NEW DIMENSIONS DAY HOSPITAL

New Dimensions Day Hospital is a freestanding Psychiatric Day Hospital with locations in both the Clear Lake and The Woodlands areas of Houston, Texas. The hospital is licensed by the Texas Department of State Health Services and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. Since 1991, New Dimensions has helped individuals and families develop the tools they need to successfully cope with the difficult challenges of life.

Services

New Dimensions specializes in helping individuals and families overcome the problems associated with:

- Depression
- Trauma
- Anxiety
- Addictions
- Alcoholism
- Drug Abuse
- Obsessive Compulsive Disorders
- Bipolar Disorders
- Thoughts of Suicide
- Behavior Problems
- Anger Management

If you or someone you know is having difficulty dealing with these issues or other struggles in life, contact us at 281-333-2284 (Clear Lake) or 800-685-9796 (The Woodlands).

NEW DIMENSIONS DAY HOSPITAL (281) 333-2284
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New Dimensions Day Hospital (281)333-2284
HOW TO CHOOSE A PROVIDER

When choosing a mental health provider, it is important to match your needs with the skills, expertise and training of the provider. When seeking help, it is often useful to ask providers about their experience in working with your area of concern. While many providers work with a variety of problems, some specialize in specific areas. This catalog lists some of these specialties, but is not intended to be a definitive list of specialties and areas of expertise. The catalog is designed to be a starting point in finding a provider. Referrals from family, friends, or other trusted resources are also useful when choosing a provider. There are several different types of mental health professionals to choose from. The list below provides the most common types of mental health credentials.

** Licensed Chemical Dependency Counselor (LCDC) ** is licensed by the State of Texas to provide chemical dependency counseling. These counselors receive specialized training in the treatment of individuals and families that are trying to overcome problems related to alcohol and drug abuse. Counselors with only the LCDC are limited to providing treatment for substance abuse and are not able to provide mental health therapy.

** Licensed Clinical Social Worker (LCSW) ** is licensed by the State of Texas to provide therapy for individuals and families with mental health problems. (Some clinicians with this license are listed as LMSW or LCSW.) They typically have a minimum of a Master’s Degree in Social Work. These therapists are able to work with a variety of problems, including mental health, substance abuse, couples, and family problems.

** Licensed Marriage and Family Therapists (LMFT) ** is licensed by the State of Texas to provide marriage and family therapy. These therapists typically have a minimum of a Master’s Degree and receive specialized training in working with couples, families, and systems. These therapists are also able to work with individuals who struggle with a variety of problems, including mental health, substance abuse, couples and family problems.
Licensed Professional Counselor (LPC) is licensed by the State of Texas to provide therapy services to both individuals and families. These therapists typically have a minimum of a Master’s Degree and receive a variety of training in the treatment of mental health issues. They are able to work with a variety of problems, including mental health, substance abuse, couples and family problems.

Psychologist (PhD) is licensed by the State of Texas to provide therapy services to individuals, couples and families. They have a Doctor of Psychology. In addition to providing therapy services to people with mental health and substance abuse issues, many psychologists also provide a variety of psychological testing services.

Psychiatrist (MD) is a licensed Medical Doctor who specializes in the treatment of mental disorders. Psychiatrists are licensed to prescribe medications for their clients. While psychiatrists can provide therapy services to their clients, most focus primarily on medication management and prefer to refer their clients to other professionals for therapy.
ADVOCACY AND REFERRALS

211 ........................................................................................................... 211
Types of Services: Nationwide referral hotline sponsored by United Way

Advocacy Center for Children of Galveston County ................. (409) 741-6000
5710 Avenue S 1/2
Galveston, TX 77551
www.galvestoncac.org
Types of Services: Provides a child friendly approach and environment for evaluating child abuse in Galveston County. Provides crisis therapy, forensic interviews, medical examinations, resource referrals, crisis follow-up and community prevention programs.

Advocacy Inc. ................................................................. (713) 974-7691
1500 McGowen
Houston, TX 77004
Types of Services: Non-Profit that protects and advocates for the legal rights of people with disabilities in Texas.

Aid to Victims of Domestic Abuse ............................................ (713) 224-9911
1001 Texas, Ste. 600
Houston, TX 77002
www.avda-tx.org
Types of Services: Provides advocacy, legal representation, battering intervention and community education and outreach. Also provides group counseling for men who are abusive. Provides Battering Intervention and Prevention Programs.

Alzheimer's Association .............................................. (713) 314-1313 or (866) 266-0515
Houston and Southeast Chapter
6055 South Loop East
Houston, TX 77087
www.alz.org/texas
Types of Services: Provides information and referral, training, consultation, advocacy and support groups for families dealing with Alzheimer's.

American Cancer Society .............................................. (800) 266-2345 or 713-266-2877
6301 Richmond Ave.
Houston, TX 77057
www.cancer.org
Types of Services: Provides research, advocacy, education, and services for cancer patients and their families.
Autism Society of America ................................................................. (409) 925-1869
Texas Gulf Coast Chapter
P. O. Box 57865
Webster, TX 77598
www.autism-society.org
Types of Services: Provides counseling services and support groups.

Bay Area Alliance for Youth and Families ................................. (281) 284-0370
2145 W. Nasa Blvd.
Webster, TX 77598
www.ccisd.net/alliance
Types of Services: Community coalition made up of youth and adults speaking and acting to bring about a healthier community.

Big Brothers and Big Sisters ........................................................... (713) 271-5683
6437 High Star
Houston, TX 77074
www.bbbstx.org
Types of Services: Provides dependable adult friendship and guidance to youth.

Can Care of Houston, Inc. ................................................................. (713) 461-0028
9575 Katy Frwy., Ste. 428
Houston, TX 77024
www.cancare.org
Types of Services: Provides support for cancer survivors and their families.

Cancer Hope Network ................................................................. (877) 467-3638 or (800) 552-4366
2 North Rd., Ste. A
Chester, NJ 07930
www.cancerhopenetwork.org
Types of Services: Non-profit that provides free one-on-one emotional support to adult cancer patients, their caregivers and their families.

Career & Recovery Resources ............................................................ (713) 754-7000
2525 San Jacinto
Houston, TX 77002
www.careerandrecovery.org
Types of Services: Provides career and employment services to disadvantaged and to those challenged by barriers such as older age, illiteracy, disabilities, homelessness, lack of skills, substance abuse, and at-risk behavior.
Child Advocates Inc. .............................................................. (713) 529-1396
2401 Portsmouth, Ste. 210
Houston, TX 77098
www.childadvocates.org
Types of Services: Mobilizes court-appointed volunteers to break the cycle of child abuse.
Advocates for the children.

Children's Protective Services ............................................. (800) 252-5400
www.dfps.state.tx.us
Types of Services: Agency mandated to investigate and provide services for children who are physically or sexually abused.

Coalition for the Homeless of Houston/Harris County .......... (713) 739-7514
600 Jefferson St., Ste. 2050
Houston, TX 77002
www.homelesshouston.org
Types of Services: Educating and advocating for the needs of the homeless.

Crisis Hotline of Galveston County ...................................... (409) 741-8255
www.crisishotline.org/content/hotline-galveston.html
Types of Services: Trained phone counselors offer crisis and phone counseling for any problem or crisis.

Crisis Intervention Hotline ................................................... (713) 228-1505
Types of Services: Crisis Hotline

Crisis Intervention of Houston ...................... 713-HOTLINE or (713) 468-5463
3015 Richmond Ave.
Houston, TX 77098
www.crisishotline.org
Types of Services: 24-hour crisis hotline

Department Of Assistive & Rehabilitative Services ............. (800) 628-5115
4800 North Lamar Blvd.
Austin, TX 78756
www.dars.state.tx.us
Types of Services: State funded organization that helps individuals with disabilities develop skills they need to find work and live independently. Also makes disability determinations for the Social Security Administration.

New Dimensions Day Hospital (281)333-2284
Department of Family and Protective Services - Houston ........ (713) 394-4000

Galveston Office  Rosenberg Office  Texas City Office
5710 Ave. S 1/2  1110 Avenue G  200 Texas City Ave.,
Galveston, TX 77551  Rosenberg, TX 77471  Ste. 800
(409) 740-1110  (832) 595-3000  Texas City, TX 77590
(409) 948-3481

www.dfps.state.tx.us
Types of Services: Provides services to abused or neglected children and adults.

Fibromyalgia Association of Houston, Inc. ......................... (713) 664-0180
2343 McClendon St.
Houston, TX 77030
www.fmah.org
Types of Services: Provides support and education to people with fibromyalgia. Teaches others how to cope with the chronic pain, fatigue and depression associated with the disease. Offers a newsletter 3 times a year, free phone counseling and monthly support meetings.

Gay & Lesbian Switchboard Houston ............................. (713) 529-0037
401 Branard St.
Houston, TX 77006
www.gayswitchboardhouston.org
Types of Services: A 24-hour crisis and information hotline specifically for the gay, lesbian, bisexual and transgender community of Greater Houston.

Greater Houston Chapter Autism Society of America ........... (713) 513-7575
P. O. Box 2871
Houston, TX 77252-2871
www.houstonchapterasa.org
Types of Services: Provides advocacy information and emotional support for parents with autistic children.

Harris County Assistance Programs ..........................................
www.needhelppayingbills.com
Types of Services: Provides information on assistance programs, charity organizations, and other resources that will provide help paying bills, mortgage and debt, show how to save money, as well as provide some tips and ways to pay bills when money is tight.

Harris County District Attorney's Office.............................. (713) 755-5888
Family Criminal Law Division
www.app.dao.hctx.net
Types of Services: Family Criminal Law Division of Harris County
Harris County Sheriff’s Office ................................. (713) 967-5743
Domestic Violence Unit
www.home.jims.hctx.net/CVictim/len.aspx
Types of Services: Provides assistance in times of domestic problems. Provides list of resources for counseling for mental health or substance abuse and list of shelters for those affected by domestic violence.

Healthcare for the Homeless, Houston .................. (713) 276-3073
3701 Kirby, Ste. #600
Houston, TX 77098
www.homeless-healthcare.org
Types of Services: Promotes health, hope and dignity for Houston’s homeless through accessible and comprehensive care.

Heart Education Advocacy Resource Team ........... (281) 731-7964
2323 Clear Lake City Blvd., Ste. 108-309
Houston, TX 77062
www.heartadvocates.com
Types of Services: Helps parents navigate through the special education process, educate parents on their children’s rights, and assist parents in obtaining individualized, appropriate educational programming for their children.

Houston Center for Independent Living .................. (713) 974-4621
Houston Center
6201 Bonhomme Rd., Ste. 150 South
Houston, TX 77036

Brazoria County Center
1104-D E. Mulberry
Angleton, TX 77515
(888) 872-7957
www.hcil.cc
Types of Services: Provides information and referral, peer support, advocacy, training, and coordination of services for individuals with disabilities.

Houston Food Bank ................................................. (713) 223-3700
535 Portwall St.
Houston, TX 77029
www.houstonfoodbank.org
Types of Services: Gives aid to Houston’s hungry, homeless, unemployed and all others in need of food assistance through food drives, TANF, and volunteers.

Houston Police Department ................................. (713) 308-1100
Domestic Violence Unit
www.houstontx.gov/police/fvu/index.htm
Types of Services: Provides support and counseling to victims of domestic abuse.

New Dimensions Day Hospital (281) 333-2284
Innovative Alternatives, Inc. .................................................... (713) 222-2525
1335 Regents Park Dr. Building II, Ste. 240
Houston, TX 77058
www.innovativealternatives.org
Types of Services: Provides employee wellness and business enhancement for companies
experiencing change, growth or distress, reconciliation for families in conflict, healing and direction
for individuals facing tragic and/or life changing events.

Interfaith Caring Ministries .................................................... (281) 332-3881
151 Park Avenue
League City, TX 77573
www.icmtx.org
Types of Services: Interfaith Caring Ministries (ICM) assists southern Harris and northern Galveston
County, Texas, residents, who have a documented financial crisis.

Mental Health America of Greater Houston ......................... (713) 523-8963
2211 Norfolk, Ste. 810
Houston, TX 77098
www.mhahouston.org
Types of Services: Mental health education and advocacy organization focused on shaping the
mental health of people and communities in the areas of children and education, integrated care,
chronic illnesses, women, veterans and aging. Provides services to mentally ill through education
and advocacy.

Military OneSource .................................................. (800) 342-9647 or (877) 888-0727
www.militaryonesource.mil
Types of Services: Offers specialized information and referral for military personnel and their
families. Mental Health Counseling - Provides a referral for six sessions per issue to professional
civilian counselors at no cost to service members and family members. Specialized Information and
Referral - Provides information and referral for issues such as child care, education, financial and
legal concerns, health care, work concerns, and deployment-related issues.

Money Management International ........................................ (713) 923-2227
14141 Southwest Frwy., Ste. 1000
Sugar Land, TX 77478
www.moneymanagement.org
Types of Services: Debt counseling

NAMI Greater Houston .................................................... (713) 970-4419
www.namigreaterhouston.org
Types of Services: Promotes the development of community mental health programs and services,
improved access to services, increased opportunities for recovery, reduced stigma and
discrimination and increased public understanding of mental illness.
National Domestic Violence Hotline ............................... (800) 799-7233
www.thehotline.org
Types of Services: Domestic Violence Resources

National Runaway Safeline ......................... (800) 786-2929 or (800) 392-3352
www.1800runaway.org
Types of Services: Crisis Hotline for teens thinking about running away from home or for runaways ready to go home.

National Suicide Prevention Lifeline .......... (800) 784-2433 or (800) 273-8255
www.suicidepreventionlifeline.org
Types of Services: Crisis Hotline to help callers find reasons for living. Also serves as a resource for veterans in crisis.

National Teen Dating Abuse Helpline ..................... (866) 331-9474
www.loveisrespect.org
Types of Services: Referrals to teens affected by dating abuse

Neighborhood Centers Inc. - Senior Center ...................... (281) 282-6073
1300-A Bay Area Blvd., Ste. 109
Houston, TX 77058
www.iamforgood.org
Types of Services: Provides seniors a place to gather, have activities, receive hot meals and nutrition counseling.

Rape, Abuse & Incest National Network ...................... (800) 656-HOPE (4673)
RAINN - National Sexual Assault Hotline
1220 L Street, NW, Ste. 505
Washington, DC 20005
www.rainn.org
Types of Services: RAINN operates the National Sexual Assault Hotline and online hotline (online.rainn.org) in partnership with more than 1,100 local rape crisis centers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help victims and ensure that rapists are brought to justice.
Resource and Crisis Center .......................... (409) 763-1441 or (409) 465-7233 of Galveston County
1802 Broadway, Ste. 122
Galveston, TX 77550
www.rccgc.org
Types of Services: Provides safety to victims of family and sexual violence and assists with legal protection through protective orders, safety planning and safe shelter. Provides emotional support, comfort and empowerment through support groups, case management, medical and court accompaniment. Provides for the best interest of children in foster care through CASA (Court Appointed Special Advocates), a volunteer driven program that advocates for the right of every child to have protection, safety, and a childhood. Advocates on behalf of clients through services, resources, and life planning strategies. Provides information on the cycle of violence, educating individuals and groups, collaborating with other agencies, and motivating others to assist towards prevention.

Salvation Army - Pasadena Corps ................................. (713) 378-0020
2732 Cherrybrook Ln.
Pasadena, TX 77502
www.salvationarmyhouston.org/Pasadena
Types of Services: Provides social services, financial assistance, and a food pantry for the working poor, youth character-building and sports programs, daily meals, social and recreational activities for seniors.

Salvation Army - Social Services ...................................... (713) 658-9205
2208 Main St.
Houston, TX 77002
www.salvationarmyhouston.org/social-services
Types of Services: Provides temporary emergency assistance to individuals and families. Provides rent, mortgage, water bill, food, and clothing assistance to qualified adults.

Teen Crisis Hotline ......................................................... 713-529-TEEN
3701 Kirby Dr., Ste. 540
Houston, TX 77098
www.crisishotline.org
Types of Services: 24-hour crisis hotline for teens to talk about their problems with other teens who are trained to help.

Texas Advocacy Project ............................... (800) 374-HOPE or (512) 476-5377
1524 S IH-35, Box 19
Austin, TX 78704
www.texasadvocacyproject.org
Types of Services: The Texas Advocacy Project offers free legal services statewide to victims of domestic abuse, sexual assault, and stalking. The program files emergency protective orders, safety plan development, and referrals for shelter locations. Also advocates for victims of teen dating violence.
Texas Crime Victims Compensation Fund .......................... (800) 983-9933
P. O. Box 12198
Austin, TX 78773
www.texasattorneygeneral.gov/victims
Types of Services: Helps innocent victims and their families when they have no financial means to pay for the cost of a crime. Provides funds for counseling.

Texas Department of Aging and Disability Services (DADS) ..........................

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<tr>
<th>Brazoria County</th>
<th>Galveston County</th>
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<tr>
<td>794 S. Brazos Port Blvd.</td>
<td>123 Rosenberg</td>
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<td>Clute, TX 77531</td>
<td>Galveston, TX 77550</td>
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<td>(800) 500-4266</td>
<td>(800) 881-3006</td>
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<tr>
<td>(713) 692-1635</td>
<td>(409) 763-0277</td>
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www.dads.state.tx.usservices/contact.cfm
Types of Services: Provides hospice, adult day care, nursing homes, general community, senior citizens' services, home health agency, and disability services referral information.

Texas Youth & Runaway Hotline ................................. (800) 989-6884
www.dfps.state.tx.usyouth_hotline
Types of Services: Provides prevention services to youth, parents, siblings, and other family members who are in need of a caring voice and listening ear.

The Bread of Life, Inc. ............................................. (713) 650-0595
1703 Gray St.
Houston, TX 77003
www.breadoflifeinc.org
Types of Services: Provides assistance to the homeless, those with AIDS, and the hungry by providing a transitional living facility for men with substance abuse, serving breakfast and lunch for the homeless each day, aiding with rent and bill payment, and by hosting free HIV testing and prevention programs.

The Medicine Program ............................................ (573) 996-7300
P. O. Box 515
Doniphan, MO 63935-0515
www.themedicineprogram.com
Types of Services: The Medicine Program is a patient advocacy organization helping individuals and families all across America get access to up to 2,500 prescription medications available today for free or nearly free of charge through Patient Assistance Programs (PAPs).

New Dimensions Day Hospital  (281) 333-2284
United Way Information and Referral ........................................ (281) 282-6000
1300-A Bay Area Blvd., Bldg. A
Houston, TX 77058
www.referral.uwtgc.org
Types of Services: Information and referral resources for basic needs, consumer services, criminal justice and legal services, education, health care, mental health care and counseling and disaster services.

Worksource Solutions ....................................................... (888) 469-JOBS or (888) 469-5627
See Site For Locations
www.theworksource.org
Types of Services: Helps individuals find jobs.

YMCA Young Men's Christian Association ................................. (713) 643-4396
of Greater Houston
7903 South Loop East
Houston, TX 77012
www.ymcahouston.org
Types of Services: Provides activities for adolescents and adults.

EDUCATION

Bay Area Speech and Language ............................................. (281) 480-7554 ext. 2733
17555 El Camino Real
Houston, TX 77058
www.bayareaspeechlanguagelearningassociates.com
Types of Services: Speech Language Pathologist for children, adolescents, and adults

Bay Area Tutoring and Reading Clinic ...................................... (281) 488-4431
16815 Royal Crest, Ste. 110
Houston, TX 77058
www.bataclinics.com
Types of Services: Provides tutoring for kindergarten through college.

Space City Tutoring and Learning Center, LLC .......................... (713) 408-3703
16302 Sea Lark Rd., Ste. C
Houston, TX 77062
www.spacecitytutors.com
Types of Services: Tutoring and Learning Center for students from kindergarten to 12th grade.

New Dimensions Day Hospital (281) 333-2284
HIV/AIDS RESOURCES

AIDS Foundation Houston, Inc. ..................................................  (713) 623-6796
6260 Westpark Dr., Ste. 100
Houston, TX 77057
www.aidshelp.org
Types of Services: Provides services to people with HIV/AIDS including prevention, outreach, housing, food assistance, and employment resources.

Bering Omega Community Services .................................  (713) 529-6071
1429 Hawthorne St.
Houston, TX 77006
www.beringomega.org
Types of Services: Provides services to people with HIV/AIDS including prevention, outreach, dental care, adult day care, financial assistance, residential hospice, and counseling.

Brentwood Community Foundation ..................................  (713) 852-1452
13033 Landmark St.
Houston, TX 77045
www.brentwoodfoundation.org
Types of Services: Provides services for people living with HIV/AIDS.

RESIDENTIAL TREATMENT AND HOSPITALS

Alcohol/Drug Abuse Women’s Center .................................  (409) 763-5516
201 1st St. Main Office
Galveston, TX 77550 712 5th Avenue N
www.adawomenscenter.org Texas City, TX 77590
Types of Services: Provides chemical dependency treatment for medically indigent women in Galveston and Brazoria Counties.

American Addiction Centers ...........................................  (888) 300-3332
115 East Park Dr., 2nd Flr.
Brentwood, TN 37027
www.americanaddictioncenters.com
Types of Services: American Addiction Centers is a national behavioral healthcare provider focused on addiction treatment and rehabilitation. Six residential treatment centers located throughout the United States with a program focused on addressing the individual’s whole lifestyle in relation to substance abuse, alcohol and binge eating. These programs are 12-step based and also address dual diagnosis.

New Dimensions Day Hospital  (281)333-2284
Aspen Education Group ...........................................................  (888) 972-7736
20400 Stevens Creek Blvd., 6th Flr.
Cupertino, CA 95014
www.aspeneducation.crchealth.com
Types of Services: Services range from short-term intervention programs to residential treatment, and include a variety of therapeutic interventions including: boarding schools, wilderness therapy, residential treatment, and summer camp. Programs serve children, teenagers and young adults.

Austin Recovery .................................................................  (800) 373-2081
8402 Cross Park Dr.
Austin, TX 78754
www.austinrecovery.org
Types of Services: Provides residential chemical dependency treatment for adults.

Barbara Jordan Healthcare Center ..............................  (713) 331-2611
(Riverside General Hospital)
4514 Lyons Ave.
Houston, TX 77020
www.riversidegeneralhospital.org
Types of Services: Provides outreach, screening, assessment and referral services for substance abuse issues for adults and teens.

Bay Area Recovery Center .............................................  (281) 337-1343
4316 Washington St.
Dickinson, TX 77539
www.bayarearecovery.com
Types of Services: Provides Detox, Inpatient, Partial Hospitalization and Outpatient treatment for adults with substance abuse issues. Several locations throughout the Houston area.

Behavioral Hospital of Bellaire ............................  (713) 600-9500 or 800-423-0017
5314 Dashwood Dr.
Houston, TX 77081
www.bhbhospital.com
Types of Services: Psychiatric hospital and alcohol & drug rehab center offering mental health counseling services and chemical dependency programs to adolescents, adults and seniors.

Ben Taub Hospital ...........................................................  (713) 873-2000
1504 Taub Loop
Houston, TX 77030
www.harrishealth.org
Types of Services: Psychiatric Crisis Services
Benchmark Recovery Center ....................... (866) 905-4550 or (512) 278-4550
11503 Parsons Rd.
Manor, TX 78653
www.benchmarkcenter.com
Types of Services: Adult male residential drug and alcohol recovery for a minimum stay of 90 days. Private pay.

Brazoria County Youth Homes, Inc. .......................... (979) 233-7281
3315 FM 523 Rd.
Freeport, TX 77541
www.thechildrenscenterinc.org
Types of Services: Provides residential care for children ages 7-18 who have been abandoned or neglected.

Brazos Place ................................................................. (979) 233-3826
1103 North Avenue H
Freeport, TX 77541
www.brazosplace.org
Types of Services: Provides residence for medically stable adults recovering from alcohol and drug addiction. The program is a transitional residential program that assists clients in continual treatment after discharge.

BrookHaven Retreat ................................................... (877) 817-3422
1016 I.C. King Rd.
Sevierville, TN 37865
www.brookhavenretreat.com
Types of Services: Residential treatment facility specially designed to help women overcome emotional or addiction challenges.

Burke Center ..................................................... Crisis Line: 800-392-8343 or (936) 639-1141
2001 South Medford Dr.
Lufkin, TX 75901
www.burke-center.org
Types of Services: Provides substance abuse services to adolescents and adults. Services include sub-acute detox (adults only), residential and outpatient treatment and family services.

Burning Tree Recovery Ranch ................................. (866) 287-2877
P. O. Box 757
Kaufman, TX 75142
www.burningtreeranch.com
Types of Services: Provides long term residential treatment for adults with alcohol and drug abuse issues.
Cambridge Hospital .................................................................  (713) 795-5025
7601 Fannin
Houston, TX 77054
www.cambridgehospitalhouston.com
Types of Services: Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.

Capstone Treatment Center ....................................................  (866) 729-4479
P. O. Box 8241
Searcy, AR 72145
www.capstonetreatmentcenter.com
Types of Services: Capstone Treatment Center is a licensed residential program for young adult and adolescent males; young adults 18-24 and adolescents 14-17, who struggle with chemical dependency, substance abuse, sexual addiction / compulsivity, trauma, family conflict, and personal problems including: loss, abandonment, attachment issues, hurts, anger, abuse, depression, low self-esteem, defiance and a rebellious attitude.

