types of Services: Play Therapy, Therapy for Depression and Anxiety, Individual Counseling, Couples Counseling, Family Counseling, Parenting Support, Court Approved Parenting Classes, Anger Management Groups, Grief Counseling, Work and Career Issues, Stress Management, Addiction
Specialties: Adolescents, Autistic Children with Applied Behavioral Analysis techniques, adults with Chronic Mental Illness, Depression, Anxiety, Substance Abuse/Dependency, skills training with children and families

Veronica Funke, LCSW ................................................................ 281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com

Population Served: Children, Adolescents and Adults
Types of Services: Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
Specialties: Individual, family and marital therapy.

Cynthia Gaa, LPC ........................................................................ 281-367-0733
1001 Medical Plaza Dr., Ste. 190
Spring, TX 77380

Kathy Gamble, LCSW .................................................................. 281-255-9922
500 Mason St.
Tomball, TX 77375
www.counselingrc.com

Scott Gammeter, PhD ................................................................. 281-440-9661
4355 Sylvanfield Dr., Ste. 210
Houston, TX 77014

Population Served: Adult

Michelle Garcia, PsyD ................................................................. 281-465-3519
25232 Grogans Park Drive
The Woodlands, TX 77387

Population Served: Toddlers/Preschoolers (0-5), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Center for children with autism or language delays
Specialties: Behavioral supports for people diagnosed with Developmental Disabilities and Autism Spectrum Disorders
John Garlock, PhD .............................................................. 281-444-2678
2611 FM 1960 West, Suite H-220
Houston, TX 77068
http://www.anewdaynow.com/
Population Served: Children, Adolescents, Adults
Types of Services: Individual counseling, Couples Counseling, Christian Counseling Services, AD/HD Evaluation, DOT SAP Services

John Garlock, PhD, LPC, LMFT, LCDC................................. 281-444-2678
431 Nursery Rd., Ste. A 500
The Woodlands, TX 77380
http://www.anewdaynow.com/
Population Served: Children, Adolescents, Adults
Types of Services: Individual counseling, Couples Counseling, Christian Counseling Services, AD/HD Evaluation, DOT SAP Services

Haley Garth, MEd, LPC-Intern, NCC................................. 281-579-0703
20915 Kingsland Blvd
Katy, TX 77450
http://stonecreektherapy.com
Population Served: Individuals and their families
Types of Services: Anxiety, depression, career issues, behavioral concerns, addictions, sleep problems, trauma & PTSD academic problems, peer relationships, obsessive compulsive disorder postpartum, learning differences, anger, social skills, divorce, blended families, parenting

Tracy Garza, LPC .............................................................. 281-367-9836
25910 Oak Ridge Dr.
The Woodlands, TX 77380

Chris Gause, LPC .............................................................. 281-444-9116
8203 Willow Place Drive, Suite 150
Houston, TX 77070
Dennis Geary, PhD ................................................................. 281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
Population Served: Children, Adolescents and Adults
Types of Services: Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
Specialties: Individual, family and marital therapy.

Amanda Geffert, MA, LPC-Intern ........................................... 832-474-5933
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380
http://www.annsplacetexas.org
Population Served: Couples and Families
Types of Services: Individual, couple, family, and group counseling
Specialties: Specializes in depression, bipolar, anxiety, adjustment, and Alzheimer’s.

Mary Beth George, LPC, RD/LD ............................................ 281-812-7529
1420 Stonehollow Dr., Ste. C
Kingwood, TX 77339
http://captassociates.com
Population Served: Adolescents, Adults, Children
Types of Services: Anxiety or Fears, Chronic Pain or Illness, Depression, Domestic Abuse, Domestic Violence, Family Conflict, Food Sensitivities, Obesity, Spirituality, Weight Loss, Bisexual Issues, Gay Issues, Lesbian Issues, Transsexual Issues
Specialties: Relationship Issues, Divorce, Parenting

Missid Ghanem, PhD ............................................................ 281-367-0328
26515 Oakridge Dr.
Spring, TX 77380

Michael Ghilhousen, PhD ..................................................... 936-242-0738
9450 Grogans Mill Road, Ste. 125
The Woodlands, TX 77380
Population Served: Individuals, Couples, Family
Types of Services: ADHD, Behavioral Issues, Coping Skills, Emotional Disturbance, Relationship Issues, Self Esteem, Suicidal Ideation, Testing and Evaluation, Bipolar Disorder, Elderly Persons Disorders, Psychosis
Specialties: Law Enforcement L-3, EMT Evaluation, Anxiety or Fears, Depression

Julia Gilbert, LPC ................................................................. 281-320-9797
9611 Louetta Rd.
Spring, TX 77379

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Cheryl Goldman, LCSW ............................................................... 281-799-9397
1420 Stonehollow Dr., Ste. C
Kingwood, TX 77339
Population Served: Toddlers / Preschoolers (0 to 6), Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults
Types of Services: Anger Management, Anxiety or Fears, Behavioral Issues, Coping Skills, Depression, Divorce, Domestic Abuse, Loss or Grief, Oppositional Defiance, Parenting, Peer Relationships, Relationship Issues, Self Esteem, Teen Violence, Mood Disorders
Specialties: Child or Adolescent, Domestic Violence, Family Conflict

Susan Good, LPC ......................................................................... 936-827-9544
1110 N Loop 336 W #250
Conroe, TX 77301

Deborah Gossett, PhD, BCBA-D .................................................. 832-358-2655
17810 Spring Creek Forest Drive
Spring, TX 77379
http://www.shapeofbehavior.com
Population Served: Toddlers/Preschoolers (0-6), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Psychological Testing, Schizophrenia and other Psychotic Disorders

Jennifer Graham, LPC ................................................................. 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77304

Jennifer Graham, LPC ................................................................. 936-521-6260
P.O. Box 3067
Conroe, TX 77305

Katherine Graham, PhD............................................................... 832-900-2985
9950 Cypresswood Dr., Ste. 200
Houston, TX 77070
www.drkatherinegraham.com
Population Served: Toddlers / Preschoolers (0 to 6), Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, Elders (65+)
Types of Services: Addiction/Substance Use, Attention Difficulties, Anxiety, Autism, Depression, Grief/Loss, Learning Disabilities, Nutrition, Marital Concerns, Parenting, Relationships, Women's Issues
Specialties: Testing and Evaluation, Relationship Issues, Child or Adolescent
Maria Graham, LCSW ................................................................. 281-480-7554
18511 Klein Church Rd.
Spring, TX 77379
http://www.samaritanhouston.org
Population Served: Preschoolers, Children, Adolescents, Adults, Couples and Families
Types of Services: Abuse, Anxiety, ADHD, Behavior modification, Cognitive behavioral therapy, couples/marriage counseling, depression, Domestic Violence, Gay/Lesbian Issues, Grief, Home Care/Home visits, Mood Disorders, Psychosis, Schizophrenia and Rape issues
Specialties: Counseling for individuals, families, marriages and children, Specialized academic, career and psychological testing, Psychiatric consultation, Professional education, Corporate Services, BASLLA Speech Therapy

Nancy Graham, LCSW, LCSW-S ................................................... 713-965-6957
17101 Kuykendahl Road, Ste. 260
Houston, TX 77068
Population Served: Adolescents and Adults
Types of Services: Alcohol Abuse, Anger Management, Anxiety or Fears, Borderline Personality, Coping Skills, Divorce, Domestic Abuse, Domestic Violence, Parenting, Substance Abuse, Trauma and PTSD, Bipolar Disorder, Dissociative Disorders, Mood Disorders, Personality Disorders
Specialties: Relationship Issues, Loss or Grief, Depression

David Green, LPC ........................................................................ 713-721-3151
5415 Braesvalley Dr Suite 800
Houston, TX 77096
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life's stressors
Specialties: Specializes in working with US Military Veterans from all services, their children, and spouses. Experience in the treatment of Soldiers and Civilian personnel with Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI).

Alicia Green Scott, LPC................................................................. 281-807-9252
7026 Belgold
Houston, TX 77066

Alicia Green Scott, LPC................................................................. 281-808-2753
2902 Milroy Lane
Houston, TX 77066

David Griffin, MA ....................................................................... 281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77380

New Dimensions Day Hospital 800 - 685 - 9796
Angelina Grindon, LCSW, LPC .....................................................   281-376-8006
6823 Cypresswood Drive
Spring, TX 77379
www.interface-samaritan.org
Population Served: Individuals, couples, families, children, congregations, schools, and businesses
Types of Services: Abuse – Physical, Emotional, or Sexual, Addiction and Recovery, Adolescent Therapy, Aging Issues, Anger Management, Anxiety/Panic/Phobias, Attention Deficit Hyperactivity Disorder (ADHD), Bipolar Disorder Support, Caregiver Support, Chronic Health Condition
Specialties: Children and Adults, Marriage and Family Therapy, Women’s Issues

Nadine Grizzle, MA, LPC ............................................................   713-489-8925
800 Rockmead Drive, Ste. 132
Kingwood, TX 77339
www.wellsourcergroup.com
Population Served: Individuals, Couples, Family
Types of Services: Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Education & Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution

Carla Guice, MEd, LPC .................................................................   832-453-2947
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
http://houstonpsychotherapists.com
Types of Services: Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment for Children
Specialties: Especially sensitive to the needs of women and helping women manage the changing roles and demands of today.

Edmund Guilfoyle, PhD...............................................................   281-955-6655
8203 Willow Place Drive South, Ste. 150
Houston, TX 77070

Madonna Haarmann, MA, LPC, LMFT .........................................   281-480-7554
18511 Klein Church Rd.
Spring, TX 77379
http://www.samaritanhouston.org
Population Served: Preschool, Children, Adolescent, Adult, Couples and Families
Types of Services: Abuse, Anxiety, ADHD, Behavior modification, Cognitive behavioral therapy, couples/marriage counseling, depression, Domestic Violence, Gay/Lesbian Issues, Grief, Home Care/Home visits, Mood Disorders, Psychosis, Schizophrenia and Rape issues
Specialties: Counseling for individuals, families, marriages and children, Specialized academic, career and psychological testing, Psychiatric consultation, Professional education, Corporate Services, BASLLA Speech Therapy
Dana Hahn, MS, LMFT-S, LPC-S ................................................... 713-553-0203
2203 Timberloch Place, Ste. 100
The Woodlands, TX 77380
http://www.danahahn.com
Population Served: Children (6-10), Adolescents/Teenagers (14-19), Adults
Types of Services: Divorce, Family Conflict, Life Coaching, Loss or Grief, Peer Relationships, Self Esteem, Spirituality, Dialectical Behavioral Therapy Skills Training
Specialties: Relationship Issues, Parenting, Depression

Barbara Joan Hall, LP, PhD.......................................................... 281-444-2208
2611 FM 1960 West, Ste. D-101
Houston, TX 77068

Barbara Joan Hall, LP, PhD.......................................................... 281-444-2208
25100 Pitkin Road
Spring, TX 77386

Rebecca Hamlin, PhD............................................................... 281-251-8110
5523 Louetta Rd., #E
Spring, TX 77379

Cynthia Hammonds, MA, LPC ..................................................... 832-275-2798
7026 Belgold St.
Houston, TX 77066

Cynthia Hammonds, MA, LPC ..................................................... 832-275-2798
22211 Walnut Valley, Ste. A
Spring, TX 77389

Narecia Hamrick, PhD............................................................... 281-880-8431
1102 Klamath Ln
Houston, TX 77090

Dana Harding, PhD ..................................................................... 903-453-7530
900 Rockmead Dr., Suite 255
Kingwood, TX 77339
Population Served: Toddlers/Preschoolers (0-6), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults
Types of Services: Academic Underachievement, Addiction, Adoption, Alcohol Abuse, Anger Management, Asperger’s Syndrome, Attention Deficit (ADHD), Autism, Behavioral Issues, Borderline Personality, Career Counseling, Child or Adolescent, Chronic Impulsivity, Chronic Pain
Specialties: Child or Adolescent, Domestic Violence, Family Conflict

NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Gabrielle Hargrove, MEd, LPC - Intern ................................. 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life's stressors.
Specialties: Victims of Domestic Violence, Parenting Skills, Married Couples/Families, Lesbian/Gay, Relationships, Students (elementary aged - graduate school), Anxiety/Stress, Depression, Adjustment Issues, Anger Management, ADD/ADHD, Foster Parenting/Foster Children.

Eboni Harris, LPC-Intern ....................................................... 832-474-5933
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380
http://www.annsplacetexas.org
Population Served: Adults, families and couples
Types of Services: Families, Couples, Adults, Adolescents, Families of Children with Autism, Asperger’s and Mental Retardation.
Specialties: Specializes in children and adults with severe mental illness, mental retardation, and Autism.

Carolyn Harrison, LPC ......................................................... 281-367-0328
26515 Oakridge Dr.
The Woodlands, TX 77380

Hilary Harrison-Dunn, MSW, LCSW ........................................... 866-341-9488
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com
Specialties: Specializes in Mental Health and Children

Steve Hartman, MA, LPC .......................................................... 281-761-6039
13516 Morgan Drive, Splendora, TX 77372
Splendora, TX 77372

William Hartman, LPC ............................................................ 281- 362-1100
5125 Shadow Bend Place
The Woodlands, TX 77381

Patricia Haynes, PhD, LPC, RPT .................................................. 936-294-0660
1427 15th Street
Huntsville, TX 77340

New Dimensions Day Hospital 800 - 685 - 9796
Bonnie Headington, PhD ............................................................ 832-545-9725
16903 Red Oak, Ste. 170
Houston, TX 77090

Bonnie Headington, PhD ............................................................ 713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com

Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management, Mother/Daughter Groups

Sherell Hebert, MA, LPC-S .......................................................... 832-356-8549
7050 Lakeview Haven Drive, Ste. 140
Houston, TX 77095
www.Houstoncounselor.me

Population Served: Adolescents/Teenagers (14-19), Adults
Types of Services: Borderline Personality, Depression, Divorce, Domestic Abuse, Domestic Violence, Family Conflict, Life Coaching, Loss or Grief, OCD, Parenting, Relationship Issues, Spirituality, Impulse Control Disorders, Mood Disorders, Personality Disorders, Hypnotherapy
Specialties: Trauma and PTSD associated with Anxiety, Anxiety or Fears, Depression and Adjustment Issues, Skype Therapy and Online Counseling

Rebecca Higgins, LMFT ...................................................... 281-580-8086 x213
14340 Torrey Chase Blvd., Ste. 160
Houston, TX 77014
www.cornerstonepsych.com

Gloria High, LPC .......................................................................... 713-730-2335
1600 Lake Front Circle
The Woodlands, TX 77380

Krista Highfield ........................................................................... 281-866-8746
14340 Torrey Chase Blvd., Ste. 155
Houston, TX 77014
www.sentidocenter.com

Population Served: Adolescents and Adults
Types of Services: Individual, Group, Family, Marital, IOP for Eating Disorders
Specialties: Eating disorders (anorexia, bulimia, binge eating, compulsive overeating, etc), Trauma, Expressive Therapies, Movement Therapy, Yoga Therapy, Mindfulness
David Hill, LPC ................................................................. 281-890-4200
10605 Grant Rd #201
Houston, TX 77070

Spring Hill, MS, LMFT, LPC .................................................. 713-338-9004
7511 Waning Star Court
Spring, TX 77379
www.springhill4counseling.com
Population Served: Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Anger Management, ADHD, Behavioral Issues, Chronic Pain or Illness, Depression, Domestic Violence, Family Conflict, Loss or Grief, OCD, Parenting, Peer Relationships, Sexual Abuse, Sleep or Insomnia
Specialties: Anxiety, depression, ADD/ADHD, panic attacks, and other chronic conditions using Neurofeedback

Spring Hill, MS, LMFT, LPC .................................................. 713-338-9004
2203 Timberloch Place, Ste. 100
The Woodlands, TX 77380
www.springhill4counseling.com
Population Served: Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Anger Management, ADHD, Behavioral Issues, Chronic Pain or Illness, Depression, Domestic Violence, Family Conflict, Loss or Grief, OCD, Parenting, Peer Relationships, Sexual Abuse, Sleep or Insomnia
Specialties: Anxiety, depression, ADD/ADHD, panic attacks, and other chronic conditions using Neurofeedback

Shawn Hirsch, PhD, LP, LSSP .............................................. 832-626-1736 x1
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
http://houstonpsychotherapists.com
Types of Services: Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment for Children
Specialties: Specializes in adolescents and young adults struggling with anxiety, depression, substance abuse, and adjustment issues (e.g., life transitions, family stress, and relationship concerns), as well as for children and adolescents suffering from elimination disorder
Connie Hoagland, MEd, LPC ........................................................ 866-341-9488
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com
**Population Served:** Children, adolescents, adults and families in individual or group settings
**Types of Services:** Private Individual Counseling, Parent Education, Workshops, Group Therapy, Christian Counselors, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress, Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy
**Specialties:** Specializes in Christian Counseling and Women's Issues

Janet Hofer, LPC ......................................................................... 281-363-1633
431 Nursery Rd., Ste. B-500
The Woodlands, TX 77380