Cedar Crest Hospital ...................................  (855) 875-5051 or (254) 939-2100
3500 S. IH-35
Belton, TX 76513
www.cedarcresthospital.com
Types of Services: Inpatient psychiatric services for adults, military personnel, senior adults, adolescents and children; residential treatment center for adolescents; partial hospitalization program for adolescents and children.

Cenikor Foundation ........................................  888-236-4567 or 281-476-0088
4525 Glenwood Ave.
Deer Park, TX 77536
www.cenikor.org
Types of Services: Provides residential chemical dependency treatment for adults.

Center for Change .......................................................  888-224-8250 or (801) 224-8255
1790 North State St.
Orem, UT 84057
www.centerforchange.com
Types of Services: Inpatient and residential treatment for eating disorders: anorexia, bulimia and binge eating. TRICARE certified.
Centers for Adolescent Recovery ............................................. (210) 865-0763
& Education CARE Schools
747 East St. George Blvd.
St. George, UT 84770
www.careschools.org
Types of Services: Provides adolescent recovery & education programs in residential settings.
Provides mental health services to adolescents ages 12-17.

Christus New Horizons Center ................................. (409) 765-1479
728 Church St.
Galveston, TX 77550
Types of Services: Provides mental health and substance abuse residential services to adults.

Chrysalis School ...........................(888) 317-9297 or (406) 889-5577
77 Trails End Rd.
Eureka, Montana 59917
www.chrysalisschoolmontana.com
Types of Services: Therapeutic boarding school for adolescent girls ages 13-18. Chrysalis staff
provide residential living and therapy to help girls develop healthy coping, living, communication
and interpersonal skills.

Comprehensive Psychiatric Emergency ....... (713) 970-7070 or (713) 970-4640
Program of MHMRA
1502 Taub Loop
Houston, TX 77030
www.mhmraharris.org
Types of Services: Crisis and emergency center that is open 24 hours a day, 7 days a week. It is the
main public mental health emergency program in Harris County. Serves children, adolescents and
adults.

Covenant House ................................................................. (713) 523-2231
1111 Lovett Blvd.
Houston, TX 77006
www.covenanthouse.org
Types of Services: Provides shelter for homeless, abused and abandoned youth ages 18-20.
Services include a crisis shelter, free medical care, comprehensive case management, mental
health and substance abuse counseling, educational and vocational training, life skills training, a
transitional living program, a permanent housing program, spiritual guidance and counseling, street
outreach services, a runaway prevention program and an after-care program.
Cypress Creek Hospital ............................................................ (281) 586-7600
17750 Cali Dr.
Houston, TX 77090
www.cypresscreekhospital.com
Types of Services: Provides short term hospitalization for adults and adolescents with psychiatric and substance abuse issues.

Devereux Hospital ................................................................... (281) 335-1000
1150 Devereux Dr.
League City, TX 77573
www.devereuxtx.org
Types of Services: Specializes in the treatment of children, adolescents and adults experiencing a wide-range of intellectual, emotional and developmental challenges through a variety of services including hospitalization, residential, and outpatient programs. Long-term residential and foster care programs available.

Extended Aftercare, Inc. ............................. (866) 912-0315 or (713) 695-8403
5002 North Shepherd Dr.
Houston, TX 77018
www.extended-aftercare.com
Types of Services: Provides residential treatment for adult male substance abusers. Provides a 90 day Level III chemical dependency residential treatment facility for adult males.

Falcon Ridge Ranch .................................................................. (435) 635-5260
633 East Highway 9
Virgin, UT 84779
www.falconridgeranch.com
Types of Services: Falcon Ridge Ranch is a residential treatment center for adolescent females ages 12-17 who are experiencing emotional and behavioral problems. Falcon Ridge features equine therapy that is fully integrated into everything that goes on at the ranch.

Harris County Psychiatric Center  ............................................. (713) 741-5000
2800 South MacGregor Way
Houston, TX 77021
www.hcpc.uth.tmc.edu/index.htm
Types of Services: Provides psychiatric inpatient and outpatient treatment for children, adolescents and adults.

Hazelden ................................................................................. (800) 257-7810
P. O. Box 11
Center City, MN 55012
www.hazelden.org
Types of Services: Provides residential substance abuse treatment.

New Dimensions Day Hospital (281) 333-2284
Hope Foundation for Retarded Children Inc. ............................. (281) 482-7926
15403 Hope Village Rd.
Friendswood, TX 77546
www.hope-village.com
Types of Services: Provides a residence and services for mentally handicapped children and adults.

House of Extra Measures - Men .............................................. (832) 439-8171
240 West 23rd St.
Houston, TX 77008
www.thehouseofextrameasures.com
Types of Services: Provides supportive programming and structured communal living for men ages 18 - 30 who are newly recovering from addiction.

House of Extra Measures - Women ......................................... (832) 656-7296
803 Bayland Ave.
Houston, TX 77009
www.thehouseofextrameasures.com
Types of Services: Provides structured communal living for women aged 19 and older who are newly recovering from addiction.

Houston Eating Disorders Center ............................................ (713) 750-9607
701 North Post Oak Rd., Ste. 205
Houston, TX 77024
www.hustonedc.com
Types of Services: Provides partial day hospital, intensive outpatient and outpatient treatment for eating disorders.

Houston Recovery Center (Sobering Center) ............................. (713) 236-7800
150 North Chenevert St., Ste. 100
Houston, TX 77002
www.houstonrecoverycenter.org
Types of Services: Provides counseling, assessments, and referrals to treatment for people arrested for public intoxication.

InnerChange ................................................................. (888) 892-1298
www.innerchange.com
Types of Services: InnerChange provides educational, treatment, and recovery programs for adolescents and young adults experiencing emotional or behavioral difficulties. Residential treatment and transitional living programs are clinically sophisticated and designed to facilitate whole-family healing.
IntraCare North Hospital - North ............................................. (281) 893-7200
1120 Cypress Station Dr.
Houston, TX 77090
www.intracarehospital.com
Types of Services: Provides short term hospitalization for adults, adolescents and children with psychiatric and substance abuse issues.

Kingwood Pines Hospital ......................................................... (281) 404-1001
2001 Ladbrook Dr.
Kingwood, TX 77339
www.kingwoodpines.com
Types of Services: Provides inpatient psychiatric programs for children, adolescents, adults, and seniors. Provides chemical dependency treatment for adults. Provides partial intensive outpatient programs for adolescents and adults.

La Hacienda Treatment Center ................................................ (800) 749-6160
P. O. Box 1
Hunt, TX 78024
www.lahacienda.com
Types of Services: Provides medical detoxification and residential substance abuse services for young adults (18-24) and adults. Services include treatment for co-occurring disorders.

Lava Heights Academy .................................................. (866) 452-8772 or (435) 635-0300
730 Spring Dr.
Toquerville, UT 84774
www.lavaheightsacademy.com
Types of Services: An evidence-based residential treatment center for troubled teens, both boys and girls ages 12 to 18, who are struggling with personal identity issues that are causing significant problems in other areas of their lives.

Lifeskills Of Boca Raton ................................................ (800) 749-7149
7700 West Camino Real, Ste. 100
Boca Raton, FL 33433
www.lifeskillsboca.com
Types of Services: Provides comprehensive extended care residential treatment for substance abuse and co-occurring disorders.

Magnificat Houses .......................................................... (713) 520-0461
3300 Caroline St.
Houston, TX 77004
www.magnificathousesinc.org
Types of Services: Provides community residences for mentally ill, adults with HIV, homeless adults and children, addicts, and abused women.

New Dimensions Day Hospital (281)333-2284
Mainland Center Hospital - Institute for Living ........................ (409) 938-5474
6801 Emmett F. Lowry Expwy
Texas City, TX 77591
www.mainlandmedical.com/service/senior-mental-health
Types of Services: Provides geriatric psychiatric services.

Memorial Hermann ................................. (713) 939-7272 or (877) 464-7272
Prevention and Recovery Center (PaRC)
3043 N. Gessner
Houston, TX 77080
www.parc.memorialhermann.org
Types of Services: Provides adult and adolescent chemical dependency detoxification and
treatment along with inpatient, residential, partial day, intensive outpatient treatment and
aftercare programs using a 12 Step model.

Menninger Clinic ................................. (800) 351-9058 or 713-275-5000
12301 South Main St.
Houston, TX 77035
www.MenningerClinic.com
Types of Services: Provides inpatient treatment for adolescents and adults with complex mental
illness including severe mood, personality, anxiety and addictive disorders.

Meridell Achievement Center ............................... (800) 366-8656
12550 Highway 29
Liberty Hill, TX 78642
www.meridell.com
Types of Services: Provides psychiatry and neuropsychiatry for children ages 5-11 and adolescents
ages 12-17.

Methodist Hospital ............................................................ (713) 790-3599
6565 Fannin
Houston, TX 77030
www.bcm.edu/psychiatry
Types of Services: Provides inpatient and partial day psychiatric services for adults.

Mount Pleasant Academy ......................... (866) 439-8110 or (801) 899-4111
1100 South 70 West
Mt. Pleasant, UT 84647
www.mtpleasantacademy.com
Types of Services: Residential treatment program designed to assist adolescent troubled boys and
their families who are struggling with compulsive sexual behaviors, sensitive sexual issues, and/or
electronic addictions.

New Dimensions Day Hospital (281) 333-2284
NeuroPsychiatric Center (NPC) ................................................ (713) 970-4640
1502 Taub Loop
Houston, TX 77030
www.mhmraharris.org/neuro-psychiatric-center.asp
**Types of Services:** Provides crisis and emergency care for children, adolescents and adults with mental health emergencies, 24 hours a day, 7 days a week, regardless of an individual’s ability to pay.

New Dimensions Day Hospital ................................................. (281) 333-2284
1345 Space Park Dr., Ste. C
Houston, TX 77058
www.newdimensionsdayhospital.com
**Types of Services:** New Dimensions specializes in providing Partial Day and Intensive Outpatient Treatment for adults and adolescents 13 years of age and older. Provides behavioral health and substance abuse programs designed to help individuals and families develop the skills they need to cope with depression, anxiety, trauma, addictions, chemical dependency issues, and behavioral problems. A multi-disciplinary team assists individuals in identifying the root causes of their problems and in implementing strategies to overcome those problems and develop healthy lifestyles.

New Haven ................................................................. (888) 317-3958 or (801) 794-1218
Residential Treatment Center
2172 E. 7200 South
Spanish Fork, UT 84660
**Types of Services:** Provides residential treatment and a boarding school for teen girls ages 12-18.

Northbound Treatment Centers .............................................. (866) 538-4356
*Newport Beach, CA (Intake)*
4343 Von Karman Ave., Ste. 100
Newport Beach, CA 92660-5950
(949) 650-4334
www.livingsober.com
*St. Louis, MO (Intake)*
333 South Kirkwood Rd., Ste. 303
Kirkwood, MO 63122
(866) 319-2301
**Types of Services:** Residential program offering residential detox and treatment for adult men and women suffering from drug addiction. Accepts major insurance plans.

Oakley School  ............................................................. (855) 842-5594 or (435) 783-5001
251 West Weber Canyon Rd.
Oakley, UT 84055
www.oakley-school.com
**Types of Services:** Residential treatment center that provides high school aged males and females with a college preparatory environment. Students have begun treatment in other settings but are struggling with issues such as depression, anxiety, unrealistic self-image, unresolved trauma and/or family conflict.
Odyssey House ................................................................. (713) 726-0922
5629 Grapevine St.
Houston, TX 77085
www.odysseyhousetexas.com
Types of Services: Provides long-term residential treatment on sliding scale for chemically
dependent adolescents (ages 13-17).

Open Door Mission ............................................................ (713) 921-7520
5803 Harrisburg Blvd.
Houston, TX 77011
www.opendoorhouston.org
Types of Services: A faith and evidence based recovery and rehabilitation facility dedicated to
transforming the lives of the most severely addicted, destitute, homeless and disabled men in the
Houston community.

Origins Recovery Centers .......... (956) 772-9200 or Toll Free: (888) 843-8935
4610 Padre Blvd.
South Padre Island, TX 78597
www.originsrecovery.com
Types of Services: Provides long-term residential inpatient treatment for adults with needs for
addiction treatment and co-occurring disorders of mental illness and chemical dependency.

Pasadena Villa .............................................................. (877) 845-5235 or (407) 246-0887
Network of Services
Smokey Mountain Lodge Pasadena Villa - Orlando
3889 Wonderland Ln. 119 Pasadena Pl.
Sevierville, TN 37862 Orlando, FL 32803
www.pasadenavilla.com
Types of Services: Provides individualized psychiatric and psychotherapeutic care for adults who
suffer with severe and persistent mental illness.

Passages for Women ................................................................. (713) 957-4910
7722 Westview Dr.
Houston, TX 77055-5029
Types of Services: Provides residential treatment for women who have completed their primary
treatment for alcoholism and chemical dependency.
Pathway to Recovery - Men ..................................................... (888) 300-3697
LaMarque Facility .................................................................
2119 Oak St. 
La Marque, TX 77568 
Phone: (409) 933-4366 
Phone: (409) 938-7736 
www.pathwaytorecovery.com
Types of Services: Provides residential services, partial day treatment, intensive outpatient, and supportive outpatient and aftercare for drug addiction and alcoholism.

Pathway to Recovery - Women ............................................... (888) 300-3697
1224 Linton Dr. 
La Marque, TX 77568 
www.pathwaytorecovery.com/womensrehabtexas.php
Types of Services: Provides inpatient, residential treatment, partial hospitalization, intensive outpatient, supportive outpatient and aftercare for adult women who are addicted to alcohol, illegal drugs, or prescription medication. Also accepts females with co-occurring disorders.

Pavillon International ........................................... (800) 392-4808 Admissions
241 Pavillon Pl. 
Mill Spring, NC 28756 
www.pavillon.org
Types of Services: Residential treatment center for chemical dependency for adults.

Phoenix House ................................................................. (888) 286-5027 or (877) 769-9698
501 Garden Oaks Blvd 
Houston, TX 77018 
www.phoenixhouse.org
Types of Services: Offers intensive and supportive outpatient services for adolescents and adults struggling with substance abuse and co-occurring disorders.

Pride Institute ................................................................. (800) 54-PRIDE or (800) 547-7433
www.pride-institute.com
Types of Services: Provides residential substance abuse and psychiatric treatment for gay, lesbian, bisexual and transgender patients. Provides treatment for sexual compulsivity and sexual anorexia.

Recovering Matters - Men ..................................................... (713) 750-9908
1640 Oak Tree Dr. 
Houston, TX 77080 
www.recoveringmatters.com
Types of Services: Structured residential sober living for young men ages 18-40.
Recovering Matters - Women ................................................................. (713) 750-9908
15702 Australia St.
Jersey Village, TX 77040
www.recoveringmatters.com
Types of Services: Structured residential sober living for women ages 18+.

Red Rock Canyon School .............................. (800) 635-4441 or (435) 673-6111
747 East St. George Blvd.
St. George, UT 84770
(877) 705-7831
www.redrockcanyonschool.com
Types of Services: Residential treatment centers for teens - boys and girls - with emotional and behavioral problems.

Remuda Ranch ................................................... (866) 390-5100 or (800) 445-1900
1 E Apache St.
Wickenburg, AZ 85390
www.remudaranch.com
Types of Services: Residential hospital program for adolescent girls (ages 8-17) and adult women (ages 18+) suffering from eating disorders including anorexia, bulimia, binge eating disorder, obesity and compulsive overeating.

Resolution Ranch ........................................................................ (254) 718-3364
2274 County Rd., Ste. 203
Cameron, TX 76520
www.resolutionranch.com
Types of Services: Therapeutic residential boarding school providing treatment for mental/emotional/behavioral problems and chemical dependency issues for boys ages 13 - 17.

Richmond State School ............................... (281) 232-2075 or (281) 344-4335
2100 Preston St.
Richmond, TX 77469
www.dads.state.tx.us/services/SSLC/richmond.html
Types of Services: Provides residential care, treatment, and training for mentally retarded persons.

Salvation Army - Evangeline Booth Garden Apartments .......... (713) 920-1844
2627 Cherrybrook Ln.
Pasadena, TX 77502
www.salvationarmyhouston.org/EvangelineBooth
Types of Services: Provides the elderly with safe, affordable housing to enrich their overall quality of life.

New Dimensions Day Hospital (281) 333-2284
Salvation Army - Harbor Light Center ................................. (713) 224-2875
2407 North Main
Houston, TX 77009
www.salvationarmyhouston.org/HarborLight
Types of Services: Provides a comprehensive response to the increasing needs of Houston’s
homeless and addicted men. Offers access to immediate and long-term shelter, medical screening
and referral, and a spiritual approach to recovery and self-sufficiency.

Salvation Army - Sally's House ............................................. (713) 223-8889
1717 Congress Ave.
Houston, TX 77002
www.salvationarmyhouston.org/sallyshouse
Types of Services: A transitional shelter for single women who have already completed an
alcohol/drug detoxification program. Provides a safe and compassionate environment for the next
phase of their recovery.

San Jacinto Methodist Hospital ........................................ (281) 420-6736
4401 Garth Rd.
Baytown, TX 77521
www.methodisthealth.com
Types of Services: Provides psychiatric and chemical dependency detoxification and treatment for
adults.

San Marcos Treatment Center .......................................... (800) 848-9090
120 Bert Brown Rd.
San Marcos, TX 78666
www.sanmarcostc.com
Types of Services: Provides short, intermediate, and long-term residential treatment programs for
adolescent boys and girls ages 8 through 18 years who are developmentally delayed, have
neuropsychiatric/neurodevelopmental or psychiatric problems or sexual behavior problems.

Santa Maria Hostel, Inc. - Jacquelyn House ...................... (713) 957-2413
2005 Jacquelyn Dr.
Houston, TX 77055
www.santamariahostel.org
Types of Services: Provides residential services for women and their children for substance abuse
and mental health.

Santa Maria's Bonita House .............................................. (713) 691-0900
2605 Parker Rd.
Houston, TX 77093
www.santamariahostel.org
Types of Services: Provides housing, supportive services, and substance abuse treatment for
women.

New Dimensions Day Hospital (281) 333-2284
Sante Center for Healing .........................................................  (800) 258-4250
914 Country Club Rd.
Argyle, TX 76226
www.santecenter.com

Serenity House Drug & Alcohol Treatment ..............................  (866) 795-4673
150 Orange St.
Abilene, TX 79601
www.serenitytexas.com
Types of Services: Serenity House provides three drug and alcohol treatment facilities in Texas for adolescents and adults. Services include residential treatment, outpatient treatment, family services and bridges program for youth.

Shades of Hope ........................................................................  (800) 588-4673
P. O. Box 639
Buffalo Gap, TX 79508
www.shadesofhope.com
Types of Services: Residential and outpatient treatment for eating disorders for male and female adults.

Shiloh Treatment Center ..........................................................  (281) 489-1290
3926 Bahler Ave.
Manvel, TX 77578
www.shilohtreatmentcenter.com
Types of Services: Provides outpatient, day treatment, and residential services to children and youth with behavioral and emotional problems that pose a danger to themselves and others.

Sierra Tucson ...........................................................................  (855) 373-7752
39580 South Lago del Oro Pkwy.
Tucson, AZ 85739
www.sierratucson.crchealth.com
Types of Services: Provides residential treatment for adult addictions, depression, anxiety, trauma, eating disorders, chronic pain and co-occurring disorders.

Sober Living America .............................................................  (404) 634-4974
2530 Peachwood Cir., Ste. 4
Atlanta, GA 30345
www.soberlivingamerica.org
Types of Services: Provides residential substance abuse recovery services with communities in Atlanta, Charlotte, Houston and Dallas.

New Dimensions Day Hospital  (281) 333-2284
Sovereign Health Group .............................  (866) 629-0442 or (949) 369-1300
1211 Puerta Del Sol, Ste. 280
San Clemente, CA 92673
www.sovcal.com
Types of Services: Offers residential treatment programs for detoxification, dual diagnosis treatment, mental health treatment, eating disorders treatment, and Sovereign Academy for adolescents and adults.

St. Joseph's Hospital .............................................  (713) 657-7270 Outpatient
............................................................................ (713) 757-7512 Inpatient
1404 St. Joseph Pkwy.
Houston, TX 77002
www.sjmctx.com
Types of Services: Provides inpatient and outpatient psychiatric services for adults.

Star of Hope Mission ...............................................................  (713) 748-0700
6897 Ardmore St.
Houston, TX 77054
www.sohmission.org
Types of Services: Homeless shelter for men, women and children. Structured programs focus on spiritual growth, education, employment, life management and recovery from substance abuse.

Starlite Recovery Center .............................  (800) 292-0148 or (866) 220-1626
230 Mesa Verde Dr. East
Center Point, TX 78010
www.starliterecovery.com
Types of Services: Provides residential chemical dependency treatment for adults and adolescents.

Summer Sky Inc. ..........................................................  (888) 857-8857
Chemical Dependency Treatment Center
1100 N. McCart St.
Stephenville, TX 76401
www.summersky.us
Types of Services: Provides residential substance abuse services for adults and adolescents.

Sunrise ..........................................................  (888) 317-3961 or (435) 635-1185
65 North 1150 West
Hurricane, UT 84737
www.sunrisertc.com
Types of Services: Residential treatment program and boarding school for teen girls ages 13-17 who are struggling with emotional and behavioral issues including defiance, substance abuse, depression, anxiety, adoption, school avoidance, learning disabilities, low self-esteem, ADD and ADHD, sexual promiscuity, eating disorders and attachment disorders.

New Dimensions Day Hospital (281) 333-2284
Taylor Recovery Center ...........................................................  (713) 557-8573
5711 Lavender St.
Houston, TX 77026
www.taylorrecovery.com
Types of Services: A sober living house in Houston for those continuing their recovery from drug and alcohol abuse.

Texas ChalleNGe Academy  ......................................................  (877) 822-0050
P. O. Box 510
Sheffield, TX 79781
www.jointservicessupport.org/ngycp
Types of Services: Provides residential services for at-risk youth that are having difficulty in their current school environment. The Texas ChalleNGe Academy (TCA), formerly Seaborn ChalleNGe Corps, is open to young men and women ages 16 to 18 years who have dropped out or are in danger of dropping out of high school.

Texas NeuroRehab Center .......................................................  (800) 252-5151
1106 W. Dittmar Rd.
Austin, TX 78745
www.texasneurorehab.com
Types of Services: Brain injury hospital for children, adolescents, and adults that have neurological and/or behavioral issues. Residential neurobehavioral treatment program for children and adolescents (ages 8-17) that are facing a combination of complex medical, behavioral, social and learning difficulties.

Texas Star Recovery .................................................................  (512) 462-6729
1106 W. Dittmar Rd.
Austin, TX 78745
www.texasstarrecovery.com
Types of Services: Provides medical detoxification, inpatient rehabilitation, and thirty-day residential and intensive outpatient program for chemical dependency and dual diagnosis disorders.

The Arbor  ................................................................................  (866) 568-9936
1443 County Rd. 103
Georgetown, TX 78626
www.thearborman
Types of Services: 12-step based alcohol and substance use disorder program for adults designed as a 15-month program of support and comprised of two core phases: a 90-day residential treatment program followed up with a 12-month aftercare support program.
The Betty Ford Center ...........................................  (800) 434-7365 or (888) 494-2433
39000 Bob Hope Dr.
Rancho Mirage, CA 92270
www.bettyfordcenter.org
Types of Services: Alcohol treatment center and drug rehabilitation clinic for adults 18+ years and their families suffering from chemical dependency.

The DAPA Way ..............................................  (713) 783-8889 or (800) 828-3272
Houston’s Mental Health Specialists
5500 Guhn Rd., Ste. 100
Houston, TX 77040
www.krimmel-soman.com/SITEDAPA
Types of Services: Offers chemical dependency and psychiatric treatment. Services include partial hospitalization and intensive outpatient programs, and acute inpatient for adults and geriatric.

The Meadows .............................................  (800) 244-4949 or (800) 632-3697
1655 North Tegner St.
Wickenburg, AZ 85390
www.themeadows.org
Types of Services: Provides treatment for trauma and alcohol, drug and sex addictions in a residential setting.

The Ranch at Clear Springs ..........................................................  (877) 843-7262
3662 Patton Lake Rd.
Aquilla, TX 76622
www.clearspringsranch.com
Types of Services: Provides residential chemical dependency treatment including detoxification and treatment for co-occurring disorders in adults.

The Ranch at Dove Tree ...........................................................  (800) 218-6727
1406 County Rd. 5800
Lubbock, TX 79403
www.ranchatdovetree.com
Types of Services: Provides residential recovery program from alcohol and drug abuse for college age and older adults. Specializes in treatment for co-occurring issues such as depression, anxiety, eating disorders and trauma.

The Watershed ...........................................  (855) 761-9066 or (855) 220-1076
20 Professional Park Dr.
Webster, TX 77598
www.thewatershed.com
Types of Services: Provides comprehensive inpatient care for adults that includes a safe and comfortable medical detoxification, inpatient rehabilitation and residential treatment.

New Dimensions Day Hospital (281)333-2284
The Wheelhouse ................................................................. (281) 478-4488
206 West Helgra
Deer Park, TX 77536
www.thewheelhouseinc.com
Types of Services: Provides a residential and drug rehabilitation for men only.

Timberlawn Mental Health System ................................. (800) 426-4944
Main Campus
4600 Samuell Blvd.
Dallas, TX 75228
(214) 381-7181
www.timberlawn.com
Outpatient Clinic
1350 N. Buckner, Ste. 100
Dallas, TX 75218
(214) 320-9000
Types of Services: Located in Dallas, Texas, Timberlawn Psychiatric Hospital offers comprehensive care for children, adolescents and adults struggling with psychiatric issues or substance abuse problems.