Patsy Holden, MEd, LPC-S ........................................................... 713-489-8925
800 Rockmead Drive, Ste. 132
Kingwood, TX 77339
www.wellsourcergroup.com
**Population Served:** Individuals, Couples, Family
**Types of Services:** Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Education & Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution

Barbara Holt, LPC ................................................................. 936-756-3663
2040 North Loop 336 West, Ste. 202
Conroe, TX 77304

Linda Holt, LCSW ........................................................................ 281-914-3240
51 Pipers Meadow
The Woodlands, TX 77382

Deborah Holzman, MA, LPC ........................................................ 713-412-4506
13810 Champions Forest, Ste. 146
Houston, TX 77069

Angela Hopkins, LPC ................................................................. 832-392-1926
21216 Northwest Freeway, Suite 450
Cypress, TX 77429
**Population Served:** Toddlers/Preschoolers (0-6), Children (6-10), Preteens/Tweens (11-19), Adults
**Types of Services:** Adolescent Behavior Problems, Children's Problems, Codependence, Couples Therapy, Divorce & Separation, Domestic Violence, Dysfunctional Families, Foster Care, General Family Issues, Intimacy & Trust, Marriage Counseling, Parenting Issues
**Specialties:** Abuse or Assault, Addictions, Aggression & Anger, Anxiety & Panic, Attention Deficit, Disorder, Behavior Problems, Depression, Eating Disorders, Gay & Lesbian Issues, Grief & Loss, Inner Conflict, Life Issues & Transitions, Military & Veteran Issues, PTSD

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Gina Hudnall-Evans, PhD ............................................................ 281-653-8418
5338 FM 1960 E
Humble, TX 77346
Population Served: Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, Elders (65+)
Types of Services: ADHD, Dyslexia, & Cognitive Testing, Academic Underachievement, Alzheimer's, Anger Management, Anxiety or Fears, Attention Deficit (ADHD), Behavioral Issues, Child or Adolescent, Chronic Pain or Illness, Coping Skills, Divorce, Dual Diagnosis, Emotional Disorders
Specialties: ADHD, Dyslexia, & Cognitive Testing

Patricia Hudson, LPC ............................................................... 713-201-5256
10330 Lake Rd., Bldg E
Houston, TX 77070

Glenn Humphress, MS, PA ..................................................... 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
www.woodlandspysch.com
Population Served: Accepts 8 and Up

Kassandra Humphress, MA, MEd, LPC, NCC, CRC .................... 936-307-0551
100 I-45 North, Ste. 125A
Conroe, TX 77301
Population Served: Children (6-10); Preteens/Tweens (11-13); Adolescents/Teenagers (14-19); Adults
Types of Services: Academic Underachievement, Attention Deficit (ADHD), Behavioral Issues, Career Counseling, Child or Adolescent, Coping Skills, Depression, Learning Disabilities, Life Coaching, Parenting, Trauma and PTSD, Mood Disorders
Specialties: Anxiety or Fears, Obsessive-Compulsive (OCD), Anger Management

Kassandra Humphress, MA, MEd, LPC, NCC, CRC ................. 936-307-0551
11331 Sam Houston Parkway North
Humble, TX 77396
Population Served: Children (6-10); Preteens/Tweens (11-13); Adolescents/Teenagers (14-19); Adults
Types of Services: Academic Underachievement, Attention Deficit (ADHD), Behavioral Issues, Career Counseling, Child or Adolescent, Coping Skills, Depression, Learning Disabilities, Life Coaching, Parenting, Trauma and PTSD, Mood Disorders
Specialties: Anxiety or Fears, Obsessive-Compulsive (OCD), Anger Management
Deborah Imhoff, MS, LPC-S ........................................................   936-697-2822
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380
http://www.achievebalance.org
**Population Served:** Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults
**Types of Services:** Families and Parent Counseling, Couple and Marriage Counseling , Individual and Relationship, Online Counseling
**Specialties:** Adults, Families, ADD/ADHD, bipolar, depression, and anxiety as well as their families. Spanish Speaking

Deborah Imhoff, MS, LPC-S.........................................................   866-341-9488
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com
**Population Served:** Individual Therapy, Couples/Family Therapy , Child (age 10) & Adolescent Counseling
**Types of Services:** Private Individual Counseling, Parent Education, Workshops, Group Therapy, Christian Counselors, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress, Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy
**Specialties:** Bi-lingual (Spanish) Counseling, Mental Health, and Families

Tabitha Inschert, MSW, LCSW ....................................................   832-409-3301
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
TheHoustonTherapist.com
**Population Served:** Children, adolescents, adults, older adults, couples, and families.
**Types of Services:** Anger Management, Behavioral Issues, Child or Adolescent, Coping Skills, Loss or Grief, Obsessive-Compulsive (OCD), Relationship Issues, Suicidal Ideation, Mood Disorders, Personality Disorders
**Types of Services:** Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment for Children, Anxiety or Fears, Depression, Trauma and PTSD

Craig Ireland, LMFT .....................................................................   936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77304
Craig Ireland, LMFT .....................................................................   936-521-6260
P.O. Box 3067
Conroe, TX 77305

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Jimena Isaza, MA, LPC ................................................................. 832-900-3382
431 Nursery Rd., Ste C-600
The Woodlands, TX 77380
http://www.the-healing-place.com
**Population Served:** Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
**Types of Services:** Academic Underachievement, Adoption, Anxiety or Fears, ADHD, Behavioral Issues, Child or Adolescent, Coping Skills, Divorce, Domestic Violence, Family Conflict, Learning Disabilities, Life Coaching, Loss or Grief, OCD, Peer Relationships, Self Esteem
**Specialties:** Parenting, Relationship Issues, Expat and Relocation Issues

Cheryl Ivory, MA, LPC-S .............................................................. 832-329-8500
440 Benmar Drive, Suite 2047
Houston, TX 77060
http://www.enlightenedpsychotherapy.com/
**Population Served:** Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, Elders (65+)
**Types of Services:** Individual, couples, group and family therapy, including the unemployed and economically disadvantaged.
**Specialties:** Depression, Work related stress, Anxiety, Substance Abuse, Panic Disorder, Eating disorders, Fears, Relationship Difficulties, Social Anxiety, Bereavement, Phobias, Posttraumatic stress disorder (PTSD), Health anxiety, Obsessive-Compulsive Disorder (OCD)

Janet Jacinto Hoffmann, MS, LCSW ............................................ 281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77381
**Population Served:** Children, adolescents and adults
**Types of Services:** Depression, Anxiety, Marital and other relational struggles, Social skills for children, Anger Management, Problem behavior patterns, Adjustment to divorce, death of a loved one, physical health problems, Life transitions or other difficult situations
**Specialties:** Specializes in relationship issues, abuse, trauma, grief, loss, acculturation issues, addiction, adjustment issues, mood and anxiety disorders

Jenny Jacobs, LPC ....................................................................... 713-965-6981
1210 Stonehollow Dr., Ste. A
Kingwood, TX 77339
www.livableforestcounseling.com/
**Population Served:** Children, Adolescents, Adults, Couples and Families
**Types of Services:** Providing individual, couples, family counseling and play therapy
**Specialties:** Therapy for Depression, Anger and Anxiety, Couples Counseling, Family Counseling, Parenting Support, Grief Counseling, Work and Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution, Play Therapy, Group Therapy

Marilyn Joy Jamaluddin, LMSW.................................................... 281-367-9836
25910 Oak Ridge Dr.
The Woodlands, TX 77380

NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Sally James, MA, LPC-S ............................................................... 281-536-9223
504 Spring Hill Dr., Ste. 360
The Woodlands, TX 77386
www.connect2counseling.com

Rebecca Jarrell, MA, LPC ............................................................. 832-202-4407
18700 West Lake Houston Parkway, Ste. 102
Humble, TX 77346
http://www.jarrellcounseling.com
Population Served: Individuals, Couples, Families and Children
Types of Services: Child/Adolescent/Family Counseling
Specialties: Family Therapy, Play Therapy, Abuse Issues, Parenting Issues/Strategies, Marital Therapy, Raising a Teenager , Adoption issues, Grief and Loss Issues, Group Therapy, Cognitive Behavioral Therapy, Women's Issues, Juvenile Diabetes Issues

Rosell Jenkins, PhD, LP ............................................................... 281-447-9355
505 N. Sam Houston Pkwy E, Ste. 502
Houston, TX 77060
www.yourmentalwellness.org
Population Served: Children, Adults and Family
Types of Services: Individual Psychotherapy, Family & Couples Therapy, Psychological Evaluations & Assessment for Children and Adults

Stephanie Jenkins, LPC ............................................................... 832-228-7569
4840 W. Panther Creek Drive, Ste. 207
The Woodlands, TX 77381
http://www.stephaniejenkinscounseling.com
Population Served: Children (typically not below 10 years old) and Adults
Types of Services: Addictions, Adolescents, Animal Assisted Therapy, Anxiety, Depression, Dual Diagnosis, Couples/Marital Issues, Eating Disorders, Family, Mood Disorders, Personality Disorders, Self-Esteem Issues, Special Needs, Spouse/Family members of Addicts
Specialties: Addiction, Family Members of Addicts, Spouse/Family Members of Addicts

Charlotte Jensen, LPC ................................................................. 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77304

Charlotte Jensen, LPC ................................................................. 936-521-6260
P.O. Box 3067
Conroe, TX 77305

Elizabeth Jeter, MS, LPC ............................................................. 281-955-5055
8203 Willow Place Drive South, Ste. 150
Houston, TX 77070

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Siji John, PhD ..............................................................................   281-657-6052
1521 Green Oak Place, Ste. 250
Kingwood, TX 77339
www.healthpartnersplus.com/
Population Served: Children -- 3 years and older, Adolescents, Adults
Types of Services: Psychological Testing, Neuropsychological Testing, Developmental Evaluation, Autism Evaluations, Learning Evaluations, Forensic Evaluations, including mental competency evaluations, Play Therapy for Children, Psychotherapy and Counseling for Adolescents

Celeste Johnson, MA, LPC ...........................................................   281-292-4155
1600 Lake Front Circle, Ste. 21B
The Woodlands, TX 77380
www.familyservices.org

Jeff Johnson, LCDC ......................................................................   800-685-9796
111 Vision Park Blvd., Ste. 260
Shenandoah, TX 77384
www.newdimensionsdayhospital.com
Population Served: Adults
Types of Services: Chemical Dependency Intensive Outpatient Program and Partial Hospitalization Programs. Step Down Services for Individuals Leaving Inpatient or Residential Treatment, Aftercare Programming for those that successfully complete the program
Specialties: New Dimensions provides Partial Day and Intensive Outpatient Treatment for adults in an evening substance abuse program designed to help individuals and families develop the skills they need to cope with addictions and chemical dependency issues.

Pamela Johnson, LCSW, ACSW, MSW .................................   936-661-4313
1002 15th Street, Ste. B
Huntsville, TX 77340
www.huntsvilletxcounseling.com/
Types of Services: Depression, Anxiety, stress and panic, Bipolar/mood Instability, Family Counseling, Parenting Support, Grief and Loss, Work and Career issues, Child & adolescent, Aging issues, caregiver stress, Life role changes, midlife transition, Divorce adjustment
Specialties: Depression, Anxiety or Fears, Obesity

Raymond Johnson, Med, LPC....................................................   281-583-1719
15423 Silver Ridge Dr.
Houston, TX 77090
Annie Jones, PhD ................................................................. 281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77380
http://www.gracepointcenter.com/
Population Served: Children, adolescents and adults
Types of Services: Depression, Anxiety, Marital and other relational struggles, Social skills for children, Anger Management, Problem behavior patterns, Adjustment to divorce, death of a loved one, physical health problems, Life transitions or other difficult situations
Specialties: Specializes in anxiety, addiction, depression, relationships, family, trauma, academic performance, eating disorders, racial discrimination, and spiritual or religious challenges.

Jeffrey Jones, PhD .......................................................... 281-893-4111 x 268
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
Population Served: Children, Adolescents and Adults
Types of Services: Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
Specialties: Individual, family and marital therapy.

Sammie Jones, MA, LPC .................................................. 832-900-2521
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
www.glctexas.com
Types of Services: Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment for Children
Specialties: Specializes in adolescent issues and development, and self-injury.

Susan Jones, MA, CRC, LMFT-S ........................................... 281-446-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77381
http://www.gracepointcenter.com/
Population Served: Children, adolescents and adults
Types of Services: Depression, Anxiety, Marital and other relational struggles, Social skills for children, Anger Management, Problem behavior patterns, Adjustment to divorce, death of a loved one, physical health problems, Life transitions or other difficult situations
Specialties: Specializes in adjustment, eating disorders, abuse, self injury, infidelity, communication, trauma recovery, crisis intervention, marriage, premarital, couples, bipolar, depression, anxiety, coping with physical disabilities, stress, step families
Margie Jordan, MA, LPC, LMFT, CGS ..........................................  281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77381
Population Served: Children, adolescents and adults
Types of Services: Depression, Anxiety, Marital and other relational struggles, Social skills for children, Anger Management, Problem behavior patterns, Adjustment to divorce, death of a loved one, physical health problems, Life transitions or other difficult situations
Specialties: Specializes in marriage and family counseling

Rosanne Juarez, LPC ...................................................................  281-807-9252
7026 Belgold
Houston, TX 77066

Nathan P. Juenke, MS, LPC-Intern .............................................. 281-579-0703
20915 Kingsland Blvd.
Katy, TX 77450
http://stonecreektherapy.com
Population Served: Individuals and their families
Types of Services: Anxiety, depression, career issues, behavioral concerns, addictions, sleep problems, trauma & PTSD academic problems, peer relationships, obsessive compulsive disorder postpartum, learning differences, anger, social skills, divorce, blended families, parenting
Specialties: Specializes in anxiety, depression, LGBTQ issues, grief, chronic illness, self-awareness, parenting, social difficulties, and college & career transitions. Administers formal assessments for personality, intelligence, and career issues

Linda Kagey, LCDC ...................................................................... 832-928-0211
2040 North Loop West, Suite 335
Houston, TX 77018
www.lindakagey.com
Population Served: Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Alcohol Abuse, Behavioral Issues, Coping Skills, Developmental Disorders, Drug Abuse, Emotional Disturbance, Entitlement, Family Conflict, Life Coaching, Parenting, Peer Relationships, Relationship Issues, Self Esteem, Substance Abuse
Specialties: Dual Diagnosis, Child or Adolescent, Addiction

Megan Kale, LMSW .................................................................... 281-480-7554
6363 Research Forest Dr.
The Woodlands, TX 77381
http://www.samaritanhouston.org
Population Served: Preschool, Children, Adolescent, Adult, Couples and Families
Types of Services: Abuse, Anxiety, ADHD, Behavior modification, Cognitive behavioral therapy, couples/marriage counseling, depression, Domestic Violence, Gay/Lesbian Issues, Grief, Home Care/Home visits, Mood Disorders, Psychosis, Schizophrenia and Rape issues
Specialties: Counseling for individuals, families, marriages and children, Specialized academic, career and psychological testing, Psychiatric consultation, Professional education, Corporate Services, BASLLA Speech Therapy
Linda Keene, LCSW ............................................................... 281-537-1867
4606 FM 1960, Ste. 400
Houston, TX 77069

Harold Keller, MSW, LCSW ..................................................... 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, Adolescents, Adults and Families
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication
difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury,
eating disorders and inability to cope with life's stressors
Specialties: Depression, bipolar disorder, anxiety, ADHD, OCD, conduct disorder, and oppositional
defiant disorder. Experience working with individuals and families experiencing drug and/or alcohol
problems

Mary Kennington, PhD ............................................................. 713-201-8791
10611 Grant Rd.
Houston, TX 77070

Gay Kersh, LPC ................................................................. 281-374-0835
218 W. North Hill Dr.
Spring, TX 77388

Barbara Kirkman, LPC .......................................................... 713-686-9194
13201 Northwest Fwy, Suite 800
Houston, TX 77040

Heidi Kleeman, MA, NCC, LPC-S ........................................... 713-234-6698
800 Rockmead Drive, Ste. 132
Kingwood, TX 77339
www.wellsourcigroup.com
Population Served: Individuals, Couples, Family
Types of Services: Therapy for Depression and Anxiety, Couples Counseling, Family Counseling,
Parenting Education & Support, Grief Counseling, Work and Career Issues, Stress Management,
Addiction & Recovery, Conflict Resolution
Specialties: Specializes in Child or Adolescent Issues, ADHD, Social Skills, Parenting, Anxiety,
Relationship Issues, Loss or Grief, Eating Disorders, Stress Management, Self Esteem Issues, Gay /
Lesbian Issues, Divorce, Job-Related Difficulties and Career Related Issues
Michael Knox, PhD ................................................................. 281-364-9509
9200 New Trails Drive, Ste. 100
The Woodlands, TX 77381
www.GHNC.net

Amanda Koenig-Reed, MA, LMFT ............................................. 866-341-9488
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com
Population Served: Children, adolescents, adults and families in individual or group settings
Types of Services: Private Individual Counseling, Parent Education, Workshops, Group Therapy,
Christian Counselors, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress,
Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy
Specialties: Adept and experienced with working through issues such as sexual abuse, physical
abuse, grief, loss, depression, sex education, social skills, preparation for independent living,
parenting, ADHD, and behavioral issues such as ODD.