Transitional Living Communities ............. (866) 646-2138 or (480) 969-1471
32 S. Macdonald St.
Mesa, AZ 85211
www.transitionalliving.org
Types of Services: Provides long-term residential treatment services to adults with no money.

VA Hospital ................................................................. (713) 791-1414
2002 Holcomb Blvd.
Houston, TX 77030
www.houston.va.gov
Types of Services: Mental health services for veterans.

Way Out Women's Center ................................. (713) 645-9962
3217 Iola St.
Houston, TX 77017
Types of Services: Provides a 10 day alcohol detoxification rehabilitation for women.

West Oaks Hospital ........................................... (713) 995-0909
6500 Hornwood Dr.
Houston, TX 77074
www.westoakshospital.com
Types of Services: Provides short term hospitalization for children, adolescents and adults with psychiatric and substance abuse issues.

New Dimensions Day Hospital (281) 333-2284
SUPPORT GROUPS

Al-Anon ............................................................................................................ (713) 683-7227
9800 Northwest Frwy., Ste. 201
Houston, TX 77092
www.houstonalanon.org
Types of Services: Support groups for family members of people with alcoholism.

Alateen ............................................................................................................ (713) 683-7227
9800 Northwest Frwy., Ste. 201
Houston, TX 77092
www.al-anon.alateen.org
Types of Services: Support groups for teenagers of individuals struggling with alcoholism.

Alcoholics Anonymous ............................................................... (713) 686-6300
4140 Directors Row, Ste. D & E
Houston, TX 77092
www.aahouston.org
Types of Services: Support groups for alcoholism.

Bo's Place ............................................................................................................ (713) 942-8339
10050 Buffalo Speedway
Houston, TX 77054
www.bosplace.org
Types of Services: Bo's Place is a bereavement center offering grief support services to children, ages 3 to 18, and their families who have experienced the death of a child or an adult in their immediate family. Also offers programs for grieving adults.

Cocaine Anonymous ................................................................. (713) 668-6822
P. O. Box 300154
Houston, TX 77230
www.ca.org
Types of Services: Support groups for cocaine addiction.

Depression and Bipolar Support Alliance - DBSA ........... (800) 273-TALK
............................................................................................................. (800) 826-3632
............................................................................................................. (713) 600-1131
www.dbsahouston.org
Types of Services: Provides free and confidential support for individuals living with, or family and friends affected by, depression and bi-polar disorders.
Emotions Anonymous .............................................................. (651) 647-9712
P. O. Box 4245
St. Paul, MN 55104-0245
www.emotionsanonymous.org
Types of Services: Emotions Anonymous is a twelve-step organization composed of people who work toward resolution of emotional difficulties.

Gambler's Anonymous  .................. Hotline: (855) 442-7105 or (713) 684-6654
10900 Northwest Frwy.
Houston, TX 77092
www.gamblersanonymous.org
Types of Services: Provides 12-step support groups for those struggling with gambling addiction.

Hatch Youth ................................................................. (713) 529-3590
401 Branard St., Ste. 2
Houston, TX 77006
www.hatchyouth.org
Types of Services: Provides 12-step support groups for those struggling with gambling addiction.

Narcotics Anonymous ........................................................... (713) 943-1111
1004 Palmer St.
Houston, TX 77003
www.hascona.com
Types of Services: Provides 12 step support meetings for those struggling with addictions to drugs.

Nicotine Anonymous ............................................................ (713) 827-5989
www.nicotineanonymous.org
Types of Services: Provides 12 step support groups for those struggling with addiction to tobacco.

Overeaters Anonymous - Galveston .......... (281) 557-0663 or (281) 557-3881
P. O. Box 992
League City, TX 77574
www.oagalveston.org
Types of Services: Provides 12 step support groups for overeaters.

Parents of Murdered Children  ....................... (713) 472-5640
P. O. Box 4118
Houston, TX 77210
www.pomc.org/houston/index.htm
Types of Services: Provides support for those who have lost loved ones due to homicide, DWI, and hit-and-run, through interaction with others who have suffered similar loss.

New Dimensions Day Hospital (281) 333-2284
Sex Addicts Anonymous ..........................................................  (800) 477-8191
P. O. Box 70949
Houston, TX 77270
www.sexaa.org
Types of Services: Provides 12-step support groups for sexual addiction

Survivors of Incest Anonymous ................................................ (713) 684-6747
Houston Chapter
P. O. Box 190
Benson, MD 21018
(410) 893-3322
www.siawso.org
Types of Services: Provides support groups for incest survivors.

TREATMENT RESOURCES

A*Med ................................................................. (800) 377-7260 or (877) 848-8925
Community Hospice
8901 E. F Lowry Expwy, Ste. B
Texas City, TX 77591
(800) 377-7260
(409) 935-0169
www.amedhomehealth.com
Home Health Care – Angleton
600 E. Cedar
Angleton, TX 77515
(877) 848-8925
(979) 848-8925
Types of Services: Provides hospice care, furnishes home health agency staff and provides home health aides.

Anchor Point Pregnancy Center .............................................. (832) 632-1221
103 Davis Rd., Ste. B
League City, TX 77573
www.anchorpoint.us
Types of Services: Provides counseling, sexually transmitted disease (STD) information and education, pregnancy tests and referrals.

Appian Advisory Group ....................................................... (512) 363-9502
6936 Bee Caves Rd., Ste. 261
Austin, TX 78746
www.appianadvisory.com
Types of Services: Educational planning and treatment solutions for adolescents, adults, and their families considering admission to boarding schools, residential treatment centers, drug & alcohol rehabs, or other specialized schools or treatment programs anywhere in the United States.
Asian American Family Services ............................................... (713) 600-9400
9440 Bellaire Blvd., Ste. 228
Houston, TX 77036
www.aafstexas.org
Types of Services: Provides individual and family counseling, mental health and social services to the ethically diverse pan-Asian community with linguistically and culturally appropriate mental health counseling and supportive services.

Avondale House ................................................................. (713) 993-9544
3737 O'Meara Dr.
Houston, TX 77025
www.avondalehouse.org
Types of Services: Provides educational, residential and day habilitation services to children and young adults (ages 3-21) who are diagnosed with autism.

Bay Area Council on Drugs and Alcohol .................................. (800) 510-3111
1300 Bay Area Blvd., Ste. 102
Houston, TX 77058
2911 South Shore Harbor Blvd.
League City, TX 77573
Types of Services: Provides drug and alcohol assessments & screenings, outreach, referrals, brief motivational counseling, and intervention. Services offered include BACODA Business Assistance Program, Drug Free Business-Bay Area, VetCorps, Youthworks, and state-mandated Driving While Intoxicated (DWI) education classes for Repeat Offenders, Texas Youth Tobacco Awareness Program, Texas Drug Offender Education Program (DOEP), Drug & Alcohol Driving Awareness Program (DADAP), Substance Education and Learning (SEAL) and Substance Abuse Education Program (SAEP).

Bay Area Turning Point ....................................................... (281) 286-2525
210 South Walnut St.
Webster, TX 77573
www.bayareaturningpoint.org
Types of Services: Provides services to individuals and families who have survived domestic violence or sexual assault. Facilitates violence prevention strategies and educational services.

Baylor College of Medicine ................................................. (713) 798-4857
Jamail Specialty Care Center
McNair Campus
1977 Butler Blvd. 4th Flr., Ste. E4.100
Houston., TX 77030
Types of Services: The Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine - Jamail Specialty Care Center - provides comprehensive assessments and treatment for psychiatric, psychological and relationship difficulties. Also offers medication management and individual, marital, group and family psychotherapy.
Better Days Counseling ..................................................  (281) 485-8356 EXT.4
2245 N. Main St., Ste. 2
Pearland, TX 77581
Types of Services: Provides help, hope and employment to adolescents and adults with substance abuse and mental health issues. Also provides screening/assessment intervention, brief counseling, individual counseling, family counseling, suicide prevention counseling and faith based Christian counseling.

Boys and Girls Clubs of Greater Houston .........................  (713) 868-3426
1520-A Airline Dr.
Houston, TX 77009
www.bgclubs-houston.org
Types of Services: Programs for disadvantaged young people to enhance and improve the quality of their life.

Cancer Counseling, Inc. ............................................................  (713) 520-9873
3015 Richmond Ave.
Houston, TX 77098
www.cancercounseling.info
Types of Services: Provides free, professional, emotional, outpatient counseling to patients, their families, and friends.

Casa de Esperanza de Los Ninos ...........................................  (713) 529-0639
2911 Corder, Ste. A
Houston, TX 77054
www.casahope.org
Types of Services: Provides psychological, medical and residential care for children in crisis due to neglect, abuse, or HIV.

Catholic Charities of the Archdiocese ..........  (713) 874-6590 or (866) 649-5862
of Galveston-Houston
2900 Louisiana St.
Houston, TX 77006
www.catholiccharities.org
Types of Services: Provides community outreach, family counseling, adoption and pregnancy counseling, immigration, legal services, seniors’ housing and AIDS ministry.

Center for Mind Body Health .............................................  (832) 741-0266
17300 El Camino Real, Ste. 107 D
Houston, TX 77058
www.centerformindbodyhealth.org
Types of Services: Provides mindfulness and meditation classes, consultation on nutrition and exercise and lifestyle consulting.
**Communities in Schools Program** .........................................................  (409) 765-5395
2201 Market St., Ste. 715
Galveston, TX 77550
www.galveston.communitiesinschools.org
*Types of Services:* Communities in Schools (CIS) is a student drop out prevention program that provides on-going educational support for students. CIS also provides case management services to improve academics, attendance and the behavior of students.

**Community Family Centers** .............................................................  (713) 923-2316
7524 Avenue E
Houston, TX 77012
www.communityfamilycenters.org
*Types of Services:* Provides bilingual services and counseling to low income Hispanics.

**Cornerstone Recovery** .................................................................  (713) 528-6720
6699 Portwest Dr., Ste. 140
Houston, TX 77024
www.cornerstonerecovery.org
*Types of Services:* A teen-based, 12-step recovery program based on positive peer pressure and a drug and alcohol free environment.

**Deer Oaks EAP** ..............................................................................  (713) 475-0111
*Outpatient Clinic*  
524 Pasadena Blvd., Ste. 1002
Pasadena, TX 77506
*Corporate Office*  
126 E. Main Plaza, Ste. 8
San Antonio, TX 78205
(866) 327-2400

www.deeroaks.com
*Types of Services:* Provides outpatient and Employee Assistance Program (EAP) services for children, adolescents, adults, and geriatric patients.

**DePelchin Children's Center** ............................................................  (281) 282-6062
1300-A Bay Area Blvd.
Houston, TX 77058
www.depelchin.org/clear-lake
*Types of Services:* Provides community-based prevention services, parent education, individual and family counseling, transitional living for homeless young mothers, foster care, adoption services and residential treatment for children.

**New Dimensions Day Hospital**  (281) 333-2284
Family Service Center .......................................................... (409) 938-4814
of Galveston County
Dickinson Office  
2401 Termini St., Ste. C  
Dickinson, TX 77539  
(281) 576-6366
Galveston Office  
2200 Market St., Ste. 600  
Galveston, TX 77550  
(409) 762-8636
www.fscgal.org

Types of Services: United Way funded agency that provides free and reduced costs for individual and family therapy services. Mental health counseling services for all ages, taking into account their ability to pay. Offers many programs to youth and families including the At Risk Youth Program, STAR program, The OASIS Juvenile Sexual Offender Program and the Individual and Family Program In Home Counseling Services.

Family Services of Greater Houston ....................................... (713) 861-4849
Clear Lake Office  
1300 Bay Area Blvd., Ste. 230 A  
Houston, TX 77058
Baytown Office  
1300 Rollingbrook Dr., Ste. 406  
Baytown, TX 77521
www.familyservices.org

Types of Services: Services include counseling, parent resources and education, marriage education and relationships skills training, case management for families, seniors, veterans and persons living with HIV/AIDS, veteran services, substance abuse prevention and education, financial education, and car and personal loans.

Flying Free Equitherapy ...................................................... (832) 221-9066
7317 Avenue P  
Santa Fe, TX 77510

Types of Services: Therapeutic Horseback Riding Program helps children and adults with physical, emotional, or cognitive disabilities to achieve self assurance, strength, a willingness to learn life skills, an increased ability to communicate and improve overall health through the use of equine assisted activities and therapeutic riding.

For Kids Sake Program .......................................................... (409) 765-2601
600 59th St., Rm. 600  
Galveston, TX 77551
www.galvestoncountytx.gov/ct/ct1/Pages/For-Kids-Sake-Seminar.aspx

Types of Services: Provides parenting class and seminar for divorcing parents as preventive education.

Free Medical Search ............................................................ www.freemedicalsearch.org

Types of Services: Nationwide database of medical clinics that offer services for free or flexible payment options.
Freedom Education Center - Galveston ...... (409) 539-6925 or (281) 283-5160  
5316 Broadway St., Ste. B1  
Galveston, TX 77551  
www.freedomeducationcenter.com  
**Types of Services:** Offers convenient and friendly state certified Drug Offender Program (DSHS certified) as well as court approved 8 hour drug & alcohol awareness, anger management, anger management for youth and theft intervention classes.

Galveston County Health District .................... (409) 938-2293 or (409) 938-2456  
P. O. Box 939  
La Marque, TX 77568  
www.gchd.org  
**Types of Services:** Community health services focused on public health prevention through integrated community programs and initiatives.

Gift of Intervention and Recovery ............... (281) 850-4708 or (713) 922-7676  
3429 Keis Rd.  
Pearland, TX 77584  
www.giftofintervention.com  
**Types of Services:** Provides interventions for adults and adolescents struggling with substance abuse, alcoholism, chemical dependency and other addiction issues who may be resistant to treatment or are just too scared to ask for help directly.

GreenRiver Wellness and Recovery Center .................... (713) 785-7575  
2400 Augusta Dr., Ste. 372  
Houston, TX 77057  
www.greenriverwellness.com  
**Types of Services:** Provides assessments, education and connection to treatment services and providers based on individual needs.

Gulf Coast Center - Community Mental Health Clinics .......... (866) 729-3848  
7510 FM 1765  
Texas City, TX 77591  
www.gulfcoastcenter.org  
**Types of Services:** Provides mental health and mental retardation services, substance abuse services, adult mental health, child & adolescent mental health, intellectual & developmental disabilities, adolescent recovery program, and drug & alcohol recovery services.

Houston Area Women's Center ............................. (713) 528-2121  
1010 Waugh Dr.  
Houston, TX 77019  
www.hawc.org  
**Types of Services:** Provides shelter and support services to survivors of domestic and sexual violence.
Houston Galveston Institute ....................................................  (713) 526-8390
3316 Mount Vernon
Houston, TX 77006
www.talkhgi.org
Types of Services: Offers a unique method of collaborative counseling and postmodern therapy to individuals, families and communities of all socioeconomic backgrounds.

Houston OCD Program .............................................................  (713) 526-5055
1401 Castle Court
Houston, TX 77006
www.houstonocdprogram.org
Types of Services: Provides residential support program, intensive outpatient program and outpatient services for children, adolescents and adults suffering with anxiety disorders, phobias and obsessive compulsive disorders.

Houston-Galveston Trauma Institute .......................................  (713) 960-8450
50 Briar Hollow Ln., Ste. 350
West Houston, TX 77027
www.hgtraumainstitute.org
Types of Services: Provides low cost therapy for trauma victims on a sliding fee scale. Provides consultation, training and continuing education to mental health professionals who treat clients with trauma.

Innovative Alternatives, Inc. ....................................................  (713) 222-2525
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org
Types of Services: Mental health mediation, marriage counseling, divorce counseling, Christian counseling services, child custody counseling, anger management, individual therapy and family therapy.

Intervention and Recovery Programs ........  (281) 485-8830 or (281) 485-8356
2245 N. Main St., Ste. 2
Pearland, TX 77581
Types of Services: Provides alcohol and drug outpatient treatment, family therapy and aftercare for adolescents and adults.

Jewish Family Service .............................................................  (713) 667-9336
4131 South Braeswood Blvd.
Houston, TX 77025
www.jfshouston.org
Types of Services: Provides a broad range of counseling and education services on a sliding scale.
Justice for Children .................................................................  (713) 225-4357
6750 West Loop South, Ste. 120
Bellaire, TX 77401
www.justiceforchildren.org
Types of Services: Advocates for children who are victims of child abuse. Provides a full range of advocacy and services for abused and neglected children.

Krist Samaritan Center .............................................................  (281) 480-7554
Main Office
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Types of Services:
Counseling center that provides individual, family and marital therapy on a sliding fee scale. Counseling areas include depression, anxiety, marriage and family counseling, child and adolescent issues, drug and alcohol abuse, trauma, divorce and spiritual issues, among others.

Legacy Community Health Services .........................................  (832) 548-5000
Baytown Clinic
6730 Independence Blvd., Ste. 300
Baytown, TX 77521
(281) 628-2020
San Jacinto Clinic
4301 Garth Rd., Ste. 400
Baytown, TX 77521
(713) 830-3000
Montrose Clinic
1415 California St., Houston, TX 77006
832-548-5100
www.legacycommunityhealth.org
Types of Services: Provides assessments, medication management, testing and therapy for children, teens and adults.

Lifeway International .................................................................  (713) 270-6753
Memorial Dr. United Methodist Church
12955 Memorial Dr.
Houston, TX 77079
www.lifewayinternational.org
Types of Services: Provides intensive outpatient programs and support groups for adolescents with chemical dependency.

Magnificat Houses, Inc. ..............................................................  (713) 523-5958
3307 Austin
Houston, TX 77004
www.magnificathousesinc.org
Types of Services: Provides care for people with mental illness. The Magnificat Houses provide support for adults with mental illnesses, HIV/Aids, homeless adults and children, and abused women recovering from alcoholism.
Mark Kilroy Foundation / S.A.F.E. Coalition Program
P. O. Box 777
Santa Fe, TX 77517
www.markkilroyfoundation.org
Types of Services: The Mark Kilroy Foundation offers many programs including the S.A.F.E. Program, a family and teen assistance program including preventive education classes and teen parenting classes. The Foundation also offers life skills classes, counseling support groups, and resource referrals.

Memorial Hermann
Prevention and Recovery Center (The PaRC) - Clear Lake
1300-B Bay Area Blvd., Ste. B-145
Houston, TX 77058
www.parc.memorialhermann.org
Types of Services: Provides adolescent and adult chemical dependency treatment from detoxification to intensive outpatient treatment and aftercare utilizing a 12 Step program.

Montrose Center Inc.
401 Barnard St., 2nd Flr.
Houston, TX 77006
www.montrosecenter.org
Types of Services: Provides mental health, substance abuse treatment, and case management services to gays, lesbians, and persons with HIV infection.

New Dimensions Day Hospital
1345 Space Park Dr., Ste. C
Houston, TX 77058
www.newdimensionsdayhospital.com
Types of Services: New Dimensions specializes in providing Partial Day and Intensive Outpatient Treatment for adults and adolescents 13 years of age and older. Provides behavioral health and substance abuse programs designed to help individuals and families develop the skills they need to cope with depression, anxiety, trauma, addictions, chemical dependency issues, and behavioral problems. A multi-disciplinary team assists individuals in identifying the root causes of their problems and in implementing strategies to overcome those problems and develop healthy lifestyles.

New Horizon Family Center
313 S. Hwy. 146
Baytown, TX 77520
www.newhorizonfamilycenter.com
Types of Services: Provides counseling services, assistance and temporary shelter, to help people deal with family violence and sexual assault.
Palmer Drug Abuse Program ...................... (281) 589-4602 or (281) 589-4833
Three Memorial City Plaza
840 Gessner, Ste. 1300
Houston, TX 77024
www.pdaphouston.org
Types of Services: Provides free support groups, crisis intervention, and information and referral to young people ages 12 to 25 and their families.

Pearland Counseling Center ............................... (281) 997-8400
2217 N. Park Ave.
Pearland, TX 77581
www.pearlandcounselingcenter.com
Types of Services: Provides mental health counseling services to address anxiety and depression, stress and anger management, trauma and abuse resolution, grief and loss, and relationship and communication skills.

Relationship Development Intervention ..... (713) 838-1362 or (866) 378-6409
4130 Bellaire Blvd., Ste. 210
Houston, TX 77025
www.rdiconnect.com
Types of Services: A cognitive – developmental treatment program for individuals (and their families) that face developmental difficulties such as Autism Spectrum Disorders. This program has improved neural connectivity in individuals with Reactive Attachment Disorder, Attention Deficit Hyperactivity Disorder (ADHD), Tourette’s Syndrome and other developmental issues.

Sagemont Counseling Center ............................. (281) 481-8770
11339 Hughes Rd.
Houston, TX 77089
www.sagemontchurch.org/counseling
Types of Services: Church sponsored counseling center that provides individual, family, group, and couples counseling.

Salvation Army - Adult Rehabilitation Center .................... (713) 869-3551
20118 Washington Ave.
Houston, TX 77007
www.salvationarmyusa.org/usn/adult-rehabilitation
Types of Services: The Adult Rehabilitation Center (ARC) repairs broken lives of men who are addicted to alcohol and drugs through a program that includes work therapy, recreation, worship, healthcare, education and counseling, both individual and group. The ARC operates all seven Salvation Army Family Thrift Stores in the area.
San Jose Clinic ................................................................. (713) 228-9411
2615 Fannin St.
Houston, TX 77002
www.sanjoseclinic.org
Types of Services: Full-time clinic in the greater Houston area dedicated to serving the uninsured. The clinic provides pharmacy and lab services at no additional charge to patients.

Sheltering Arms Senior Services ................. (281) 648-7277 or (281) 282-6079
1300-A Bay Area Blvd., Ste. 219
Houston, TX 77058
www.shelteringarms.org
Types of Services: Provides services to the elderly, caregivers, and the elders at risk.

Stable Spirit ................................................................. (409) 365-5277
295 Flamingo Ln.
Rose City, TX 77662
www.stable-spirit.org
Types of Services: A nonprofit organization providing equine assisted program services to youth and adults who are experiencing the affects of crime, crisis, trauma, and other issues that may put them at risk.

Teen & Family Services (TAFS) ................................. (713) 464-3950
11140 Greenbay St.
Houston, TX 77024
www.teenandfamilyservices.org
Types of Services: Peer based recovery support program for adolescents and their families suffering from teen substance abuse.

The Bridge Over Troubled Waters ............................... (713) 473-2801
P. O. Box 3488
Pasadena, TX 77501
www.thebridgeovertroubledwaters.org
Types of Services: Provides services to individuals and families who have experienced domestic violence, victimization or sexual assault.

The Center Serving Persons with Mental Retardation .......... (713) 525-8400
3550 W. Dallas
Houston, TX 77019
www.thecenterhouston.org
Types of Services: Provides services for people with mental retardation.

New Dimensions Day Hospital (281) 333-2284
The Children's Center, Inc. ........................................................   (409) 765-5212
Project Safe Place and Youth Advocacy
2828 Avenue Q
Galveston, TX 77551
www.thechildrenscenterinc.org
Types of Services: Provides assistance to youth who are not able to access care and helps them identify their strengths and move forward. Helps prevent children from being exploited, homeless, and dropping out of school.

The Children's Center, Inc. ..........................   (844) 768-8861 or (409) 765-5212
P. O. Box 2600
Galveston, TX 77553
www.thechildrenscenterinc.org
Types of Services: Provides therapeutic foster care, transitional living programs for older homeless youth, emergency shelters for families, and community outreach.

The Excel Center of Friendswood .............................................   (281) 648-1200
111 East Edgewood
Friendswood, TX 77546
Types of Services: Offers intensive outpatient treatment for children, adolescents and adults; partial day treatment for adolescents, adults and seniors; and substance abuse and chemical dependency treatment.

The Gathering Place  .................................................................   (713) 729-3799
5310 S. Willow Dr.
Houston, TX 77035
www.gplace.org
Types of Services: Provides supportive environment for adults struggling with severe and persistent mental illness.

The Gulf Coast Center ..............................................................   (866) 729-3848
123 Rosenberg St., Ste. 6                               4444 W. Main
Galveston, TX 77550                                   League City, TX 77573
(409) 763-2373                                          (800) 643-0967
www.gulfcoastcenter.org
Types of Services: Provides services to children, adolescents and adults with severe mental illness, substance abuse, and mental retardation.

The Houston Council ...................................   (713) 942-4100 or (877) 777-8829
on Alcohol and Drugs
303 Jackson Hill St.
Houston, TX 77007
www.council-houston.org
Types of Services: Provides assessment, prevention, counseling and educational services for those persons suffering from alcohol and drug abuse.

New Dimensions Day Hospital (281) 333-2284
The Lighthouse of Houston ................................................................. (713) 527-9561
3602 West Dallas St.
Houston, TX 77019
www.houstonlighthouse.org
Types of Services: Offers vocational evaluation, career training, and services to the blind and visually impaired.

The Right Step - Clear Lake .........................   (281) 407-0777 or (855) 824-7596
16815 Royal Crest Dr., Ste. 130
Houston, TX 77058
www.rightstepclearlake.com
Types of Services: Provides intensive and supportive outpatient programs (IOP/SOP) for adolescents and adults. The programs include intervention, trauma and grief resolution, treatment of process addictions, a Habitual Relapse Prevention Program, Healing the Wounds Intensive Weekend, and a Relationship Empowerment Program.

Three Oaks Academy ..................................   (713) 270-6753 or (281) 782-4628
9920 West Sam Houston Pkwy. South, Ste. 410
Houston, TX 77099
www.threeoaksacademy.org
Types of Services: Fully-accredited and specialized safe and sober high school for Lifeway International’s assisted peer groups.

Toxicology Associates, Inc. ................................................................. (409) 935-3749
2411 Franklin St.
LaMarque, TX 77568
www.toxicologyassociates.com
Types of Services: Offers substance abuse treatment services including outpatient detoxification, methadone maintenance treatment, counseling, HIV testing and urine drug screens. Self-payment.

University of Houston .................................................................   (281) 283-3330
Clear Lake Psychological Services Clinic
2700 Bay Area Blvd.
Houston, TX 77058
www.uhcl.edu/portal/page/portal/HSH/HOME/CENTERS_INSTITUTES/PSYC_SC
Types of Services: Provides children, adolescents and adults with family therapy and individual counseling assessment to assist children with emotional, behavioral, and educational problems at home or in school.

New Dimensions Day Hospital (281) 333-2284
### Unlimited Visions Aftercare

**Baytown Facility**
- 313 Hwy. 146 S.
- Baytown, TX 77520
  - (281) 427-8786
- [www.unlimitedvisions.org/Facilities/baytown.html](http://www.unlimitedvisions.org/Facilities/baytown.html)

**Houston Facility**
- 5527/5528 Lawndale
- Houston, TX 77023
  - (713) 921-2276

**Pasadena Facility**
- 907 Preston
- Pasadena, TX 77503
  - (713) 534-8191

**Types of Services:** Provides substance abuse services on a sliding fee scale for adolescents and adults.

### UTMB Early Intervention Program

- **(281) 534-6755**
- 301 University Blvd.
- Galveston, TX 77555
  - [www.utmb.edu/eci](http://www.utmb.edu/eci)

**Types of Services:** Offers evaluations and services to families with children, birth to three, with disabilities and developmental delays.

### UTMB Outpatient Clinic Galveston

- **(409) 772-2222 or (409) 772-0770**
- **Galveston Clinic**
  - 400 Harborside Dr.
  - Galveston, TX 77555
- **Webster Clinic**
  - 400 Texas Ave.
  - Webster, TX 77598
- **UTMB Department of Psychiatry**
  - 301 University Blvd., Rte. 0188
  - Galveston, TX 77555
  - [www.utmbhealth.com](http://www.utmbhealth.com)
  - [www.utmb.edu](http://www.utmb.edu)

**Types of Services:** Provides outpatient psychiatric services for children, adolescents and adults.

### Victim Assistance Centre Inc.

- **(713) 755-5625**
- 1310 Prairie, Ste. 1030
- Houston, TX 77002
  - [www.victimassistancecentre.com](http://www.victimassistancecentre.com)

**Types of Services:** Provides services to victims of violent crimes to meet their emotional, physical, informational and financial needs.

### Wellsprings Inc.

- **(713) 529-6559**
- P. O. Box 311017
- Houston, TX 77231
  - [www.wellspringsinc.org](http://www.wellspringsinc.org)

**Types of Services:** Provides transitional and long-term housing to homeless and abused women and their children.

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**New Dimensions Day Hospital**

- **(281) 333-2284**
THERAPISTS

Lowell Adams, PhD ................................................................. (979) 297-8565
129 Circle Way, Ste. 105
Lake Jackson, TX 77566
Population Served: Teenagers, Adults
Types of Services: Individuals, families, psychological counseling and testing services for children
Specialties: Comprehensive psychological testing for children.

Lara Allen, MS, LPC-S .......................................................... (832) 428-9036
720 N. Post Oak Rd., Ste. 280
Houston, TX 77024
www.laraallenlpc.com
Population Served: Individuals, Groups and Families
Types of Services: Cognitive Behavioral Therapy (CBT), modified Dialectical Behavioral Therapy (DBT), and Acceptance Commitment Therapy (ACT)
Specialties: Specializes in the treatment of eating disorders and self harm. Other areas of specialization also include unresolved trauma, substance abuse, depression, anxiety, and borderline personality disorder.

Laura Almore, MA, LMFT .................................................... (281) 628-2020
6730 Independence Blvd., Ste. 300
Baytown, TX 77521
www.legacycommunityhealth.org
Population Served: Children, Preteens, Teenagers, Adults, Geriatrics
Types of Services: Couples, Groups, Individuals, Families
Specialties: Grief and Domestic Violence

Mary Alvarez, PhD ............................................................... (281) 482-0801
1506 Winding Way, Ste. 210
Friendswood, TX 77546
Population Served: Children, Preteens, Adults
Types of Services: Individuals, Families
Specialties: Developmental Disorders, Depression, Anxiety, Psychological Evaluations, Custody Evaluations

Judith Andriola, LCSW .................................................. (281) 489-1290
2225 County Rd. 90, Ste. 201D
Pearland, TX 77584
Population Served: Teenagers, Adults
Types of Services: Couples, Individuals, Family
Specialties: Grief/Loss and Depression
Renee Armstrong, LPC, NCC ................................. (832) 799-8587
1712 Fairview
Houston, TX 77006
www.blossom-behavioral-health.com
Population Served: Ages 5 - 100
Types of Services: Individuals and Families
Specialties: Marriage and Family, Crisis, Eating Disorders, Depressions, Anxiety, Trauma, Gay and Lesbian Issues, Adolescent Issues, PTSD, Borderline Personality Disorder

Beth Auslander, PhD ................................. (409) 772-2355 or 409-772-3695
2785 Gulf Frwy. South, Ste. 200
League City, TX 77573
www.utmbhealth.com
Population Served: Teenagers
Specialties: Specialty is teenagers.

Vanessa Austin, MA, LPC-S ................................. (281) 997-8400
2217 N. Park Ave.
Pearland, TX 77581
www.pearlandcounselingcenter.com

Chrystina Bacek, PhD .................................. (281) 956-1032
1110 Nasa Pkwy., Ste. 307
Houston, TX 77058
www.texaspsychologyservices.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Specialties: Depression, Anxiety, Grief/Loss, Anger Management, Stress

Diane L Bailey, RN, LPC ................................. (281) 482-0794
1506 Winding Way Dr., Ste. 100
Friendswood, TX 77546
Population Served: Adults, Elders
Types of Services: Anxiety, Mood Disorders, Self Esteem
Specialties: Individuals, Families, Groups

Jan Bailey, MA, LPC ................................. (281) 480-7999
17214 Mercury Dr., Ste. 300
Houston, TX 77058

New Dimensions Day Hospital (281)333-2284
Laurie Baldwin, PhD ................................................................. (713) 349-0504
14034 Hooper Rd.
Houston, TX 77047
www.lauriebaldwin.com
Population Served: Individuals, Couples and Families
Types of Services: Diagnostic evaluations for possible problems such as ADD or bipolar disorder, Play therapy for younger children, Life coaching and consultation, Group therapy for adolescents struggling with addictive behaviors and other behavioral problems

Susan Barnes, LCSW ................................................................. (281) 990-0800
17625 El Camino Real, Ste. 250
Houston, TX 77058
www.ghpa.net
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Individual, Families

John Barnett, MA, LPC .............................................................. (713) 222-2525
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org
Population Served: Adults
Specialties: Anger Management

John Bartley, LCSW ................................................................... (713) 943-2267
825 Fairmont Pkwy
Pasadena, TX 77504
Population Served: Adults
Types of Services: Individuals, Family

John Baxter, LCDC, NCAC II ....................................................... (281) 485-7725
2245 North Main St., #2
Pearland, TX 77581

Sharon Bayus, MA, LPC............................................................... (713) 222-2525
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org
Population Served: Children, Preteens, Teenagers, Adults
Specialties: All areas

New Dimensions Day Hospital (281) 333-2284
Tracie Bein, MA, LPC .................................................................   (281) 333-2284
1345 Space Park Dr., Ste. C
Houston, TX 77058
www.newdimensionsdayhospital.com
Population Served: Adults
Types of Services: Provides Intensive Outpatient and Partial Hospitalization Programs for adults to address mental health and dual diagnosis (mental health and chemical dependency issues). Also provides Step Down Services for Individuals Leaving Inpatient or Residential Treatment, and provides Aftercare Programming for those that successfully complete the program.
Specialties: New Dimensions provides Partial Day and Intensive Outpatient Treatment for adults in a day treatment program designed to help individuals and families develop the skills they need to cope with mental health issues and dual diagnosis (mental health and chemical dependency issues.)

LaShasta Bell, MA, LPC .............................................................   (281) 764-6331
614 W. Main St., Ste. 102
League City, TX 77573
www.lbell-lpc.org
Population Served: 6 and older
Types of Services: Solution-focused Brief Therapy, Cognitive Behavior Therapy, Anger Management, Collaborative Therapy
Specialties: Certified teacher and counselor

Janee Bellamy, LCSW, LMFT, LCDC ............................................   (832) 452-3855
2211 Norfolk St., Ste. 140
Houston, TX 77098
Population Served: Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Issues of development due to childhood trauma, addictions, love addictions, major depression.

Denise Bennett, LCSW ..............................................................   (281) 389-5075
1100 Nasa Pkwy., Ste. 302
Houston, TX 77058
Types of Services: Psychotherapy, Meditation, Clinical Supervision, Consultation/Training

Vicki Berk, MA, LPC, LSSP ..........................................................   (713) 304-2035
1345 Space Park Dr., Ste. C
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Group, Individual, Family
Specialties: LPC as well as School Psychologist, Special Education Law in School System, Specialize in Assessing Suicidality in all ages, Certified Educator
Beverly Bernzen, LCSW .............................................................   (979) 285-3533
115 Dixie Dr., Ste. 250
Lake Jackson, TX 77566
www.familyresourcecenterlj.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Individuals, Families
Specialties: Grief and Lifestyle Adjustments, Mood Disorders, Anxiety, Depression, Bipolar Disorder, Suicide Prevention Education, Women’s Issues

Kevin J. Bianchini, PhD, ABPN ...................................................   (281) 333-8598
1120 Nasa Pkwy., Ste. #220K
Houston, TX 70058
www.jeffersonneuro.com
Population Served: Children, Adolescents, and Adults of all ages
Types of Services: Neurological Rehabilitation for brain damage, Neuropsychological Assessment and Symptom Validity Assessment

Jennifer Bissett, PhD.................................................................   (281) 332-5100
216 N. Michigan Ave.
League City, TX 77573
www.psychology-resources.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families, Groups (Art Therapy Workshops)
Specialties: Bariatric Pre-Surgical Psychological Evaluations, Law Enforcement Pre-Employment Psychological Evaluations, Couples/Marital Assessment Tools, Personality Assessment and Diagnostic Assessment, First Responder Experience, Art Therapy

Bryan Blakeny, LCSW ................................................................   (713) 484-9797
2700 Post Oak Blvd., Ste. 1400
Houston, TX 77056
www.eqeducation.com

Judi Bloom, MSW, LPC ..............................................................   (832) 224-4490
1020 Bay Area Blvd., Ste. 118
Houston, TX 77058
www.bloomcounseling.net

Lynn Boatwright, MA, LPC-S, LMFT...........................   (409) 938-4814 Ext. 1405
2401 Termini, Ste. C
Dickinson, TX 77539
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups (Oasis, Family Support, Court Mandated "Why Try"), Individuals, Families
Specialties: Star Program (State Funded) 0 Fees for Children 0 - 17 years old.

New Dimensions Day Hospital (281) 333-2284
Tom Bogart, LPC, LMFT ................................................................. (832) 224-4490
1020 Bay Area Blvd., Ste. 118
Houston, TX 77058
www.bloomcounseling.net

Paula Bokamper, MEd, LPC ....................................................... (713) 785-7575
2400 Augusta Dr., Ste. 372
Houston, TX 77057
www.greenriverwellness.com
Types of Services: Provides case management and peer support services.

Linda Boone, MS, LPC ............................................................... (281) 481-7133
11339 Hughes Rd.
Houston, TX 77089
www.sagemontchurch.org/counseling
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Specializes in family of origin issues, depression, and anger. Emphasizes the use of biblical principles and prayer.

Marjorie German Bournigal, MEd, LPC ................................. (225) 281-2523
720 N. Post Oak Rd., Ste. 280
Houston, TX 77024
www.laraallenlpc.com
Population Served: Individuals, Groups and Families
Specialties: Specialties include but are not limited to the treatment of: relationship issues, anxiety, self-esteem, difficult life transitions, depression, family of origin issues and unresolved childhood wounds.

Samiha Boutros, MA, LPC .......................................................... (281) 480-7554
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Population Served: Children, Adults
Types of Services: Individual, Family, Child and Adolescent Therapy

Chara Bowie, MA, LPC ............................................................. (832) 414-5478
1003 Polly St.
Baytown, TX 77520

New Dimensions Day Hospital (281) 333-2284
Brent Bradley, PhD ............................................................... (832) 377-8813
2515 Nasa Pkwy., Ste. B-10
Seabrook, TX 77586
www.couplezone.org
Population Served: Individuals, Couples and Families

Michael Brandon, PhD .......................................................... (281) 338-2992
150 W. Shadowbend, Ste. 100
Friendswood, TX 77546
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Individuals, Families

Randy Brazzel, MA, LPC, LMFT ............................................. (281) 333-3246
1345 Space Park Dr., Ste. D
Houston, TX 77058
www.newdimensionsdayhospital.com
Population Served: Adults and Adolescents
Types of Services: Individual, Couples, Families
Specialties: Marital Therapy, Substance Abuse, Trauma, Anxiety and Depression

Gwen Brehm, MEd, LPC, LMFT ............................................. (832) 741-0266
17300 El Camino Real, Ste. 107D
Houston, TX 77058
www.centerformindbodyhealth.org
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Groups (DBT Skills Training - Adults & Teens), Individuals, Families
Specialties: Cognitive Behavior Therapy, Dialectical Behavior Therapy, Mindfulness Based Therapies

Sue Brooks, MA, LPC ............................................................ (832) 419-7525
1002 Gemini, Ste. 225B
Houston, TX 77058
www.CreatingChoicesCounseling.com
Population Served: Adults and Couples Counseling
Specialties: Anxiety, Anger, Depression and Couples

Ann Brown, MA, LPC ........................................................... (940) 391-4309
1721 Oleander Dr.
Dickinson, TX 77539
Population Served: Adolescents / Teenagers (14 to 19), Adults
Types of Services: Individual, Couples, Groups
Specialties: Behavioral Issues, Depression, Trauma and PTSD, Veterans

New Dimensions Day Hospital (281) 333-2284
Betty Brown, PhD ................................................................. (281) 332-5100
216 N. Michigan Ave.
League City, TX 77573
www.psychology-resources.com

Matt Brown, PhD, LMFT ..................................................... (281) 317-7326
549 N. Egret Bay Blvd., Ste. #300
League City, TX 77573
www.southshorefamilies.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatrics
Types of Services: Couples, Groups, Individuals, Families, Pre-Marital Groups
Specialties: Biofeedback and Neurofeedback; Wholefit - A Complete Level of Wellness

P. Gretchen Browne, PhD ..................................................... (281) 332-5100
216 N. Michigan Ave.
League City, TX 77573
www.psychology-resources.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Bariatric Pre-Surgical Psychological Evaluations, Law Enforcement Pre-Employment Psychological Evaluations, Couples/Marital Assessment Tools, Personality Assessment and Diagnostic Assessment

Kathy Bryant, MEd, LPC ......................................................... (281) 837-6463
330 E. Medical Center Blvd.
Webster, TX 77598
www.thepsyclinic.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Child and Adolescent Psychiatry

Patricia Butkus, LCSW ........................................................... (713) 502-5484
17300 El Camino Real, Ste. 107
Houston, TX 77058
www.PatriciaButkus.com
Population Served: Preteens, Teenagers, Adults
Types of Services: Individuals and Families
Specialties: Chemical Dependency

Norma Callender, PhD, LPC ................................................... (281) 488-2831
16815 Royal Crest Dr., #110
Houston, TX 77058
www.bataclinics.com

New Dimensions Day Hospital (281) 333-2284
Lori Candrian, MS, LPC .................................................... (281) 585-0000 Ext. 1
105 N. Gordon, Ste. 202
Alvin, TX 77511
www.downtowncounseling.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Individuals, Families
Specialties: Mood Disorders, Anxiety, Stress Management, Life Transitions, Grief/Loss, Adjustment Disorders, EAP, Couples/Marital Counseling

Regina Carillo, MA, LPC ............................................................ (281) 235-3010
2405 S. Grand Blvd.
Pearland, TX 77581
Population Served: Toddlers / Preschoolers (0 to 6), Children (6 to 10), Adults
Types of Services: ADHD, Child or Adolescent, Developmental Disorders, Parenting, Sexual Abuse, Anxiety, Depression, Family Conflict, Relationship Issues
Specialties: Children ages 3 to 10, Behavioral Issues, Adoption

Diana Carleton, EdD, LMFT, Psychologist................................. (713) 628-6761
2121 Market St., Ste. 207
Galveston, TX 77550
www.drdianacarleton.com
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Life Coaching, Career Coaching, Couples, Families, Relationship Therapy, Anxiety, Depression

Pat Casey, MA, LPC ................................................................... (281) 338-6269
614 W. Main St., Ste. 102
League City, TX 77573

New Dimensions Day Hospital (281)333-2284
Carol Cash, LMSW, LCDC ........................................................... (281) 333-2284
1345 Space Park Dr., Ste. C
Houston, TX 77058
www.newdimensionsdayhospital.com
Population Served: Teenagers
Types of Services: Individuals, Groups
Specialties: The adolescent program, serving adolescents from ages 13 to 18, is designed to help teenagers and their families develop the skills they need to resolve problems and manage feelings and behaviors effectively. Treatment is completely individualized and focuses on the issues that matter most to the teenager and his/her family. The adolescent program is scheduled during after school hours, teenagers are able to remain in their own school throughout the treatment process. Some of the areas addressed include: Depression, anxiety, alcohol and/or drug abuse, obsessive thinking and compulsive behaviors, bipolar disorders, family conflict, suicidal thoughts, self-destructive behaviors, truancy or running away behaviors, anger problems, defiance and conduct problems, eating disorders, low self-esteem, addictions, and school problems.

Sharon Chada, PhD ................................................................... (281) 494-8666
50 Sugar Creek Center, Ste. 250
Sugar Land, TX 77478
www.drsharonchada.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Individuals
Specialties: Play Therapy, Intellectual/Educational and Psychological Testing and Evaluations. Marital Therapy, Depression/Anxiety Disorders. Certified Parent Coordinator, PTSD and Pediatric Bipolar Diagnosis Treatment.

Donna Chamblee, MS, LPC ........................................................ (281) 837-6463
330 E. Medical Center Blvd.
Webster, TX 77598
www.thepsyclinic.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Child and Adolescent Psychiatry

Kristen Chambliss, PhD ............................................................. (281) 480-0200
1560 W. Bay Area Blvd., Ste. 270
Friendswood, TX 77058
www.kristenchambliss.com
Population Served: Adults
Specialties: Specializing in Women's Health, Cancer and Anxiety

Clifton Charles, MA, LPC .......................................................... (832) 224-4490
1020 Bay Area Blvd., Ste. 118
Houston, TX 77058
www.bloomcounseling.net
Types of Services: In-home Counseling

New Dimensions Day Hospital (281) 333-2284
Steven D. Christopherson MS, LPC, NCC .............................................. (713) 475-0072
617 W. Sterling
Baytown, TX 77520
www.pro-act.com
Population Served: Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals and Families

Carolyn Clansy Miller, PhD ................................................................. (281) 969-8235
4501 Cartwright Rd., Ste. 705
Missouri City, TX 77459
Population Served: Toddlers / Preschoolers (0 to 6), Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults
Types of Services: Counseling, Coaching and Consulting
Specialties: Women's Issues, Depression, Relationship Issues

Jerry Clark, MA, LPC........................................................................... (281) 335-8422
1110 Nasa Pkwy., Ste. 200
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Anger and Crisis Interventions, Anxiety, Depression

Charles Cleveland, PhD................................................................. (713) 398-5303
2225 County Rd. 90, Ste. 215
Pearland, TX 77584

Sandra Clevenger, MS, LPC ........................................................... (979) 292-0726
115 N. Dixie Dr., Ste. 250
Lake Jackson, TX 77566

Carrie Cole, MEd, LPC ...................................................................... (281) 480-0200
1560 W. Bay Area Blvd., Ste.270
Friendswood, TX 77546
www.crwhouston.com
Population Served: Teenagers, Adults
Types of Services: Couples
Specialties: Certified Gottman Method Couples Therapist

Donald Cole, DMin, LPC, LMFT.............................................................. (281) 480-0200
1560 W. Bay Area Blvd., Ste.270
Friendswood, TX 77546
www.crwhouston.com
Population Served: Teenagers, Adults
Types of Services: Couples
Specialties: Certified Gottman Method Couples Therapist

New Dimensions Day Hospital (281)333-2284
Eunice Contreras, MA, LPC-S, CART ......................................... (713) 222-2525
18333 Egret Bay Blvd., Ste. 540
Houston, TX 77058
www.innovativealternatives.org
**Population Served:** Children, Adults
**Types of Services:** Provides treatment in modalities that include: Cognitive - Behavioral EMDR, Christian Counseling, Brief Solution-focused therapies
**Specialties:** Mood Disorders, Behavioral Problems, Post-Traumatic Stress Disorder, Trauma Resolution, Stress Management, Domestic Violence, Abuse Issues, Immigration Issues. Teaches clients about Deep Relaxation and Body Awareness.

Cynthia Cook, PhD .................................................................... (281) 332-5100
216 N. Michigan Ave.
League City, TX 77573
www.psychology-resources.com
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric
**Types of Services:** Couples, Individuals, Families
**Specialties:** Bariatric Pre-Surgical Psychological Evaluations, Law Enforcement Pre-Employment Psychological Evaluations, Couples/Marital Assessment Tools, Personality Assessment and Diagnostic Assessment.

Diana Corder, MS, LPC, LMFT, LCDC.......................................... (281) 630-5279
600 Ward Rd.
Baytown, TX 77520
**Population Served:** Preteens, Teens, Adults, Geriatric
**Types of Services:** Couples, Individuals, Families
**Specialties:** Depression, Women's Abuse Issues, Marriage Therapy, Substance Abuse, Interpersonal Relationships In The Workplace

Sandra Cornwell, MA, LPC ........................................................ (409) 935-7900
2925 Palmer Hwy., Ste. C
Texas City, TX 77590
**Population Served:** Teenagers, Adults, Geriatric
**Types of Services:** Couples, Groups, Individuals, Families
**Specialties:** Licensed substance abuse counselor, Hypnosis, Tapping for PTSD

Lee Cox, PhD, LPC ..................................................................... (713) 222-2525
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org
**Population Served:** Children, Preteens, Teenagers, Adults
**Types of Services:** Couples, Groups, Individuals, Families
**Specialties:** Anger Management, Drug Relapse Prevention, Mediation

New Dimensions Day Hospital (281)333-2284
Harolyn Craig, MA, LPC .............................................................   (713) 222-2525
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org

Janet Crow, MA, LPC .................................................................   (281) 407-0777
16815 Royal Crest Dr., Ste. 130
Houston, TX 77058
www.rightstepclearlake.com
Population Served: Preteens, Teenagers, Adults
Types of Services: Couples, Groups (Relationship Empowerment Program, Trauma and Grief Resolution, Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Individuals, Families
Specialties: Adult and Adolescent Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Intervention, Trauma and Grief Resolution, Process Addictions, Habitual Relapse Prevention Program, Healing the Wounds Intensive Weekend, Relationship Empowerment Program

Candace Cudd, MS, LPC ............................................................   (281) 660-0327
2118 North Grand
Pearland, TX 77581
www.counselingconceptshouston.com
Population Served: Children, Preteens, Teenagers, Adults, Couples, Groups, Individuals, Families
Types of Services: Counseling adults, families, and couples coping with Grief and Loss, Anxiety, Relationship Issues, and Personal Growth
Specialties: ADHD, Social Skills, Anxiety, Divorce/Blended Families, and Stress Management

Melissa Kummer Dague, MA, LPC-S ..........................................   (409) 762-8636
2200 Market St., Ste. 600
Galveston, TX 77550
www.fscgal.org
Population Served: Individuals of all ages, Families
Types of Services: Clinicians join clients in identifying solutions to meet and respond to life's challenges.
Specialties: Expertise and special training in play therapy, domestic violence/sexual assault, anxiety disorders and behavioral interventions with children.