Stephanie Kosut, MA, LPC ...................................................... 936-443-9329
901 N. Thompson St.
Conroe, TX 77301
www.prevailcounseling.com
Population Served: No patients under 5 years old
Types of Services: Individuals, Families, Substance Abuse/Anger Management
Specialties: Anger Management, Substance Abuse Treatment, ADHD Testing / Attention Deficit
Order, Learning Disability Testing, Dyslexia Testing, IQ Testing, Major Depression, Obsessive
Compulsive Disorder, Bipolar Disorder, Anxiety Disorder, Asperger’s and Autistic Disorder

Thomas Kozak, PhD ............................................................... 281-367-0733
1001 Medical Plaza Dr., Ste. 190
The Woodlands, TX 77380

Christina Kraatz, LPC .............................................................. 281-748-0233
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com
Population Served: Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19),
Adults, Elders (65+)
Types of Services: Private Individual Counseling, Parent Education, Workshops, Group Therapy,
Christian Counselors, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress,
Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy
Specialties: Specializes in Foster Care/Adoption and Sexual Abuse, trauma, physical abuse, ADHD,
behavior issues, parenting, grief/loss, depression, anxiety, personal growth, self-esteem and
women’s issues
Valerie Kuykendall-Rogers, MDiv, MA, LPC-S .............................  281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life’s stressors
Specialties: Spirituality, sexual abuse, grief/ loss, depression, anxiety/stress, trauma, sexual identity, training, and support groups.

Marie Lachney, LPC ....................................................................  936-582-0977
12323 Longfellow
Montgomery, TX 77356
www.marielachney.com
Population Served: Adult
Types of Services: CEAP, Couples/Marriage Therapy, CISD, Dialectical Behavioral therapy, EAP General, Family Therapy, Medical illness/Disease Mgmt.

Ayesha Lakhani, MA, NCC, LPC-S, RPT .................................  713-489-8925
800 Rockmead Drive, Ste. 132
Kingwood, TX 77339
www.wellsourcgroup.com
Population Served: Individuals, Couples, Family
Types of Services: Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Education & Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution
Specialties: Play Therapist

Mary Lambrecht, MS, MS, LMFT .................................  281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77381
http://www.gracepointcenter.com/
Population Served: Children, adolescents and adults
Types of Services: Depression, Anxiety, Marital and other relational struggles, Social skills for children, Anger Management, Problem behavior patterns, Adjustment to divorce, death of a loved one, physical health problems, Life transitions or other difficult situations
Specialties: Specializes in relationship issues including marital conflict and communication issues, parenting concerns, and attachment issues with foster and adopted children.
Sinead Lancaster, LCSW ..............................................................   713-268-6734
1016 N. Houston Ave., Ste. A
Humble, TX 77338
www.sineadlancaster.com
Population Served: Adults 21 and Older
Types of Services: Couples counseling for couples in all stages of relationships, including new
relationships, pre-marital counseling, co-habiting couples, married couples, and domestic partners
Specialties: PTSD, Depression and Anxiety, Grief and Loss Issues, Veterans - Iraq, Afghanistan,
Vietnam, etc., Panic Attacks and Phobias, Relationship Problems, Medical and Health concerns,
Work and Career issues, Pet Grief Counseling, Stress Management, Conflict Resolution

Tierney Lancaster, LCSW.............................................................   713-268-6734
1016 N. Houston Ave., Ste. A
Humble, TX 77338

Adrienne Langlier, L.P.C.-Intern ..................................................   281-528-4226
111 Vision Park, Ste. 250
Shenandoah, TX 77384
www.addwoodlands.com
Population Served: Children, Adolescents, Adult
Specialties: Exercise and nutritional interventions, quality of life enhancement, behavior therapy
and treatment plan design, college coaching, and various issues of adjustment, in especially those
diagnosed with ADD and their families

Michele Larsen, LCSW ................................................................   281-222-7721
10605 Grant Rd #201
Houston, TX 77070

Jennifer Laymond, R.N., CLNC.....................................................   281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
http://www.woodlandspsych.com/
Population Served: Accepts Ages 5 and Up

George Lazar, LP, PhD..................................................................   713-432-9900
9810 FM 1960 Bypass Rd. W, Ste. 280
Humble, TX 77338

Anna Leason, LCSW ....................................................................   713-303-9627
2202 Timberloch Place, Ste. 120
Spring, TX 77380

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Susan Lee, LPC, RPT .................................................. 936-650-8144
1855 Longmire Rd.
Conroe, TX 77304
Population Served: Families and Children across their lifespan

Mark Lejsek, MSN, APN, NP, PMHNP-BC .............................. 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
http://www.woodlandspsych.com/
Population Served: Accepts Ages 15 and Up

Marty Lerman, PhD, LPC .................................................. 281-812-3322
7702 FM 1960 Rd. East, Ste. 210
Humble, TX 77346
www.alliedhypnosis.com
Population Served: Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, Elders (65+)
Types of Services: Recovery from compulsive, addictive and dysfunctional behavior and drug abuse
Specialties: Hypnosis, Marriage and Sex Therapy

Barbara Levinson, PhD, RN, LMFT, CST, CSAT ..................... 713-785-7111
2400 Augusta Drive, Suite 120
Houston, TX 77057
www.centerforhealthysexuality.com/
Population Served: Adults
Types of Services: Depression, Bi-Polar Disorder, Mood and Anxiety Disorders, Post Traumatic Stress Disorder, Personality Disorders, Obsessive-Compulsive Disorder, Food Addiction, Gambling Addiction, Gay and Lesbian Issues, Self Esteem Issues

David Liggett, MA, LPC .................................................. 832-326-7392
326 Noble St.
Spring, TX 77373

Kyntra Lighten, LPC ....................................................... 281-570-4523
19706 Bolton Bridge Ln.
Humble, TX 77338
Population Served: Ages 3 - 99
Types of Services: Adolescent and Child Counseling, Abuse and Trauma, ADHD, Peer Relations, Family Counseling, Anxiety, Behavior Modification, Depression, OCD, Mood Disorders, Grief and Loss, Difficult Children, Mobile Therapy

NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Logan Lock, LPC ................................................................. 832-233-3086
20031 West Lake Houston Pkwy., #400
Humble, TX 77346

Kelly Locke, MEd, LPC-Intern, CSC ....................................... 281-813-2343
431 Nursery Rd., Ste. C-600
The Woodlands, TX 77380
http://www.the-healing-place.com
Population Served: Children, adolescents, individuals, and families
Types of Services: Individual Counseling, Couples Counseling, Family Counseling, Separation and Divorce Counseling, Marriage Counseling Services, Relationship Counseling
Specialties: Adolescents, students with disabilities, adults, couples and families.

Dana Longino, LPC ............................................................. 713-569-1065
2002 Timberloch Place, Ste. 200
The Woodlands, TX 77380

Victoria Loos, PhD ............................................................. 713-526-4751
2524 Nottingham St.
Houston, TX 77005
www.cffc-online.com
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management, Mother/Daughter Groups

Norma Kay Lord, MA ......................................................... 281-367-9836
25910 Oak Ridge Dr.
The Woodlands, TX 77380

Amy Michelle Lord-Walzel, MSW ......................................... 281-367-9836
25910 Oak Ridge Dr.
The Woodlands, TX 77380

Jeanie Low, MSW .............................................................. 281-367-9836
25910 Oak Ridge Dr.
The Woodlands, TX 77380
Destiny Lucas, LPC ................................................................. 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
http://www.woodlandspysch.com/
Population Served: Provides adolescent, adult, family and marriage therapy. Accepts Ages 12+
Types of Services: anxiety, stress, bipolar, depression, grief and loss, obsessive compulsive disorder, panic attacks, sexual abuse, relationship issues, pre-marital counseling, family issues, and step-family adjustment problems.
Specialties: Provides organizational training for high school and college students, as well as parenting skills training.

Enie MA, LMFT, LPC, BCPCC .................................................. 281-622-4844
9950 Cypresswood Dr., Ste. 206
Houston, TX 77070
http://www.eniebourland.com
Population Served: Adult, Individual and Couples
Types of Services: Marital counseling, Sex Addiction, Infidelity/Betrayal, Codependency, Depression, Relationship Issues, Anxiety, Grief/Loss, Sexual Abuse, Conflict Resolution, Domestic Abuse, Premarital counseling

Bruce Maclean, LPC ............................................................. 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment

Evelyn Malone, LMFT, LPC ................................................... 832-618-5156
11702B Grant Rd., Ste. 422
Cypress, TX 77429

Larry Malone, LPC ............................................................ 713-922-6751
12515 Kluge Rd.
Cypress, TX 77429

Andrew Malveaux, LCSW .................................................... 832-715-4074
1906 Treble Dr., Ste 4
Humble, TX 77346
Jamie Manning, LPC ................................................................. 713-259-5103
27019 Glenfield Hollow Lane
Cypress, TX 77429
www.cyfaircounseling.com
Population Served: Toddlers (3-5), Children (6-12), Adolescents/Teenagers (13-17), Adults,
Elders(65+) No patients under 3 years old
Types of Services: Individuals, Couples and Families
Specialties: Individual, marriage or family issues, depression & anxiety, mood swings, attention
deficit, oppositional/disruptive behaviors or any number of other life issues

Sharron Mapel, LCSW ................................................................. 713-840-1661
4550 Post Oak Place, Ste. 246
Houston, TX 77027

Stephanie Marks, MEd, LPC-Intern ............................................. 281-579-0703
20915 Kingsland Blvd.
Katy, TX 77450
http://stonecreektherapy.com
Population Served: Individuals and their families
Types of Services: Anxiety, depression, career issues, behavioral concerns, addictions, sleep
problems, trauma & PTSD academic problems, peer relationships, obsessive compulsive disorder
postpartum, learning differences, anger, social skills, divorce, blended families, parenting
Specialties: Experience treating youth struggling with trauma, sexual and physical abuse, neglect,
depression, anxiety, behavior and conduct concerns, emotional disturbance, and body image and
self concept issues. Experience fostering social and emotional wellbeing in Pre-School aged children
as well as counseling adults and families.

Laura Marmion, LPC, LMFT, CEAP ............................................... 888-371-0527
17510 Huffmeister Rd., Rosehill Plaza 2, Ste. 103
Cypress, TX 77429
www.marmiontherapy.com
Population Served: Adults, Elders (65+)
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication
difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury,
eating disorders and inability to cope with life's stressors
Specialties: Depression and Anxiety, Bipolar spectrum disorders, Sexual and Relationship Problems,
Medical and Health concerns, Grief and Loss, Work and Career issues, Stress Management,
Parenting and Family Issues, Conflict Resolution and Anger Management, Couples Counseling.

Marilyn Marriott-Howton, MS, LPC ............................................ 832-813-8949
3411 Marywood Dr.
Spring, TX 77388
Beth Martin, MS, RN ................................................................. 281-376-8006
6823 Cypress Wood Dr.
Spring, TX 77379

Jason Martin, PhD, LMFT, LPC .................................................. 281.480.7554
1799 Woodland Hills, K100
Kingwood, TX 77339
http://www.samaritanhouston.org
Population Served: Preschool, Children, Adolescent, Adult, Couples and Families
Types of Services: Abuse, Anxiety, ADHD, Behavior modification, Cognitive behavioral therapy, couples/marriage counseling, depression, Domestic Violence, Gay/Lesbian Issues, Grief, Home Care/Home visits, Mood Disorders, Psychosis, Schizophrenia and Rape issues
Specialties: Counseling for individuals, families, marriages and children, Specialized academic, career and psychological testing, Psychiatric consultation, Professional education, Corporate Services, BASLLA Speech Therapy

Laura Martin, MS, LPC ............................................................... 713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management, Mother/Daughter Groups

LaToya Martin-Jackson, MA, LPC .............................................. 281-746-2704
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults (Ages 4 and above)
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life's stressors
Specialties: Marriage therapy, Sexual identity issues, Parent and caregiver education for those caring for mentally disabled children and adults, Parenting issues, Adoption related issues, Child and adolescent issues, Depression and other mood disorders, Anxiety

Adriana Martinez, LPC ............................................................... 281-813-4158
5616 FM 1960 East, Ste. 216
Humble, TX 77346
www.cawst.com
Population Served: Adolescents and Adults
Types of Services: Individual, Couples and Family Therapy
Specialties: Depression, Stress, Adolescent Behavioral Problems, Sexual Abuse, Domestic Violence
Carrie Martinez, MA, LPC - Intern ............................................... 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life's stressors
Specialties: Specializes in chronic mental illness, crisis intervention, domestic violence, childhood disorders and abuse, addictions, depression, anxiety, post traumatic stress disorder, and special needs.

Patricia Martinez, EdD ................................................................ 281-890-0119
14340 Torrey Chase #160
Houston, TX 77014

John C. Mason, LCDC ................................................................. 281-351-2461
701 W. Main Street, Ste. 2
Tomball, TX 77375

Ronald Massey, PhD .................................................................. 936-539-2903
333 North Rivershire Dr., Ste. 110
Conroe, TX 77304

Elissa Mattar, LPC-Intern ............................................................ 281-528-4226
111 Vision Park Blvd., Ste. 250
 Shenandoah, TX 77384
Population Served: Children (6-10), Adolescents (14-19), Adults, Elders (65+)
Specialties: ADHD, Anger Management, Domestic Violence

Mary Maurer, MA, LPC .............................................................. 281-580-8086
14340 Torrey Chase Blvd., Ste. 160
 Houston, TX 77014

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Mary Maurer, MA, LPC ............................................................... 713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management, Mother/Daughter Groups

Lisa McCarren, LPC ..................................................................... 281-620-1180
26119 I-45, Suite 208-A
The Woodlands, TX 77380
www.woodlandstherapy.com
Population Served: Toddlers/Preschoolers (2-5), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+), No patients under 2 years old.
Types of Services: Physical and Sexual Abuse, Mood Disorders, Anxiety Disorders, Chemical Dependency, Eating Disorders, Gay and Lesbian Issues, Psychological Testing, Schizophrenia and other Psychotic Disorders
Specialties: Extensive training with PTSD

Helen McClure, LPC .................................................................... 281-807-9252
7026 Belgold
Houston, TX 77066

Pamela McGee, MA, LPC-Intern .................................................. 281-357-4111
333 S. Cherry St.
Tomball, TX 77375
http://cccctomball.com
Population Served: Adults, adolescents and children
Types of Services: Individuals, Couples, Marriage, Adolescents, Teens, Play Therapy, Educational, Drug Treatment, ADD, ADHD, Prevention & Recovery, Grief & Loss, Bipolar Disorder, Depression, Anxiety, OCD, Anxiety, Anger Management, Psychotherapy
Specialties: Adolescents and children who have issues with bullying, self-esteem, or academic issues. She also works with individuals experiencing anger issues, anxiety, depression, or eating disorders-especially bulimia.

Teresa McGrath, RN, LPC, LMFT ................................................. 281-620-3849
25511 Budde Road #501
The Cameron Bldg
The Woodlands, TX 77380
www.teresamcgrath.com
Specialties: Marriage Therapy, Sexual Trauma and Domestic Violence, New Families, Anxiety
Mindy McKay, MA, LPC .............................................................. 832-421-8814
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life's stressors
Specialties: Anxiety / Depression, Relationship Difficulties, Self Esteem / Body Image Issues, Life Transitions, Behavior Problems, School Difficulties, Cutting/Self Injurious Behaviors, Teens struggling with Alcohol / Drugs / Sex

Karen McKibben, LCSW .............................................................. 713-529-7400
431 Nursery Rd., Ste. 500
The Woodlands, TX 77380

Mary (Pamela) McManus, PhD ................................................... 936-291-7928
1325 Windsor St.
Huntsville, TX 77340
Population Served: 16 Years and Older
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Psychological Testing, Marriage Counseling, Schizophrenia and other Psychiatric Disorders

Michael McNeil, LCSW ............................................................. 281-415-6992
9950 Cypresswood Dr., Ste. 260
Houston, TX 77070

Laura McPherson, LPC .............................................................. 281-540-1470
2313 Timber Shadows Drive, Ste. 103
Kingwood, TX 77339
Population Served: Adults, Couples, Adolescents
Types of Services: Individual, Couples and Family Therapy

Linda Meeds, LCSW, MSW .......................................................... 281-404-1053
2001 Ladbrook Dr.
Kingwood, TX 77339
James Mena, LPC, LCDC .............................................................. 281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
**Population Served:** Children, Adolescents and Adults
**Types of Services:** Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
**Specialties:** Individual, family and marital therapy.

James Mena, LPC, LCDC .............................................................. 281-537-0211
16333 Hafer Rd.
Houston, TX 77090

Gregory Metcalf, LCSW ............................................................... 281-537-7445
14340 Torrey Chase Blvd., Ste. 350
Houston, TX 77014

Jenney Methvin, MA, LPC ............................................. 713-773-5110 ext. 127
21004 Interstate 45 N
Spring, TX 77373
www.medcarepediatric.com
**Population Served:** Children, Adolescents, Adults
**Types of Services:** Individual, group, or family intervention services for children, adolescents, and adults.
**Specialties:** Bipolar, ADHD, Conduct Disorders, Anxiety and Depression, Reactive Attachment Disorder, Adjustment Disorders, and Pervasive Developmental Disorders

Irena Milentijevic, PsyD .............................................................. 281-901-1121
1600 Lake Front Circle, Ste. 150
The Woodlands, TX 77380
**Population Served:** Children (6-10), Adults
**Types of Services:** Infertility Support Group, Donor Patient Support Group, Regain Hope After Pregnancy Loss, Adoption, Early Childhood, Parenting, Relationship Issues
**Specialties:** Depression, Anxiety or Fears, Infertility
Andrea Mitchell, MEd, LPC ......................................................... 936-760-1880
212 Conroe Dr.
Conroe, TX 77301
www.counselingcentermc.com
Population Served: Individuals, Couples and Families
Types of Services: Play Therapy, Therapy for Depression and Anxiety, Individual Counseling, Couples Counseling, Family Counseling, Parenting Support, Court Approved Parenting Classes, Anger Management Groups, Grief Counseling, Work and Career Issues, Stress Management, Addiction
Specialties: Family therapy and working with a variety of clinical issues, such as depression, women's issues, and trauma.

James Mitchell, LPC .................................................................... 281-587-8300
14335 Torrey Chase #E
Houston, TX 77090

Lilia Mitchell, LPC ....................................................................... 281-323-1494
5616 FM 1960 E., Ste. 216
Humble, TX 77346

Charlotte Montgomery, LPC ....................................................... 936-525-8997
1110 N. Loop 336 W. #530
The Woodlands, TX 77381

Denise Morales, LCSW ................................................................ 281-586-7596
16215 North Fwy, Ste. 103
Houston, TX 77090

Denise Morales, LCSW ................................................................ 713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management, Mother/Daughter Groups
Terry Morck Richter, LCSW ................................................ 281-376-8006 x205
6823 Cypresswood Drive
Spring, TX 77379
www.interface-samaritan.org
Population Served: Individuals, couples, families, children, congregations, schools, and businesses
Types of Services: Abuse, Addiction and Recovery, Adolescent Therapy, Aging Issues, Anger Management, Anxiety/Panic/Phobias, Attention Deficit Hyperactivity Disorder (ADHD), Bipolar Disorder, Depression, Eating Disorders, EMDR, Family Challenges, Friendships/Relationships,
Specialties: Adolescent, Adult, Marriage, Family and Group Counseling, Spiritual Guidance, Trauma/Abuse, Loss and Grief Interventions, Depression Treatment, Individual and Group Cancer Counseling, Veteran/Veteran Family Support

Melany Morrison, MA, LMFT, LPC, CGP ...................................... 281-433-6267
3414 Rolling Terrace
Spring, TX 77388
www.melanymorrison.com/
Population Served: Adolescents, Adult, Children, Preschool
Types of Services: Adoption Issues, Anxiety, ADHD, CISD, Depression, EAP General, Family Therapy, Grief, Group Therapy, Learning Disabilities, PTSD
Specialties: Anxiety and depression-related issues, with expertise in the areas of grief, traumatic life events, and domestic violence

Pamela Morrison Silverman, LCSW, LMFT .................................. 281-586-9116
5629 FM 1960 W. #218
Houston, TX 77090

Julie Mosier-Crosno, PhD........................................................... 281-361-0777
2606 Bens Branch Drive, Ste. C
Kingwood, TX 77339

Heather Moss, MS, NCC, LPC ...................................................... 713-481-2808
800 Rockmead Drive, Ste. 132
Kingwood, TX 77339
www.wellsourcergroup.com
Population Served: Individuals, Couples, Family
Types of Services: Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Education & Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution
William (Bill) Mullener, MA, LPC, LCDC, NCC .............................. 281-357-4111
333 S. Cherry St.
Tomball, TX 77375
http://cccctomball.com

Population Served: Adults, adolescents and children
Types of Services: Individuals, Couples, Marriage, Adolescents, Teens, Play Therapy, Educational, Drug Treatment, ADD, ADHD, Prevention & Recovery, Grief & Loss, Bipolar Disorder, Depression, Anxiety, OCD, Anxiety, Anger Management, Psychotherapy
Specialties: Dual-diagnosis (or co-occurring disorders), chemical addiction, veteran’s issues, PTSD, and marriage and family issues

Dianne Murphree, LPC ..................................................................... 281-389-0379
700 Rockmead, Ste. 246
Kingwood, TX 77339

Population Served: Adolescents/Teenagers (13-19), Adults
Types of Services: Physical and Sexual Abuse, Anxiety Disorders, ADHD

Brian Murray, LPC ........................................................................... 281-315-3900
1521 Green Oak Pl., Ste. 210
Kingwood, TX 77339
http://www.testsmartrx.com

Population Served: Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elder (65+)
Types of Services: Geriatric, Stroke, Traumatic Brain Injury, MCI/Dementia, AD/HD – adult and adolescent, Overweight, Known or suspected substance abuse (including smoking cessation), Diabetes, Mood Disorders, Other behavioral issues

Natalia Murray, EdD ....................................................................... 713-828-5469
25325 Borough Parks Drive, Ste. 200
Spring, TX 77380

Kelly Myer, MSW ............................................................................ 281-298-4332
19221 I45 South, Ste. 440
Conroe, TX 77385

Avery Neal, MA, LPC ...................................................................... 866-995-7910
8505 Technology Forest Place, Suite 1001
The Woodlands, TX 77381
www.womenstherapyclinic.com

Types of Services: Life transitions, Depression, Anxiety, Postpartum depression, Postpartum anxiety, Pregnancy depression and/or anxiety, Traumatic labor and delivery, Miscarriage and loss, Infertility, Eating issues & Weight loss, Difficulties during adolescence, Divorce recovery
Aracely Neeley, LCSW .................................................................   713-249-0200
14525 FM 529, Suite 208
Houston, TX 77095
www.westhoustonkatycounseling.com
Population Served: Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults
Types of Services: Coping Skills, Family Conflict, Life Coaching, Loss or Grief, Parenting, Relationship Issues, Self Esteem, Bipolar Disorder, Mood Disorders, Personality Disorders, Gay and Lesbian Issues
Specialties: Grief Counseling, Evaluation and Treatment of Depression/Anxiety, Immigration and Naturalization Services Hardship Reports, ADHD Assessments

David Nelson, PhD ......................................................................   936-294-1210
919 Bearkat Blvd.
Huntsville, TX 77340
Population Served: Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults

Dennis Nelson, PhD ....................................................................   281-447-0847
166 Spring Pines Dr.
Spring, TX 77386

Janet Nicholas MA,LPC, LCDC, EAP .............................................   713-882-4268
26203 Oak Ridge Dr.
The Woodlands, TX 77380
www.janetnicholas.com
Specialties: Addiction, Anxiety, Attention Deficit, Bipolar, Depression, Divorce and Step-Families, Family Issues, Grief and Loss, Marriage, Obsessive Compulsive Disorder, Panic Attacks, Sexual Abuse, Eating Disorders

Kristin Niekerk MS, LPC ..............................................................   281-205-1355
22601 Lutheran Church Rd.
Tomball, TX 77377
www.pathwaycounselingservices.com/
Population Served: Adolescents/Teenagers (14-19), Adults
Types of Services: Anxiety or Fears, Coping Skills, Divorce, Life Coaching, Loss or Grief, Obesity, Parenting, Peer Relationships, Relationship Issues, Self-Harming, Spirituality, Weight Loss
Specialties: Eating Disorders, Depression, Self Esteem
Avi Nires, PsyD, PLP ................................................................. 832-237-2673
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
http://houstonpsychotherapists.com

Types of Services: Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment for Children
Specialties: Specializes in working with children who have ADHD, learning and/or behavioral problems; adults with depression, anxiety, and grief; and LGBT issues.

Theora Noble, MA, LPC, LCDC ..................................................... 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/

Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Depression, Anxiety, Grief, Stress Management; Beating Burnout; Caring for the Caregiver; Dealing with Difficult People; Family of Origin issues; Dual Diagnosis; Addictions; Codependency; Eating Disorders; Dealing with Bipolar; Effects of Substance Abuse

John Nomura, PhD, LP, LSSP, BCBA-D ......................................... 832-377-0063
21216 Northwest Freeway, Ste. 450 B
Cypress, TX 77429
www.JohnNomura.com

Population Served: Children, adolescents
Types of Services: Psychological Assessment for Children
Specialties: Received specialty training in cognitive behavioral therapy, group therapy, behavior analysis, behavioral therapies, interpersonal therapy, and education law.

Carol Norman, MA, RN ............................................................... 281-374-8555
17207 Kuykendahl Rd., Ste. 100
Spring, TX 77379

Pamela Ogletree, LPC ................................................................. 281-558-1900
4170 W. Greens Rd.
Houston, TX 77066

Sharon Okonski, MA, RN ............................................................. 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77381
http://www.woodlandspsych.com/

Population Served: Accepts Ages 5 and Up
Types of Services: Comprehensive assessments and medication management for children, adolescents and adults, with a special interest in children and adolescents.
Jane Olien, LCSW ........................................................................ 281-475-6153
10330 D Lake Road
Houston, TX 77070

Cynthia Orme, MA, LPC .............................................................. 800-685-9796
111 Vision Park Blvd., Ste. 260
Shenandoah, TX 77384
www.newdimensionsdayhospital.com
Population Served: Treatment for adults and adolescents 13 years of age and older
Types of Services: Chemical Dependency Intensive Outpatient Program, Partial Hospitalization Programs, Intensive Outpatient Programs, Dual Diagnosis Program/Co-occurring Condition Programs, Step Down Services for Individuals Leaving Inpatient or Residential Treatment, Aftercare Programming for those that successfully complete the program
Specialties: New Dimensions specializes in providing Partial Day and Intensive Outpatient Treatment for adults and adolescents 13 years of age and older. Behavioral health and substance abuse programs are designed to help individuals and families develop the skills they need to cope with depression, anxiety, trauma, addictions, chemical dependency issues, and behavioral problems.

Daniel Osborn, MA, LPC .............................................................. 832-515-5536
701 N. Loop 336 East, Ste. 106
Conroe, TX 77301
Population Served: Adolescents, Adults, Children, Preschool
Types of Services: Anxiety and Fears, Coping Skills, Family Issues, Abuse, Addiction, Personality Disorders, Parenting, Adoption, Domestic Violence, Compulsive Disorders, Testing and Evaluation, Psychosis, Thinking Disorders, Bipolar Disorders, LGBT Issues
Specialties: Christian Counseling

Pamela Padgett, MEd, NCC, LPC, RPT, BSN, RN ....................... 281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77381
Population Served: Children, adolescents and adults
Types of Services: Depression, Anxiety, Marital/Relationship Struggles, Social skills for children, Anger Management, Problem behavior patterns, Grief or Loss, Physical Health Problems, Coping Skills, School/Work Performance, Stress Management, Personal Growth
Specialties: Play Therapy including courses in adolescent play therapy with experience in chemical dependency, industrial, community, public health, hospitals and schools.

Carol Paine, MSW, LCSW ............................................................ 281-364-3503
2441 High Timbers, Ste. 100
The Woodlands, TX 77380

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Anne Palmer, MA, NCC, LPC-Intern............................................ 713-993-7987
800 Rockmead Drive, Ste. 132
Kingwood, TX 77339
www.wellsourcergroup.com
Population Served: Individuals, Couples, Family
Types of Services: Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Education & Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution

Linda Panzerella, LCSW............................................................... 281-358-9495
Kingwood, TX 77339

Joanne Parham, PhD ................................................................. 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Marital and relationship problems, anxiety and depressive disorders, life transitions, women’s issues of all kinds, parenting skills, socialization skills, assertiveness, ADHD, behavior management, self-esteem building, trauma and existential conflicts.

Josh Parham, LPC........................................................................ 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Adolescents and adults experiencing a variety of obstacles, including: sadness, anxiety, obsessive compulsive disorder, low self esteem, anger, substance abuse, relationship issues, communication issues, work and school-related problems, and stress

Stephen Parham, PhD................................................................. 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Passions for living, issues of the heart, tough life decisions, easing human sadness and loneliness, fostering peace for adults, adolescents, parents, and marriages.
David Parmer, LPC ................................................................. 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
www.davidparmer.com
Population Served: Individual Therapy, Couples/Family Therapy, Child (age 10) & Adolescent Counseling
Types of Services: Addiction, adoption issues, anxiety, attention deficit, bipolar depression, grief and loss, marriage, obsessive compulsive disorder, panic attacks, sexual abuse, and step-family issues.

Lindsey Parrish, MA, LPC - Intern ........................................... 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life's stressors
Specialties: Extreme clinical cases, case management, crisis intervention, adolescents, sexual abuse, anxiety and depression.

Tia Parsley, MEd, LPC, LCDC ................................................... 936-697-2822
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380
http://www.tiaparsley.com/
Population Served: Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Families and Parent Counseling, Couple and Marriage Counseling, Individual and Relationship, Online Counseling
Specialties: Addictions and Relationship Counseling – Adolescents and Adults

Louis (Chip) Pasche, MA, LPC ............................................... 281-255-9922
500 Mason St.
Tomball, TX 77375
www.counselingrc.com

Lauren Pasqua, PsyD .............................................................. 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://laurenpasqua.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Career focused on Infants, toddlers, and preschoolers. Diagnosing Autism/Asperger’s, supporting children on the autism spectrum, and helping kids with feeding problems. Women’s issues, relationship struggles, family stress and conflict, existential issues

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Tanvi Patel, MA, LPC, NCC .......................................................... 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life’s stressors
Specialties: Couples Therapy, Family Therapy, South Asian Family Systems, Personal Growth and Development, Group Therapy, Psychoeducation, Organizational Behavior

Janet Payne, MA, RN .................................................................. 936-521-6260
1020 Riverwood Ct., Ste 2
Conroe, TX 77304

Marion Pietz, LPC,LMFT .............................................................. 281-358-7194
700 Rockmead Dr. Ste 246
Kingwood, TX 77339
Population Served: Ages 7-99
Types of Services: Depression, anxiety, anger, ADD/ADHD, communication difficulties, couples/marriage, poor social skills, grief, eating disorders, life stressors, behavioral issues, parenting, drug/alcohol abuse
Specialties: grief, drug/alcohol addiction, marriage/family issues, anxiety, depression

Rachael Perrill Frasier, MEd, LPC-Intern, CSC ............................. 281-813-2343
431 Nursery Rd., Ste. C-600
The Woodlands, TX 77380
http://www.the-healing-place.com
Population Served: Children, adolescents, individuals, and families
Types of Services: Individual Counseling, Couples Counseling, Family Counseling, Separation and Divorce Counseling, Marriage Counseling Services, Relationship Counseling
Specialties: Special interest in working with children and families and looking at how their environment and beliefs shape their world.

Nikki Perry-Eisenhauer, MEd, LPC, NCC, LCDC ............................ 713-677-3330
1426 Yale St.
Houston, TX 77008

Kathleen Petrak, LPC ................................................................. 936-441-1525
704 Longmire Rd., Ste.101
Conroe, TX 77304
Denise Pfister, LMFT ................................................................. 832-688-9747
13100 Wortham Center Drive, 240
Houston, TX 77065
www.cfgcounseling.com
Population Served: Toddlers/Preschoolers (0-6), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Chemical Dependency

Kendra Phelps, MA, LPC ............................................................. 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Obsessive-Compulsive Disorder, as well as other anxiety disorders

Jon Picker, LPC ............................................................................ 281-583-0112
326 Noble St.
Spring, TX 77373

Toby Picker, MSW, LCSW ............................................................ 281-583-0112
34 Wakerobin Ct.
The Woodlands, TX 77380

Inga Pinson, MA, LPC, LMFT ........................................................ 713-489-1983
340 North Sam Houston Pkwy. East, Ste. 160G
Houston, TX 77060
Population Served: Children (6 to 10), Adolescents / Teenagers (14 to 19), Adults
Types of Services: Therapy is offered to families, couples, individuals, and children covering a broad range of issues

Inga Pinson, MA, LPC, LMFT ........................................................ 281-820-7880
363 N Sam Houston Pkwy. East, Ste. 1100
Houston, TX 77060
Douglas Plaeger, MA, LPC ............................................. 713-773-5100 ext. 127
21004 Interstate 45 N
Spring, TX 77373
www.medcarepediatric.com
Population Served: Children, Adolescents, Adults
Types of Services: Individual, group, or family intervention services for children, adolescents and adults.
Specialties: Emotional and adjustment issues, addressing divorce, grief and loss, and family functioning using play therapy, sand tray therapy, and art therapy

Karen Poland, LPC ...................................................................... 281-853-4868
700 Rockmead Drive, Ste. 246
Kingwood, TX 77339
Population Served: Ages 11-99
Types of Services: Depression, anxiety, anger, communication difficulties, couples/marriage, poor social skills, grief, eating disorders, life stressors, parenting
Specialties: marriage/family issues, depression, anxiety

Susan Pollard, PhD ..................................................................... 281-528-4226
111 Vision Park, Ste. 250
Shenandoah, TX 77384
www.addwoodlands.com
Population Served: Children, Adolescents, Adult

Lauren Prasse, LPC ...................................................................... 713-510-4556
17101 Kuykendahl Road, Ste. 260
Houston, TX 77068
www.northwestpsychotherapyassociates.com

Ann Prewitt, EdD ........................................................................ 281-296-0222
10655 Six Pines Dr., Ste. 160
The Woodlands, TX 77380
Population Served: 15 and Up
Types of Services: Individual, Family and Marriage Counseling

Pamela Priebe, LPC ..................................................................... 936-689-3256
1110 N Loop 336 W, #250
Conroe, TX 77301

Lillian Priest, MA, LPC ................................................................. 281-255-9922
500 Mason St.
Tomball, TX 77375
Tiffany Priska, MA, LPC ............................................................... 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life's stressors
Specialties: Play Therapy, Depression, Mood disorders, Self-Injury, Play Therapy, Marriage and family counseling, Abuse, Anxiety, Postpartum issues

Ava Profota, LCSW-S, CSAT, CGP ................................................. 713-636-5240
3915 Dacoma, Ste. F
Houston, TX 77092
Types of Services: Sexual Addiction, Relationship Issues, Addiction

Walter Quijano, PhD .................................................................. 936-539-2226
901 N. Thompson St.
Conroe, TX 77301

Dorothy Rabon, LCSW ................................................................ 281-799-9555
9950 Cypresswood Dr., Unit #160
Houston, TX 77070

Janice Rae, LPC ........................................................................... 281-354-6144
24420 FM 1314 Rd., Ste. 11
Porter, TX 77365

Sharon Rafferty, LCSW ............................................................... 281-374-8555
17207 Kuykendahl #100
Spring, TX 77379

Pam Rall, LCSW........................................................................... 281 433-5012
431 Nursery Rd., Ste. B-700
The Woodlands, TX 77380
Population Served: Individual, teens, couples, families and seniors.
Types of Services: Counseling for relationship problems, loss and grief issues, and medical challenges, depression and anxiety.