Cindy Dalmolin, MA, LMFT .......................................................   (281) 485-9280
2225 County Rd. 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info
Tamisha Daniels, MEd, MA, LPC-S ................................. (832) 483-0822
720 N. Post Oak Rd., Ste. 280
Houston, TX 77024
www.laraallenlpc.com
Population Served: Children, Adolescents, Teens, Couples, and Families
Types of Services: Cognitive Behavioral (CBT), Family Systems Therapy, Family/Marital Therapy, Solution Focused Brief Therapy (SFBT)
Specialties: Behavioral Issues, Child or Adolescent, Family Conflict

Delee D'Arcy, MA, LPC, LMFT ................................. (713) 302-6698
1100 Nasa Pkwy., Ste. 110
Houston, TX 77058
www.deleedarcytherapy.com
Population Served: Adults
Types of Services: Couples, Individuals, Families
Specialties: Specializes in helping people improve communication with others, personal growth for both men and women, grief/loss

Nancy Davis, MA, LMFT, LPC ................................. (409) 370-0107
4920 D Seawall Blvd.
Galveston, TX 77551
Population Served: Adolescents thru Aging (No children under 13)
Types of Services: Individuals, Couples, Families
Specialties: Couples Counseling, Meditation for Relaxation, Loss and Grief

Roxanne Deams, MA, LPC ................................. (281) 485-9280
2225 County Road 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info

George Dempsey, PhD ................................. (281) 956-1037
1331 Gemini Avenue, Ste. 205
Houston, TX 77058
www.corporatepsychologyinc.com

Beth Dennard, EdD, LPC ................................. (281) 486-0023
17041 El Camino Real, Ste. 203
Houston, TX 77058
Specialties: Educational Consultant, College and Career Guidance

New Dimensions Day Hospital (281) 333-2284
Susan Denton, MA, LPC ............................................................   (713) 569-4979
2118 North Grand
Pearland, TX 77581
www.counselingconceptshouston.com
**Population Served:** Children, Preteens, Teenagers, Adults, Couples, Groups, Individuals, Families
**Types of Services:** Relationship/Marriage, Parenting, Blended Families, Mood and Anxiety Disorders, Loss Counseling
**Specialties:** Specializes in working with children and adolescents and their families coping with mental health issues such as ADHD, Bipolar Disorder, Autism Spectrum Disorders, Oppositional Defiant Disorder, mood and anxiety disorders and foster/adoption issues.

Sneha Satin Desai, PsyD ...........................................................   (281) 956-1032
1110 Nasa Pkwy., Ste. 307
Houston, TX 77058

Stephanie K DeWolfe, LCSW .....................................................   (281) 482-9222
1506 Winding Way Dr., Ste. 204
Friendswood, TX 77546
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric
**Types of Services:** Individuals, Families

Beverly Dolenz-Walsh, PhD ......................................................   (713) 540-1528
14034 Hooper Rd.
Houston, TX 77047
www.beverlywalshphd.com
**Population Served:** Children, Teens, Adults, and Couples
**Types of Services:** Equine Assisted Psychotherapy, Life and Family Coaching, Team Building and Corporate Leadership Events, Growth and Learning Workshops
**Specialties:** Individual, Marital, Family, and Group Psychotherapy

Diane Dougherty, PhD ..............................................................   (281) 420-8400
4301 Garth Rd., Ste. 400
Baytown, TX 77521

Dawn Drucker, MS, LMFT, LCDC ...............................................   (281) 480-7554
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
**Types of Services:** Individual and Marital Therapy

New Dimensions Day Hospital (281) 333-2284
Sandra Dwyer, MS, LPC ............................................................  (713) 475-0072
2601 Pasadena Blvd.
Pasadena, TX 77502
www.pro-act.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Anger Management, Children, Anxiety, Grief

Wanda Eckersley, MS, LPC, NCC ...............................................  (281) 997-8400
2217 N. Park Ave.
Pearland, TX 77581
www.pearlandcounselingcenter.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Anxiety, ADHD, Women’s Issues

Stacey Ecord, MA, LPC ..............................................................  (281) 450-5546
1002 Gemini St., Ste. 206
Houston, TX 77058
Population Served: Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults
Types of Services: ADHD, Anxiety, Bipolar Disorder, Coping Skills, Emotional Disturbance, Obsessive-Compulsive Disorder (OCD), Peer Relationships, Self Esteem, Sexual Abuse, Weight Loss, Anger Management, Behavioral Issues, Child or Adolescent, Depression, Grief, Oppositional Defiant Disorder
Specialties: Mood Disorders, Parenting, Trauma and PTSD

Danny P. Edwards, MA, LMFT, LPC, LCDC .................................  (281) 857-7790
416 S. Johnson St.
Alvin, TX 77511
Population Served: Children, Preteens, Teenagers, Adults, Geriatrics
Types of Services: Couples, Individuals, Families
Specialties: PTSD

Kristi Elliott, MS, LPC ...............................................................  (713) 475-0072
2601 Pasadena Blvd.
Pasadena, TX 77502
www.pro-act.com

Mary Ellis, MA, LPC.................................................................  (281) 482-5999
1506 Winding Way, Ste. 104
Friendswood, TX 77546

New Dimensions Day Hospital (281) 333-2284
Gesslyn Engelhard, MA, LPC .............................. (832) 279-4418
1100 Nasa Pkwy., Ste. 501
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatric, Groups, Individuals
Types of Services: Pervasive Development Disorder (PDD), Post-Adoption, ADHD, Childhood Abuse, Mood Disorders, Social Skills Groups, ADHD Groups, Children 3 and Up
Specialties: Post Adoption, Groups (Elementary, Middle School, High School, Dad's Group, Mom’s Group)

Ricky Ertell, MS, LPC-S ............................................. (281) 824-1480
1111 W. Adoue St.
Alvin, TX 77511
www.sfachc.org
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Specialties: Bipolar Disorder, Depression, Schizophrenia

Coleen Kelly Essary, MA, LPC .................................... (281) 922-7333
11550 Fuqua St., Ste. 560
Houston, TX 77034
www.ghpa.net
Population Served: Children, Preteens, Teenagers, Adults
Specialties: Child, Adolescent, and Adult Therapy

Charlotte Evans, MA, LMFT, LPC ............................ (281) 957-9809
4907 E. Nasa Pkwy
Seabrook, TX 77586
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Marriage & Family, Depression & Grief, Stress, Anxiety, Anger Management, Women’s Issues, PTSD

Jeanne Ewing, LCSW .................................................. (281) 218-9277
2045 Space Park Dr., Ste. 250
Nassau Bay, TX 77058
www.clearlaketherapist.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Individuals, Families
Specialties: Child/Teen Advocacy, Custody-Divorce

Cindy Fair, MA, LMFT .................................................. (281) 485-9280
2225 County Road 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info

New Dimensions Day Hospital (281) 333-2284
Daniela Fant, LCSW ................................................................. (832) 466-6257
2045 Space Park Dr.
Houston, TX 77058
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Bilingual/Bicultural (Spanish/English) Psychotherapy, Eating Disorders, Geriatric

Kristina Farmer, LMFT, CART .................................................... (281) 485-9280
2225 County Road 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info

Donna Fasullo, LCSW, LCDC ...................................................... (713) 687-7644
3027 Marina Bay Dr., Ste. 110
League City, TX 77573
Population Served: Preteens, Teenagers, Adults
Types of Services: Groups, Individuals, Families

Denis Feldman, PhD ................................................................. (281) 427-3257
606 Rollingbrook St., Ste. 1G
Baytown, TX 77521
Population Served: Children, Teenagers, Adults
Specialties: General practice

Greg Fenberg, MA, LMFT .......................................................... (713) 487-7792
2121 Market St., Ste. 201
Galveston, TX 77550
Population Served: Adolescents / Teenagers (14 to 19), Adults
Types of Services: Individuals, Couples, and Families
Specialties: Depression, Relationship Issues, Anger Management

Tina Fontenot, MS, LPC............................................................. (281) 475-9958
1002 Gemini St., Ste. 225-G
Webster, TX 77058
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Eating Disorders, Couples, LGBT, Women's Issues
Mary R Fricke, MA, LPC ......................................................... (281) 798-7016
17041 El Camino Real, Ste. 203
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Christian Based, Cognitive Behavioral Therapy (Prayer and scripture when patient wishes to include God in the counseling)

Tenley Fukui, MA, LPC ......................................................... (713) 408-2468
620 W. Main, Ste. 101
League City, TX 77573
www.tenleyfukui.net
Population Served: Adults, Individuals
Specialties: Chronic Pain Management, Insomnia, Anxiety Disorders, Clinical Hypnosis, Alcohol and Opiate Addiction, Depression, Anger, PTSD, Biofeedback, Irritable Bowel Syndrome, Stress Management, Weight Loss Management, Smoking Cessation

Alma Garcia, MEd, LPC, PSOTP ........................................... (281) 485-9280
2225 County Road 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info

Sol-Angel Garcia, MS, LMFT ............................................... (713) 201-5412
4501 Cartwright Rd., Ste. 305
Missouri City, TX 77459
Population Served: Individuals, Couples, Family
Types of Services: Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Support, Grief Counseling, Work and Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution
Specialties: Cognitive Behavioral Therapy (CBT), Family Systems Therapy, Family/Marital Therapy, Interpersonal, Solution Focused Brief Therapy (SFBT)

Beth Garland, PhD .............................................................. (713) 873-6300
3925 Fairmont Pkwy.
Pasadena, TX 77504

Delma Garza, MS, LPC ........................................................ (281) 910-0921
2734 Sunrise Blvd., Ste. 408
Pearland, TX 77584
www.tlcassociates.org

Angela Gaston, LCSW .......................................................... (979) 299-6600
52 Flag Lakes Dr.
Lake Jackson, TX 77566

New Dimensions Day Hospital (281) 333-2284
Thomas Gates, MA, LMFT, LCDC ......................................................  (281) 922-7333
11550 Fuqua St., Ste. 560
Houston, TX 77034
www.ghpa.net
Population Served: Children, Preteens, Teenagers, Adults
Specialties: Child, Adolescent, and Adult Therapy

Julie Gibson, MA, LPC ...............................................................   (832) 510-7078
2118 North Grand
Pearland, TX 77581
www.counselingconceptshouston.com
Population Served: Children, Preteens, Teenagers, Adults, Couples, Groups, Individuals, Families
Types of Services: Individual, Group, and Family Counseling
Specialties: Anxiety, Depression, Mental Health Issues, and Personal Growth

Jill Gilbert, MA, LPC, LMFT, LCDC ..............................................   (281) 333-5740
18333 Egret Bay Blvd., Ste. 305
Houston, TX 77058
Population Served: Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Mental Health, Substance Abuse

Catrin Glynn, MA, LPC ..............................................................   (713) 835-6503
5311 Kirby Dr., Ste. 204
Houston, TX 77005
www.purionclinic.com

Marcia Golden, MA, LPC ...........................................................   (713) 475-0072
2601 Pasadena Blvd.
Pasadena, TX 77502
www.pro-act.com

Vera Gonzales, PhD .................................................................  (713) 922-4850
1300 Bay Area Blvd., Bldg. B, Ste. 125
Houston, TX 77058
www.driveragonzales.com
Population Served: Adults, Geriatric
Types of Services: Individuals
Specialties: Pain Management, Psychological Assessment For Pre-Bariatric Surgery Or Other Surgeries, Assessment for Use of Opioid Meds

New Dimensions Day Hospital (281) 333-2284
Debbie Grammas, PhD .............................................................   (713) 304-6554
17300 El Camino Real, Ste. 107C
Houston, TX 77058
www.debbiegrammas.com
Population Served: Adults
Types of Services: Individuals and Couples
Specialties: Body Image Concerns, Eating Disorders, Anxiety, Depression, Couples Counseling

Rosslyn Granger, LCSW .............................................................   (713) 463-9449
9525 Katy Frwy., Ste. 312
Houston, TX 77024
www.bhchouston.com

Gale S. Grant-LeRoy, MS, LPC-S, NCC ........................................   (281) 997-8400
2217 N. Park Ave.
Pearland, TX 77581
www.pearlandcounselingcenter.com
Population Served: Adults
Types of Services: Couples, Groups, Individuals, Families
Specialties: Marital Therapy, Anxiety, Depression, Trauma

Deedee Gregoire, LCSW ............................................................   (409) 750-0882
12406 Hwy. 6
Santa Fe, TX 77510
Population Served: 12 years and up
Types of Services: Mental Health and Mental Retardation Services, Youth Services

George Grimes, PhD, PA, LMFT, LPC .........................................   (979) 417-4294
Houston, TX 77058
Population Served: Preteens, Teenagers, Adults, Geriatric Groups, Individuals, Families
Types of Services: Couples, Groups, Individuals, Families
Specialties: Chronic Pain Management, Stress Management

Mark Groblewski, LCSW, CIRT ..................................................   (832) 687-7915
11550 Fuqua, Ste. 310
Houston, TX 77034
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Certified IMAGO Relationship Therapist, Parenting, Marital and Couples Therapy, Divorce, Bipolar Disorder, Depression, Anxiety and Stress Reduction.

New Dimensions Day Hospital (281)333-2284
Tim E. Gusey, MA, LPC, LSSP ........................................... (281) 585-0000 Ext. 4
105 N. Gordon, Ste. 202
Alvin, TX 77511
www.downtowncounseling.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Individuals, Families
Specialties: Anger Management, Depression and Loss, Stress and Anxiety, Parenting, Marriage/Relationships, Divorce, Communication including Assertiveness, Conflict Prevention and Resolution, Men’s issues, Life Transitions and Changes, Family Preservation Therapy, Post-Adoption Therapy, Family Issues including family of origin concerns, Step/Blended Families, Post-Traumatic Stress, Asperger’s Symptoms

Carol Haase-Greeley, MEd, LPC ................................................ (281) 332-9931
2323 Clear Lake City Blvd., 620 W. Main St., Ste. 101
Ste. 108-309 League City, TX 77573
Houston, TX 77062 (281) 332-9931
(281) 731-7964
www.heartadvocates.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Individuals
Specialties: Autism Spectrum, Developmental Spectrum Issues, Art Therapy, Play Therapy, Women’s Issues, Grief/Loss, Divorce, Gay & Lesbian Issues, Meditation and Mindfulness. Team Member of HEART Advocates of Houston.

Debrah Hall, PhD ...................................................................... (281) 731-7964
2323 Clear Lake City Blvd., Ste. 108-309
Houston, TX 77062
www.heartadvocates.com
Types of Services: Helps parents navigate through the special education process, educates parents on their children’s rights, and assists parents in obtaining individualized, appropriate educational programming for their children.

Peggy Halyard, BBA, MA, LPC ................................................... (832) 594-8837
1300 Bay Area Blvd., Bldg. B, Ste. 125
Houston, TX 77058
www.couples-help.com
Population Served: Teenagers, Adults, Geriatrics
Types of Services: Couples, Individuals, Adolescents
Specialties: Advanced Clinician, Certified Imago Therapist, Certified Imago Workshop Presenter

Tonya Hammer, PhD, LPC ......................................................... (713) 222-2525
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org

New Dimensions Day Hospital (281)333-2284
Lanelle Hanagriff, MA, LPC-S, FAPA ................................. (281) 482-5999 Ext. 3  
1506 Winding Way, Ste.104  
Friendswood, TX 77546  
**Population Served:** Preteens, Teenagers, Adults, Couples, Individuals, Families  
**Specialties:** Infertility, Anxiety, Christian Counseling

LeAnn Hanks, MA, LPC .............................................................. (281) 660-0327  
2118 North Grand  
Pearland, TX 77581  
[www.counselingconceptshouston.com](http://www.counselingconceptshouston.com)  
**Population Served:** Children, Preteens, Teenagers, Adults, Couples, Groups, Individuals, Families  
**Types of Services:** Individual, Group, and Family Counseling  
**Specialties:** Marital Problems, Depression, Anxiety, Women's Issues, Infertility, Adoption, Sexual Abuse/Assault, and Trauma

Deborah Harney, LCSW ............................................................ (281) 412-6863  
2225 County Rd. 90, Ste. 215  
Pearland, TX 77584

Rion Hart, PhD .......................................................................... (281) 488-5515  
16864 Royal Crest Dr.  
Houston, TX 77058  
**Population Served:** Preteens, Teenagers, Adults  
**Types of Services:** Individuals, Families  
**Specialties:** Psychoanalysis, Treatment of Professionals in Crisis

Susan Heimbaugh, MA, LPC, LMFT ........................................... (281) 427-0453  
1003 Polly St.  
Baytown, TX 77520  
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families  
**Specialties:** Hypnotherapy, ADHD Parenting Strategies, Psychological Disorders

Donna Henn, MS, LPC ............................................................... (832) 816-4441  
1120 Nasa Pkwy., Ste. 305  
Houston, TX 77058  
[www.donnahenn.com](http://www.donnahenn.com)  
**Population Served:** Preteens, Teenagers, Adults, Geriatrics  
**Types of Services:** Couples, Groups, Individuals, Families  
**Specialties:** Rescripting, Rapid Trauma Release

Patricia Hesketh, MEd, LPC, LMSW, NCC............................... (713) 254-1374  
1600 W. League City Pkwy., Ste. R  
League City, TX 77573

*New Dimensions Day Hospital (281) 333-2284*
Sue Hewitt, MS, LPC ................................................................. (281) 412-4123
2501 S. Galveston Ave., Ste. B
Pearland, TX 77581
Population Served: Teenagers, Adults
Types of Services: Couples, Groups, Individuals, Families

Laura Hicks, MA, LPC, LMFT ...................................................... (281) 218-8181
1002 Gemini, Ste. 205
Houston, TX 77058
www.laura-hicks.squarespace.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Family and Marriage Therapy, Trauma, Grief

Deborah Higgs, MA, LPC, LMFT ................................................. (281) 331-6222
1600 E. Hwy. 6, Ste. 375
Alvin, TX 77511
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Individuals, Families

Lee Ann Hilbrich, MA, LPC, LMFT .............................................. (281) 480-7554
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families

Gary Hilliard, BS, LCDC............................................................... (281) 333-2284
1345 Space Park Dr., Ste. C
Houston, TX 77058
www.newdimensionsdayhospital.com
Population Served: Teenagers, Adults
Types of Services: Groups
Specialties: New Dimensions provides Partial Day and Intensive Outpatient Treatment for adults in an evening substance abuse program designed to help individuals and families develop the skills they need to cope with addictions and chemical dependency issues.

Victor Hirsch, PhD..................................................................... (281) 332-3852
1025 E. Main, Ste. 100
League City, TX 77573
www.drvictorhirsch.com
Population Served: Children, Preteen, Couples, Adults

New Dimensions Day Hospital (281) 333-2284
Susan Hoak, MEd, LMFT, LSSP .................................  (713) 692-6216 x 2408
6515 Irvington Blvd.
Houston, TX 77022
www.hcde-texas.org

Kelly Holmes, LCSW ..........................................................  (832) 224-4490
1020 Bay Area Blvd., Ste. 118
Houston, TX 77058

Kimetre Hopkins, MA, LPC, LMFT .................................  (281) 485-9280
2225 County Road 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Groups, Individuals, Families

Lynn Hungerford, PhD ..................................................  (281) 218-7900
1560 W. Bay Area Blvd., Ste. 270
Friendswood, TX 77546

Annette Hunt, MA, LPC, LMFT .................................  (409) 621-1600
6025 Heards Ln., Ste. 4W
Galveston, TX 77551

Darline Hunter, EdD, LPC-S, LMFT, LCDC .......................  (713) 515-4004
18607 Upper Bay Rd.
Nassau Bay, TX 77058

Rose L. Huss, MA, LPC, LMFT ........................................  (713) 222-2525
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: EMDR, Anger Management, Domestic Violence, Couples Therapy (Bilingual - Speaks fluent Spanish)

Theresa James, MEd, LPC, NCC .................................  (281) 922-7333
11550 Fuqua St., Ste. 560
Houston, TX 77034
www.ghpa.net
Population Served: Individual, Couples, and Family Counseling

New Dimensions Day Hospital (281) 333-2284
Myra Johnson, LCSW, CMC ............................................................ (281) 218-8181
1002 Gemini, Ste. 205
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Family and Marriage Therapy, Trauma, Grief

Patricia Johnson, PhD ................................................................. (281) 428-7039
3722 N. Main St.
Baytown, TX 77521

Mary Ann Johnston, MEd, LPC, LMFT ........................................... (713) 667-5659
6300 W. Loop South Frwy., Ste. 215
Bellaire, TX 77401

Kevin Jones, PhD ....................................................................... (281) 427-1115
4721 Garth Rd., Ste. A300
Baytown, TX 77521

Michael Jones, PhD ................................................................... (281) 554-6100
1560 Live Oak St., Ste. B
Webster, TX 77598
www.4psych.com
Population Served: Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Depression, Psychological Testing, Academic Testing, and Anxiety Disorders

Laura Jordan, MA, LPC, LMFT .................................................... (281) 317-7237
1100 Nasa Pkwy., Ste. 110
Houston, TX 77058
www.jordantherapyservices.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Mediation

Megan Kale, LCSW ...................................................................... (281) 956-2726
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Individual, Groups, Child, Adolescent and Family Therapy
Specialties: LGBT Issues, Adolescent Females

New Dimensions Day Hospital (281) 333-2284
Brian J. Kearns, PhD .......................................................... (281) 993-1999
150 W. Shadowbend, Ste. 100
Friendswood, TX 77546
Population Served: Children, Teenagers
Types of Services: Children, Adolescents and Families

Martha Kennedy, PhD .......................................................... (281) 480-9291
16846 Royal Crest Dr.
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Individuals, Families
Specialties: Developmental Disorders, including ADHD, Autism and Learning Differences, Sexual and Physical Abuse, Post-Traumatic Stress, Forensic Services, Civil Suits

Gary Kesling, PhD, MS, LPC, LMFT ........................................ (409) 770-3564
6606 W. Broadway
Pearland, TX 77581

Hong Klein, MA, LPC, CART .................................................. (832) 646-3996
2734 Sunrise Blvd., Ste. 206
Pearland, TX 77584
www.transformingyoucounselingandwellness.com

Nancy Kling, MA, LPC, LSSP .................................................. (281) 482-7587
902 S. Friendswood Dr., Ste. G
Friendswood, TX 77546
www.behaviorplus.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Groups, Individuals, Families
Specialties: Teaching Social Skills to Children, Youth and Adults who are on the Autism Spectrum. Work with Groups, teaching skills to navigate the social world. Provide Parent Training (The Nurtured Heart Approach), and Parent workshops and educator staff development.

John Kubis, MEd, LPC-S, LSOTP-S, NCC............................. (409) 938-4814 x102
2401 Termini, Ste. C
Dickinson, TX 77539
www.fscgal.org
Population Served: Individuals of all ages, Families
Types of Services: Clinicians join clients in identifying solutions to meet and respond to life's challenges.

Richard Kuehn, MA, LPC-S ................................................. (713) 553-3609
1002 Gemini St., Ste. 225c
Houston, TX 77058

New Dimensions Day Hospital (281) 333-2284
Jennifer Kuhl, MA, LPC .............................................................   (832) 864-6000
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org
Population Served: Children, Preteens, Teenagers, Adults, Geriatric, Groups, Individuals, Families
Specialties: Play Therapy, Mood Disorders, Trauma, Grief, Postpartum Depression, Anxiety

Pauline Kwang, EdD, LMFT, LCDC .........................................   (832) 275-5405
Specialties: Takes special cases.

Jacqueline Lanier, PhD ..........................................................   (281) 480-7999
17214 Mercury Dr., Ste. 200
Houston, TX 77058
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Individuals
Specialties: Mood and Anxiety Disorders

Terry Lapointe, MA, LPC .......................................................   (281) 352-5594
1120 Nasa Pkwy., Ste. 305
Houston, TX 77058

Lauren Lappe, MEd, LPC ..........................................................   (832) 224-4490
1020 Bay Area Blvd., Ste. 118
Houston, TX 77058
www.bloomcounseling.net

Virginia Lara, MA, LPC, LMFT ...............................................   (281) 481-7133
11339 Hughes Rd.
Houston, TX 77089
www.sagemontchurch.org/counseling
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups (Divorce, Grief, Chemical Dependency, Codependency), Individuals
Specialties: Bilingual Counseling, Marriage & Family, Anger Group, Special Topic Group, Life Skills Group

Rev. Jim Laucher, MA, LMFT, LPC, NCC .........................   (281) 481-7133
11339 Hughes Rd.
Houston, TX 77089
www.sagemontchurch.org/counseling
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups (Divorce, Grief, Chemical Dependency, Codependency), Individuals, Families
Specialties: Relationships, Marriage, Family, Job, School, Church, Friends, Neighbors

New Dimensions Day Hospital (281)333-2284
Sabra Laval, MA, LPC, LMFT ......................................................   (713) 527-8686
2121 Market St., Ste. 206
Galveston, TX 77550
Population Served: Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals

Dawn Lawless, LCSW, LSOT, RPT-SP ..........................................   (281) 485-9280
2225 County Rd. 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Christian Counseling, Anger Management, Marriage Counseling, Pre-Marital Counseling, Children with Behavioral Issues

Sarah Lay, MA, LPC ...................................................................   (281) 997-8400
2217 N. Park Ave.
Pearland, TX 77581
www.pearlandcounselingcenter.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Groups, Individuals, Families
Specialties: Severe Psychiatric Disorders, Mood Disorders, Trauma, Stress, Sexual Abuse, Addiction, Parenting, Foster Care, Family Issues, Anxiety, Weight Loss and Relationship Issues

Lisa Layne, LCSW ......................................................................   (281) 837-6463
330 E. Medical Center Blvd.
Webster, TX 77598
www.thepsyclinic.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Child and Adolescent Psychiatry

Melinda Lea, PhD .....................................................................   (281) 488-0615
17045 El Camino Real, Ste. 210
Houston, TX 77058
www.clearlakepsychotherapy.webs.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Chemical Dependency, Depression, Grief, Anxiety

Gerald E. Lee, MA, LPC ..............................................................   (713) 664-6777
2825 Miller Ranch Rd., Ste. 225
Houston, TX 77054
www.gleeandassociates.com

New Dimensions Day Hospital (281) 333-2284
Doreen Lerner, PhD, PA ............................................................ (281) 412-7231
2225 County Rd. 90, Ste. 201-A
Pearland, TX 77584
www.doreenlernerphd.com
Population Served: Adults, Geriatric
Types of Services: Couples, Individuals
Specialties: Mood and Anxiety Disorders, Couples Therapy and Parenting, Weight Management

Penny Lezak, MS, LPC ............................................................... (713) 453-2300
12655 Woodforest Blvd., Ste. 700
Houston, TX 77015
www.abidingchristiantherapyllc.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Agency/Ministry works with any and all concerns. Successful with God’s help in particular areas of Depression, Low Self-Confidence, Divorce, Anger Management, ADHD and Marriage Counseling.

Lorraine Limero, MA, LMFT, LPC ............................................... (281) 332-1257
614 W. Main, Ste. 102
League City, TX 77573
Population Served: Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Serious Illness, Childhood Abuse and Trauma, Grief Issues, Gay Issues, Strong Family of Origin Orientation

Stephen Lippold, PhD ............................................................... (281) 218-8181
1002 Gemini, Ste. 205
Houston, TX 77058
Population Served: Adults, Geriatric
Specialties: Neuropsychological Evaluations, Memory Loss Assessments, Geriatrics, Stroke, Dementia

Elaine Litsey, LCSW-ACP, LMFT ............................................... (281) 332-8608
1150 Devereux Dr.
League City, TX 77573

Sherry Loeb, MS, LPC ............................................................... (713) 818-8392
9511 N. Hwy. 146 at Warren Rd.
Baytown, TX 77523

New Dimensions Day Hospital (281) 333-2284
Larna Loeckle, PhD, LPC ............................................................  (281) 332-3300
1725 E. Main
League City, TX 77573
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups (ADDA - Attention Deficit Disorder Association; Meet First Tuesday of Each Month), Individuals, Families
Specialties: ADHD, Autism Spectrum Disorders, Depression, Anxiety, Anger Management, Parenting Classes, Learning Disabilities, EAP Services, Family Issues

Anna Lopez, LCSW ...........................................................  (409) 938-4814 x102
2401 Termini, Ste. C
Dickinson, TX 77539
www.fsgal.org
Population Served: Individuals of all ages, Families
Types of Services: Clinicians join clients in identifying solutions to meet and respond to life's challenges.

Bhawna Luthra, MA, LPC, LMFT ................................................  (832) 895-5417
16821 Buccaneer Ln., Ste. 119
Houston, TX 77058
Population Served: Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, Elders (65+)
Types of Services: Academic Underachievement, Behavioral Issues, Borderline Personality, Child or Adolescent, Chronic Pain or Illness, Domestic Abuse, Family Conflict, Life Coaching, Obsessive-Compulsive Disorder (OCD), Parenting, Relationship Issues, Self-Harming, Trauma and PTSD
Specialties: Depression, Coping Skills, Anxiety

Moradi Mahtab, MA, LMFT ......................................................  (281) 317-7326
2600 South Shore Blvd., Ste. 300
League City, TX 77573
www.southshorefamilies.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatrics
Types of Services: Couples, Groups, Individuals, Families, Pre-Marital Groups
Specialties: Biofeedback and Neurofeedback; Wholefit - A Complete Level of Wellness

Josephine "Jonette" Annette Malone, LCSW ............................  (409) 772-0770
400 Harborside Dr., Ste. 118-119
Galveston, TX 77550
www.utmbhealth.com
Specialties: Psychiatry, Child & Adolescent

New Dimensions Day Hospital  (281) 333-2284
Ewa Marcinkiewicz, LPC ...........................................................  (281) 333-2284  
1345 Space Park Dr., Ste. C  
Houston, TX 77058  
www.newdimensionsdayhospital.com  
**Population Served:** Adults  
**Types of Services:** Provides Intensive Outpatient and Partial Hospitalization Programs for adults to address mental health and dual diagnosis (mental health and chemical dependency issues). Also provides Step Down Services for Individuals Leaving Inpatient or Residential Treatment, and provides Aftercare Programming for those that successfully complete the program.  
**Specialties:** New Dimensions provides Partial Day and Intensive Outpatient Treatment for adults in a day treatment program designed to help individuals and families develop the skills they need to cope with mental health issues and dual diagnosis (mental health and chemical dependency issues.)

Michael Markowitz, PsyD .........................................................  (281) 217-7761  
11721 Fuqua St. (South Belt Medical Clinic)  
Houston, TX 77034  
**Population Served:** Children, Preteens, Teenagers, Adults  
**Types of Services:** Couples, Groups, Individuals, Families  
**Specialties:** Clinical Psychologist, Licensed Sex Offender Treatment Program, Certified DOT SAP, Substance Abuse, Work with all Sexual Issues, including Sex Addiction

Peggy Martin, MS, LPC..............................................................  (281) 485-9280  
2225 County Road 90, Ste. 119  
Pearland, TX 77584  
www.counselingconnections.info

Reuben Martinez, PhD, LPC ......................................................  (281) 455-8100  
711 W. Bay Area Blvd., Ste. 545  
Webster, TX 77598

Sam Marullo, Jr., PhD ...............................................................  (281) 488-0615  
17045 El Camino Real, Ste. 210  
Houston, TX 77058  
www.clearlakepsychotherapy.webs.com  
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families  
**Specialties:** ADHD Assessment

Dorothy Massie, LCSW .............................................................  (281) 485-9280  
2225 County Road 90, Ste. 119  
Pearland, TX 77584  
www.counselingconnections.info
Pierre Matta, LMFT-S
4625 Lillian St.
Houston, TX 77007
www.familyservices.org

Gayle McAdoo, MA, LMFT, LPC, LCDC
16821 Buccaneer Ln., Ste. 119
Houston, TX 77058
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Marital and Family Therapy (Clinical Member, AAMFT), Life Transitions, Grief/Loss, Small Business and Work Related Concerns, Substance Abuse

Joan McBride, MA, LMFT
150 W. Shadowbend, Ste. 100
Friendswood, TX 77546
Population Served: Teenagers, Adults
Types of Services: Couples, Individuals, Families
Specialties: Marriage and Family Therapy

Erica McCarty, MA, LPC
1506 Winding Way, Ste. 104
Friendswood, TX 77546
www.ccdfriendswood.com
Population Served: Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Depression, Anxiety, Substance Abuse, Christian Counseling

Monica McClain, MA, LPC
2646 South Loop West, Ste. 568
Houston, TX 77054
www.aspirecounselingandconsulting.com
Population Served: Individuals, Couples and Families
Types of Services: Domestic Violence, Parenting Skills, Substance Abuse, Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Support, Grief Counseling, Work and Career issues, Stress Management, Addiction & Recovery, Conflict Resolution, Children/Adults with ADHD, Children with Special Needs
Specialties: Relationship Issues, Grief and Loss, Anxiety and Fears, Depression, Personal Growth, Parenting Support, Stress Management

Steven McClain, PhD
129 Circle Way, Ste. 105
Lake Jackson, TX 77566
Population Served: Adults
Types of Services: Individuals, Families, Psychological Counseling and Testing Services for Children
Specialties: Comprehensive Psychological Testing for Children

New Dimensions Day Hospital (281) 333-2284
Leah McCoy, MA, LPC, NCC .......................................................   (281) 480-7554
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Population Served: Adults
Types of Services: Couples and Individuals

Harriet McCune, MS, LPC ..........................................................   (713) 222-2525
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org

Carol McDaniel, MEd, LPC ........................................................   (281) 482-3882
2051 W. Parkwood
Friendswood, TX 77546
Population Served: Preteens, Teenagers, Adults
Types of Services: Couples, Individuals, Families
Specialties: Clients who choose to integrate Judeo-Christian principles in their counseling work.

Dennis McGuire, PhD ...............................................................   (979) 299-1590
115 N Dixie
Lake Jackson, TX 77566

Julia Douglas Meadows, MA, LPC .............................................   (832) 794-0646
4650 Center St.
Deer Park, TX 77536
www.meadowscounselingcenter.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Individuals, Families, Anger Management Groups
Specialties: Depression, Anxiety, ADHD, Autism Spectrum, Children ages 3 and up

Puja Mehta, MA, LPC ................................................................   (281) 332-3852
1025 E. Main, Ste. 100
League City, TX 77573
www.drvictorhirsch.com

Mark Middlebrooks, LCSW .......................................................   (281) 332-4396
614 W. Main St., Ste. 102
League City, TX 77573
Population Served: Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Assessment, Spiritual Direction, Men's Issues, Chemical Dependency

New Dimensions Day Hospital (281) 333-2284
Carol Milam, MS, LPC, NCC .......................................................  (281) 333-5740
18333 Egret Bay Blvd., Ste. 305
Houston, TX 77058
Population Served: Adults, Geriatric
Types of Services: Couples, Individuals
Specialties: EMDR Trained, Retirement Planning, Individual and Workshop, Substance Abuse and Co-Dependency

Janel Miller, PhD .............................................................. (281) 461-4098
16854 Royal Crest Dr.
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatrics
Types of Services: Couples, Groups (High School Asperger’s), Individuals, Families
Specialties: Psychological Assessment, Comprehensive Psychological, Neuropsychological, Gifted Assessment, ADHD Assessment

Treasa Mitchell, MS, LPC, LMFT ........................................... (832) 240-4745
1002 Gemini, Ste. 206
Houston, TX 77058
www.tabonocmc.com
Population Served: Preteens, Teenagers, Adults
Types of Services: Couples, Groups, Individuals, Families
Specialties: Court-ordered Batterer Intervention & Prevention Program, Court-ordered Anger Management, Parenting Classes, Divorce Therapy (Children of Divorce Therapy & Single Parents’ Group)

Kathy Molinaro, MA, LPC .................................................... (713) 650-0860
150 W. Shadowbend Ave., Ste.100
Friendswood, TX 77546
Population Served: Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Depression, Stress Management

Clara Monroe, MS, LPC ....................................................... (713) 898-8233
4410 Pasadena Blvd.
Deer Park, TX 77536

Antonia Moore, MSW, LCSW .................................................. (713) 349-9796
3014 Haverling Dr.
Pearland, TX 77584
www.highergroundscounseling.com
Population Served: Children, Teenagers, and Adults
Types of Services: Couples, Groups, Individuals, Families
Specialties: Group Counseling, Couples/Marital Counseling, Premarital Counseling, Family Therapy

New Dimensions Day Hospital (281)333-2284
Guy Moore, MA, LPC ................................................................. (409) 935-7900
2925 Palmer Hwy., Ste. C
Texas City, TX 77590
www.guymoore.webs.com
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric
**Types of Services:** Couples, Individuals, Families

Becky Moorefield, LCSW .......................................................... (979) 235-7896
135 Oyster Creek Dr., Ste. D
Lake Jackson, TX 77566

Mary Helen Morosko, MA, LMFT ............................................ (713) 475-0072
2601 Pasadena Blvd.
Pasadena, TX 77502
www.pro-act.com

Beth Morrison, MS, LPC .......................................................... (713) 943-2267
825 Fairmont Pkwy.
Pasadena, TX 77504
**Population Served:** Children, Preteens, Teenagers, Adults
**Types of Services:** Couples, Groups, Individuals, Families
**Specialties:** Sex Offender Groups

Melisa Morrison, MS, LPC ........................................................ (979) 864-0932
201 E Myrtle St., Ste. 132
Angleton, TX 77515
www.melisa-morrison-ms-lpc.com
**Population Served:** Children, Adolescents, Adults
**Types of Services:** Personal Growth and Enrichment, Anxiety, Stress, or Hypertension, Depression, Family/Relationship Issues, Child/Adolescent Problems, Grief/Loss, Divorce, Trauma, PTSD, Abuse Issues, Chronic Pain/Illness, Work Problems, Anger
**Specialties:** Individuals, Relationships, Families, Groups

Vicki Mulder-Junck, MA, LMFT, LPC ...................................... (281) 473-5209
3715 Preston Rd.
Pasadena, TX 77505

Dawn Mulqueen, LMFT ........................................................... (832) 489-3204
16030 Manor Square Dr.
Houston, TX 77062

*New Dimensions Day Hospital (281) 333-2284*
Sue L. Naas, MS, LPC ................................................................. (409) 965-9723
2925 Palmer Hwy., Ste. C
Texas City, TX 77590

Leah E. Neese, MA, LPC ............................................................ (713) 825-0086
P. O. Box 297
Mont Belvieu, TX 77580
www.montbelvieucounseling.com
Population Served: Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Depression, Anxiety, Bipolar, Addictions, Grief/Loss, Suicidal Ideation, Adjustment
Issues, Marital Counseling, Bipolar and Depression Groups

Deloris Nelson, PhD, LPC, LSSP ................................................. (281) 309-3435
1006 South Shore Dr., Ste. 3
Kemah, TX 77565
www.clearlakeshorescounseling.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families

Vincent Newman, MA, MEd, PhD, NCC, LPC, ASGW, AACE ....... (281) 488-7792
P. O. Box 58426
Houston, TX 77258-8426
Population Served: Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults
Types of Services: ADHD, Addiction, Alcohol Abuse, Anger Management, Asperger’s Syndrome, Behavioral Issues, Borderline Personality, Chronic Impulsivity, Chronic Relapse, Depression, Divorce, Domestic Violence, Dual Diagnosis, Emotional Disturbance, Family Conflict, Grief, Internet Addiction, Life Coaching, Medication Management, Narcissistic Personality, Obsessive-Compulsive Disorder (OCD), Peer Relationships, Self Esteem, Sexual Abuse, Sleep or Insomnia, Substance Abuse, Teen Violence, Trauma and PTSD, Video Game Addiction, Academic Underachievement, Adoption, Alzheimer’s, Antisocial Personality, Autism, Bipolar Disorder, Career Counseling, Chronic Pain or Illness, Coping Skills, Developmental Disorders, Domestic Abuse, Drug Abuse, Eating Disorders, Entitlement, Gambling, Infertility, Learning Disabilities, Medical Detox, Mental Retardation, Obesity, Oppositional Defiance, Relationship Issues, Sex Therapy, Sexual Addiction, Spirituality, Suicidal Ideation, Testing and Evaluation, Traumatic Brain Injury, Weight Loss
Specialties: Child or Adolescent, Parenting, Anxiety. Anxiety and Schizophrenia Groups

Cynthia Nicolini, LMFT .............................................................. (713) 252-4801
3815 Pine Ridge
Baytown, TX 77523
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Individuals

New Dimensions Day Hospital (281) 333-2284
Virginia Niebuhr, PhD ...............................................................   (409) 772-3695
2785 Gulf Frwy. South
League City, TX 77573

Misti Nielsen, MA, LMFT...........................................................   (281) 674-5402
16815 Royal Crest Dr., Ste. 110
Houston, TX 77058
www.turnthetidefamilyservices.org
Population Served: Adults
Types of Services: Couples, Groups, Individuals, Families
Specialties: Emotion Focused Couples Therapy, Certified Prepare-Enrich Facilitator for couples and groups, Twogether in Texas Provider, Certified Active Families Facilitator, Christian Teaching when requested, Sliding Scale when requested (Forgiveness & Reconciliation group, Premarital Workshops)

Julie Nise, MA, LPC, LMFT ....................................................... (281) 996-6888
607 S. Friendswood, Ste. #1
Friendswood, TX 77546
www.aimcounselingcenter.com

Amanda Norris, PhD .............................................................   (281) 480-0200
1560 W. Bay Area Blvd., Ste. 270
Friendswood, TX 77546
www.dramandanorris.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Individuals, Families
Specialties: Psychological Evaluations for Children and Adults

Caroline Norris Mokry, PhD .....................................................   (281) 412-6863
2225 County Rd. 90, Ste. 215
Pearland, TX 77584

Deborah O'Donnell, LCSW, LCDC ..........................................   (605) 496-9629
11200 Broadway St., Ste. 2743
Pearland, TX 77584
www.pearlandfamilies.com
Population Served: Teens, Adults, and Families
Types of Services: Family Adjustment, Anger Management, Substance Abuse, Teen Behavioral Issues
Specialties: Specializes in supporting success for families in crisis due to life stress or mental health issues (ADHD, Bipolar, Schizophrenia, Alzheimer’s) and/or substance abuse.

New Dimensions Day Hospital (281) 333-2284
Kristi Ottis, MS, NCC, LPC .......................................................... (479) 200-6034
3526 E. FM 528 Rd., Ste. 208
Friendswood, TX 77546
www.friendswoodcc.com
Population Served: Preteen, Teenagers, Adults
Types of Services: Individuals, Families
Specialties: Anxiety Disorders, (GAD, OCD, Social Phobia, Panic Disorder) and Trichotillomania

Susan Parkman, LCSW .............................................................. (713) 252-0840
Houston, TX
Population Served: Adults, Male and Female
Specialties: Therapeutic Practice, Adjustment Therapy, Trauma, Progressive Chronic Illness, Behavior Dysfunction, Chemical Dependency

Sonia Pastrana, MEd, LPC ......................................................... (713) 584-0098
1100 Nasa Pkwy., Ste. 402
Houston, TX 77058
Population Served: Preteens, Teenagers, Adults
Types of Services: Couples, Individuals, Families
Specialties: Can provide therapy in Spanish

Tanvi Patel, MA, LPC, NCC ........................................................ (281) 997-8400
2217 N. Park Ave.
Pearland, TX 77581
www.counselingandmediation.com
Population Served: Children, Adolescents, Adults
Types of Services: Depression, Anxiety, Anger/Poor Emotional Control, ADHD, Communication Difficulties, Couples/Marriage Difficulties, Poor Socialization Skills, Abuse, Trauma, Grief, Self-Injury, Eating Disorders and Inability to cope with Life’s Stressors
Specialties: Couples Therapy, Family Therapy, South Asian Family Systems, Personal Growth and Development, Group Therapy, Psycho-education, Organizational Behavior

Athena Patelis, PhD .................................................................. (281) 480-7554
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Population Served: Children, Preteen, Teenagers, Adults
Types of Services: Couples, Individuals, Families
Specialties: Depression, Anxiety, Mood Disorder, Assessments of ADHD, Women's Issues, Postpartum Depression, Faith Based Issues, Mother/Daughter Relationships, Grief issues

New Dimensions Day Hospital (281) 333-2284
Jayne Payne, PhD, LCDC, ADC-III ................................. (281) 407-0777
16815 Royal Crest Dr., Ste. 130
Houston, TX 77058
www.rightstepclearlake.com

Population Served: Preteens, Teenagers, Adults

Types of Services: Couples, Groups (Relationship Empowerment Program, Trauma and Grief Resolution, Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Individuals, Families

Specialties: Adult and Adolescent Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Intervention, Trauma and Grief Resolution, Process Addictions, Habitual Relapse Prevention Program, Healing the Wounds Intensive Weekend, Relationship Empowerment Program

Julie Payne, MA, LMFT .............................................................. (310) 936-1324
1110 Nasa Pkwy., Ste. 108-C
Houston, TX 77058
www.juliepaynemft.com

Population Served: Individuals, Couples, Families, Adults, Children (10 and younger), Preteen (10-12), Teenagers, Geriatric

Types of Services: Couples, Groups, Individuals

Specialties: Trauma (TF-CBT Certified), Military Families, Chronic Illness/Pain

Lisa Pearson, MA, LPC, LPC-S, MRE ................................. (713) 562-2622
4001 N. Shepherd, Ste. 222
Houston, TX 77018

Population Served: Teenagers, Adults

Types of Services: Couples, Individuals, Families

Specialties: Bipolar Disorder, LGBT, ADHD

Clara Pena, LPC ................................................................. (832) 878-9639
5010 North Main St.
Baytown, TX 77521

Patti Peoples, MS, LPC ................................. (281) 678-9871 or (281) 434-9985
1120 Nasa Pkwy., Ste. 305
Houston, TX 77058

Population Served: Children, Preteens, Teenagers, Adults, Geriatric

Types of Services: Couples, Groups (Women, Weight, Substance Abuse, Abuse), Individuals, Families

Specialties: Mood Disorders, Anxiety, Trauma, Abuse, ADHD, Grief/Loss, Parenting, Self-Esteem, Weight

New Dimensions Day Hospital (281) 333-2284
Karen Perry, MA, LPC, LMFT ..................................................... (713) 973-2147
11767 Katy Frwy., Ste. 364
Houston, TX 77079
www.karenperrytherapist.com

Population Served: Toddlers / Preschoolers (0 to 6), Children (6 to 10), Preteens / Tweens (11 to 13), Adolescents / Teenagers (14 to 19), Adults, Veterans

Types of Services: ADHD, Anger Management, Behavioral Issues, Child or Adolescent, Coping Skills, Eating Disorders, Family Conflict, Internet Addiction, Obsessive-Compulsive Disorder (OCD), Self Esteem, Sexual Addiction, Suicidal Ideation, Video Game Addiction, Alcohol Abuse, Asperger’s Syndrome, Bipolar Disorder, Codependency, Divorce, Entitlement, Grief, Obesity, Parenting, Self-Harming, Spirituality, Trauma and PTSD

Specialties: Marriage and Family, Anxiety, Depression, Relationship Issues

Sue Pinjala, MA, LPC, LMFT, SAP .............................................. (281) 421-1524
6730 Independence St., Ste. 300
Baytown, TX 77521
www.tcfi.org

Jennifer Pinotti-Sanders, MA, LPC ............................................. (713) 943-2267
825 Fairmont Pkwy.
Pasadena, TX 77504

Dan G. Polk, PhD ...................................................................... (281) 333-5740
18333 Egret Bay Blvd., Ste. 305
Houston, TX 77058

Population Served: Children, Preteens, Teenagers, Adults, Geriatric

Types of Services: Couples, Individuals, Families

Specialties: Testing for Learning Disabilities and ADHD

Jamie Porter, LMFT, LPC-S ........................................................ (281) 317-7326
2600 South Shore Blvd., Ste. 300
League City, TX 77573
www.southshorefamilies.com

Population Served: Children, Preteens, Teenagers, Adults, Geriatrics

Types of Services: Couples, Groups, Individuals, Families, Pre-Marital Groups

Specialties: Biofeedback and Neurofeedback; Wholefit - A Complete Level of Wellness

Louise R. Presley, LCSW ............................................................ (734) 308-6249
18190 Upper Bay Rd., #27
Houston, TX 77058

Population Served: Children, Adolescents, Adults

Types of Services: Individuals, Families, Groups

Specialties: Social Work

New Dimensions Day Hospital (281)333-2284
Karen Price, MA, LPC, LMFT, NCC, ATR ............................  (281) 554-9994
614 W. Main St., Ste. #102
League City, TX 77573
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric
**Types of Services:** Couples, Groups, Individuals, Families
**Specialties:** Employee Assistance Programs (EAP), Licensed Professional Counselor, Registered Art Therapist, Marriage and Family Therapist

Derek Prins, MA, LPC ............................................................ (281) 990-0800
17625 El Camino Real, Ste. 250
Houston, TX 77058
**Population Served:** Children, Preteens, Teenagers, Adults
**Types of Services:** Individual, Families

Ava Profota, LCSW-S, CSAT, CGP ........................................... (713) 589-4730
3915 Dacoma, Ste. F
Houston, TX 77092
**Population Served:** Teenagers, Adults, Couples, Groups, Individuals, Families
**Types of Services:** Women's Love Addiction Group, Men's Love Addiction Group, Men's Relationship Group, TPAPN Group for Nurses, Partners of Sex Addicts, Men's Co-dependence
**Specialties:** Sexual Addiction, Relationship Issues, Addiction

Annette Propp, MA, LPC, LMFT................................................. (281) 782-3437
1100 Nasa Pkwy., Ste. 501
Houston, TX 77058
**Population Served:** Preteens (10-12), Teenagers, Adults
**Types of Services:** Couples, Individuals, Families
**Specialties:** Anxiety, Family Discord, School Issues, Gifted & Talented Students, Depression, Bereavement

Julie Purser, PhD........................................................................ (409) 938-4814
2401 Termini, Ste. C
Dickinson, TX 77539
www.fsgal.org
**Population Served:** Individuals of all ages, Families
**Types of Services:** Clinicians join clients in identifying solutions to meet and respond to life’s challenges. (Limited case load)

Shawn Quintanilla, MS, LPC, RPT, CTS, NCC ............................ (281) 997-8400
2217 N. Park Ave.
Pearland, TX 77581
www.pearlandcounselingcenter.com
**Population Served:** Children, Preteens, Teenagers, Adults
**Types of Services:** Couples, Groups, Individuals, Families
**Specialties:** Severe Psychiatric Disorders, Mood Disorders, Trauma, Stress, Sexual Abuse, Addiction, Parenting, Foster Care, Family Issues, Anxiety, Weight Loss and Relationship Issues

New Dimensions Day Hospital (281) 333-2284
Julio Quiralte, MA, LPC ............................................................. (281) 756-3531
3110 Mustang Rd.
Alvin, TX 77511-4898
www.alvincollege.edu
Population Served: Adults
Specialties: Career Counselor, Career Services and Academic Advising, Career Planning Workshops (Open To Public)

Denise Rau, MA, LPC ................................................................ (281) 678-8245
2600 South Shore Blvd., Ste. 300
League City, TX 77573

Melanie Reddick, MA, LPC, LMFT, LBSW ............................... (409) 762-8636
2200 Market St., Ste. 600
Galveston, TX 77550
www.fsgal.org
Population Served: Individuals of all ages, Families
Types of Services: Clinicians join clients in identifying solutions to meet and respond to life's challenges.
Specialties: Specializes in children, adolescents and adults with expertise in losses/grief recovery, women’s issues, adolescents and their families, sexual abuse, substance abuse and dependency and mood disorders.