Christine Randall, PhD............................................................... 281-364-0067
25810 Oak Ridge Dr.
The Woodlands, TX 77380
Linda Rayha, PhD ........................................................................ 281-292-1000
10655 Six Pines Dr., Ste. 180
The Woodlands, TX 77380

Gail Rexses, MS, LPC ................................................................... 281-657-6052
1521 Green Oak Place, Ste. 250
Kingwood, TX 77339
www.healthpartnersplus.com/
Population Served: Children -- 3 years and older, Adolescents, Adults
Types of Services: Psychological Testing, Neuropsychological Testing, Developmental Evaluation,
Autism Evaluations, Learning Evaluations, Forensic Evaluations, including mental competency
evaluations, Play Therapy for Children, Psychotherapy and Counseling for Adolescents

Janette Richardson, LPC ............................................................. 281-296-5740
2203 Timberloch Place, Ste. 100
Spring, TX 77380

Tracy Richied, LCSW ................................................................... 281-537-7445
14340 Torrey Chase Blvd., Ste. 350
Houston, TX 77014

Tracy Richied, LCSW ................................................................... 832-216-3319
13026 Poydras Ct.
Cypress, TX 77429

Bonnie Riddle, LMFT ................................................................... 281-419-2229
25301 Borough Park Dr., Ste. 228
The Woodlands, TX 77380

Jean Riojas, MA, LPC ................................................................... 713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group
Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional
Intelligence, Newbies, Stress-management, Mother/Daughter Groups
Brett Ritchie, MA, LPC ................................................................. 832-237-2673
21216 Northwest Freeway, Ste. 450
Cypress, TX 77429
http://houstonpsychotherapists.com
**Population Served:** Children, adolescents, adults, older adults, couples, and families.
**Types of Services:** Individual Psychotherapy, Family & Couples Therapy, Psychological Assessment for Children
**Specialties:** Military Culture

Barbara Rivas, LCSW ................................................................. 832-286-1539
17101 Kuykendahl Road, Ste. 260
Houston, TX 77068
www.northwestpsychotherapyassociates.com

Margaret Rivera, MA, LPC .......................................................... 281-858-5874
15430 Ridge Park Drive
Houston, TX 77095
www.bearcreekcounseling.com
**Population Served:** Adolescents/Teenagers (14-19), Adults, Elders (65+)
**Types of Services:** Addiction, Anger Management, Anxiety or Fears, Behavioral Issues, Coping Skills, Depression, Divorce, Domestic Violence, Eating Disorders, Life Coaching, Loss or Grief, OCD, Women's Issues-Pre and Post Menopausal, Parenting, Peer Relationships, Self Esteem
**Specialties:** Family Conflict, Mood Disorders, Relationship Issues

Garland Roberson, PhD .............................................................. 281-364-0067
25810 Oakridge Drive
The Woodlands, TX 77380

Mary Lee Roberts, LPC .............................................................. 281-845-2585
17030 Nanes Dr., Ste. 209
Houston, TX 77090

Dannielle Robertson, LMSW ..................................................... 281-367-9836
25910 Oak Ridge Dr.
The Woodlands, TX 77380

Nancy Robertson, LMFT ............................................................ 281-359-1470
1521 Green Oak Place
Kingwood, TX 77339
Bob Robinson, MS, LPC ............................................................... 936-581-1252
1110 N. Loop 336 West, Ste. 250
Conroe, TX 77301
Population Served: Teenagers and Adults
Types of Services: Alcohol Abuse, Behavioral Issues, Chronic Relapse, Depression, Emotional Disturbance, Life Coaching, Self Esteem, Substance Abuse, Testing and Evaluation, Anxiety or Fears, Chronic Impulsivity, Coping Skills, Drug Abuse, Family Conflict, Relationship Issues
Specialties: Addiction, Anger Management, Dual Diagnosis

Bob Robinson, MS, LPC ............................................................... 936-581-1252
3010 Montgomery Road
Huntsville, TX 77340
Population Served: Teenagers and Adults
Types of Services: Alcohol Abuse, Behavioral Issues, Chronic Relapse, Depression, Emotional Disturbance, Life Coaching, Self Esteem, Substance Abuse, Testing and Evaluation, Anxiety or Fears, Chronic Impulsivity, Coping Skills, Drug Abuse, Family Conflict, Relationship Issues
Specialties: Addiction, Anger Management, Dual Diagnosis

Mary Ann Robinson, PhD ........................................................... 281-852-3828
1110 Kingwood Drive, Ste. 275
Kingwood, TX 77339

Susie Robinson, LCSW ................................................................ 281-658-7988
431 Nursery Rd., Ste. B-700
The Woodlands, TX 77380
www.somocountytherapy.com
Population Served: Children, teens/adolescents, adults, seniors
Types of Services: Family systems, marital/relationship therapy, play therapy, supportive therapy, problem solving the struggles of life issues.
Specialties: Adoption/attachment, grief/loss, GLBT issues, spirituality exploration, family dynamics

Heather Robison, LPC ................................................................. 936-525-7151
2040 N. Loop 336 W., Ste 202
Conroe, TX 77301

Robert Rogers, PhD .................................................................... 281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77064
www.redoakpsychiatry.com
Population Served: Children, Adolescents and Adults
Types of Services: Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
Specialties: Individual, family and marital therapy.
Sigrid Rogers, MA, PhD ............................................................... 281-657-6052
1521 Green Oak Place, Ste. 250
Kingwood, TX 77339
www.healthpartnersplus.com/
Population Served: Children -- 3 years and older, Adolescents, Adults
Types of Services: Psychological Testing, Neuropsychological Testing, Developmental Evaluation, Autism Evaluations, Learning Evaluations, Forensic Evaluations, including mental competency evaluations, Play Therapy for Children, Psychotherapy and Counseling for Adolescents

Alyshia Roll, LCSW ...................................................................... 281-812-7529
1420 Stonehollow Dr., Ste. C
Kingwood, TX 77339
http://captassociates.com
Population Served: Children, Adolescents, Adults
Types of Services: Anxiety or Fears, Domestic Abuse, Domestic Violence, Family Conflict, Loss or Grief, Self Esteem, Bipolar Disorder, Mood Disorders, Bisexual Issues, Gay Issues, Lesbian Issues
Specialties: Facilitating emotional well-being with mood issues, anxiety, grief and loss, self-esteem, stress management and general mental health concerns. Valuing and supporting diversity, providing a welcoming environment for lesbian, gay, bisexual and transgender

Brooks Roll, LCSW ...................................................................... 281-812-7529
1420 Stonehollow Dr., Ste. C
Kingwood, TX 77339
http://captassociates.com
Population Served: Adults and Elderly
Types of Services: Anxiety or Fears, Behavioral Issues, Depression, Domestic Abuse, Emotional Disturbance, Family Conflict, Relationship Issues, Suicidal Ideation, Trauma and PTSD, Veterans issues, Bipolar Disorder, Elderly Persons Disorders, Impulse Control Disorders, Mood Disorders

Terri Rosenthal, LMFT ................................................................. 936-582-4555
19782 Hwy. 105 West, Ste. 122
Montgomery, TX 77356

Becky Rowlett, LPC ..................................................................... 281-807-9252
7026 Belgold
Houston, TX 77066

Daniel Roznowski, LCSW ............................................................ 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77304
Daniel Roznowski, LCSW ............................................................ 936-521-6260
P.O. Box 3067
Conroe, TX 77305

Rosalina Ruiz, EdD, MA, LPC, LCDC-Intern .............................. 956-232-3352
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380

Crystal Sadler-King, LPC .............................................................. 281-513-4638
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
Population Served: Individuals (Adolescents, Adults), Couples, Groups, Families
Types of Services: Anxiety or Fears, Depression, Emotional Disturbance, Obsessive-Compulsive (OCD), Substance Abuse, Trauma and PTSD
Specialties: Mindfulness, trauma, creative therapy techniques, depression, anxiety, self esteem issues and Post Traumatic Stress Disorder

Linda Safranek, LPC ................................................................. 713-267-0440
1521 Green Oak Pl., Ste. 208
Kingwood, TX 77339
www.lvscounseling.com
Population Served: Adults
Specialties: Life Adjustment issues Stress Reduction, Grief Counseling, Couples

Pamela Salaam, LCSW .............................................................. 832-663-0750
1210 Stonehollow Dr.
Kingwood, TX 77339
Population Served: Adolescents/Teenagers (11-19), Adults, No patients under 10 years old
Types of Services: Affective Mood Disorders, Anxiety Disorders, Eating Disorders, Gay and Lesbian Issues
Specialties: Divorce, Relationship Issues, Mood Disorders

Eduardo Salazar, LPC .............................................................. 281-807-9252
7026 Belgold
Houston, TX 77066

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Kim Saltzman, BS, MA, LPC .........................................................   281-419-5255
1733 Woodstead Court, Ste. 101
The Woodlands, TX 77380
Types of Services: Individuals, Couples, Family, Parents & Teens, Experiential Therapy, Christian Based, Outpatient Counseling
Specialties: Disordered Eating, Anxiety/Compulsive Disorders

Matthew Samford, MA, LPC .......................................................   713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management

Jeffrey Sanders, LPC ...........................................................   936-521-6260
1020 Riverwood Ct., Ste. 3
Conroe, TX 77301

Mary Ann Sartori - Hunt, EdD, MA, LPC-S, LCDC-Intern.............   866-341-9488
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com
Population Served: Adolescent and Families
Types of Services: Private Individual Counseling, Parent Education, Workshops, Group Therapy, Christian Counselors, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress, Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy
Specialties: Specializes in Family, Adolescent and Co-Dependency, Attention deficit disorder (ADD), oppositional defiance disorder (ODD), and general behavioral concerns.

Denise Sartori-Garcia, MA, LMFT, LPC ........................................   866-341-9488
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com
Population Served: Adolescent and Families
Types of Services: Private Individual Counseling, Parent Education, Workshops, Group Therapy, Christian Counselors, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress, Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy
Specialties: Specializes in Foster Care/Adoption and Family Therapy

Roger Saunders, PhD, LPC..........................................................   936-539-2225
2300 Holloman Street
Conroe, TX 77301
Brenda Schiavone, MSN, RN, PMHCNS, NEA-BC ......................... 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
http://www.woodlandspsych.com/
Population Served: Accepts Ages18 and Up
Specialties: Treatment of depression; including post partum depression, pain assessment in the psychiatric patient, the treatment of young adults, and the utilization of evidenced based practice in psychiatric/mental health.

Robert Schindler, PhD ................................................................. 281-631-9977
14355 Torrey Chase #A
Houston, TX 77014

Kevin Schloneger, PhD................................................................. 281-651-1700
20615 Nannette Ln.
Spring, TX 77386

William Schmidt, PhD ................................................................. 281-359-8998
514 1st St. East
Humble, TX 77338

Melinda Schoppe, MA, LPC ........................................................ 281-466-8602
9201 Grogan's Mill Rd.
The Woodlands, TX 77381
Population Served: Children, adolescents and adults
Types of Services: Depression, Anxiety, Marital and other relational struggles, Social skills for children, Anger Management, Problem behavior patterns, Adjustment to divorce, death of a loved one, physical health problems, Life transitions or other difficult situations
Specialties: Specializes in autism spectrum, neuropsychological disorders (including mild and moderate mental retardation; brain defects, and sensory integration difficulties), learning disabilities, mood disorders, adoption, trauma and parenting.

William Schulman, PhD .............................................................. 281-369-4436
5616 FM 1960 East, Ste. 218
Humble, TX 77346

Cheryl Scoglio, LCSW ................................................................. 713-861-5656
550 Westcott St., Suite 420
Houston, TX 77007
Lorie Scott, MEd, LPC, LMFT ....................................................... 281-440-3304
17030 Nanes Dr., Ste 209
Houston, TX 77090
http://loriescottpsychotherapy.com
Population Served: Adolescents / Teenagers (14 to 19), Adults (Primarily Adults)
Types of Services: Anxiety & Depression, Grief & Trauma Resolution, EMDR, Clinical Hypnosis, TFT, PTSD, Panic Attacks, Stress Management, Cognitive Behavioral Techniques, Relationship Counseling, ETT
Specialties: Anxiety, Depression, Grief & Trauma

Laura Secrest, PhD ...................................................................... 281-361-0777
2606 Bens Branch Drive, Ste. C
Kingwood, TX 77339

Suzanne Senn, MS, LPC ............................................................... 800-685-9796
111 Vision Park Blvd., Ste. 260
Shenandoah, TX 77384
www.newdimensionsdayhospital.com
Population Served: Adolescents 13 years of age and older
Types of Services: Partial Hospitalization Programs, Intensive Outpatient Programs, Dual Diagnosis Program, Co-occurring Condition Programs, Step Down Services for Individuals Leaving Inpatient or Residential Treatment, Aftercare Programming for those that successfully complete the program
Specialties: New Dimensions specializes in providing Partial Day and Intensive Outpatient Treatment for adolescents 13 years of age and older. Behavioral health and substance abuse programs are designed to help individuals and families develop the skills they need to cope with depression, anxiety, trauma, addictions, chemical dependency issues, and behavioral problems.

Carol Sepulveda, LCSW-S ............................................................ 281-394-1807
900 Rockmead Dr., Suite 255
Kingwood, TX 77339
http://www.carolsepulveda.com/
Population Served: Toddlers/Preschoolers (0-6), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Families
Types of Services: Academic Underachievement, Adoption, Anger Management, Anxiety or Fears, Asperger’s Syndrome, ADHD, Coping Skills, Depression, Developmental Disorders, Divorce, Emotional Disturbance, Family Conflict, Learning Disabilities, Loss or Grief, Oppositional Defiant Disorder
Specialties: Specialized experience working with children and adults who experience stress associated with changes in family, family dissolution, relocation, adjustment disorders, physical and sexual abuse, family violence, trauma, grief and loss.

Janet Shaunfield, LPC, LMFT ....................................................... 281-807-4508
10601 Grant Road, Ste.114
Houston, TX 77090
Roger Sherrill, MA, LPC-S, NCC ................................................... 281-357-4111
333 S. Cherry St.
Tomball, TX 77375
http://cccctomball.com
Population Served: Adults, adolescents and children
Types of Services: Individuals, Couples, Marriage, Adolescents, Teens, Play Therapy, Educational, Drug Treatment, ADD, ADHD, Prevention & Recovery, Grief & Loss, Bipolar Disorder, Depression, Anxiety, OCD, Anxiety, Anger Management, Psychotherapy
Specialties: Anxiety, bipolar, couples and family therapy, anger management, and men's issues from adolescence through maturity.

Jamie Shields, LPC ...................................................................... 281-812-7529
1420 Stonehollow Dr., Ste. C
Kingwood, TX 77339
www.captassociates.com
Population Served: Ages 10+
Types of Services: Couples counseling / Marriage Counseling using Gottman Method™ couples therapy, Grief and loss, Depression - including post-partum depression, Anxiety, including OCD and panic, Bipolar disorder, Domestic violence / Dating Violence, Self-esteem, Substance Abuse
Specialties: Grief and loss, anger management, mood disorders, anxiety, school-related matters, physical or sexual abuse, crisis and trauma.