Janis B. Rice, MA, LPC ........................................................... (281) 538-8008
17049 El Camino Real, Ste. 208
Houston, TX 77058
www.janisrice.com
Population Served: Preteens, Teenagers, Adults
Types of Services: Couples, Individuals, Families
Specialties: Anxiety and Panic Attacks, Depression and Anger Management, Mood Disorders, Cognitive Behavioral Therapy (CBT), Mindfulness, Stress Management, Grief/Loss

Earlene Riser, PhD, LMFT, LPC ............................................... (281) 422-9272
1600 James Bowie Dr., Ste. C106
Baytown, TX 77520
www.jacintomedicalgroup.com
Population Served: Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families

Margaret Rivera, MA, LPC ..................................................... (832) 224-4490
1020 Bay Area Blvd., Ste. 118
Houston, TX 77058

New Dimensions Day Hospital (281) 333-2284
Lisa Robinson, PhD ................................................................. (713) 922-5339
14034 Hooper Rd.
Houston, TX 77047
www.agcrpsychservices.com
Types of Services: Individual Therapy, Group Therapy, Equine Assisted Psychotherapy, Diagnostic Assessments
Specialties: Trauma and PTSD, Anxiety, Depression, Grief, Anger Management, Stress Management, Relationship Problems, Adjustment Issues, Self-Esteem Issues, and Smoking Cessation

Laura E. Rosenberg, PhD............................................................ (409) 772-2222
301 University Blvd.
Galveston, TX 77555
www.utmbhealth.com
Specialties: Child, Adolescent and Adult Mental Health

Marta Ann Rosenberg, PhD ..................................................... (409) 772-2222
301 University Blvd.
Galveston, TX 77555
www.utmbhealth.com
Specialties: Child, Adolescent and Adult Mental Health

Mike D. Ross, LCSW .............................................................. (281) 482-3882
2051 W. Parkwood
Friendswood, TX 77546
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families

Idette Rumann, MA, LPC, LMFT ............................................. (713) 943-1100
5150 Crenshaw, Ste. D100
Pasadena, TX 77505

Vince Ruscelli, PhD ............................................................... (281) 338-1382
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Cognitive Behavioral Therapy, SMART Recovery

Frances Russell, MA, LPC, LMFT, RPT-S ......................... (281) 485-9280
2225 County Rd. 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info

New Dimensions Day Hospital (281) 333-2284
Katie Salas, PhD........................................................................ (281) 316-0709
620 W. Main St., Ste. 101
League City, TX 77573
Population Served: Adults, Geriatric
Types of Services: Couples, Individuals
Specialties: Depressive Disorders, Anxiety Disorders, Grief and Loss, Stress Management, Assessment for Weight Reduction Surgery

Lisa Salazar, MA, LPC, LMFT...................................................... (281) 536-7446
1506 Winding Way, Ste. 102
Friendswood, TX 77546

Tammy Samour, MS, LPC, NCC, ADC, LCDC, SAP ....................... (281) 407-0777
16815 Royal Crest Dr., Ste. 130
Houston, TX 77058
www.rightstepclearlake.com
Population Served: Preteens, Teenagers, Adults
Types of Services: Couples, Groups (Relationship Empowerment Program, Trauma and Grief Resolution, Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Individuals, Families
Specialties: Adult and Adolescent Intensive Outpatient Program and Supportive Outpatient Program (IOP and SOP), Intervention, Trauma and Grief Resolution, Process Addictions, Habitual Relapse Prevention Program, Healing the Wounds Intensive Weekend, Relationship Empowerment Program

Tammy Samour, MS, LPC, LCDC, SAP ................................. (281) 971-1969
17047 El Camino Real, Ste. 140
Houston, TX 77058
www.aodresource.com
Population Served: Adults
Types of Services: Individuals
Specialties: Return to Work/Duty Program, DOT & NASAP, Alcohol & Drug Evaluations

Daniel Sanders, PsyD ................................................................. (281) 333-5250
18333 Egret Bay Blvd., Ste. 145 213 W. Southmore Ave., Ste. 306
Houston, TX 77058  Pasadena, TX 77502
Types of Services: Neuro-psychological testing, General Diagnostic Battery, Learning Disabilities Battery, Autism Spectrum Testing, Hearing Impaired Testing, Suicidal Counseling, Marriage and Family Counseling
Specialties: Evaluation, Prevention, Diagnosis and Treatment of Mental, Emotional and Behavioral Health Issues

New Dimensions Day Hospital (281) 333-2284
Kay Sandor, PhD, RN, LPC, AHN-BC ................................. (409) 765-6093
305 Moody Ave., Ste. 243
Galveston, TX 77550
**Population Served:** Adults, Geriatric
**Types of Services:** Individuals
**Specialties:** Grief and Loss/Bereavement, End-of-Life, Depression, Anxiety, Chronic Disease

Nikki Sanusi, LCSW ................................................................. (713) 542-5891
1209 Decker Dr., Ste. 206
Baytown, TX 77520
www.nikkisanusicounseling.com
**Types of Services:** Range of experiences with different populations including individual therapy in a counseling center, hospice, school case management of adolescents, psychiatric, crisis counseling/suicide hotline and play therapy
**Specialties:** Self-Esteem, Relationship Issues, Depression, Anxiety, Grief and Loss, Life Transitions, Pre-Marital Counseling, Behavioral Issues, Coping Skills, Anger Management, Career Counseling, Divorce, Life Coaching, Peer Relationships

Angela Sarafin, MA, LMFT, LPC ............................................. (832) 359-0650
1100 Nasa Pkwy., Ste. 110
Houston, TX 77058
www.sarafinfamilytherapy.com
**Population Served:** Children, Preteens, Teenagers, Adults
**Types of Services:** Couples, Individuals, Families
**Specialties:** Christian Counseling, Gottman Method for Couples

Elizabeth Sardelich, MA, LPC, LMFT ....................................... (979) 848-6766
305 E. Mulberry
Angleton, TX 77515
**Population Served:** Teenagers, Adults
**Types of Services:** Couples, Individuals, Families
**Specialties:** Anxieties, Anger Management, Trauma, Depression, Bi-Polar

Sheri Schneidman Corning, PhD ............................................. (281) 956-1032
1110 Nasa Pkwy., Ste. 307
Houston, TX 77058
www.texaspsychologyservices.com
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric
**Types of Services:** Couples, Groups, Individuals, Families
**Specialties:** Corporate, Forensic, Clinical, Military and Sports Psychology. Offers A Women’s Group.
Kimberly Schoger, PhD ............................................................. (281) 731-7964
2323 Clear Lake City Blvd., Ste. 108-309
Houston, TX 77062
www.heartadvocates.com
Types of Services: Helps parents navigate through the special education process, educates parents on their children’s rights, and assists parents in obtaining individualized, appropriate educational programming for their children.

Holly Schrier, PsyD ................................................................... (713) 294-3180
3801 Kirby Dr., Ste. 246
Houston, TX 77098
Population Served: Children & Teens, 30 and younger
Types of Services: Individual Counseling, Social Skills Groups
Specialties: Attachment Behaviors, Aspergers (Diagnosis & Treatment - up to Adulthood)

Mike Schumacher, MS, LPC-S, LMFT ................................. (281) 481-7133
11339 Hughes Rd.
Houston, TX 77089
www.sagemontchurch.org/counseling
Population Served: Teens, Adults, Geriatric
Types of Services: Couples, Groups (Divorce, Grief, Chemical Dependency, Codependency), Individuals, Families
Specialties: Mood Disorders, Anxiety Disorders, Personality Disorders, Sexual Addiction, Cognitive Behavioral Therapy (CBT), Schema Therapy, Christian Orientation

Karen Sebung, MA, LMFT ......................................................... (281) 334-6543
1300 Bay Area Blvd., B120
Houston, TX 77058
Population Served: Teenagers, Families with Adolescents and Children
Specialties: Adolescents with Behavioral or Drug Addiction Issues

Sandy Seckel, MS, LPC, CDVC, NCC ................................. (281) 997-8400
2217 N. Park Ave.
Pearland, TX 77581
www.pearlandcounselingcenter.com
Population Served: Adults
Types of Services: Couples, Individuals, Families
Specialties: Certified Domestic Violence Counselor

Karen S. Seitz, PhD, LSSP ........................................... (281) 488-5515 or (713) 273-2196
16864 Royal Crest Dr.
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Specialist In ADHD and Autism Spectrum Disorders

New Dimensions Day Hospital (281) 333-2284
Schon Sellars, MA, LPC ................................. (281) 489-6489
6610 Bailey
Pearland, TX 77584

Angela R. Settle, MA, LPC-S, NCC ................................. (281) 286-7707
16821 Buccaneer Ln., Ste. 220
Houston, TX 77058
www.settlecounseling.com
Types of Services: Individuals, Couples, Families and Groups
Specialties: Therapy for Depression and Anxiety, Couples Counseling, Pre-marital Counseling, Work and Career Issues, Adult-Child/Parent Relationships, Self-Esteem Issues, Stress Management, Same Sex Issues, Life Transitions, Women's Issues, Tobacco Addiction, Post Partum Depression, Post-Traumatic Stress Disorder (PTSD)

Mary Lou Shackleton, MA, LPC, LMFT ................................. (281) 250-1724
15700 Space Center Blvd.
Houston, TX 77062
www.DetourCounseling.com
Population Served: Children (10 and younger), Preteens (10 to 12), Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Codependency, Couples, Blended Families, Borderline Personality Disorder

Mary Ellen Sherrill, LCSW, RPT-S ................................. (281) 485-9280
2225 County Road 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info

Marilyn Kay Shroyer, MS, LPC ................................. (281) 793-2151
9511 North Hwy. 146
Baytown, TX 77523
Population Served: Teenagers, Adults
Types of Services: Couples, Groups (Education, Women's Voices, Codependency), Individuals, Families
Specialties: Cognitive Behavioral Therapy (CBT), Meditation, Cognitive Thinking Process, Learned Thought Process, Brief Therapy, Art Therapy, Compliance, Emotional Regulation, Relational Conflict Resolution, Assistive Communication, Stress Management, Boundaries, Decision Making, Decisiveness, Learned Optimism, Impulse Control

New Dimensions Day Hospital (281) 333-2284
Connie Siciliano-Avila, PhD ....................................................... (214) 830-9879
4907 E. Nasa Pkwy.
Seabrook, TX 77586
www.connie-siciliano.com
**Population Served:** Preteens, Teenagers, Adults, Geriatric, Serving Southeast Houston Area
**Types of Services:** Couples, Groups (Trauma Recovery 101, Addiction Recovery Maintenance, LPC-I Supervision, "A New Way to Love" Couples), Individuals, Families
**Specialties:** Trauma, Addiction and Relationship Issues

Becky Siekierski, PhD, LSSP, NCSP ............................................ (281) 407-5658
16815 Royal Crest Dr., Ste. 160
Houston, TX 77058
www.clearlakechildrenscenter.com
**Specialties:** Specializes in autism spectrum disorder assessment and intervention, differential diagnosis of ADD/ADHD and emotional/behavioral disorders, and assessment of early childhood disorders.

Alan H. Silverblatt, PhD ............................................................ (281) 332-2500
17448 Hwy. 3, Ste. 130
Webster, TX 77598
**Population Served:** Adults, Geriatric
**Types of Services:** Individuals, Couples

Faye Marie Simien, MS, LPC ..................................................... (281) 630-8896
107 Sea Mist Dr.
League City, TX 77573

Jimmie Sue Siptak, MS, LPC ................................................ (281) 585-0000 x 2
105 N. Gordon, Ste. 202
Alvin, TX 77511
www.downtowncounseling.com
**Population Served:** Children, Preteens
**Types of Services:** Groups, Individuals
**Specialties:** Play and Art Therapy, ADHD Screenings and Social Skills Training

Kevin Smith, PhD ................................................................. (713) 795-5151
720 Rolling Brook
Baytown, TX 77521
Brandi Snow, MS, LPC ............................................................... (281) 660-0327
2118 North Grand
Pearland, TX 77581
www.counselingconceptshouston.com
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Groups, Individuals, Families
Specialties: Depression, Anxiety

Nicole Stelivan, LCDC, NCRC, NCI .............................................. (832) 661-0585
908 Town and Country Blvd.
Houston, TX 77024
www.handsoninterventionist.com
Population Served: Individuals and Families
Types of Services: Healing Families Affected by Addiction; Substance Abuse Interventions and Chemical Dependency Services
Specialties: Outpatient Chemical Dependency Treatment (Individual Counseling, Chemical Dependence Education, Substance Abuse Assessments, Treatment Planning, Relapse Prevention Skills, Coping and Problem Solving Skills, Aftercare Planning), Intervention (Skillfully Facilitated, Interventions, Planning, Placement & Case Management, Follow Up), Recovery Coaching (Life skills, Coping and Problem Solving Skills, Social Skills, Self-Awareness and Empowerment Skills, Crisis Interventions), Substance Abuse Assessments (Substance Abuse Assessment, Placement and Referrals, Legal/Probation/Parole, Corporate/EAP)

Carol Stephens, LCSW, LPC ....................................................... (281) 333-3393
P. O. Box 580393
Houston, TX 77258
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families

Diana Stiles, MS, LPC, NCC ........................................................ (281) 756-3531
3110 Mustang Rd.
Alvin, TX 77511-4898
www.alvincollege.edu
Population Served: Adults
Specialties: Career Counselor, Career Services and Academic Advising, Career Planning Workshops (Open To Public)

Cheryl Strain, MA, LMFT, LPC ................................................... (713) 263-0189
2200 North Loop West, Ste. 130
Houston, TX 77018
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Anxiety, Depression, Anger and Grief, Addictions, Family Issues: Step, Blended, Developmental Changes

New Dimensions Day Hospital (281) 333-2284
Jacquelyn Strait, PhD ................................................................   (281) 332-5100
216 North Michigan Ave.
League City, TX 77573
www.psychology-resources.com
Population Served: Teenagers, Adults
Types of Services: Couples, Individuals, Families
Specialties: Adjustment Issues, Grief, Depression, Anxiety, Couples Counseling

Kendra Sullivan, MA, LPC ..........................................................   (281) 481-7133
11339 Hughes Rd.
Houston, TX 77089
www.sagemontchurch.org/counseling
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Groups (Divorce, Grief, Chemical Dependency, Codependency), Individuals, Families

Shana Sutcliffe, MS, LPC ...........................................................   (281) 997-8400
2006 Broadway, Ste. 104
Pearland, TX 77581
www.shanasutcliffelpc.com
Population Served: Adults, Geriatric
Types of Services: Couples, Groups, Individuals
Specialties: Addiction/Dual Diagnosis

Bryan Sweeney, PhD .................................................................   (281) 956-1032
1110 Nasa Pkwy., Ste. 307
Houston, TX 77058
www.texaspsychologyservices.com
Population Served: Adults
Specialties: Forensic, Sports, and Corporate Psychology

Hilda Szabo, MA, LPC ................................................................   (713) 861-4849
4625 Lillian St.
Houston, TX 77007-5544

Shannon Tantillo, LCSW, LCDC...................................................   (713) 589-4730
3915 Dacoma, Ste. F
Houston, TX 77092
Population Served: Individuals, Couples, Groups, Men, Women, Adolescents, Families
Types of Services: Co-dependence, Love Addiction, Substance Abuse, Dual Diagnoses, Process Addictions, Self-Esteem Issues, and Trauma (Emotional, Physical, Sexual)
Specialties: Chemical Dependence in the Young Adult Population, Dual Diagnosis, HIV and LGBTQI clients

New Dimensions Day Hospital (281) 333-2284
Mary Ann Targhetta, MA, LPC, LMFT ...........................................   (281) 990-0800
17625 El Camino Real, Ste. 250
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Individual, Families

Brandi Tarver, MA, LPC, LMFT ..................................................   (281) 480-0200
1560 W. Bay Area Blvd., Ste. 270
Friendswood, TX 77546
www.crwhouston.com
Population Served: Children, Adolescents, Adults

Jacquelyn Tatum, LCSW, LCPA ..................................................   (281) 485-9280
2225 County Rd. 90, Ste. 119
Pearland, TX 77584
www.counselingconnections.info

Jacklin Tawadrous, PhD, LPC .................................................   (281) 480-7554 Ext. 2710
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Population Served: Preteens, Teenagers, Adults
Types of Services: Individuals

Jeff Temple, PsyD .....................................................................   (832) 505-1600
University Hospital Clinics, 3rd Flr. 2240 Gulf Frwy. South, Ste. 2.401.B
Galveston, TX 77555 League City, TX 77573
(832) 505-1600
Types of Services: Psychology, Pelvic Health & Continence, Mental Health, Interpersonal Violence, Substance Use, Psychosocial Aspects of Pelvic Floor Disorders, Cognitive Behavioral Therapy
Specialties: Ob/Gyn, Women’s Psychology

Debra Thompson, RN, LPC .....................................................   (281) 481-7133
11339 Hughes Rd.
Houston, TX 77089
www.sagemontchurch.org/counseling
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Groups (Divorce, Grief, Chemical Dependency, Codependency), Individuals, Families
Specialties: ADHD, Bipolar, Obsessive Compulsive Disorder (OCD), Parent Management

New Dimensions Day Hospital   (281) 333-2284
Janet Thompson, MA, LPC, LMFT ..............................................   (281) 422-7787
1003 Polly St.
Baytown, TX 77520
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families  
**Specialties:** Affective Disorder, Anxiety Disorder, ADHD, Family Therapy, Marriage Therapy

Kristin Thomson, MA, LPC-S .....................................................   (281) 218-8181
1002 Gemini, Ste. 205
Houston, TX 77058
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families, Groups (Teen Girls with Self-Esteem Issues)  
**Specialties:** Teens, Cutting, Chronic Self-Injury

Jill Torres, PhD ..........................................................................   (281) 333-0854
4907 Nasa Pkwy.
Seabrook, TX 77586
**Types of Services:** Individuals  
**Specialties:** Cognitive-Behavioral Treatment for Anxiety and Depression, Psychological Evaluations for Adoption Candidates, Immigration Assessments, Substance Abuse Dependence Assessments

Betty Totten, MA, LPC, LMFT ....................................................   (713) 477-7754
7387 Sims
Houston, TX 77061
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric  
**Types of Services:** Couples, Individuals, Families  
**Specialties:** Family Therapy

Jan Townsend, LCSW, LCDC ......................................................   (281) 479-2295
201 E. San Augustine St., Ste. A
Deer Park, TX 77536
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatrics
**Types of Services:** Couples, Individuals, Families  
**Specialties:** Employee Assistance Program, Stress Management, Mood Disorders

New Dimensions Day Hospital (281)333-2284
Philip C. Townsend, PhD ........................................................... (281) 991-9803
3933 Fairmont Pkwy., Ste. 102
Pasadena, TX 77504
Population Served: Children, Preteens, Teenagers, Adults, Couples, Individuals, Families
Specialties: Cognitive Behavioral (Main Orientation), Play Therapy, Biofeedback

Tina Travis, MS, LMFT, LifeCoach .............................................. (832) 532-3846
Inner Loop Area
Houston, TX
Specialties: Takes special cases

Vanessa Traylor, LCSW ............................................................. (832) 984-7016
4721 Garth Rd., Ste. C100
Baytown, TX 77521
Specialties: Depression, Anxiety, Mood Disorders, Grief and Loss

Jacque Truitt, MA, LPC, LMFT, NCC ........................................... (713) 475-0072
2601 Pasadena Blvd.
Pasadena, TX 77502
www.pro-act.com

Melissa Tucker, LCSW ............................................................... (409) 935-6083
7510 FM 1765
Texas City, TX 77591

Constance Turner, PhD ............................................................. (281) 488-0615
17625 El Camino Real, Ste. 490
Houston, TX 77058

Saudia Turney, MA, LMFT ......................................................... (713) 364-3719
11200 Broadway St., Ste. 2743
Pearland, TX 77584
www.saudiasolomon.com
Population Served: Adolescents, Adults, Couples and Families
Types of Services: Trauma Work/Sexual Abuse, Pre-Marital Counseling, Couples Counseling, Parent/Child Conflict, Adolescents
Specialties: Individual, Group, Couples and Family Therapy to Victims of Sexual Abuse
Julie Ung, MA, LMFT, LPC ......................................................... (281) 306-3762
11200 Broadway St., Ste. 2743
Pearland, TX 77584
www.pearlandfamilies.com
Types of Services: Couples, Individuals, Families
Specialties: Trauma Work, Physical and Sexual Abuse, Couples Counseling, Parent/Child Conflict, Life/Work Balance, Grief and Loss, Play Therapy

Luis Valdes, PhD ................................................................. (281) 412-6863
2225 County Rd. 90, Ste. 215
Pearland, TX 77584

Gail Viel, ACSW, LCSW, LMFT ................................................... (832) 660-7444
620 W. Main St., Ste. 101
League City, TX 77573
Population Served: Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families, Groups (Women's)
Specialties: Adolescents, Family and Couples Therapy, Women's Issues, Monthly Women's Group

Angela Waggoner, MA, LPC ...................................................... (713) 475-0072
2601 Pasadena Blvd.
Pasadena, TX 77502
www.pro-act.com
Population Served: Preteens, Teenagers, Adults
Types of Services: Individuals and Families
Specialties: Crisis/Trauma, Victims of Crime, Suicidal Ideation, Family and Marriage Therapy

Carolyn Watts, MA, LPC, LSSP, LPA ........................................... (713) 929-2034
16815 Royal Crest Dr., Ste. 200
Houston, TX 77058
www.carolynwatts.net
Population Served: Couples, Individuals, Families
Specialties: Certified Imago Relationship Therapist, Certified EMDR Practitioner

Eric Wells, MA, MEd, LPC, LSOTP .............................................. (832) 563-8623
710 39th St.
Galveston, TX 77550
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Couples, Groups, Individuals, Families
Specialties: Substance Abuse, Emotional Disturbance, Sex Offender/Victim

New Dimensions Day Hospital (281) 333-2284
Shannon Wenger, MA, LPC .......................................................   (281) 218-8181
1002 Gemini, Ste. 205
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Family and Marriage Therapy, Trauma, Grief

Venette C. Westhoven, PhD .....................................................   (713) 647-1572
150 W. Shadowbend, Ste.100
Friendswood, TX 77546
www.drwesthoven.com
Population Served: Children, Preteens, Teenagers
Types of Services: Families
Specialties: Psychological Evaluations, Developmental Evaluations of Children, Bariatric Surgery Evaluations (Assessments Only - Not taking therapy patients)

Richard White, MA, LPC ............................................................   (713) 941-3028
3325 Plainview St., Ste. #3, Bldg. C
Pasadena, TX 77504

Ashlee Whittemore, LCDC ........................................................   (713) 589-4730
3915 Dacoma, Ste. F
Houston, TX 77092

Constance Wildey, LCSW ..........................................................   (281) 534-3113
5501 Sycamore Dr.
Dickinson, TX 77539
Population Served: Children, Preteens, Teenagers, Adults, Geriatric, Couples, Individuals, Families
Types of Services: Play Therapy, Workshops
Specialties: Creative Journal Expressive Arts, Emotional Freedom Technique (EFT) – tapping on acupressure points

Lisa Willbanks-Larriviere, LCSW ...............................................   (832) 754-1134
150 W. Shadowbend, Ste. 200
Friendswood, TX 77546
Population Served: Adults
Types of Services: Individuals, Couples
Specialties: Depression, Bipolar, Anxiety, Separation/Divorce, Women's Issues, Healthy Living

New Dimensions Day Hospital (281)333-2284
Phylette Willis, PsyD.......................... (409) 938-4814
2401 Termini, Ste. C
Dickinson, TX 77539
www.fscgal.org
**Population Served:** Individuals of all ages, Families
**Types of Services:** Clinicians join clients in identifying solutions to meet and respond to life's challenges. (Limited case load)
**Specialties:** Specialties in Child Sexual Abuse and Geriatric Mental Health in nursing homes.

Faith Wilson, MA, LPC ......................................................... (713) 475-0072
2601 Pasadena Blvd.
Pasadena, TX 77502
www.pro-act.com

Jamee A. Wilson, MA, LPC .................................................... (713) 222-2525
1335 Regents Park Dr., Ste. 240
Houston, TX 77058
www.innovativealternatives.org
**Types of Services:** Couples, Groups, Individuals, Families
**Specialties:** Trauma, Grief, Depression, Anxiety, Sexual Abuse, Partners In Parenting Group

Tom Winterfeld, MEd, LPC, LMFT ......................... (281) 837-6463
4201 Garth Rd., Ste. 212
Baytown, TX 77521
330 E. Medical Center Blvd.
Webster, TX 77598
www.thepsychclinic.com (281) 837-6463
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric
**Types of Services:** Couples, Groups, Individuals, Families
**Specialties:** Child and Adolescent Psychiatry

Kristi Wolfe, PsyD .......................................................... (281) 332-5100
216 N. Michigan Ave.
League City, TX 77573
www.psychology-resources.com
**Population Served:** Children, Preteens, Teenagers, Adults, Geriatric
**Types of Services:** Couples, Individuals, Families
**Specialties:** Bariatric Pre-Surgical Psychological Evaluations, Law Enforcement Pre-Employment Psychological Evaluations, Couples/Marital Assessment Tools, Personality Assessment and Diagnostic Assessment

Mary Jo Wood, MA, LPC ........................................... (281) 481-7133
11339 Hughes Rd.
Houston, TX 77089
www.sagemontchurch.org/counseling
**Types of Services:** Provides individual, family, group and couples counseling as part of Sagemont Counseling Center, a church sponsored organization.

New Dimensions Day Hospital (281) 333-2284
Matresa Wooding, LCSW .......................................................... (281) 837-6463
330 E. Medical Center Blvd.
Webster, TX 77598
www.thepsyclinic.com

Annette Woods, MA, LPC, LMFT, NCC................................. (281) 482-8967
150 W. Shadowbend, Ste. 100
Friendswood, TX 77546
Population Served: Children (7+), Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families

Martha Anna Wynn, LPC, LMSW .............................................. (281) 794-1453
5130 Casey St.
La Marque, TX 77568

Gay A Yarbrough, LCSW ............................................................ (713) 823-2860
15911 Turtle Bay Dr.
Houston, TX 77062

Robert Yohman, PhD ................................................................ (281) 484-9973
11914 Astoria Blvd., Ste. 490
Houston, TX 77089

Sara Young, PsyD ...................................................................... (281) 427-0222
1600 James Bowie Dr., Ste. C106
Baytown, TX 77520
Population Served: Teenagers, Adults, Geriatric (Not Accepting New Patients)
Types of Services: Couples, Groups, Individuals, Families
Specialties: Dialectical Behavior Therapy for Borderline Personality Disorder and Bipolar Disorder, Post-Traumatic Stress Disorder

Nabeel Zabak, MA, LPC, LCDC, LBSW ................................. (281) 461-7100
15921 Buccaneer Ln.
Houston, TX 77062

Leslie Zinn, PhD ................................................................. (281) 554-6100
1560 Live Oak St., Ste. B
Webster, TX 77598
www.4psych.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Individuals
Specialties: Psychological and Neuropsychological Evaluations, Psychotherapy for Depression and Eating Disorders

New Dimensions Day Hospital (281) 333-2284
Tammy Zwarst, MA, LPC, LMFT ................................................   (281) 728-6973
1120 Nassau Pkwy., Ste. 220T
Houston, TX 77058
www.gbafamilies.com
Population Served: Preteens, Teenagers, Adults, Geriatrics
Types of Services: Couples, Individuals, Families
Specialties: Marital and Couples Therapy

New Dimensions Day Hospital (281) 333-2284
PSYCHIATRISTS

Mohamed Ahmed, MD ............................................................. (281) 837-6463
4201 Garth Rd., Ste. 212 330 E. Medical Center Blvd.
Baytown, TX 77521 Webster, TX 77598
www.thepsyclinic.com
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: ADHD From A to Z Program, You Are Beautiful Program, Child and Adolescent Psychiatry

Syed Ahmed, MD, PA ............................................................... (281) 554-6232
1301 W. Hwy. 96
League City, TX 77573
Population Served: Preteens, Teenagers, Adults, Geriatric
Specialties: General Psychiatry, Addiction Psychiatry, Chemical Dependency

Ruth Allbritton, MD .................................................................. (832) 726-0720
1560 W. Bay Area Blvd., Ste. 309
Friendswood, TX 77546
www.clearlakepsychiatry.net
Population Served: Adults ages 21-65
Types of Services: Adolescent and Adult ADD/ADHD, General Adult Psychiatry - Addiction Psychiatry
Specialties: Psychiatry, Board Certified Addiction

Miriam Aponte, MD ................................................................. (713) 741-5000
2800 S. MacGregor Way, Ste. 2E-57
Houston, TX 77021

Eric Avery, MD .......................................................................... (281) 338-2798
400 N. Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Population Served: Adults
Specialties: General Psychiatry

Mohammed Ayoub, MD ........................................................... (281) 984-7450
17625 El Camino Real, Ste. 490
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Individuals
Specialties: Child, Adolescent and Adult Psychiatry

New Dimensions Day Hospital (281)333-2284
Rukshan Azhar, MD .................................................................................. (281) 428-7997
2802 Garth Rd., Ste. 105
Baytown, TX 77521
Population Served: Children, Preteens, Teenagers, Adults
Specialties: Child and Adult Psychiatry

Michael Barber, MD .................................................................................. (832) 384-1560
2180 North Loop West, Ste. 450
Houston, TX 77018
www.houstonadultpsychiatry.com
Types of Services: Depression, Bipolar Disorder, Anxiety Disorder, Psychotic Disorder, Adult
Attention Deficit Disorder, Inpatient Detoxification

Jason Baron, MD .................................................................................. (713) 783-8889
5500 Guhn Rd.
Houston, TX 77040
Specialties: Adolescent and Adult Psychiatry

Michael Berno, MD .................................................................................. (281) 332-8608
1150 Devereux Dr.
League City, TX 77573
www.devereux.org
Population Served: Children, Adults
Specialties: Chemical Dependency, Mental Health

Vatsala Bhaskaran, MD .................................................................................. (281) 922-7333
11550 Fuqua St., Ste. 560
Houston, TX 77034
www.ghpa.net
Population Served: Children, Preteens, Teenagers, Adults
Specialties: General Psychiatry, Adult Psychiatry

Howard Boland, MD .................................................................................. (281) 337-1350
914 FM 517 W., Ste. 201B
Dickinson, TX 77539
Population Served: Teenagers, Adults, Geriatric
Types of Services: Individuals
Specialties: Addiction Psychiatry
William Bondurant, MD ............................................................   (409) 765-6321
7 Colony Park Cir.
Galveston, TX 77551-1737
Population Served: Adults, Geriatric
Types of Services: Couples, Groups, Individuals, Families
Specialties: Psychotherapy

Matthew Brams, MD ................................................................   (713) 864-6696
550 Westcott St., Ste. 520
Houston, TX 77007
Specialties: Child, Adolescent and Adult Psychiatry

Araceli Casso, MD .....................................................................   (281) 480-7554
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Population Served: Children, Preteens, Teenagers, Adults, Married Couples
Specialties: Psychiatry

Frank Chen, MD ........................................................................   (832) 384-1560
2180 North Loop West, Ste. 450
Houston, TX 77018
www.houstonadultpsychiatry.com
Types of Services: Depression, Bipolar Disorder, Anxiety Disorder, Psychotic Disorder, Adult Attention Deficit Disorder, Inpatient Detoxification

Woodrow Coppedge, MD .........................................................   (281) 218-8181
1002 Gemini, Ste. 205
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Family and Marriage Therapy, Trauma, Grief

Patricia Corke, MD....................................................................   (281) 333-5740
18333 Egret Bay, Ste. 305
Houston, TX 77058
Population Served: Adults
Specialties: Psychopharmacology, Addiction Medicine

Byrolyn Davis, MD ....................................................................   (281) 480-2400
1560 W. Bay Area Blvd., Ste. 110
Friendswood, TX 77546
Specialties: Adult Psychiatry

New Dimensions Day Hospital (281) 333-2284
Melissa Defilippis, MD .............................................................. (281) 338-2798
301 University Blvd.
Galveston, Texas 77555-5302
www.utmbhealth.com
Types of Services: Child and Adolescent Psychiatry

Irina DigiIova, MD ..................................................................... (281) 529-6242
6302 W. Broadway St., Ste. 230
Pearland, TX 77581
Population Served: Teenagers, Adults
Types of Services: Individuals
Specialties: General Psychiatry

James Eades, MD ...................................................................... (409) 935-6083
7510 FM 1765
Texas City, TX 77591
Population Served: Children, Adults
Specialties: Mental Health

Robert Earle, MD, PA ............................................................... (281) 218-8181
1002 Gemini, Ste. 205
Houston, TX 77058
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Family and Marriage Therapy, Trauma, Grief

Lee Emory, MD ......................................................................... (409) 763-0016
1103 Rosenberg Ave.
Galveston, TX 77550
Population Served: Adults, Geriatric
Specialties: Mental Health, Geriatric, Sexual Abuse

Michael A. Fuller, MD ............................................................... (409) 772-0770
400 Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Specialties: Child, Adolescent and Adult Psychiatry

Jaime Ganc, MD ........................................................................ (713) 783-8889
5500 Guhn Rd.
Houston, TX 77040
Specialties: Child, Adolescent and Adult Psychiatry

New Dimensions Day Hospital (281) 333-2284
Daniel Garza, MD .......................................................................................... (281) 610-8190
2323 South Shepherd Dr., Ste. 805
Houston, TX 77019
Types of Services: Psychiatry and Neurology

Carlos Guerra, Jr., MD .................................................................................. (713) 840-7956
9701 Richmond Ave., Ste. 200
Houston, TX 77042
www.cbtxi.com
Specialties: Child, Adolescent and Adult Psychiatry

Rafael Guerrero, MD ....................................................................................... (713) 880-9500
5151 Katy Frwy., Ste. 305
Houston, TX 77007
Specialties: Child, Adolescent and Adult Psychiatry

Nabil Guirguis, MD .......................................................................................... (281) 580-7295
14340 Torrey Chase Blvd., Ste. 160
Houston, TX 77014
Population Served: Preschool, Children, Adolescent, Adult
Types of Services: Anxiety, ADHD, Depression, Grief, Medication Management, Mood Disorders, Obsessive Compulsive Disorder (OCD), Police/Fire Fighters, Post-Traumatic Stress Disorder (PTSD), Psychotic/Schizophrenic Disorders
Specialties: Child and Adolescent Psychiatry, Speaks Arabic

Mireya Hansen, MD .......................................................................................... (409) 772-0770
400 Harborside Dr., Ste. 118-119
Galveston, TX 77555
400 Texas Ave., Ste. A
Webster, TX 77598
(281) 338-2798
Types of Services: Child and Adolescent Psychiatry

Waheedul Haque, MD ........................................................................................ (281) 338-2798
400 N. Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Population Served: Children, Preteens, Teenagers, Adults
Specialties: Behavior Disorders, Adult Psychiatry

Edythe Harvey, MD .......................................................................................... (409) 772-0770
400 Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Specialties: Adult Psychiatry, Addiction Psychiatry

New Dimensions Day Hospital (281) 333-2284
Donald E. Hauser, MD .............................................................. (713) 669-0303
5959 West Loop South, Ste. 600
Bellaire, TX 77401
Specialties: Adult Psychiatry, Geriatric Psychiatry

Elizabeth Hedden, MD.............................................................. (281) 922-7333
11550 Fuqua St., Ste. 560
Houston, TX 77034
www.ghpa.net
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Bipolar Disorder, ADHD, Depression, Anxiety
Specialties: Child, Adolescent and Adult Psychiatry

Wanda Henao, MD .............................................................. (713) 467-2800
902 Frostwood Dr., Ste. 135
Houston, TX 77024
Specialties: Adult Psychiatry

Carlos Hernandez, MD .............................................................. (713) 523-0058
2211 Norfolk St., Ste. 460
Houston, TX 77098
Specialties: Adult Psychiatry

Napoleon Higgins, MD .............................................................. (281) 480-2400
1560 W. Bay Area Blvd., Ste. 110
Friendswood, TX 77546
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Individuals
Specialties: General Psychiatry, Child and Adolescent Psychiatry

Robert M.A. Hirschfeld, MD .............................................................. (281) 338-2798
400 N. Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Population Served: Adults
Specialties: General Psychiatry

New Dimensions Day Hospital (281) 333-2284
Terry Hugg, MD .................................................................  (281) 893-4111
17115 Red Oak Dr., Ste. 109
Houston, TX 77090
www.redoakpsychiatry.com
Types of Services: Psychiatric Evaluation and Treatment; Addiction Medicine Evaluation and Treatment; Psychopharmacotherapy; Chemical Dependency Counseling; Crisis Intervention; Child, Adolescent and Adult Psychotherapies; Individual, Family and Marital Psychotherapies; Group Psychotherapies; Psychological and Neuropsychological Testing; Trauma Resolution for Incest and Abuse Survivors; Psychotherapy for Women’s and Men’s Issues; Therapy for Eating Disorders; Biofeedback; Hypnotherapy for Pain Control; Forensic Services; Inpatient and Outpatient Services, Research Studies

Nesreen Ibrahim, MD ...........................................................  (832) 303-2932
2800 S. MacGregor Way
Houston, TX 77021
Specialties: Child, Adolescent and Adult Psychiatry

Krishna Kambhampati, MD...................................................  (713) 239-0356
3222 Burke Rd., Ste. 107
Pasadena, TX 77504
Population Served: Adults
Specialties: Adult Psychiatry, Geriatric Psychiatry

Daniel Koppersmith, MD .......................................................  (713) 943-2267
825 Fairmont Pkwy.
Pasadena, TX 77504
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Individuals, Families
Specialties: General Psychiatry, Psychoanalysis

Don LaGrone, MD ..................................................................  (713) 630-0930
2246 Bissonnet St.
Houston, TX 77005
Specialties: Adult Psychiatry

Ruth Levine, MD ....................................................................  (281) 338-2798
400 N. Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Population Served: Adults
Specialties: General Psychiatry

New Dimensions Day Hospital  (281) 333-2284
David Love, MD ................................................................. (713) 465-1979
820 Gessner Rd., Ste. 750
Houston, TX 77024
Specialties: Adult Psychiatry

Altar Loya, MD ................................................................. (281) 481-4646
11920 Astoria, Ste. 110
Houston, TX 77089
Population Served: Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: General Psychiatry, Specialized In Dementia Care

Robin Mallett, MD ............................................................. (281) 338-2798
400 N. Texas Ave., Ste.A
Webster, TX 77598
www.utmbhealth.com
Population Served: Children, Preteens, Teenagers
Specialties: Child and Adolescent Psychiatry

Alice Mao, MD ................................................................. (713) 864-6694
550 Westcott St., Ste. 520
Houston, TX 77007
Specialties: Child, Adolescent and Adult Psychiatry

Rebecca Maxwell, MD ....................................................... (713) 598-6265
2225 County Rd. 90, Ste. 119
Pearland, TX 77584

Sandra McElroy, MD ........................................................ (281) 332-4673
612 W. Main St., Ste. C101
League City, TX 77573
Population Served: Adults
Specialties: Evaluations and Medication Management, General Psychiatry

Vikram Mehra, MD ........................................................... (713) 777-9900
10101 Southwest Frwy., Ste. 310
Houston, TX 77074

Bengi Melton, MD ............................................................ (281) 332-9931
620 W. Main St., Ste. #101
League City, TX 77573
Population Served: Adults
Specialties: General Psychiatry

New Dimensions Day Hospital (281)333-2284
Enrique Mendia, MD ................................................................. (713) 473-3523
908 E. Southmore Ave., #220
Pasadena, TX 77502
Population Served: Preteens, Teenagers, Adults
Specialties: Child and Adolescent Psychiatry, General Psychiatry

Walter J. Meyer, MD ................................................................. (409) 772-0770
400 Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Specialties: Child, Adolescent and Adult Psychiatry

William Mize, MD ................................................................ (409) 772-2222
301 University Blvd.
Galveston, TX 77555
www.utmbhealth.com
Specialties: Pediatric Psychiatry, Developmental - Behavioral Pediatrics

Larry Nahmias, MD, PA ........................................................... (281) 480-7554
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Population Served: Child, Adolescent and Adult Psychiatry
Types of Services: Couples, Individuals
Specialties: Board Certified in Psychiatry and Neurology, Forensic Psychiatry, Addiction Psychiatry and Pain Management

James Nelson, MD .................................................................. (281) 922-7333
11550 Fuqua St., Ste. 560
Houston, TX 77034
www.ghpa.net
Population Served: Children, Preteens, Teenagers, Adults
Types of Services: Board Certified in Psychiatry and Neurology, Forensic Psychiatry, Addiction Psychiatry and Pain Management
Specialties: Child, Adolescent and Adult Psychiatry

Nga Nguyen, MD .................................................................... (281) 338-2798
400 N. Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Population Served: Children, Preteens, Teenagers, Adults
Specialties: Bipolar Disorder, Child, Adolescent and Adult Psychiatry

New Dimensions Day Hospital (281) 333-2284
Richard Noel, MD ................................................................. (281) 440-6899
17115 Red Oak Dr., Ste. 119
Houston, TX 77090

John Nottingham, MD ............................................................. (281) 333-5740
7118 N. Holiday Dr.
Galveston, TX 77550

Michael O'Boyle, MD ............................................................... (409) 772-0770
400 Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Specialties: Adult Psychiatry, Geriatric Psychiatry

Jennifer Pate, MD ................................................................. (832) 519-1103
6624 Fannin, Ste. 2335
Houston, TX 77030
Specialties: Adult Psychiatry

Nilesh Patel, MD ................................................................. (979) 299-0012
201 Oak Dr. S., Ste. 203A
Lake Jackson, TX 77566
Population Served: Children, Preteens, Teenagers, Adults
Specialties: ADHD, Mood Disorders, Child, Adolescent and Adult Psychiatry

Guy K. Patterson, MD ............................................................... (281) 338-2798
400 Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Population Served: Adults
Specialties: Evaluations and Follow-up

Richard Pesikoff, MD ............................................................. (713) 795-5424
19 Briarhollow Ln., Ste 102
Houston, TX 77027
Specialties: Child, Adolescent and Adult Psychiatry

Jan Poage, MD ................................................................. (713) 528-4080
3100 Weslayan St., Ste. 360
Houston, TX 77019
Specialties: Child, Adolescent and Adult Psychiatry
Manjeshwar Prabhu, MD .........................................................   (713) 960-0344
2020 North Loop West, Ste. 150
Houston, TX 77018
Specialties: Adult Psychiatry, Geriatric Psychiatry

Mohsin Qayyum, MD ...............................................................   (281) 993-3733
6051 Garth Rd., Ste. 300
Baytown, TX 77521
www.progressivebehavioralhealth.com
Specialties: Adult Psychiatry, General Psychiatry

Selma Raheem, MD ..................................................................   (832) 947-3562
1506 Broadway, Ste. 101
Pearland, TX 77581
www.pearlandpsychiatry.com
Specialties: General Psychiatry, Child and Adolescent Psychiatry

Jorge Raichman, MD .................................................................   (713) 772-6519
7500 Beechnut St., Ste. 214
Houston, TX 77074
Specialties: Adult Psychiatry, Addiction Psychiatry

Ayesha Rashid, MD ...................................................................   (281) 335-4000
1110 Nasa Parkway, Ste. 410
Houston, TX 77058
Specialties: Child, Adolescent and Adult Psychiatry

Holly Rigoulot, MD ...................................................................   (281) 480-7554
17555 El Camino Real
Houston, TX 77058
www.samaritanhouston.org
Population Served: Child, Adolescent and Adult Psychiatry
Specialties: Child and Adolescent Psychiatry, Women’s Mental Health

Mohammed Saeed, MD..............................................................   (281) 554-0123
2360 S. Gulf Frwy., Ste. 100 B & C
League City, TX 77573
Population Served: Children, Preteens, Teenagers, Adults, Geriatric
Types of Services: Couples, Individuals, Families
Specialties: Addiction Psychiatry, Suboxone Treatment, General Pediatrics on Site, Child and Adolescent Psychiatry

New Dimensions Day Hospital (281) 333-2284
Mansour Sanjar, MD ................................................................. (281) 427-7777
2802 Garth Rd., Ste. 215
Baytown, TX 77521
Population Served: Children, Preteens, Teenagers, Adults
Specialties: Child and Adolescent Psychiatry, General Psychiatry

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5151 San Felipe St., Ste. 1470
Houston, TX 77056
Specialties: Adult Psychiatry

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5151 San Felipe St., Ste. 1470
Houston, TX 77056

Arif Shoaib, MD ................................................................. (713) 660-8877
2411 Fountain View Dr., Ste. 217
Houston, TX 77057

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1560 W. Bay Area Blvd., Ste. 110
Friendswood, TX 77546
Specialties: Child, Adolescent and Adult Psychiatry

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3100 Weslayan St., Ste. 350
Houston, TX 77027
Specialties: Adult Psychiatry, Geriatric Psychiatry

Scott Sprabery, MD ................................................................. (713) 527-8448
3701 Kirby Dr., Ste. 570
Houston, TX 77098
Specialties: Child, Adolescent and Adult Psychiatry

Eileen Starbranch, MD ................................................................. (713) 468-6538
2600 Gessner Dr., Ste. 280
Houston, TX 77080
Population Served: Child and Adolescent Psychiatry, Adult Psychiatry

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400 N. Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Population Served: Adults
Specialties: General Psychiatry

Mumtaz Suleman, MD, PA ..................................................... (281) 316-6501
2060 Space Park Dr., Ste. 404
Houston, TX 77058
Population Served: Children, Preteens, Teenagers
Types of Services: Individuals
Specialties: Bipolar, Generalized Anxiety, Post-Traumatic Stress Disorder (PTSD), ADHD, and Eating Disorders; Multilingual; Child and Adolescent Psychiatry

Sujath Syed, MD ................................................................. (281) 480-2400
1560 W. Bay Area Blvd., Ste. 110
Friendswood, TX 77546
Population Served: Adults
Specialties: General Psychiatry

Daniel T. Tan, MD ............................................................... (713) 779-4200
10101 Southwest Frwy., Ste. 510
Houston, TX 77074
Specialties: General Psychiatry, Child Psychiatry

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12121 Richmond Ave., Ste. 114
Houston, TX 77082
Specialties: General Psychology, Psychosomatic Medicine

Christopher R. Thomas, MD .................................................. (281) 338-2798
400 Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
Specialties: Child and Adolescent Psychiatry, General Psychiatry

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6621 Fannin St., Ste. 1740
Houston, TX 77030
Specialties: Child and Adolescent Psychiatry
Diana Villarreal MD ................................................................. (409) 762-0177
1917 Broadway, Ste. 2
Galveston, TX 77550
**Population Served:** Teenagers, Adults

Karen Wagner, MD ................................................................... (281) 338-2798
400 N. Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
**Population Served:** Children, Preteens, Teenagers
**Specialties:** Child and Adolescent Psychiatry, General Psychiatry

Vernon Walling, MD ................................................................. (713) 622-4499
5151 San Felipe St., Ste. 1470
Houston, TX 77056
**Specialties:** Child and Adolescent Psychiatry, General Psychiatry

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7200 Ocean Dr.
Beach City, TX 77523
www.jwambleoffice@hal-pc.org
**Population Served:** Adults, Geriatric
**Types of Services:** Individuals
**Specialties:** General Psychiatry

Sheila Whiteside, MD ............................................................... (281) 480-2400
1560 W. Bay Area Blvd., Ste. 110
Friendswood, TX 77546
**Population Served:** Teenagers, Adults
**Specialties:** Child and Adolescent Psychiatry

Cindy Wigg, MD ........................................................................ (281) 338-2798
400 N. Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
**Population Served:** Children, Preteens, Teenagers
**Specialties:** Child and Adolescent Psychiatry, General Psychiatry

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400 N. Texas Ave., Ste. A
Webster, TX 77598
www.utmbhealth.com
**Population Served:** Children, Preteens, Teenagers
**Specialties:** Child and Adolescent Psychiatry, General Psychiatry

New Dimensions Day Hospital (281) 333-2284
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14340 Torrey Chase Blvd., #325
Houston, TX 77014

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Baytown, TX 77520
Population Served: Adults
Specialties: Psychiatry
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New Dimensions Day Hospital (281)333-2284
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New Dimensions Day Hospital (281) 333-2284
ADDENDUM

Hospitals

Bayshore Medical Center ............................................................ 877-777-4221
4000 Spencer Highway
Pasadena, TX 77504
Type of Services: Adult and Geriatric Behavioral Health

Psychiatrists

Jean Goodwin, MD, MPH, PA ...................................................... 409-762-1101
4925 Fort Crockett Blvd., Ste. 510
Galveston, TX 77551
Populations Served: Adults

Denise Ingham, MD ..................................................................... 281-990-0800
17625 El Camino Real, Ste. 250
Houston, TX 77058
www.ghpa.net
Populations Served: Children, Preteens, Teenagers, Adults
Types of Services: Individuals

Peter Ly, MD ................................................................................ 281-990-0800
17625 El Camino Real, Ste. 250
Houston, TX 77058
www.ghpa.net
Populations Served: Children, Preteens, Teenagers, Adults
Types of Services: Individuals

Linea McNeel, MD ....................................................................... 409-747-9791
301 University Blvd
Galveston, TX 77555
www.utmb.edu
Populations Served: Adults

Felipe Nieto, MD ................................................................. 713-641-5656
3208 Broadway Street
Houston, TX 77017
Populations Served: Children, Preteens, Teenagers, Adults

New Dimensions Day Hospital (281)333-2284
Houshmand Tirandez, MD ................................. 281-286-0000
109 Marshall Street
League City, TX 77573
Populations Served: Teenagers, Adults

Therapists

Daniela Costa, PhD ........................................... (281) 332-9931
9307 Broadway, Ste. 323
Pearland, Texas 77584
Populations Served: Children, Preteens, Teenagers, Adults
Types of Services: Psychotherapy, Testing and Assessments
Specialties: ADHD, Trauma, and Behavior Problems

Kimberlee Kyle, MA, LPC ............................... (281) 332-9931
620 W. Main St., Ste. 101
League City, TX 77573

Karen Smith, PhD ............................................. (409) 772-3695
2785 Gulf Freeway South, Ste. 200
League City, TX 77573
Populations Served: Children and Adolescents
Specialties: Child & Adolescent Neurology, Pediatric Neonatology, Pediatric Psychology

Byron (Steve) Sutherland, MA, LPC .................. (281) 794-7414
1421 Stone Road
Pearland, TX 77581
115 North Dixie Dr., Ste. 250
Lake Jackson, TX 77577
Populations Served: Children (5 and up) and Adults
Specialties: Anger Management, Bi-Polar Disorders, Schizophrenia, Depression, and Christian Counseling

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