Marty Shows, MEd, LPC .............................................................. 713-489-8925
800 Rockmead Drive, Ste. 132
Kingwood, TX 77339
www.wellsourcergroup.com
Population Served: Families, adults and children
Types of Services: Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Education & Support, Grief Counseling, Work and Career issues, Stress Management Addiction & Recovery, Conflict Resolution
Specialties: Specializes in anger management, social skills, medication education, managing mental illness, self-esteem and assertiveness training, nutrition, exercise and weight loss, grief and end of life issues.

Kristine Shuman, LPC, LMFT ....................................................... 281-358-9977
700 Rockmead Drive, Ste. 246
Kingwood, TX 77339
Population Served: Ages 16-99
Types of Services: Depression, anxiety, anger, ADD/ADHD, communication difficulties, couples/marriage, poor social skills, grief, eating disorders, life stressors, behavioral issues, parenting, drug/alcohol abuse
Specialties: marriage/family issues, sexual addiction, drug/alcohol addiction, depression, anxiety, mood disorders
Marla Sifers, LPC, LMFT .............................................................. 281-444-4557
2611 FM 1960 West, Ste. G101
Kingwood, TX 77339

Erin Silva, MEd, LPC - Intern ........................................................ 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication
difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury,
eating disorders and inability to cope with life’s stressors
Specialties: Specializes in play therapy, grief and loss, divorce, ADHD, abuse, self-esteem issues,
anxiety and stress, adjustment disorder, and special needs.

Pamela Silverman, LCSW, LMFT .................................................. 281-586-9116
5629 FM 1960 Rd. W., Ste. 218
Houston, TX 77069

Vicki Simmons, LCSW ................................................................. 281-494-8701
1095 Evergreen Circle., Suite 200
The Woodlands, TX 77380
www.vickisimmons.com
Population Served: Children (6-10), Adolescents/Teenagers (14-19), Adults
Types of Services: Anxiety or Fears, Depression, Divorce, Domestic Abuse, Domestic Violence, Loss
or Grief, Trauma and PTSD
Specialties: Relationship Issues, Parenting, Child or Adolescent

Rashad Skinner, LCSW ................................................................ 281-714-5121
Houston, TX

Shawna Sloane Seale, LPC .......................................................... 281-807-9252
7026 Belgold
Houston, TX 77066

Denise Smith, LPC ....................................................................... 713-614-9259
14011 Park Dr., Ste. 210
Tomball, TX 77377
Rebecca Smith, MA, LPC-S, CCMC Director .................................   936-760-1880
212 Conroe Dr.
Conroe, TX 77301
www.counselingcentermc.com
Population Served: Individuals, Couples and Families
Types of Services: Play Therapy, Therapy for Depression and Anxiety, Individual Counseling, Couples Counseling, Family Counseling, Parenting Support, Court Approved Parenting Classes, Anger Management Groups, Grief Counseling, Work and Career Issues, Stress Management, Addiction
Specialties: Specializes in working with children and teens, learning disabilities, couples, and high conflict situations.

Yvette Smith, LPC .......................................................................   936-756-4500
2040 N Loop 336 West, Ste. 202
Conroe, TX 77304

Eva Smith-Smejkal, MS, LPC, LMFT-A ..........................................   713-338-9097
2203 Timberloch Place, Ste. 100
The Woodlands, TX 77380
Population Served: Preteens/Tweens (12-13), Adolescents/Teenagers (14-19), Adults, No patients under 12 yrs. old
Types of Services: Anxiety or Fears, Divorce, Domestic Violence, Trauma and PTSD, Depression, Domestic Abuse, Loss or Grief
Specialties: Relationship Issues, Parenting, Child or Adolescent

Alicia Snow, PhD.........................................................................   713-240-8609
823 Village Square, Suite 5
Tomball, TX 77375
www.aliciasnow.com
Population Served: Children (6-10), Adolescents/Teenagers (14-19), Adults
Types of Services: Adoption, ADHD, Autism, Depression, Infertility, OCD, Relationship Issues
Specialties: Depression and Anxiety, Panic Attacks and Phobias, Medical and Health concerns, Grief and Loss, Stress Management, Pervasive Developmental Disorders, Parenting and Family Issues, Psychological Testing (Academic & Personality), Christian Counseling

Rebecca Snyder, LPC ...................................................................   281-468-6029
18806 Roberts Rd.
Hockley, TX 77447

Beverly Solomon, LCSW ..............................................................   281-419-1080
26515 Oakridge Dr.
The Woodlands, TX 77380
Angela Soper, MSSW, LCSW ....................................................... 281-849-7127
25511 Budde Rd., Ste. 1502
The Woodlands, TX 77380
Population Served: Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults
Types of Services: Anger Management, Anxiety or Fears, Behavioral Issues, Career Counseling, Child or Adolescent, Chronic Impulsivity, Chronic Relapse, Coping Skills, Depression, Divorce, Domestic Abuse, Emotional Disturbance, Family Conflict, Gambling, Internet Addiction
Specialties: Relationship Issues, Trauma and PTSD, Collaborative Law MHP

Mark Sperber, LPC, LMFT-A ........................................................ 713-522-2024
26202 Oak Ridge Drive, Suite A206
Spring, TX 77380
Population Served: Children, Adolescents, Adults
Types of Services: Brief Solution Therapy, Children, Adolescents, Adults, Christian Based Counseling, Family Therapy, Martial Therapy, Conjoint Counseling, Gifted Children and Adults, Internet Porn /ADD, Anxiety, Depression, Adjustment Disorders, Obsessive Compulsive Disorders

Bobby Squire, LPC....................................................................... 281-968-2449
2203 Timberloch Place, Ste. 211
The Woodlands, TX 77380
Population Served: Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults
Types of Services: Anger Management, Behavioral Issues, Child or Adolescent, Chronic Relapse, Depression, Domestic Abuse, Family Conflict, Internet Addiction, Loss or Grief, Parenting, Self Esteem, Sex Therapy, Suicidal Ideation, Trauma and PTSD, Anxiety or Fears, Career Counseling
Specialties: Relationship Issues, Sexual Abuse, Sexual Addiction

Genette Stanton, MEd, NCC, LPC ................................................ 281-713-9607
25511 Budde Rd., Ste. 1902
The Woodlands, TX 77380
http://www.familyandyouthinstitute.com
Population Served: Children, adolescents, adults and families in individual or group settings
Types of Services: Private Individual Counseling, Parent Education, Workshops, Group Therapy, Christian Counselors, Faith-Based Abortion Recovery Therapy, Hypnotherapy, Weight Loss, Stress, Infertility Counseling, Marriage and Family Therapy, Youth and Adolescent Therapy
Specialties: Specializes in faith-based abortion recovery. Facilitates social skill groups for children and youth, helping them with issues such as ADHD and ODD.
Laura Stark, MA, LPC-S ........................................................................... 800-685-9796
111 Vision Park Blvd., Ste. 260
Shenandoah, TX 77384
www.newdimensionsdayhospital.com
Population Served: Treatment for adults
Types of Services: Partial Hospitalization Programs. Intensive Outpatient Programs, Dual Diagnosis Program/Co-occurring Condition Programs. Step Down Services for Individuals Leaving Inpatient or Residential Treatment, Aftercare Programming for those that successfully complete the program
Specialties: New Dimensions specializes in providing Partial Day and Intensive Outpatient Treatment for adults. Behavioral health and substance abuse programs are designed to help individuals and families develop the skills they need to cope with depression, anxiety, trauma, addictions, chemical dependency issues, and behavioral problems.

Theresa Steitzien, MSW .............................................................. 281-419-1959
2202 Timberloch Place, Ste. 120
The Woodlands, TX 77380

Tabitha Stewart, LPC .................................................................. 281-999-4859
505 N. Sam Houston Pkwy E, Ste. 308
Houston, TX 77060

Marie Stiles, LPC ......................................................................... 832-623-8400
18918 Live Oak Trail
Tomball, TX 77375

Keith Stirrup, LP, PhD ................................................................. 281-849-3784
1408-B Stonehollow Place, Ste. 400
Kingwood, TX 77339
Population Served: Toddlers/Preschoolers (0-6); Children (6-10); Preteens/Tweens (11-13); Adolescents/Teenagers (14-19); Adults
Types of Services: Academic Underachievement, Adoption, Attention Deficit (ADHD), Career Counseling, Divorce, Domestic Violence, Emotional Disturbance, Infertility, Loss or Grief, Parenting, Relationship Issues, Self-Harming, Sexual Addiction, Substance Abuse, Trauma and PTSD
Specialties: Depression, Anxiety or Fears, Child or Adolescent

Ruth Stitt, LPC ............................................................................ 281-255-8007
14011 Park Drive, Suite 210
Tomball, TX 77377
Victoria Strange, MA, NCC, LPC - Intern ........................................... 713-234-6214
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, Adults, Family, Couples, Individual
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life's stresses
Specialties: Divorce, Emotional Abuse, Unemployment, Grief and Loss, Death of a loved one, Anxiety and Stress, Self-esteem Issues, Depression, Life Transitions, Pre-marital Counseling

Jennifer Strauss, MA, LPC, LMFT ...................................................... 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Marriage and family issues, depression, anxiety, abuse, grief, childhood disorders, adjustment disorders, eating disorders, drug and alcohol abuse, as well as anger management.

Rebecca Strick, MSW, LCSW, DCSW ............................................. 936-321-8286
The Woodlands, TX 77380
www.strickcenter.com
Population Served: Children, Adolescents and Adults
Types of Services: Depressive disorders (including bipolar disorder and post partum depression), anxiety disorders, sexual abuse survivors, domestic abuse, eating disorders, grief and bereavement, trauma survivors, personality disorders, pervasive developmental disorders

Dilnavaz Subawalla, PhD .............................................................. 832-593-8100
9539 Huffmeister Rd.
Houston, TX 77095

William Suber, LPC ................................................................. 936-647-2090
404 West Lewis
Conroe, TX 77301

William Suber, LPC ................................................................. 936-647-2090
703 Everett Street
Conroe, TX 77301
Gordon Sudduth, PhD ................................................................. 281-384-7398
26203 Oak Ridge Drive
The Woodlands, TX 77380
www.gracelife counseling.com

Mary Sullivan, MA, LPC ............................................................... 936-760-1880
212 Conroe Dr.
Conroe, TX 77301
www.counselingcentermc.com
Population Served: Individuals, Couples and Families
Types of Services: Play Therapy, Therapy for Depression and Anxiety, Individual, Couples and Family Counseling, Parenting Support, Court Approved Parenting Classes, Anger Management Groups, Grief Counseling, Work and Career Issues, Stress Management, Addiction
Specialties: Children and families going through divorce, as well as needing parent education

Stacey Sullivan, PMHNP-BC ........................................................ 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
http://www.woodlandspsych.com/
Population Served: Accepts Ages 5 and Up
Types of Services: Works in collaboration with your physician to establish treatment plans and medication management in children, adolescents, and adults.

Mary Summerlin, EdD ................................................................ 281-348-0882
1525 Lakeville Dr., Ste. 107
Kingwood, TX 77339

Susan Synan, LPC ........................................................................ 281-358-4747
1210 Stonehollow Dr., Ste A
Kingwood, TX 77339

Angela Tallo, MEd, NCC, LPC-S .................................................... 281-917-1667
1306 Kingwood Drive, Ste. P
Kingwood, TX 77339
www.angelatallopcs.com
Population Served: Adolescents and Adults
Types of Services: Individual DBT Therapy, DBT Skills Groups, Addictions, Counseling, Family Therapy, LPC Supervision
Specialties: Adolescent Therapy, substance abuse, mood disorders, including Bi-polar disorder, depression and anxiety disorders; behavioral disorders, ADD / ADHD, self harm and suicidal ideation; eating disorders and traumatic stress, including PTSD

NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Michelle Tate, LCSW ................................................................. 281-712-6864
800 Rockmead Drive, Ste. 132
Kingwood, TX 77339
www.wellsourcegroup.com
Population Served: Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults
Types of Services: Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Education & Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution

Kathleen Teykl, LPC ................................................................. 281-444-4557
2611 FM 1960 W, Ste. G101
Houston, TX 77068

Michael Thomas, LCSW ........................................................... 713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management

Stephanie Thomas, LPC ............................................................... 832-233-3086
20031 W. Lake Houston Pkwy., Ste. 400
Humble, TX 77346

Stephanie Thomas, LPC ............................................................... 832-233-3086
20534 Delta Wood Trl.
Kingwood, TX 77346

Dawn Thompson, MA, LMFT ....................................................... 832-928-9143
431 Nursery Rd., Ste. B-700
The Woodlands, TX 77380
Population Served: Adults, couples
Types of Services: Relationship issues, marriage, sex abuse survivors
Gayla Thompson, LPC .................................................................   713-267-0651
17314 State Highway 249, Suite 365
Houston, TX 77064
www.gaylathompson.com
Population Served: Children, Adolescents, Adults
Types of Services: Marriage and Relationship, Spiritual Issues, Parenting, Women's Issues, Family Issues, Passion Development, Divorce Recovery, Grief and Loss, Anxiety and Stress, ADD/ADHD, Depression and Mood Disorders, Learning Disorders and Challenges, Life Transitions

Tracy Thompson, PhD.................................................................   832-593-8100
9539 Huffmeister Rd.
Houston, TX 77068

Tracy Thompson, PhD.................................................................   281-894-4500
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life's stressors
Specialties: Specializes in psychological/psychiatric testing (e.g., AD/HD, Anxiety, Depression, Bipolar, Autism Spectrum, Memory/Dementia, Psychosis, psychoeducational and learning disability evaluations, intelligence (IQ) testing, and current mental status exams.

Cindy Thornby, MA, LPC .............................................................   281-761-2690
8505 Technology Forest Place, Ste. 1001
The Woodlands, TX 77381
Population Served: All Ages
Types of Services: Generalist

Mary Thory, MA,  LPC-Intern ......................................................   281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment

Linda Thurman, LCSW .................................................................   281-358-9495
2187 River Village Dr.
Kingwood, TX 77339

NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Patricia Tillson, MA, MS, LMFT ................................................... 832-582-0175
8203 Willow Place S. #275
Houston, TX 77070
www.patriciaatillson.com
Population Served: Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Individuals, Couples, & Families, Depression and Anxiety, Couples/Family Therapy, Parenting Support, Grief / Loss, Stress Management, Anger Management, Emotional/physical/sexual abuse issues, Life Crises issues - Divorce, loss of relationships, job loss
Specialties: Specializing in Therapy for Adults, Children, Couples/Family, Women's Issues, Parenting, Trauma/Abuse, Grief, Anxiety/Depression, Anger, Spirituality

Gary Tipton, EdD ........................................................................ 281-364-0067
25810 Oak Ridge Drive
The Woodlands, TX 77380
www.brickenandassociates.com
Population Served: Individual Therapy-Child, Adolescent, and Adult, Family Therapy-Family Systems, Co-parenting, and Blended Families, Couples Counseling, Psychological Assessment-Including ADHD, Autism, Developmental Disorders, and Behavior Disorders, Play Therapy, School Psychology, Addictions

Carson Toilynn, LPC ................................................................. 281-419-0076
9001 Forest Crossing Drive, Suite D2
Spring, TX 77381
www.thewima.com
Population Served: Couples, family therapy, teenagers, young adolescents
Types of Services: Neurotherapy
Specialties: ADD/ADHD, Neurotherapy/EEG Biofeedback

Jim Toth, LPC-S, LMFT ................................................................. 281-367-9836
25910 Oak Ridge Dr.
The Woodlands, TX 77380

Kathleen Treadway, MA, LPC, LCDC............................................ 713-502-8151
2307 Willow Point Dr.
Kingwood, TX 77339
www.kathleentreadway.com
Population Served: Adolescents/Teenagers (14-19), Adults
Types of Services: Individual, Couple, Family and Group Counseling, Life-Coaching, Presentations
Specialties: Substance abuse with or without co-occurring disorders, Family members of individuals with substance abuse disorders, Depression, Anxiety (including OCD, Panic, Phobia, Insomnia), Grief and Loss, Bipolar Disorder, Borderline Personality Disorder, ADD/ADHD
James Trenchard, LCSW ..............................................................  281-540-1470
2313 Timber Shadows Drive, Ste. 103
Kingwood, TX 77339
Population Served: Adults, Couples, Adolescents
Types of Services: Individual, Couples and Family Therapy
Specialties: Anxiety, Depression, Loss & Grief, OCD, Panic, Phobias, Insomnia, Marriage, Divorce, Bipolar Disorder, Psychosis, Anger Management, Relationship Difficulties, Alcoholism and Drug Abuse, Addiction Disorders, Personality Disorders, ADD/ADHD, Adolescent Behavior

Leslie Truitt Schultea, MS, LPC, LMFT .........................................  281-376-8006
6823 Cypresswood Drive
Spring, TX 77379
www.interface-samaritan.org
Population Served: Individuals, couples, families, children, congregations, schools, and businesses
Types of Services: Abuse – Physical, Emotional, or Sexual, Addiction and Recovery, Adolescent Therapy, Aging Issues, Anger Management, Anxiety/Panic/Phobias, Attention Deficit Hyperactivity Disorder (ADHD), Bipolar Disorder Support, Caregiver Support, Chronic Health Condition
Specialties: Adults, Adolescents, and Marriage/Family Systems Counseling, Eating Disorders Treatment (Anorexia and Bulimia), Death of A Child Grief Work, Life Transitions Facilitated, Depression Counseling

Linda Twichell, MA, LPC ..............................................................  832-492-0671
10601 Grant Road, Suite 119
Houston, TX 77070
www.twichellcounseling.com
Population Served: Adults, Elders (65+)
Types of Services: Anger Management, Anxiety or Fears, Coping Skills, Divorce, Domestic Abuse, Emotional Disturbance, Family Conflict, Parenting, Self Esteem, Self-Harming, Substance Abuse, Trauma and PTSD, Bipolar Disorder, Mood Disorder, Personality Disorders

Veronique Vaillancourt, MSW, LCSW .........................................  281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Children, adolescents, adults, and families, on emotional, behavioral, and psychosocial issues

Cynthia Valdez, LMSW..............................................................  281-367-9836
25910 Oak Ridge Dr.
The Woodlands, TX 77338

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Jennifer Vandenbrook, LPC ......................................................... 832-233-3086
20031 W. Lake Houston Pkwy., Ste. 400
Humble, TX 77346

Jean Varsos, MA, LPC, LMFT ....................................................... 281-540-1718
9810 FM 1960 W., Ste. 280
Humble, TX 77338

Heidi Velez, MEd ................................................................. 281-367-0733
1001 Medical Plaza Dr., Ste. 190
The Woodlands, TX 77380

Joann Vick, MS, LCSW ................................................................. 281-367-2337
13919 Kellerton Lane
Cypress, TX 77429

Shawna Vines-Ritchey, LPC ......................................................... 281-807-9252
7026 Belgold
Houston, TX 77066

Kate Walker, PhD, LPC-S, LMFT ................................................... 936-697-2822
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380
http://www.achievebalance.org
Population Served: Adults, Older Teens, Families
Types of Services: Families and Parent Counseling, Couple and Marriage Counseling, Individual and Relationship, Online Counseling
Specialties: Affairs and Addictions

Patricia Wampler, ACSW, LCSW, BCD ........................................... 281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
Population Served: Children, Adolescents and Adults
Types of Services: Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
Specialties: Individual, family and marital therapy.

Shirley Ware Gully, LCSW ........................................................... 281-657-6052
2323 Timber Road 7530 Dr., Suite B
Kingwood, TX 77339
Sue Watkins, LMFT ................................................................. 936-697-2822
9595 Six Pines Drive, Ste. 8210
The Woodlands, TX 77380
http://suewatkins.net/

**Population Served:** Adults Individually or as Couples

**Types of Services:** Families and Parent Counseling, Couple and Marriage Counseling, Individual and Relationship, Online Counseling

**Specialties:** Adult Individual and Couple Counseling

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Haley Way, LPC, NCC ............................................................ 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com

**Population Served:** Children, teens/adolescents and adults

**Types of Services:** Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life’s stressors

**Specialties:** Career Counseling for Students and the Adult Career Changer, Career Exploration through Interest and Personality Testing, Job Search and Transition Counseling and Services, Self Esteem, Identity and Confidence Building, Grief and Loss Counseling

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Erin Webb, LMFT ................................................................. 713-838-5222
83 Buck Trail Place
The Woodlands, TX 77389

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Bruce Weinheimer, PhD, BCBA-D, FICPP .................................. 832-358-2655
17810 Spring Creek Forest Drive
Spring, TX 77379
http://www.shapeofbehavior.com

**Population Served:** Toddlers/Preschoolers (0-6), Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)

**Types of Services:** Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Psychological Testing, Schizophrenia and other Psychotic Disorders

**Specialties:** Developmental disabilities, applied behavior analysis, and psychopharmacology

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Sharon Weiss, MEd, LPC .......................................................... 832-789-1741
326 Noble Street
Spring, TX 77380

**Population Served:** Toddlers/Preschoolers (0-6); Children (6-10); Preteens/Tweens (11-13); Adolescents/Teenagers (14-19); Adults; Elders (65+)

**Types of Services:** Academic Underachievement, Adoption, Anxiety or Fears, Attention Deficit (ADHD), Behavioral Issues, Child or Adolescent, Depression, Divorce, Domestic Violence, Emotional Disturbance, Family Conflict, Learning Disabilities, Military issues related to family

**Specialties:** Specializes in Military families diagnosed with PTSD and mental health issues due to deployment and transition. Children/Adolescents, Adults, ADD, Depression, Gender Issues, Adoption issues, Couples Counseling, BPD, Bipolar Disorder

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NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Eric Wells, MA ................................................................. 832-563-8623
123 Northpoint Dr., Ste. 180
Houston, TX 77060

Jessica West, MA, LPC ..................................................... 832-725-6646
1600 Lake Front Circle, Ste. 150
The Woodlands, TX 77380

Paula Whitaker MA, MEd, PCC, BCCC ................................. 281-357-4111
333 S. Cherry St.
Tomball, TX 77375
www.paulawhitaker.com
Population Served: Adults, adolescents and children
Types of Services: Individuals, Couples, Marriage, Adolescents, Teens, Play Therapy, Educational,
Drug Treatment, ADD, ADHD, Prevention & Recovery, Grief & Loss, Bipolar Disorder, Depression,
Anxiety, OCD, Anxiety, Anger Management, Psychotherapy
Specialties: Women’s issues, marriage improvement and enhancement, couples counseling, pre-
marital counseling, depression, anxiety, bipolar, ADD/ADHD, sexual abuse, and play therapy for
children with a variety of issues and difficulties.

Tina Whitehead, MS,LMFT-A ............................................ 713-409-8450
2203 Timberloch Place, Ste. 100
The Woodlands, TX 77380
www.villagecounselingandresources.com/
Population Served: Adolescents/Teenagers (13-19), Adults, No patients under 13 years old
Types of Services: Family, Couple and Adolescent Therapy

Jim Whitley, Ed.D .......................................................... 281-358-3299
10203 Birchridge Dr., Ste. G
Humble, TX 77338
http://www.saundradickinson.com/
Types of Services: Testing

David Whittaker, LPC .................................................... 281-923-8808
16757 Squyres Rd., Ste. 101
Spring, TX 77379

David Whittaker, LPC .................................................... 281-923-8808
155 Park Way
Montgomery, TX 77356
Victor Wiesner, PhD, LPC, NCC, CCMHC, MBA ............................ 281-825-7789
1964 West Gray, Ste. 213
Houston, TX 77019
http://professorwiesner.marriage-family.com/
Population Served: Children over 6, Adolescents and Adults
Types of Services: Substance Abuse, Mental Health Disorders, Panic Disorders, Couples Counseling, Adolescents
Specialties: Specializes in complex and difficult cases.

Victor Wiesner, PhD, LPC, NCC, CCMHC, MBA ............................ 281-825-7789
25301 Borough Park Drive, Ste. 129
The Woodlands, TX 77380
http://professorwiesner.marriage-family.com/
Population Served: Children over 6, Adolescents and Adults
Types of Services: Substance Abuse, Mental Health Disorders, Panic Disorders, Couples Counseling, Adolescents
Specialties: Specializes in complex and difficult cases.

Julie G. Wilkes, LMSW ................................................................ 281-579-0703
20915 Kingsland Blvd.
Katy, TX 77450
http://stonecreektherapy.com
Population Served: Individuals and their families
Types of Services: Anxiety, depression, career issues, behavioral concerns, addictions, sleep problems, trauma & PTSD, academic problems, peer relationships, obsessive compulsive disorder, postpartum, learning differences, anger, social skills, divorce, blended families, parenting
Specialties: Specializes in clients working through complex grief and bereavement issues. Group therapy is also an area of specialization focusing on anxiety, depression, substance abuse, body image, and healthy relationships. Currently runs a young women’s group

Brandelyn Williams, MS, MA, LPC-Intern, LCDC-Intern ............... 281-968-0103
6201 Bonhomme Rd. 460-S
Houston, TX 77036
www.bngcounseling.com
Population Served: Children (6-10), Preteens/Tweens (11-13), Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: Individual, couple, family & group counseling
Specialties: Therapy for Depression and Anxiety/Fears, Children/Adolescent, Behavioral Issues, Couples Counseling, Family Counseling/Conflict, Parenting Support, Loss & Grief Counseling, Work and Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution
Don Williams, PhD, BCBA-D ........................................................   832-358-2655
17810 Spring Creek Forest Drive
Spring, TX 77379
http://www.shapeofbehavior.com
Population Served: Toddlers/Preschoolers (0-6), Children (6-10), Preteens/Tweens (11-13),
Adolescents/Teenagers (14-19), Adults, Elders (65+)
Types of Services: ABA Therapy, Health & Behavior Intervention, EEG, Biofeedback, Speech
Therapy, Family/Marriage Therapy, Rare Syndromes, Autism Spectrum, Down Syndrome, ADD /ADHD, Asperger’s, Bi-Polar Disorder, Cerebral Palsy, OCD, ODD, Rare Syndromes / Disorders

Elizabeth Williams, MA, LPC, RPT ...............................................   281-296-0221
...................................................................................................   281-296-0088
10655 Six Pines, Ste. 160
The Woodlands, TX 77380
Population Served: Children 3 years old and up
Types of Services: Family Counseling, Children Counseling
Specialties: Play Therapist, ADHD Testing for Children

Patricia Williams, LPC .................................................................   281-807-9252
7026 Belgold
Houston, TX 77066

Shannon Williams, MA, LPC-Intern .............................................   800-685-9796
111 Vision Park Blvd., Ste. 260
Shenandoah, TX 77384
www.newdimensionsdayhospital.com
Population Served: Treatment for adults
Types of Services: Partial Hospitalization Programs. Intensive Outpatient Programs, Dual Diagnosis
Program/Co-occurring Condition Programs. Step Down Services for Individuals Leaving Inpatient or
Residential Treatment, Aftercare Programming for those that successfully complete the program
Specialties: New Dimensions specializes in providing Partial Day and Intensive Outpatient
Treatment for adults. Behavioral health and substance abuse programs are designed to help
individuals and families develop the skills they need to cope with depression, anxiety, trauma,
adictions, chemical dependency issues, and behavioral problems.

Shala Wingo, LPC ........................................................................   281-357-4111
333 S. Cherry St.
Tomball, TX 77375
http://ccctomball.com
Population Served: Adults, adolescents and children
Types of Services: Individuals, Couples, Marriage, Adolescents, Teens, Play Therapy, Educational,
Drug Treatment, ADD, ADHD, Prevention & Recovery, Grief & Loss, Bipolar Disorder, Depression,
Anxiety, OCD, Anxiety, Anger Management, Psychotherapy
Joseph Wise, LPC .......................... 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Helping teens who have problems stemming from ADD or ADHD

Michelle Wolf, LPC .......................... 281-414-9414
900 Rockmead Drive, Suite 255
Kingwood, TX 77339
Population Served: Toddlers/Preschoolers (0-6); Children (6-10); Preteens/Tweens (11-13); Adolescents/Teenagers (14-17)
Types of Services: Academic Underachievement, Anger Management, Asperger’s Syndrome, Attention Deficit (ADHD), Behavioral Issues, Career Counseling, Child or Adolescent, Coping Skills, Developmental Disorders, Divorce, Domestic Abuse, Domestic Violence, Family Conflict
Specialties: Depression, Anxiety or Fears, Autism

Donna Wood, LPC .......................... 281-296-1605
2203 Timberloch Place, Ste. 100
Spring, TX 77380

Shirley Wright, LPC .......................... 281-894-1749
8203 Willow Place Drive South, Ste. 150
Houston, TX 77070

Carla Wynn, MSW, LCSW, DCSW .......................... 281-363-4220
1610 Woodstead Court, Ste. 420
The Woodlands, TX 77380
http://www.wfipc.com/
Population Served: Couples, families, and individuals
Types of Services: Individual, Family, Group, Marriage, Adoption Counseling, Drug & Alcohol Treatment, Parenting, EMDR Treatment
Specialties: Anxiety and depressive disorders; bipolar disorders; life transitions, both individual and family
Linda Yamada, MA, LPC, NCC ...................................................... 281-373-5200
17510 Huffmeister Road, #103 and #105
Cypress, TX 77429
www.hopepsychotherapyofhouston.com
Population Served: Children, teens/adolescents and adults
Types of Services: Depression, anxiety, anger/poor emotional control, ADHD, communication difficulties, couples/marriage difficulties, poor socialization skills, abuse, trauma, grief, self-injury, eating disorders and inability to cope with life’s stressors
Specialties: Specializes in couples, adults, adolescents, and children with a variety of disabilities, disorders, and difficulties.

Richard Yohr, MS, LPC ................................................................ 281-317-7721
16350 Park Ten Place, Ste. 100-14
Houston, TX 77084
Population Served: Adolescents (14 - 19), Adults
Types of Services: Addiction, Anxiety or Fears, Eating Disorders, Loss or Grief, Substance Abuse, Anger Management, Divorce, Life Coaching, Spirituality
Specialties: Relationship Issues, Depression, Parenting

Janeth Zamora, LPC-Intern ......................................................... 281-813-2343
431 Nursery Rd., Ste. C-600
The Woodlands, TX 77380
http://www.the-healing-place.com
Population Served: Children, adolescents, individuals, and families
Types of Services: Individual Counseling, Couples Counseling, Family Counseling, Separation and Divorce Counseling, Marriage Counseling Services, Relationship Counseling
Specialties: Spanish Speaking. Working as a Clinician with unaccompanied minors.

Sharon Zauderer, MS .................................................................. 281-798-5564
2202 Timberloch Place, Ste. 120
The Woodlands, TX 77380

Melissa Zemencsik, LPC .............................................................. 713-730-2335
1600 Lake Front Circle #204
The Woodlands, TX 77380

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Jim Zettle, PhD ................................................................. 281-528-4226
111 Vision Park, Ste. 250
Shenandoah, TX 77384
www.addwoodlands.com

Population Served: Children, Adolescents, Adult

Types of Services: ADD/ADHD, Infant Mental Health, Anxiety Disorders, Executive Functioning Deficits, Working Memory Deficits, Conduct Disorders, Substance Abuse & Addictions, Bed Wetting, Autism Spectrum Disorders, Depression, Childhood Obesity

Specialties: Assessment and treatment of infants, children, adolescents and adults with cognitive disorders (attention, memory and ADHD), executive functioning deficits (organization, time-management and planning), disruptive behavior disorders, anxiety and depression
PSYCHIATRISTS

Sarah Addison, MD ..................................................................... 281-367-1015
8701 New Trails Drive #150
The Woodlands, TX 77381

H Al-Khandair, MD ..................................................................... 281-419-1599
27854 I-45 North
Spring, TX 77380

Sharadamani Anandan, MD ........................................................ 409-839-2200
2895 S. 8th Street
Beaumont, TX 77701

Ifeoma Arene, MD ..................................................................... 281-893-3656
12828 Willow Ctr. #E
Houston, TX 77066
Population Served: Preschool, Children, Adolescent, Adult
Types of Services: Anxiety, ADHD, Compulsive gambling, Depression, Developmental Disabilities, Dissociative disorders, Domestic Violence, Forensic, Gay/Lesbian Issues, Grief, HIV/AIDS/ARC, Hearing impaired, Medication management, mood disorders, OCD, Learning Disabilities, Personality disorders, phobias, PTSD, Psychotic/Schizophrenic Disorders, Rape Issues, Sex Offender Treatment, Sexual Dysfunction, Sleep Disorders, Somatoform Disorders

Michael Barber, MD ................................................................... 832-384-1560
2180 North Loop West, Ste. 450
Houston, TX 77018
www.houstonadultpsychiatry.com

Peter Berndt, MD ....................................................................... 866-995-7910
8505 Technology Forest Place, Suite 1001
The Woodlands, TX 77381
www.womenstherapyclinic.com
Types of Services: Life transitions, Depression, Anxiety, Postpartum depression, Postpartum anxiety, Pregnancy depression and/or anxiety, Traumatic labor and delivery, Miscarriage and loss, Infertility, Eating issues & Weight loss, Difficulties during adolescence, Divorce recovery, Relationship difficulties, Illness

Robert Bogan, MD ...................................................................... 936-521-6300
1020 Riverwood Ct., Bldg. 1
Conroe, TX 77304

NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Lourdes Bosquez, MD ................................................................. 281-364-9884
9006 Forest Crossing Dr., Ste. C
The Woodlands, TX 77381
Population Served: Preschool, Children, Adolescents, Adult
Types of Services: Adoption issues, Anxiety, ADHD, Autism deficit Disorder, Depression,
Developmental disabilities, Disability, Evaluation/management, Family therapy, Forensic, Geriatrics,
Learning disabilities, Medication management, mood disorders, Psychotic/Schizophrenic disorders
Specialties: Speaks Spanish

Matthew Brams, MD .................................................................. 713-730-2335
550 Westcott, Ste. 520
Houston, TX 77007
Population Served: Preschool, Children, Adolescents, Adult
Types of Services: Abuse, Affective mood disorder, Anxiety disorder, ADHD, Chemical dependency,
Eating disorders

Matthew Brams, MD .................................................................. 713-864-6696
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management, Mother/Daughter Groups

Ayanna Brown, MD .................................................................... 281-358-3684
19701 Kingwood Dr., Bldg. 3
Kingwood, TX 77339
www.kingwoodpsychiatry.com
Population Served: Children, Adolescent and Adults
Types of Services: Emotional disorders

Laura Champagne, MD ............................................................... 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
www.woodlandspysch.com
Population Served: Accepts Ages 16 and Up
Frank Chen, MD ........................................................................ 832-384-1560
1770 Cali Dr.
Houston, TX 77090
www.houstonadultpsychiatry.com
**Population Served:** Adult
**Types of Services:** Developmental Disabilities, Dissociative Disorders, Domestic violence, Family therapy, Inpatient treatment, Learning disabilities, Medication Management, Personality disorders, Sex offender treatment

Cynthia DeVos, MD ................................................................ 281-367-1015
8701 New Trails Dr. #150
The Woodlands, TX 77380
www.woodlandspysch.com
**Population Served:** Accepts 5 and Up. Adults, Adolescents and Children
**Types of Services:** Diagnostic Assessment and Medication Management.

Hazem El-Zufari, MD ................................................................ 281-419-0113
4747 Research Forest Drive
The Woodlands, TX 77381

Jasmin Erlichman, MD ................................................................ 281-367-1015
8701 New Trail Dr. #150
Spring, TX 77381
**Population Served:** Adolescent, Adults
**Types of Services:** Abuse, Anxiety, ADHD, Depression, Geriatrics, Inpatient therapy, Learning disabilities, medical illness/disease mgmt., Medication management, mood disorder, Obsessive compulsive disorder, Personality disorders

Larry Flowers, MD ................................................................... 281-586-7880
1125 Cypress Station Dr., Suite B2
Houston, TX 77090
**Population Served:** Children, Adolescents, Adults
**Types of Services:** Abuse, Anxiety, ADHD, Autism Spectrum Disorder, Chemical dependency/Substance abuse, Couples/marriage therapy, CISD, Depression, Disability evaluation/management, Eating disorder, Family therapy, Geriatrics, Group therapy, Inpatient therapy, medical illness/disease mgmt., Medication management, mood disorder, organic disorders, Pain management
**Specialties:** Speaks Spanish

NEW DIMENSIONS DAY HOSPITAL 800 - 685 - 9796
Larry Flowers, MD ............................................................. 281-586-7880  
100 Medical Center Blvd., Ste. 106  
Conroe, TX 77304  
**Population Served:** Children, Adolescents, Adults  
**Types of Services:** Abuse, Anxiety, ADHD, Autism Spectrum Disorder, Chemical dependency/Substance abuse, Couples/marriage therapy, CISD, Depression, Disability evaluation/management, Eating disorder, Family therapy, Geriatrics, Group therapy, Inpatient therapy, medical illness/disease mgmt., Medication management, mood disorder, organic disorders, Pain management  
**Specialties:** Speaks Spanish

Kevin Gaffney, MD .......................................................... 281-465-4050  
9303 Pinecroft Dr., Ste. 270  
Spring, TX 77380

Sheri Gaines, MD ............................................................ 281-367-1015  
8701 New Trails Dr. #150  
The Woodlands, TX 77380  
[www.woodlandspysch.com](http://www.woodlandspysch.com)

Maria R. Garza, MD .......................................................... 713-730-2335  
1600 Lake Front Circle  
Spring, TX 77380  
**Population Served:** Preschool, Children, Adolescents, Adult

Danae Georges, MD .......................................................... 713-730-2335  
1600 Lake Front Circle  
Spring, TX 77380  
**Population Served:** Preschool, Children, Adolescents, Adult  
**Types of Services:** Abuse, Affective mood disorder, Anxiety disorder, ADHD, Chemical dependency, Eating disorders, psychotic/schizophrenic disorders

Fadi Ghanem, MD ............................................................ 281-419-1599  
27854 I-45 North  
Spring, TX 77380
Lawrence Ginsberg, MD .............................................................  281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
Population Served: Children, Adolescents and Adults
Types of Services: Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
Specialties: Psychological and neuropsychological testing, Trauma resolution for incest and abuse survivors, Psychotherapy for women's and men's issues, Therapy for eating disorders, Biofeedback, Hypnotherapy for pain control, Forensic services, Inpatient and outpatient services, Research Studies

Nilgun Girahy, MD .....................................................................  713-346-1555
4888 Loop Central Drive, Ste. 510
Houston, TX 77081

Jennings Godsy, MD ..................................................................  281-631-0081
14335 Torrey Chase Blvd., Ste. E
Houston, TX 77014
Population Served: Adults

Carlos Guerra, MD .....................................................................  713-526-4751
10609 Grant Rd. #B
Houston, TX 77070
www.cffc-online.com
Population Served: At-risk youth and their families
Types of Services: Individual Therapy, Family Therapy, School Consultation, Virtual Training, Group Counseling
Specialties: Anger Management, Grief and Loss, Social Skills Groups, Enhancing Emotional Intelligence, Newbies, Stress-management

Rafael Guerrero, MD .................................................................  281-374-8555
17207 Kuykendahl #100
Spring, TX 77379
Population Served: Adolescents, Adults, Children
Types of Services: Anxiety, ADHD, Depression, Developmental Disabilities, Geriatrics, Medical Illness/Disease mgmt., Medication management, Mood disorder, Organic Disorder, Pain Management, Psychotic/schizophrenic disorders
Specialties: Speaks Spanish
Nabil Guirguis, MD ..................................................................... 281-580-7295
14340 Torrey Chase Blvd., Ste. 160
Houston, TX 77014
Population Served: Preschool, Children, Adolescent, Adult
Types of Services: Anxiety, ADHD, Depression, Grief, Medication management, mood disorder, Obsessive compulsive disorder, Police/Fire fighters, PTSD, psychotic/schizophrenic disorders
Specialties: Speaks Arabic

Angelica Harrell, MD .................................................................. 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77301

James Heald, MD ........................................................................ 713-520-9920
22999 Highway 59 N.
Kingwood, TX 77339
Population Served: Adult
Types of Services: Abuse, Anxiety, Depression, Inpatient Therapy, Medication management, Mood disorder, PTSD, Psychotic/Schizophrenic disorders

James Heald, MD ........................................................................ 281-358-1425
2001 Ladbrook Dr.
Humble, TX 77339
Population Served: Adult
Types of Services: Abuse, Anxiety, Depression, Inpatient Therapy, Medication management, Mood disorder, PTSD, Psychotic/Schizophrenic disorders

Paul Homsy, MD ......................................................................... 832-593-8100
9539 Huffmeister Rd.
Houston, TX 77095

Terry Hugg, MD ........................................................................... 281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
Population Served: Children, Adolescents, Adults
Types of Services: Individual, family and marital psychotherapies, Group therapy
Specialties: Psychological and neuropsychological testing, Trauma resolution for incest and abuse survivors, Psychotherapy for women's and men's issues, Therapy for eating disorders, Biofeedback, Hypnotherapy for pain control, Forensic services, Inpatient and outpatient services, Research Studies, Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention
Vaidyanath Iyer, MD .................................................................. 281-465-9300
9191 Pinecroft Dr., Ste. 250
The Woodlands, TX 77380

Peter Johnson, MD ..................................................................... 281-367-8255
26203 Oak Ridge Dr.
The Woodlands, TX 77380

Lisa Joson, MD ............................................................................ 281-580-8086
14340 Torrey Chase Blvd.
Houston, TX 77014

Kara Kahan, MD ......................................................................... 713-730-2335
1600 Lake Front Circle
Spring, TX 77380
Population Served: Preschool, Children, Adolescents, Adults
Types of Services: Abuse, Affective mood disorder, Anxiety disorder, ADHD, Chemical dependency, Eating disorders

David Kaiser, MD ........................................................................ 281-367-1015
8701 New Trail Dr. #150
The Woodlands, TX 77381
Population Served: Adults, Children, Adolescents
Types of Services: Anxiety, ADHD, Depression, ECT, Medication management, Mood disorders, personality disorders, psychotic/schizophrenic disorders

David Kaiser, MD ........................................................................ 281-586-7600
17750 Cali Dr.
Houston, TX 77090
Population Served: Adults, Children, Adolescents
Types of Services: Anxiety, ADHD, Depression, ECT, Inpatient Treatment, Medication management, Mood disorders, personality disorders, psychotic/schizophrenic disorders

David Kaiser, MD ........................................................................ 281-893-7200
1120 Cypress Station Dr.
Houston, TX 77090
Population Served: Adolescents, Children, Adult
Types of Services: Anxiety, ADHD, Depression, ECT, Inpatient Treatment, Medication management, Mood disorders, personality disorders, psychotic/schizophrenic disorders

Wayne Keller MD ...................................................................... 281-586-5915
17750 Cali Dr.
Houston, TX 77090

NEW DIMENSIONS DAY HOSPITAL 800-685-9796
Wayne Keller, MD ................................................................. 281-367-1015
8701 New Trail Dr. #150
The Woodlands, TX 77381
Population Served: Adult
Types of Services: Anxiety, Depression, Inpatient therapy, Medication Management, Mood disorders, Organic Disorders, Pain Management, PTSD, Psychotic/Schizophrenic Disorders, Somatoform Disorders.

Ashok Khushalni, MD .......................................................... 281-446-9216
9810 FM 1960 Bypass Rd. West, Ste. 280
Humble, TX 77338

Marciano Limsiaco, MD .................................................. 936-295-6939
1212 12th St.
Huntsville, TX 77340

Alan Lloyd, MD ................................................................. 281-446-2414
9810 FM 1960 Bypass Rd. West, Ste. 280
Humble, TX 77338

Paul Looney, MD ................................................................. 281-367-8255
26203 Oak Ridge Dr.
The Woodlands, TX 77380
www.paullooneymd.com

Marshall Lucas, MD ............................................................. 281-367-1015
8701 New Trail Dr. #150
The Woodlands, TX 77381
Population Served: Adolescents, Adults
Types of Services: Anxiety, ADHD, Behavior Modification, Chemical Dependency/Substance abuse, Depression, Developmental Disabilities, ECT, Grief, Medication Management, Mood disorders, OCD, Personality Disorders, PTSD, Psychotic/Schizophrenic Disorders, Sleep Disorders

Alice Mao, MD ................................................................. 713-730-2335
600 Lake Front Circle
The Woodlands, TX 77381

John Marcellus, MD ............................................................. 281-465-9300
9191 Pinecroft Dr., Ste. 250
The Woodlands, TX 77380
Gregory Maze, MD ............................................................ 281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
Types of Services: Psychiatric evaluation and treatment, Addiction Evaluation and Treatment, Chemical Dependency, Crisis Intervention, Psychotherapies, Psychological and Neuropsychological Testing, Trauma Resolution, Eating Disorders, Biofeedback, Hypnotherapy, Forensic Services, Research Studies

Ryan McDonald, MD ............................................................. 281-465-4050
9303 Pinecroft Dr., Ste. 270
Spring, TX 77380

Adib Mikhail, MD ............................................................... 281-298-6682
......................................................................................... 281-537-7445
34 Leisure Lane
The Woodlands, TX 77380

Gary Miller, MD .................................................................... 281-440-6899
17115 Red Oak Drive, Suite 119
Houston, TX 77090

Vanessa Moore, MD ............................................................ 281-367-1015
......................................................................................... 832-381-2050
8701 New Trail Dr. #150
The Woodlands, TX 77381

Dan-Vy Mui, MD ................................................................. 832-631-6051
......................................................................................... 281-361-0777
9595 Six Pines Dr., Ste. 821
The Woodlands, TX 77380

Mehboob Nazarani, MD ...................................................... 713-484-5105
7324 Southwest Fwvy., #640
Houston, TX 77074

Sowmini Nithianantham, MD ................................................ 713-730-2335
1600 Lake Front Circle
Spring, TX 77380
Richard Noel, MD ....................................................................... 281-440-6899
................................................................................................... 281-363-4220
530 Wells Fargo Dr. #110
Houston, TX 77090

Victor Oderinde, MD .................................................................. 281-374-8555
17207 Kuykendahl #100
Spring, TX 77379

Richard Palmer, MD ................................................................... 281-469-2181
................................................................................................... 281-364-3503
12345 Jones Rd., Ste. 101
Houston, TX 77070

Neha Patel, MD .......................................................................... 832-593-8100
9539 Huffmeister Rd.
Houston, TX 77095

Orlando Peccora, MD ................................................................. 281-528-4226
111 Vision Park, Ste. 250
Shenandoah, TX 77384
www.addwoodlands.com
Population Served: Children, Adolescents, Adult
Specialties: Spanish Speaking, ADHD, eating disorders, substance abuse, medication management,
and the use of internet psychiatry for helping college students

Stephen Robinson, MD ............................................................... 281-419-0113
4747 Research Forest Drive
Spring, TX 77381

James Rogers, MD ...................................................................... 281-469-1787
................................................................................................... 281-852-3828
17350 State Highway 249, Ste. 358
Houston, TX 77064

Steven Rosenblatt, MD................................................................. 281-363-9996
................................................................................................... 281-812-7529
7719 Moondance Lane
Houston, TX 77071
Pradeep Roy, MD ................................................................. 281-358-4747
2330 Timber Shadows Dr., Ste. 106
Houston, TX 77066
Population Served: Preschool, Children, Adolescents, Adults, Elders
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Chemical Dependency, Eating Disorders, Schizophrenia and other Psychotic Disorders

Javier Ruiz Nazario, MD ...................................................... 281-374-8555
17207 Kuykendahl #100
Spring, TX 77379
Population Served: Children (No children under 5 years old), Adolescents, Adults, Elders
Types of Services: Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Chemical Dependency, Eating Disorders, Schizophrenia and other Psychotic Disorders

Pachie Sabuga-Chan, MD .................................................... 281-419-1599
27854 I-45 North
Spring, TX 77373

John Schoonmaker, MD ..................................................... 281-364-0155
25325 Borough Park #200
Spring, TX 77380

Jerri Sethna, MD ................................................................. 281-397-0200
17115 Red Oak #116
Houston, TX 77090

William Skiba, PhD, MD ..................................................... 281-893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
Population Served: Children, Adolescents and Adults
Types of Services: Psychiatric evaluation and treatment, Addiction medicine evaluation and treatment, Psychopharmacotherapy, Chemical dependency counseling, Crisis intervention.
Specialties: Psychological and neuropsychological testing, Trauma resolution for incest and abuse survivors, Psychotherapy for women's and men's issues, Therapy for eating disorders, Biofeedback, Hypnotherapy for pain control, Forensic services, Inpatient and outpatient services, Research Studies

Jonathan Sneed, MD .......................................................... 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77304
John Steffek, MD ........................................................................ 281-320-9797
........................................................................................... 713-306-3678
9611 Louetta Rd
Spring, TX 77379

Krishna Sunkureddi, MD ............................................................. 281-358-4633
1210 Stonehollow Dr., Ste. A
Kingwood, TX 77339
**Population Served:** Children, Adolescents, Adults, Elders
**Types of Services:** Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Chemical Dependency, Eating Disorders, Schizophrenia and other Psychotic Disorders

Sudha Tayi, MD .......................................................................... 281-359-1001
2313 Timber Shadows Dr., Ste. 200
Humble, TX 77339

Sudha Tayi, MD .......................................................................... 281-358-4747
2330 Timber Shadows Dr.
Humble, TX 77339

Fernando Torres, MD ................................................................. 281-361-6400
2001 Ladbrook Dr.
Kingwood, TX 77339
**Population Served:** Children, Adolescents, Adults, Elders
**Types of Services:** Physical and Sexual Abuse, Affective Mood Disorders, Anxiety Disorders, ADHD, Chemical Dependency, Eating Disorders, Schizophrenia and other Psychotic Disorders

Archer Tullidge, MD .................................................................... 281-290-8730
402 Florence St.
Tomball, TX 77375

Ashokkumar Vachhani, MD ........................................................ 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77301
www.kingwoodpsychiatry.com

Ashokkumar Vachhani, MD ........................................................ 936-521-6260
P.O. Box 3067
Conroe, TX 77305
www.kingwoodpsychiatry.com
Athi Venkatesh, MD ................................................................. 281-358-5701
19701 Kingwood Dr., Bldg. 3
Kingwood, TX 77339
www.kingwoodpsychiatry.com
Population Served: Children, Adolescents and Adults
Types of Services: Emotional disorders

Michael Vonpoelnitz, MD .......................................................... 973-543-6475
1605 Lake Robbins Dr.
The Woodlands, TX 77380

Kenneth Winaker, MD ........................................................... 936-521-6300
1020 Riverwood Ct., Ste. 3
Conroe, TX 77301

Kenneth Winaker, MD ........................................................... 936-521-6260
P.O. Box 3067
Conroe, TX 77305

James Wright, MD ................................................................. 281-586-0747
14340 Torrey Chase Blvd., Ste. 350
Houston, TX 77014

Robbie J. Wright, MD ............................................................ 713-730-2335
1600 Lake Front Circle
Spring, TX 77380
Population Served: Abuse (0-64), Affective mood disorder, Anxiety disorders, ADHD, Schizophrenic disorders

Donna Yi, MD ................................................................. 832-582-8268
2323 S. Shepherd, Suite #950
Houston, TX 77019
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